

**SPECIAL
HISTORIC
EDITION:**
PAGES 2-21
& PULLOUT

THE **Sun** ON SUNDAY

Sunday,
September 18,
2022

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By **MATT WILKINSON**, Royal Editor

PRINCES William and Harry stand together last night to show a united front for a historic vigil at the Queen's coffin.

The brothers put aside their differences to lead all eight of Her Majesty's grandchildren at the ceremony in Westminster Hall.

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Full Story — Pages Two and Three



UNITED WE STAND

Wills & Harry's joint Queen vigil

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ELIZABETH II: 1926-2022



TRIBUTE BY



Guard... Harry at one end with William on other

By **MATT WILKINSON**
ROYAL EDITOR

Touching vigil at side of the coffin

THE Queen's treasured grandchildren stood side by side last night in the ultimate show of respect for their beloved "Grannie".

Brothers William, 40, and Harry, 38, were again united in grief – and together in military uniform – as they stood beside the coffin in Westminster Hall.

Princesses Beatrice and Eugenie earlier paid tribute, thanking the Queen for making them laugh and for picking heather and raspberries.

They touchingly added: "It has been the honour of our lives to have been your granddaughters."

Last night's vigil was the first time that a monarch's grandchildren have carried out the ceremonial mark of respect. William and Harry led the eight, lining up shortly before 6pm.

As they were given instructions in an archway, Harry was heard saying something over William's shoulder who appeared to reply with a "yes".

After two knocks of a guardsman's staff on the stone floor all eight then emerged down the Grand Committee staircase – to the surprise of well-wishers who had queued for hours to view the coffin.

Sophie Wessex appeared in tears as she looked on from a balcony with Prince Edward.

Harry walked behind William so the formation could break with Wills at the head of the coffin and Harry at the rear.

Prince Andrew's daughters Eugenie, 32, and Beatrice, 34, walked side by side in front of the Wessexes' youngsters Lady Louise Windsor, 18, and James, Viscount Severn, 14.

Princess Anne's children Peter

Phillips, 44, and Zara Tindall, 41, were at the rear. The grandchildren paused when they reached the hall floor facing the coffin and after three knocks by the guardsman they walked forward in formation, taking their places at 6.03pm.

Peter Phillips, James and Eugenie faced east, with Zara, Louise and Beatrice facing west.

At 6.15pm, public mourners were paused and the eight returned to the staircase. This time Harry was at the rear but the formation was based on where they had been standing at the coffin.

As they made their way back up the staircase Zara's right shoe came off. She shared a smile with Louise before retrieving the heel.

Minutes later William strode to his waiting car. Harry linked arms with Zara as they followed.

Peter Phillips was flanked back to his car with Louise and Beatrice.

In a statement released moments before the vigil, Eugenie and Beatrice wrote: "We've not been able to put into words since you left us all. "There have been tears and laughter, silences and chatter, hugs and loneliness, and a collective loss for you, our beloved Queen, our beloved Grannie. We, like many, thought you'd be here for ever. And we all miss you terribly."

"For now dear Grannie, all we want to say is thank you. Thank you for making us laugh, for including us, for picking heather and raspberries, for marching soldiers, for our teas, for comfort, for joy."

The statement added: "Goodbye dear Grannie. It has been the honour of our lives to have been your

granddaughters and we're so very proud of you."

Before the vigil King Charles gave Harry special dispensation to wear his military uniform.

He wore his Blues and Royals, No.1 Uniform, KCVO Neck Order and Star, Afghanistan Operational Service Medal, Golden, Diamond and Platinum Jubilee medals and Army Pilot Wings.

William was dressed in his Blues and Royals, No.1 Uniform, the Blue Riband (Garter Sash), The Garter Star, Golden, Diamond and Platinum Jubilee medals and RAF Pilot Wings.

The last time the brothers were together in uniform was at The Cenotaph on Remembrance Day 2019.

James wore commemorative medals designed for the Jubilee and handed to him by the Queen.

Sources close to the Royal Family said the grandchildren were invited by King Charles III to hold their own vigil last night.

They were keen to pay respects just as their parents did with such poise and honour on Friday evening.

John Suddes, 48, of Tow Law, Co Durham, was in the queue who watched the younger royals arrive.

He said: "It was unbelievable. To see them all in there like that all in their uniforms was just unreal."

Angela Morgan, 75, from Swansea, had waited 12 hours to pay her respects. She said: "Harry and William looked crushed, totally overwhelmed. It was completely silent. Harry deserved to wear his uniform. The Queen would have approved."

Additional reporting by PAUL RYAN, SCARLET HOWES, PARRY and ROB PATTERSON



Princes' vigil... William and Harry lead royal show of respect



GOODBYE

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GOODBYE

ROYAL GRANDKIDS



Remembering their grandmother . . . Zara Tindall, Lady Louise and Princess Beatrice



Solemn . . . Princess Eugenie bows head



United in grief . . . Harry and William



Sadness . . . Earl and Countess of Wessex watch son James, Viscount Severn

GRANNIE

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GRANNIE

ELIZABETH II: 1926-2022

WILLS AND

By ANGELA LEVIN

THEIR faces etched with sorrow, Harry and William were united in grief, if nothing else.

Standing guard at the top and tail of their beloved grandmother's coffin, the brothers performed their solemn duty.

It is right that Harry was allowed to take his rightful place and wear his military uniform for yesterday's vigil alongside Her Majesty's coffin — but unless their relationship is cemented, he will soon be back in America.

If ever there was a time for William and Harry to unite, for the sake of the future of the monarchy, it is now.

To keep the new Royal Family stable, having Harry back in the fold would mean when William takes the throne it won't be overshadowed by their fall out.

In the past few days, King Charles has had the support of siblings Anne, Edward and Andrew.

When King William goes to the throne, having his brother's true support — at his side, not hovering in America — would be invaluable.

But is that possible? In the wake of the Queen's death, Harry has been catapulted back into the fold of the family, and King Charles and Prince William have provided a gigantic olive branch.

I think William has behaved with enormous decency. Harry is fifth in line and has been positioned as such. But for stability to be forged there has to be compromise from both sides, but mostly from Harry.

When I wrote Harry's biography in 2018, he told me that one of the reasons he would remain within the Royal Family was because he wanted to help William when the time came that he was on the throne.

He was very strong about that and it stopped him from leaving.

At the time he was thinking of going to Africa to be involved with animals that were in danger of being extinct.

But in four years a lot has happened. He has attacked his family on a public platform and called them trapped. For that, surely, he needs to apologise before they can move forward.

For Harry to come back, there would need to be a lot of compromise and that's the one thing he doesn't seem to want to do.

He would need to change his behaviour; agree not to leak conversations with his family and not use his title for commercial gain; something he did promise the Queen that he wouldn't do but which has been largely ignored.

He needs to stop the publication of his new book. It has been postponed until next year but if the brothers — and King Charles — have a chance of a firm future, the manuscript needs to go in the bin.

If Harry won't listen, I can't see it working itself out and this fantastic opportunity will be lost forever. It is now or never.

To see the Queen's grandchildren, and in particular the two brothers, united in their grief at yesterday's vigil was deeply moving — William at the front, Harry at the back, both alone with their thoughts.

I have no doubt it was difficult for them both and required a lot of effort because of the tension between them.

It was a big step in their relationship, but true unity is still a long way off. My hope is that these past few days will nudge Harry to feel he wants to be a real brother again, and a part of the family, but like any really deep wound it takes a lot of time to heal.

He can't pop in and fix things in five minutes; it is something that

will need careful attention and lots of conversation.

I am told Harry is homesick and misses family, friends and the military, who he is no longer in close contact with.

He likes being with his wife and two children in America, but I don't think he actually likes the life there. Americans are losing interest in them too, because they have little else to talk about apart from groaning about his family and lecturing us on what we should do,

without doing it himself. It doesn't seem to be everything he hoped for.

Being back home right now could touch his heart and make him want to be involved again. He may be reminiscing and regretting.

Before his mother died, he and William were up in Balmoral.

She rang for a chat and Harry, who was only 12, was playing with his cousins and didn't really want to chat so got off the phone quite quickly.

Years later Harry told me that he

will never forgive himself for that, which was so very sad.

He also left it too late to say goodbye to the Queen. I wonder if it will give him the same "If only" pain, which could be the beginning of him changing his views.

Being at home with his brother and cousins, seeing his family's young children, may soften Harry and make him realise what he is missing over in America.

For example, at the moment the chances of the young cousins see-

ing much of each other in the future is small.

A death can awaken a person, and Harry may now realise how much he has missed the royal life.

The King and William have done everything they could to make him feel part of the family again, especially allowing him to wear his military uniform.

The last time the brothers appeared together in uniform was at the 2019 Remembrance Day service at the Cenotaph in London.

Doing their



In military uniform... Prince Harry



Family guard... the Queen's grandchildren stand vigil at her coffin yesterday

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HARRY UNITED AT COFFIN

solemn duty...



on their faces

William wore his RAF officer uniform, while Harry wore the British Army's Blues and Royals dress.

Harry last wore a uniform at the Mountbatten Festival of Music on March 7, 2020 — Royal Marines "mess dress" — in one of his last appearances as a working royal.

After stepping away from royal duties he lost his royal patronages and military titles — and with them the ability to wear ceremonial uniform. I hope this experience will make Harry see that his family

aren't unpleasant but in fact have tremendous depth and are very loving of one another.

They have given him the most enormous chance and I hope it might offer a new start.

Harry back in the fold could be an asset. Back in 2018 when I did his biography, he was brilliant when he went on engagements, especially if people were mentally or physically unwell.

He had his mother's intuitive gift for dealing with people who were

suffering. Last Saturday, there was cheering when he and Meghan got out of the car in Windsor with William and Catherine.

He may realise this is his time to return to the job he was once proud of.

I was also told that he used to be the peacemaker in the family and if ever there was an argument, he would come in and help sort it out with humour and his kindness.

But I think he has now changed. Also, very importantly, I don't think

Meghan wants to return. She wants a global life. The UK seemed much too small for her and I don't think it will work if they split their time between here and the US.

Once Harry's great uncle Edward VIII abdicated, he was never invited back.

So he should think carefully about the opportunity he has been offered. If he dismisses it, it is highly unlikely he will be able to repair their bond.

If Harry won't apologise for the

cruel things he's said it will be even sadder. William has been very hurt by the attacks on Catherine.

He has, nonetheless, been dignified in inviting Harry to look at the flowers that well-wishers brought.

But it would take a lot more for him to see today's rather mixed up Harry as a true confidant.

Luckily, William has a wonderful adviser in his wife, who he can rely on just as King Charles can rely on Camilla.

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KING AND

● **Charles asks
steward: 'Are
you surviving?'**

THANK



Grateful . . . King makes
surprise visit yesterday

William
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aching bones
were doing

— CHRISTINA LEE

Have you
had lots
of sweets
to keep you
going?

— WILLIAM TO POPPY, 8



Uplifting . . . King smiles as he thanks people for their devotion



United . . . William shakes hands with a youngster in the queue

THE King yesterday boosted the spirits of mourners who had spent a chilly night queuing to pay their respects to his mother, the Queen.

Charles, joined by his son the Prince of Wales, asked them: "Are you surviving?"

And Prince William kept spirits up by saying of the Queen: "Even in death she's uniting us all."

The pair shook hands and thanked some of the tens of thousands of people patiently

By MATT WILKINSON, ROB PATTINSON and RYAN PARRY

waiting in the six-mile queue in Lambeth, South London.

Charles was greeted with cheers of "God save the King!" from the patient and devoted throng.

There were also shouts of "We've been walking all night" and "We love your mother".

The crowd also spontaneously burst into choruses of "Three cheers for the King!", followed by hip-hoorays as Charles warmly greeted well-wishers.

The royals paused their walk-about to shake hands with as many

as possible at Lambeth Bridge, near the front of the queue. Charles, 73, grabbed one steward's hand and asked: "Are you surviving?"

He then thanked her for helping with the mammoth task of controlling the growing crowds.

The King also reassured one of the mourners who had braved temperatures of -3C overnight.

Holding her hands, he told Denise Derbyshire, 69, an NHS breast screening worker: "It's worth it when you get there - she would have been very touched by all this."

Father and son walked along the queue separately.

And Charles welled up as one

told him he was "a wonderful King". They shook hands and greeted people who had travelled from all over the world.

Smiling William also appeared touched that so many people had been prepared to stay out in freezing temperatures to spend a few moments walking past his grandmother's coffin.

He told one mourner: "Listen, she would never believe this. It's amazing you are all here. You'll all make lifelong friends."

"Even in death she's uniting everyone. She would never believe this. Uniting people, bringing people together, chatting. It's very

emotional when you get there - it's very special."

And he told another: "You are getting there. Thank you. Good luck on your journey - I'm conscious I'm holding the queue up."

Dad-of-three William also comforted a girl who had waited overnight in the chilly conditions.

He crouched down to chat with Poppy-Ann, eight, then put a reassuring hand on hers.

Mum Katie Brown, 39, of Littlehampton, West Sussex, said: "Prince William asked Poppy, 'Were you cold last night?', and 'Have you had lots of sweets to keep you going?'. Then he said to her, 'Well

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PRINCE CHEER CROWDS

QUEUE

● **Wills: 'Even in death she's uniting us all'**



Closing soon . . . queue

Today is cut-off for waiting

By RICHARD MORIARTY

THE queue to see the coffin will close today, with people advised last night not to join it.

Officials say the queue will shut "well before" Lying-in-State ends at 6.30am tomorrow.

However everyone already in line with an official wristband will get into Westminster Hall.

A Government source said: "We don't want people to make long journeys only to find it closed."

The fasttrack queue for disabled mourners closed at 4.30pm yesterday.



Sleeper car . . . mourners

We slept on trains after vigil

By BEAU RODDIS

MOURNERS stranded overnight after visiting the Queen's coffin were allowed to sleep in trains.

RAF veteran Peter Berry – made an MBE in 2000 – kipped at Waterloo before catching his first service back to Dorchester, Dorset, at 3.35am.

Peter, 74, said: "It was a tiring but poignant 26 hours. Making new friends made it easier."

Ruth Page, 46, and mum Pearl, 78, had no regrets despite also being stuck at Waterloo. Ruth said: "It was very moving."

Cheer . . . William greets mourners near Lambeth Bridge yesterday

done – you're more than halfway. Well done."

She added: "We've been keeping Poppy going with sweets and treats. We were all chilly last night but it was definitely worth it. Meeting the Prince has made it for her."

Poppy said: "It was amazing. I couldn't stop smiling."

William also made the day of eight-year-old Samuel Ghulan, who travelled to London with dad Leon from Newbury, Berks.

Samuel said: "He was really nice and asked me my name and how old I was and he asked how long we had been queuing."

Bank worker Christina Lee, 68,

from Swinton, Greater Manchester, said: "William asked if we were all OK and wanted to know how our aching bones were doing."

Rachel Burridge, 55, a travel agent from Bishop's Stortford, Herts, said to the King: "All the best. We're behind you."

She also told him, "I bet you're tired", to which he replied: "I bet you are." Rachel, who had been in the queue since 2am, then said: "I'm so sorry about your mother."

Charles responded: "We were very lucky to have her."

Additional reporting:

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CAM TRIBUTE



CAMILLA recalls Her Majesty's "unforgettable smile" in an interview to be screened on BBC1 tonight.

The new Queen Consort says: "She's been part of our lives forever. I'm 75 and can't remember anyone except the Queen being there. It must have been so difficult for her being a solitary woman. There weren't women Prime Ministers or Presidents. She carved her own role."

"She's got those wonderful blue eyes that light up her face. I'll always remember her smile, it's unforgettable."

Yesterday Prince Edward, left, and Sophie Wessex met well-wishers outside Buckingham Palace. Sophie cuddled a baby wearing a "Best day ever" top.

PRINCE CHEER CROWDS

QUEUE

● **Wills: 'Even in death she's uniting us all'**



Closing soon . . . queue

Today is cut-off for waiting

By RICHARD MORIARTY

THE queue to see the coffin will close today, with people advised last night not to join it.

Officials say the queue will shut "well before" Lying-in-State ends at 6.30am tomorrow.

However everyone already in line with an official wristband will get into Westminster Hall.

A Government source said: "We don't want people to make long journeys only to find it closed."

The fasttrack queue for disabled mourners closed at 4.30pm yesterday.



Sleeper car . . . mourners

We slept on trains after vigil

By BEAU RODDIS

MOURNERS stranded overnight after visiting the Queen's coffin were allowed to sleep in trains.

RAF veteran Peter Berry – made an MBE in 2000 – kipped at Waterloo before catching his first service back to Dorchester, Dorset, at 3.35am.

Peter, 74, said: "It was a tiring but poignant 26 hours. Making new friends made it easier."

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ELIZABETH II: 1926-2022



RECEPTION



Boarding... in Maryland, U.S.

Landing... Biden & wife Jill disembark Air Force One, below, at London Stansted last night



Catch-up... Camilla and Kate deep in conversation at the Palace yesterday



PRESIDENT'S £1.2MILLION 'BEAST' CAR

REAR COMPARTMENT

Seats President and up to four passengers with glass partition. Only President has button to open it.

DOORS

Armour-plated, 8in thick and forms a 100% seal to protect from a chemical attack.

WINDOWS

Five layers of glass and polycarbonate, can handle armour-piercing bullets.

DRIVER'S COMPARTMENT

Has a communications centre and GPS tracking.

CHAUFFEUR

Elite Secret Service driver trained to cope with threat situations.

REAR SEATS

Satellite phone with direct line to Vice-President and the Pentagon.

BOOT

Firefighting system, tear gas and smoke-screens.

FUEL TANK

Armour-plated and filled with foam to prevent explosions.

BODYWORK

Military-grade armour five inches thick. Combination of steel, aluminium, titanium and ceramic to break up projectiles.

DEFENCE ACCESSORIES

Pump-action shotguns and tear gas cannons. Bags of the President's blood type for emergencies.

CHASSIS

Steel plate bomb protection.

TYRES

Kevlar-reinforced tyres are resistant to shredding and punctures. Driveable on steel rims if tyres are destroyed.

Night vision cameras

Tear gas grenade launchers

By **TOM WELLS**, Chief Reporter, and **JONATHAN REILLY**, Westminster Editor

STATELY Kate turned skilful diplomat yesterday — charming world leaders at Buckingham Palace.

The Princess of Wales put in a faultless performance alongside husband William as they welcomed dignitaries attending the Queen's funeral tomorrow.

King Charles and Queen Consort Camilla put on the lunch and reception for the governors-general of Commonwealth realms at 1pm.

And less than three hours later, they held another top-level summit with Prime Ministers from some of Britain's closest allies. The diplomatic

whirlwind continued last night as US President Joe Biden jetted in. It is thought he is the first US leader in over 100 years to attend a British state funeral.

No US leader is believed to have been present at the funerals of Sir Winston Churchill, George VI, George V, Edward VII or Queen Victoria — with top aides instead sent in their place.

But in a sign of America's deep respect for the Queen, Mr Biden personally set foot on British soil last night. Her Maj had met 13 out

of the last 14 US presidents since Dwight Eisenhower — with only Lyndon Johnson missing out.

Mr Biden, 79, and First Lady Jill, 71, touched down in Air Force One at Stansted shortly after 10pm and were taken by helicopter to the US Ambassador's residence in London.

During their flight they changed into more sombre outfits. The pair will visit the Queen's Lying-in-State before attending an event hosted by King Charles this evening. The Bidens are among a handful of heads of state permitted to travel

to Westminster Abbey in their own transport tomorrow. They will be driven in a £1.2million-armoured Cadillac dubbed "The Beast" due to its military-grade protection.

Yesterday, onlookers reported seeing his vast security team. One local tweeted: "Either Joe Biden's coming into Stansted or there's a Men In Black sequel being filmed."

Those also expected to travel in private convoys for security reasons include Israeli President Isaac Herzog. But most VIPs will be taken to the ceremony in a fleet of

luxury executive coaches from a base in West London. Among the first G7 leaders to arrive in the UK were New Zealand premier Jacinda Ardern and new Australian PM Anthony Albanese. Ms Ardern visited the Queen's Lying-in-State at Westminster Hall on Friday.

Mr Albanese followed within hours of his own arrival.

As they did so, William and the King paid a surprise visit to greet mourners in the queue before heading to Buckingham Palace. There, they joined Kate and Camilla, who

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FOR TOP FUNERAL GUESTS



Kind . . . Kate puts hand on St Lucia leader's arm



Regal . . . Princess chats to guests at the reception

KATE'S STATELY

President Biden flies in (with Beast)

were deep in conversation together. The Princess, whose black mourning outfit was adorned with pearls, later placed her hand on the arm of Saint Lucia governor-general Cyril Errol Melchades Charles as they spoke.

And she also stood next to the King as he spoke to the dignitaries, with William also mingling.

Among those present were top UK military leaders, including Chief of Defence Staff Admiral Sir Tony Radakin. They were joined by the governors-generals of the realm. After lunch, the King and Camilla

hosted Prime Ministers of the Realm in the Palace's 1884 Room.

They included Canadian PM Justin Trudeau, Mr Albanese, Bahamas PM Philip Davis, Jamaican PM Andrew Holness and Kiwi Premier Ms Ardern. Speaking ahead of the meeting, Mr Albanese said: "It's a great honour to be representing Australia here."

And Ms Ardern said: "I'll simply share the sorrow that New Zealand has and pass on our deepest condolences." She also paid tribute to William, who flew to New Zealand

for a two-day visit after the 2019 Christchurch massacre.

She added: "The Prince of Wales has always been there for New Zealand in its times of grief."

Many leaders headed to Lancaster House to sign a book of condolence for the Queen. Among those pictured signing yesterday were Gaston Browne, PM of Antigua and Barbuda, Mr Trudeau and his wife Sophie, and Mr Albanese.

Other world leaders were flying in last night and will arrive today. And in an unprecedented move, they will

include the Emperor and Empress of Japan. Emperor Naruhito and his wife, Masako, would not usually attend the funeral of any person other than their own parents, due to their Shinto religion.

But his journey, his first since taking the Chrysanthemum Throne in 2019, is seen as another sign of the global respect for Elizabeth II.

Meanwhile, China's Foreign Ministry yesterday confirmed President Xi Jinping would not attend, but Vice-President Wang Qishan will fly in.

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Halt . . . London buses will stop

8PM TODAY

1 minute's silence

EXCLUSIVE by
CHRIS POLLARD

MILLIONS will fall silent tonight in memory of the Queen, with many taking to their doorsteps as they did during the pandemic.

A one-minute silence will be marked at 8pm in the UK — and the same time locally at 280 British Embassies and High Commissions across the globe.

The moment of reflection will start in Tonga and end 21 hours later on the Pitcairn Islands, home to just 47 people and where a bell will be rung in honour of Her Majesty.

In London, buses and taxis will pull over shortly before 8pm to mark the silence, while Tube drivers will ask passengers to reflect on the Queen's life.

Mourners are expected to gather at Green Park, close to Buckingham Palace, to observe the silence and sing the national anthem.

A Government spokesman said: "The National Moment of Reflection offers the opportunity to mourn the passing of Her Majesty Queen Elizabeth II and reflect on her life and legacy."

"The silence can be marked privately at home, with friends and family, out on doorsteps or the street with neighbours, or at locally arranged community events and vigils."

Services and vigils will be held at cathedrals, churches, community centres, war memorials and public spaces. Special prayers have been sent out by the Church of England.



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ELIZABETH II: 1926-2022



EYES OF THE



Greeting . . . King and Trudeau

LEADERS COME TO HONOUR HER MAJ

By JULIA ATHERLEY

PRESIDENT Joe Biden will be just one of 500 heads of state and VIPs at the Queen's funeral.

He will be joined by fellow G7 leaders French President Emmanuel Macron, President Frank-Walter Steinmeier, Italian President Sergio Mattarella, Canadian PM Justin Trudeau and Japanese Emperor Naruhito.

Other royals attending include the kings of Belgium, Bhutan, Jordan, Lesotho, the Netherlands, Norway, Saudi Arabia, Spain, Sweden, and Tonga.

The Queen of Denmark will be there, too, alongside the crown princes of Bahrain, Kuwait and Liechtenstein, plus the sultans of Brunei and Oman.

New Zealand will be represented by Maori King Tuheitaia Pahi and PM Jacinda Ardern.

Other Commonwealth leaders include Australian PM Anthony Albanese, South African President Cyril Ramaphosa, Indian President Droupadi Murmu and Jamaican PM Andrew Holness.

European Commission President Ursula von der Leyen and European Council President Charles Michel will both attend, as will Ukrainian first lady Olena Zelenska, Irish President Michael D Higgins and Taoiseach Micheál Martin.

China's Vice-President Wang Qishan, Brazil's President Jair Bolsonaro and South Korean President Yoon Suk-yeol are all invited. But six countries — Russia, Belarus, Myanmar, Afghanistan, Syria and Venezuela — were overlooked when the funeral invitations were sent out.



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Grenadier Guards
Band in Windsor
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Staying put . . . mourners pitch tent

MORE than two million mourners are set to descend on the capital for the Queen's funeral — while more than four billion will watch on TV.

It is expected to be the highest-attended event in British history — and television's most-watched ever.

Tomorrow's state funeral — which starts at 11am — has also sparked the biggest security operation ever staged in the UK, with more than 15,000 police on duty.

Yesterday, King Charles visited the Met's Special Operations HQ in Lambeth, South London, where officers are planning for the

By CHRIS POLLARD
and LAURA ARMSTRONG

momentous day. He said it was "encouraging" everything was going to plan, adding: "It's nice to know where it all happens. This is the absolute hub, isn't it?"

Last night, hundreds of dedicated royal fans were setting up camp near Buckingham Palace to secure prime positions for the funeral procession.

The Mall was littered with tents, sleeping bags and blankets keeping mourners wrapped up in the cold.

One, Kara Jennings, 52, whose nan worked for Her Majesty as a cleaner, said: "I'm here to pay my respects to our incredible Queen, who gave us a lifetime of service. It's great to see so many people

already here. We're sharing stories and making friends."

Bernadette Christie, 68, had travelled all the way from Alberta, Canada. She said: "We all know who the Queen is — our grandmother. I don't think we'll ever be totally prepared for her funeral. There will be tears flowing."

Another mourner, Sarah Payne, 49, said: "The Queen has done so much for the country and the Commonwealth. Being here is the least we could do after everything she's done for us. I was here for the Platinum Jubilee in June, the Diamond Jubilee in 2012 and have done every Trooping the Colour."

Experts believe crowds will be five to eight deep on both sides of the road for the 1.7-mile procession — first from Westminster Hall to

Westminster Abbey and then on to Wellington Arch. More than two million are expected to congregate in London. Crowd safety expert Professor Keith Still said: "It is a barometer of public sentiment."

Among police specialists on duty will be divers, dog-handlers, mounted cops, motorcycle outriders and firearms officers.

Undercover SAS soldiers will be there, with Special Forces prepared to seal off London in the event of a major incident, while an air exclusion zone will be established.

More than half of the world's population is expected to tune in for the state funeral — the first in Britain since Sir Winston Churchill's in 1965.

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fewer than 4.1 billion people" are expected to watch the Queen be laid to rest. She added: "Such is the love and admiration for Queen Elizabeth II around the world that her funeral is destined to be the biggest live TV event in history."

"Generations of people across the globe won't have been alive the last time pomp and pageantry were seen on this scale."

"While it's a sad occasion, they can be forgiven for being enthralled by a spectacle that echoes throughout history."

"For that reason alone they'll be drawn to witness the dawn of this new age in their billions."

The Queen's send-off tomorrow is set to eclipse the moment when Muhammad Ali lit the Olympic torch at the Atlanta opening ceremony – watched by

3.6 billion worldwide. More than 650 million – 94 per cent of people watching TV – saw Neil Armstrong walk on the Moon in 1969. Princess Diana's funeral in 1997 was seen by 2.5 billion.

In the UK, tomorrow's TV coverage could break the all-time high of 32.3 million who saw England win the 1966 World Cup. Diana's funeral fell just short of the record, at 32.1 million.

The announcement of the Queen's death brought in a total audience of almost 30 million across all BBC TV channels and iPlayer throughout September 8.

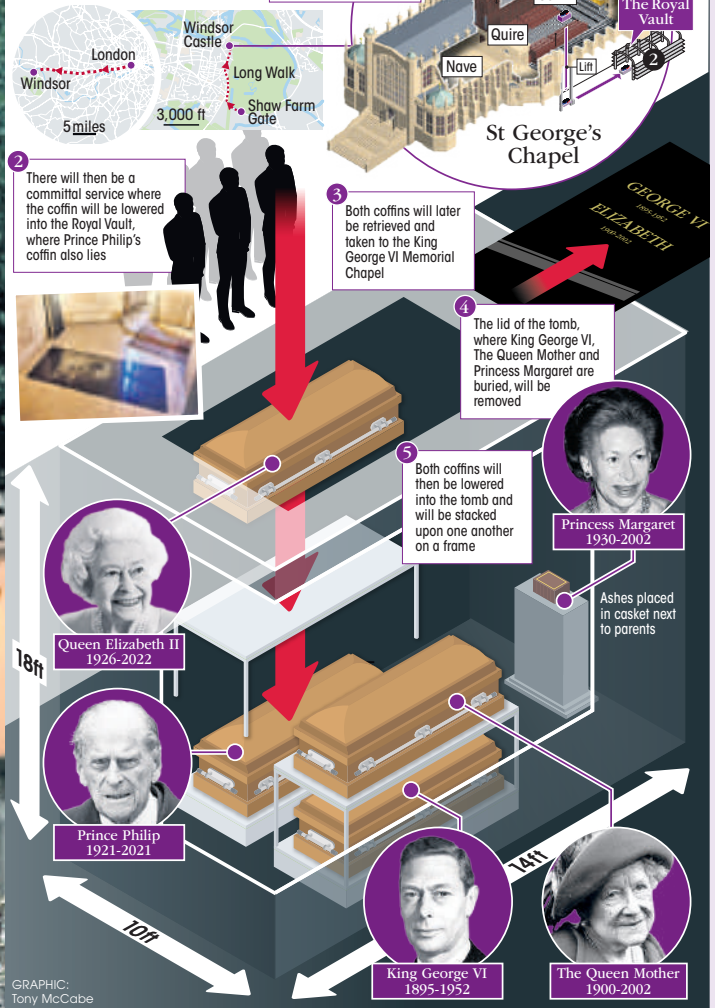
Full coverage of the funeral will air on the BBC from 8am to 5pm and ITV from 6am to midnight. c.pollard@thesun.co.uk

Additional reporting: SUKHMANI SETHI AND SASKIA ROWLANDS



Crowd ..at Buckingham Palace

HER FINAL RESTING PLACE



REAL BURIAL OFF-CAMERA

THE Queen's coffin will be lowered into St George's Chapel's Royal Vault live on TV – before being retrieved later with that of her husband Prince Philip and buried next to her parents.

Her English oak casket will descend slowly on an electric lift to join the Duke of Edinburgh in the tombs at the end of a poignant committal service in Windsor tomorrow.

But later, away from the TV cameras, both their caskets will be hoisted back up for a private interment.

The couple will then be moved to the church's King George VI Memorial Chapel to be reunited with the Queen's parents, George VI and the Queen Mother, and the ashes of the Queen's sister Princess Margaret.

King Charles, his brothers Andrew and Edward and their sister Anne are

Details . . . Prof Dodson



By PAUL SIMS

expected to gather as the black Belgian marble stone ledger that covers the tomb is lifted for the first time in 20 years.

They will watch as the lead-lined caskets carrying their parents are gently lowered 18ft to lie one on top of the other, supported by a metal frame, inside the 10ft by 14ft chamber.

Professor Aidan Dodson, author of *British Royal Tombs*, said: "No burial in the Royal Vault has been permanent for nearly a century."

"It's more of a funerary waiting room. So, long after the TV cameras have been switched off, the Queen and Duke of Edinburgh will return to the surface before finally being laid to rest."

"Following a short ceremony, they will be lowered together and join her adored parents and beloved sister. This will signal the end of an era. She was the last of a breed."

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audience for
a TV event**

● **Hundreds
camp out for
good view**

● **Crowds by
road to be
eight deep**

15,000
police on duty
in UK's biggest
security
operation

fewer than 4.1 billion people" are expected to watch the Queen be laid to rest. She added: "Such is the love and admiration for Queen Elizabeth II around the world that her funeral is destined to be the biggest live TV event in history."

"Generations of people across the globe won't have been alive the last time pomp and pageantry were seen on this scale."

"While it's a sad occasion, they can be forgiven for being enthralled by a spectacle that echoes throughout history."

"For that reason alone they'll be drawn to witness the dawn of this new age in their billions."

The Queen's send-off tomorrow is set to eclipse the moment when Muhammad Ali lit the Olympic torch at the Atlanta opening ceremony – watched by

3.6 billion worldwide. More than 650 million – 94 per cent of people watching TV – saw Neil Armstrong walk on the Moon in 1969. Princess Diana's funeral in 1997 was seen by 2.5 billion.

In the UK, tomorrow's TV coverage could break the all-time high of 32.3 million who saw England win the 1966 World Cup. Diana's funeral fell just short of the record, at 32.1 million.

The announcement of the Queen's death brought in a total audience of almost 30 million across all BBC TV channels and iPlayer throughout September 8.

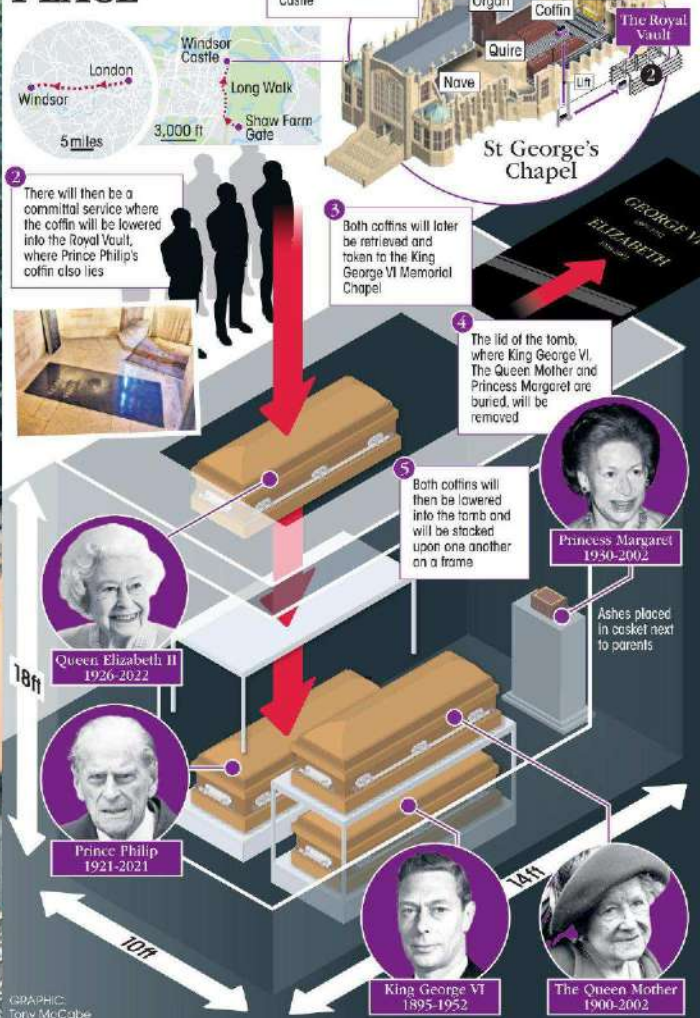
Full coverage of the funeral will air on the BBC from 8am to 5pm and ITV from 6am to midnight. c.pollard@thesun.co.uk

Additional reporting: SUKHMANI SETHI AND SASKIA ROWLANDS



Crowd ..at Buckingham Palace

HER FINAL RESTING PLACE



ELIZABETH II: 1926-2022



TOP ROYAL

UNFORG



HOMAGE... Tom with grandsons Leo and Ben at Westminster

REPUBLICANS across Britain are astounded that tens of thousands of people have been slowly shuffling in a five-mile queue to pay their last respects to the Queen.

The proof of overwhelming support for the monarchy and Britain is on the streets.

Watching the silent pilgrims wind their way after the long shuffle from Tower Bridge and even beyond on to the Embankment opposite Parliament, heading for Lambeth Bridge with the end in sight, is a sobering experience.

In a procession of remarkable simplicity, every type of person, nationality and background is represented.

All are anonymous and yet instantly recognisable as ambassadors of not just Britain but of every nationality.

Decency, humility and grief is etched on every face.

Similar loyalty brought me with my two eldest grandsons, Leo, 13, and Ben, 11, to Westminster Hall on Thursday evening.

Like thousands of others, I came to pay homage to the incarnation in one person of Britain's unique virtues – stability, humour, generosity, tolerance, courage, duty, modesty and an abiding love of democracy.

The monarch's lying-in-state was started 400 years ago, by the Stuart kings. First in Windsor Castle and Kensington Palace, but only staged in Westminster Hall since 1910, after the death of the Queen's great-grandfather, Edward VII.

Spontaneous praise

Twenty-six years later, a nervous nine-year-old Elizabeth had been taken to Westminster Hall to pay respects to her beloved grandfather George V. Pale and quivering, Elizabeth mentioned the overwhelming silence. It was as if, she said, "the King was asleep".

Unlike her grandfather, the Queen's death has attracted extraordinary recognition across the globe. Few other world leaders could expect their death to herald such spontaneous praise and an unrequited desire to attend tomorrow's funeral.

As Big Ben showed six, we entered Westminster Palace and then Westminster Hall.

Momentarily, I was paralysed by the awesome simplicity of the sight. Inside the draped coffin, lit by chandeliers, was the woman who had shaped our destiny.

And so we arrived at the top of the wide stone steps at the south end of the hall, ready to walk past the coffin.

How strange to be part of this remarkable silent vigil. Ushers, in their black britches and white ruffled shirts, gently nudged the mourners on to the carpet that led down the steps. The dark oak beams, one thousand years old, soared above us.

Mourners quietly walked in two files on each side of the coffin.

Ahead, the Imperial State Crown, made for the coronation of King George VI in 1937. Set with more than 3,000 jewels – diamonds, pearls, sapphires, emeralds and just

Decency and humility is on every single face



STAYING POWER... the queue near Tower Bridge yesterday



DETERMINED... keeping warm while waiting to see the coffin

By TOM BOWER

Author of *Rebel Prince*, a biography of Prince Charles

five rubies – it sits on the purple velvet cushion, which in turn lies on the gold and red Royal Standard. Its importance is not its priceless value but that the first jewels were owned by the Royal Family in 1367. The crown caught

the late afternoon light but looked surprisingly small. It weighs just 2.3lb.

Alongside is the coronation orb made for Charles II, the King who restored the monarchy in 1660 after Britain's unhappy flirtation with

Oliver Cromwell's republic. Nestling nearby is a wreath of white roses and dahlias, studded with pine from the royal estate at Balmoral in Scotland, and lavender and rosemary from Windsor, each with their own significance.

We see the casque, resting on the raised platform, draped with purple cloth. Strange to think that the coffin, lead lined, was said to have been made more than 30 years ago. The Westminster Cross stands at its foot.

Our timing was perfect – as we stood there, the tap, tap...tap, tap,

called for the changing of the guard. The procession of mourners was paused. Slowly, immaculately, the ten guards, resplendent in their red and gold uniforms, emerged from a door on the left at the far end.

Step by precise step, they marched. Time seemed to hang between each step. Tap, tap...tap, tap.

And the manoeuvres planned to the inch were completed in a matter of a few minutes.

There the new guards will stand for precisely 20 minutes, hardly seeming to breathe, let alone blink, until the next changing of the

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WRITER AT WESTMINSTER

ETTABLE

● Crowd's irrefutable loyalty to monarchy

NEW ERA
... Queen on
her Coronation
Day in 1953



SILENT TRIBUTES...
mourners file past Queen's
coffin in Westminster Hall

guard. As we walked slowly down the steps, each person, young and old, mothers, fathers, grandfathers, grandmothers, grandchildren, who came to pay their respects, brought their own memories.

Some stopped for a few moments to raise their hands to pray, most just bowed their heads or paused, and moved silently, reluctantly, towards the door and the courtyard. I stopped momentarily to look back at the coffin, towards the vast stained-glass window in St Stephen's Porch. It was all over so

quickly. But will never be forgotten. As I stood in the hall, I wondered about the Queen's life, especially her relationship with all her Prime Ministers because, by strange coincidence, I had spent the previous day touring the battlefields and cemeteries of Gallipoli, in Turkey – the scene in 1915 of Winston Churchill's catastrophic invasion to speed Germany's defeat in the First World War.

I recalled that Churchill, the Queen's first Prime Minister, resigned from the Admiralty

because of his responsibility for the catastrophe and carnage.

Yet 50 years later, the Queen had unprecedentedly attended Churchill's funeral after he lay in state in Westminster Hall – a very rare honour for a politician, only matched by William Gladstone.

Last Thursday, as the guards stood to attention around her coffin, I wondered whether during the Queen's fabled audiences with her first Prime Minister, she had asked him about his responsibility for those young men's gravestones. Did

Churchill have a conscience? The question was more than usually relevant because in 1965, along with school friends, I had queued to pass the statesman's coffin in Westminster Hall.

Fascinated by history, I regarded Churchill as the nation's saviour. Etched in my memory is also that rainy day in 1953 when I watched the Queen's Coronation.

Through his work, my father knew someone who owned a TV, a rarity in those days. Sitting cross-legged with other children in front

of a black and white screen encased in a polished mahogany box, with the adults on chairs behind, we silently watched what seemed like a mediaeval ceremony.

The unforgettable image was not the young Queen wearing a huge crown, but the sight of Prince Charles looking down on the ceremony. Even at such a young age I did feel a strange kinship to the prince, who was just one year younger.

For the millions who lined London's streets in 1953, the Coronation was the curtain-raiser to a new, affluent era.

For those born just after the war and, like me, whose playgrounds were London's bomb-sites, we can recall the local butcher and grocer cutting out a numbered square from the crudely printed ration book.

We remember the lack of sweets and the cold homes.

But at my stinking Victorian school the lesson was that Britain still had an empire, its Navy ruled the waves and there was the promise of better times coming.

To mark the new Elizabethan era, every school child was given a blue pen inscribed with the Coronation date and a book about Britain's history.

Filled with pride

I cannot honestly say that both remained treasured possessions but, for my post-war generation, the Royal Family was our family.

Watching the Pathe News reports of the Queen's global tours at the Kenish Town Forum cinema – invariably before a John Wayne cowboy film – filled me with pride.

Pathe's reports of the Queen being welcomed by smiling dignitaries around the world and waving to bystanders reaffirmed my belief in Britain.

Of course, the country has changed beyond belief but the spectacle of Westminster Hall reaffirms the strength of continuity.

Among the symbols of Britain's deep-rooted traditions is the knowledge that the Queen lies underneath the Royal Standard in an oak coffin.

Oak trees have a special place in British history. Symbolising the country's permanence and its steadfast true values, we learnt at school that mighty oaks from little acorns grow.

Glancing at my fellow pilgrims as we walk past the Queen, I know that they too have made this unforgettable visit to tell their children and grandchildren that they witnessed history.

Joined by hundreds of thousands on London's streets tomorrow, they send an irrefutable message of loyalty to the monarchy and our new King, King Charles III.

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ELIZABETH II: 1926-2022



TAKE THAT



OLIVER'S ART IS IN THE BRIGHT PLACE

OLIVER THOMPSON'S beautiful drawing will become a piece of royal memorabilia after he won our Queen Elizabeth II commemorative tea towel competition.

As the nation mourned, we launched a contest so children could express their love for the Queen – and hundreds responded.

When the news of her death broke, three rainbows adorned the sky – one at Windsor and a double rainbow over Buckingham Palace – and we asked youngsters to create a piece of art that captured those rainbows and our wonderful monarch.

Judges chose seven-year-old Oliver's drawing as the winner. It will now be printed on 250 limited-edition tea towels that Sun on Sunday readers can win.

With his entry, featuring a smiling Queen flying over a rainbow, the schoolboy from Cleckheaton, West Yorks,

By CLARE O'REILLY

wrote: "I really, really love the Queen. I hope she's happy in Heaven. I bet she is, being with Prince Philip again. The other people in Heaven will look after her – my grandad definitely will."

"She looked after our country really well. King Charles is the Queen's son so he will do a good job because he will have learnt from his mummy."

"I loved all the colours she wore, and I bet that's why she sent the rainbow when she died. Thank you for everything, Your Majesty. I love Paddington Bear, too!"

His mum Nicola, 36, an NHS worker, said: "He's so thrilled. He loves his art, but can be a bit shy."

WINNER... Oliver with his stunning picture

This is amazing news and something he will treasure now and when he grows up." Oliver said: "Have I actually won? I can't believe it. I hope the Queen would like the picture, too. I can't wait to tell everybody at school. I don't know what to do, I'm so excited."

TV antiques expert Tracy Martin says that with a limited run, Oliver's tea towel will increase in worth.

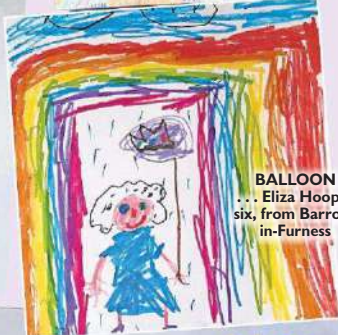
She added: "Anything about the Royal Family in these unprecedented times will be collectable and accrue value."

While Oliver will have his design printed, there were lots of other great entries, including the ones below.

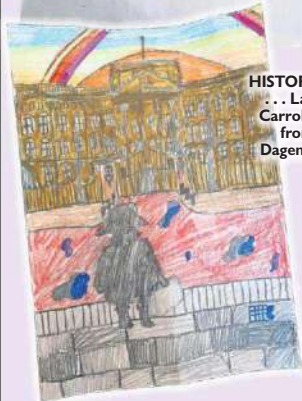
For your chance to win a tea towel, email win@the-sun.co.uk. Competition closes on November 20. Terms and conditions apply.



CARING... Lilly-Rae Cressingham, ten, from London



BALLOON... Eliza Hooper, six, from Barrow-in-Furness



HISTORICAL... Lacey Carroll, 12, from Dagenham



COLOURFUL... Abel Walker, six, Londonderry



EXCLUSIVE by
CLEMMIE MOODIE
Assistant Editor, Showbiz

OF all the wonderful accolades to have emerged this past week, news that the Queen was a Gary Barlow fan was, perhaps, one of the more unlikely.

The Take That singer has paid tribute to the late monarch, revealing the pair struck up a warm friendship over the course of more than 30 meetings.

He has told how he even put on a private concert at an intimate birthday party for Her Majesty in 2012.

The Queen was such a huge Gary fan, it turns out she even knew the words to his Commonwealth track, Sing, from the same year.

The star says: "Her Majesty did such a wonderful job and was such a wonderful example to us all."

"She ruled with her heart, she was amazing. She had such a recognisable face because obviously her face is everywhere you look, so when you saw her, it was mesmerising. I counted up all the times I met her and it's definitely over 30. I felt so, so sad when I heard of her passing."

"I knew Sing was one of her favourite songs. Ellie Goulding told me she was in a line-up and she asked the Queen if she liked singing, and she sang a line from Sing. "I was like, 'Wow, that's brilliant!'. It was lovely. Sadly I didn't hear her sing myself."

Royal biographer Penny Junor revealed that the Queen's favourite songs included Sing. She also enjoyed The White Cliffs of Dover by Dame Vera Lynn, and American movie and dance legend Fred Astaire singing Cheek To Cheek.

Gary, 51, co-wrote Sing with impresario Andrew Lloyd Webber for the 2012 Diamond Jubilee. Within hours of performing it, alongside female choir the Military Wives, it topped the charts.

Putting people at ease

Today, the lyrics – which include "Some words they can't be spoken, only sung/To hear a thousand voices shouting love/And light and hope" – couldn't be more poignant.

Gary first met the Queen in 1993, at the Royal Variety Performance. Alongside bandmates Robbie Williams, Mark Owen, Howard Donald and Jason Orange – and their parents – he nervously shook her hand.

Take That later performed Could It Be Magic, prompting an enchanting smile from the monarch. Gary, who has sold more than 50million records, later went on to have a series of one-to-one meetings with Her Majesty over the two years ahead of the Diamond Jubilee.

He says each summit was scheduled to last precisely four minutes.

But he jokes he would try to trim it down to save the Queen time from her relentless schedule.

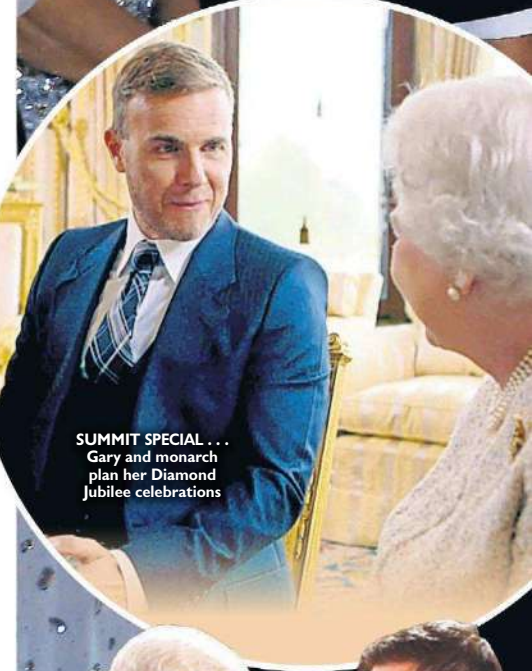
He recalls: "She was so good at putting everyone at ease, she never let anyone feel intimidated."

"There were a whole heap of things we were told we could and couldn't do. We were scared to death before we met her."

"But she broke all the rules within about two seconds, shook our hands, spoke to us, didn't correct anyone."

"Only the Queen's title was intimidating, and the people around her, she wasn't. If she hadn't been like this, able to chat to people from all walks of life, someone like me would never have been able to put the concert on. I'm so grateful for that."

"My meetings with the Queen were always four minutes long, which always amused me. I would start by saying, 'I think I can be in and out in one-and-a-half minutes'. She could make decisions quickly – it was, 'Yes, yes, yes, no, yes' – she made it easy for me. We'd rattle off six questions, and then I'd be saying, 'Right, that's it from me. I

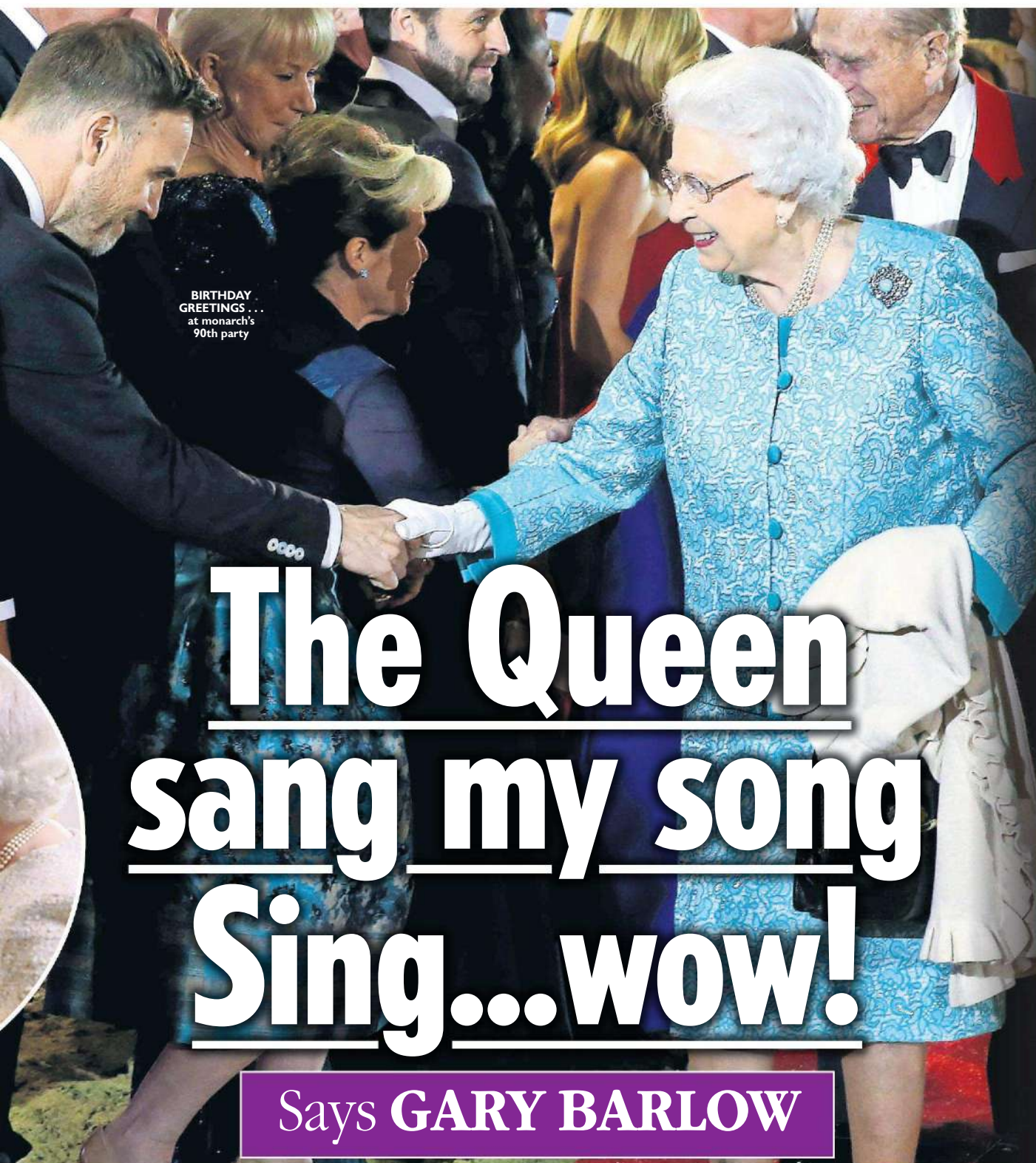


SUMMIT SPECIAL... Gary and monarch plan her Diamond Jubilee celebrations



HONOUR... Gary receives OBE in 2012

STAR'S PRIDE ON MONARCH



BIRTHDAY GREETINGS... at monarch's 90th party

The Queen sang my song Sing...wow!

Says **GARY BARLOW**

won't take up any more of your time'...and I'd be out of there." The Queen served the nation and Commonwealth selflessly and tirelessly for 70 years. In an anecdote that typifies this, Gary says she wanted her Jubilee concert to be a celebration for the people – not her.

He adds: "I kept saying to her, 'If there's anyone or anything you want, anything at all, you know you only have to ask'. And she would always say, 'No, no – just make the best show for the people'.

"It's amazing, she was celebrating her anniversary but she just wanted everyone else to have a good time."

Gary, who was awarded an OBE ten years ago for services to music, is very fond of the Royal Family.

Photos from that day are dotted around his West London home.

And he says his mum was especially proud after accompanying him to Buckingham Palace for his Investiture. "There's a framed picture from that day in my study," Gary says with a smile. "Actually there are pictures all over the house of that day, but I always think these days are more for mums and dads."

"After the Diamond Jubilee the Queen thanked me. I got a little telegram from her afterwards, which was amazing. That's framed too."

Because of his unlikely bond with the Queen, the Brit Award winner and former X Factor judge shed a tear when he heard of her passing. Gary admitted: "I had a little

tear...it felt very, very strange." One of his most incredible meetings with Elizabeth II was when he attended a very low-key, spontaneous – and off the record – gathering for her 86th birthday in 2012.

The celebration was at Lord Lloyd Webber's home in Newbury, Berks, where the racehorse-loving monarch once kept stables. They played her Sing, plus show tunes by Rodgers and Hammerstein.

Gary, who was also at her 90th birthday celebration at Windsor in 2016, explains of the bash: "There was one night around her birthday we put on a little impromptu concert for her. Her stables were very close to Andrew's house, so she had about 12 other people with her. I'd taken a

lot of the (Jubilee) plans with me, and she spent about 20 minutes looking at all the plans.

"She was really interested. I'd got every conceivable answer prepared, but of course she asked me the one question I didn't know the answer to, which was how long was it going to take to take all the gear (marqueses, stands, etc) down."

"So I made it up and said six hours. I didn't have a clue. That night I remember her talking a lot about horses. Those little moments when there are no cameras – there are no pictures from that night at all – where everyone was chatting, are so, so special. She was a truly wonderful woman."

clementine.moodie@thesun.co.uk



'NOT IGNORED'... Bienna

Grenfell visit was 'amazing' comfort

By **THOMAS GODFREY**

GRENFELL Tower survivors have hailed the Queen and her "amazing" efforts to comfort them following the blaze.

Locals still cherish memories of the monarch's surprise West London visit two days after the June 2017 tragedy, which killed 72 including at least 18 children.

Receptionist Jessica Heather, 25, was working at Westway Sports Centre, where people displaced by the inferno were being housed.

She said: "I was helping some survivors and turned round to see the Queen at the door. I couldn't believe it."

"The Queen came here before anyone from the council or the Government. It was a shock but showed she wanted to help in some way."

Hospitality assistant Omari Gerome, 25, recalled the community being given a huge boost by meeting the monarch and Prince William, who had previously played football at the centre.

He said: "These parts of London aren't where you'd normally see people like her. She could have sent someone else or a message of support."

"But the fact she came in the flesh really meant a lot to the community. It lifted us all."

And Bienna Yohannes, 18, added: "The Queen's visit showed we weren't being ignored."

Her Majesty was 91 when she visited the site on June 16, 2017.

She spoke to firefighters and heard harrowing accounts of escape bids.

Prince William called the aftermath of the fire in the 24-storey block "one of the most terrible things I have ever seen".



SUPPORT... Queen's visit

ELIZABETH II: 1926-2022

COLUMNIST



WE live in the smartphone age dominated by technology.

Nearly everything in our lives can be ordered instantly online.

That is one of the reasons why the scenes from the Lying-in-State of the Queen inside Westminster Hall have been so astonishingly moving.

It is impossible to think of another event of such importance where the ban on mobile phones would be so exquisitely observed.

It has been said many times in recent days that Queen Elizabeth was of a different age to the world we now inhabit.



Dignity... Elizabeth II

Queue is reflection of lost era...and Her Majesty



Patient... line to coffin

Never has this been displayed more eloquently than in the scenes from Parliament.

By the time the doors shut tomorrow morning, hundreds of thousands of people will have said their own touching farewell to the monarch.

Many of those privileged to have paid their respects will have waited more than 24 hours to do so.

With one, mercifully brief, exception, the crowds have been a true reflection of the woman they have come in such incredible numbers to cherish: quiet and dignified but with a steely determination to do what was fitting.

There were no overt displays of emotion.

This was a world away from the shrill hysteria of the social media age.

Public pomp met private reflection in a prevailing calmness.

Those who entered the historical magnificence of Westminster Hall went because they felt it was the right thing to do. No one overstayed their welcome.

For those who braved aching limbs and the rigours of the British autumn to see their Queen – it was truly worth the wait.

We will always be in debt to our Queen. This was our chance to pay her back.

She was always there for us.

And, at the last, we can be proud that we were there for her too.



MOVING MOMENT... House of Commons Speaker Sir Lindsay Hoyle bows to King Charles at Monday's Presentation of Addresses at Westminster Hall, as Karren, circled, looks on

DURING the past ten days there has been an unprecedented level of ceremony and history, the likes of which most of us have never seen before.

I have had the incredible privilege of getting a ringside seat at some of those important, solemn and poignant events marking the astonishing life of Queen Elizabeth II.

I was even chosen to sit opposite our new King and Queen Consort as Charles delivered an address to MPs and peers in Parliament's historic Westminster Hall on Monday.

Some of the most memorable days of my life began last Saturday when I was at the House of Lords.

It was only the sixth time since the start of World War Two that the Commons has sat on a Saturday. It was to pay tribute to Her Majesty and to agree on a Humble Address of condolence for King Charles, which was to be presented on the Monday.

Despite the sadness there were magnificent recollections and moving memories from people who had met the Queen.

Baroness Seccombe said that the Queen loved to know a secret – but refused to share details with us. And Lord Griffiths of Burry Port actually sang in the chamber, to great applause.

I felt so lucky and proud that day to swear my oath of allegiance to the King, which all peers must do, either after a general election or when there is a change of monarch. We stood in line



PROUD... Karren with CBE. Charles and Camilla at Presentation of Addresses

and one after another pledged. Solemn and respectful. All of us spoke with real, genuine feeling. It was the most unusual and historic of days: Sad, moving, heartfelt and uplifting all at the same time.

Just two days later, I attended the Presentation of Addresses by both Houses of Parliament to His Majesty King Charles III in Westminster Hall.

As I picked out my outfit for the momentous day – a respectful black dress and Louboutin boots – I felt such a sense of duty and responsibility.

Inside the grand, 900-year-old Westminster Hall, we all quietly took our seats. I chose the first I came across, near the back. Minutes later a door

keeper said I had to move. He walked me to a seat in the front row (he must be a West Ham United fan) directly opposite the two striking, ornate gold thrones covered in deep-salmon silk damask where King Charles and Camilla were to sit.

The King moved slowly towards them, clearly exhausted emotionally and physically, Queen Consort Camilla half a pace behind him.

They sat directly in front of me and there were just eight stone steps between us. He looked straight at me.

I smiled solemnly, trying to express with eye contact my deep sympathy. I didn't get a response, I didn't expect one. I will never forget the pain and

ON HER PROUDEST DAYS

My ringside seat as history is made



By **KARREN BRADY**

grief etched on his face. He looked like he had a heavy cold but it wasn't a virus that was plaguing him, it was his heartache.

He and Camilla looked at each other in that way that only people deeply in love do. It was as though she was trying to reassure him, it was like a hug with her eyes so to speak, giving him comfort and strength, willing him to be OK.

After he'd settled in his chair, he kept perfectly still. There was none of the fidgeting or playing with his cufflinks or signet ring which I have seen before.

Despite the deep grief he exuded authority and unshakeable confidence.

I spotted Camilla's breathtaking diamond and pearl necklace twinkling against her black dress and her small handbag and sensible flat shoes. It made me regret my own sky-high Louboutins. The pomp and ceremony that day was astounding.

There were eight Yeomen of the Guard with giant spears, who processed up the central aisle, followed by the Gentlemen at Arms.

The only sound you could hear was their footsteps, perfectly in sync, on the stone floor.

Then they stood totally still throughout the 30-minute service. It must be part of their training but to me, who had never

witnessed anything quite like it before, it was mesmerising. The sorrow and loss around the room was palpable.

Both Speakers – Lord McFall, the Speaker in the Lords, and Sir Lindsay Hoyle, Speaker of the Commons – expressed their sadness at the death of the Queen and how difficult it must be for the new King at such a time.

I sang my heart out to God Save The King. We all did.

It was an opportunity to show this man in mourning, who has such a gigantic task in front of him, that he has both our respect and warmth.

Unexpected tears

On Thursday I was one of 35 peers chosen to represent the Conservative benches at Westminster Hall for the arrival of the Cortege for the lying in state. I felt honoured.

I wore my CBE medal, awarded for services to women in business and entrepreneurialism in 2014, with sensible flats. But I was flustered when I got there. The area around Westminster was closed from Victoria to Embankment, and there was nowhere to park by bike.

After a flurry of panic – and begging – the police allowed me to park up in the Lords courtyard. At the Chamber we were placed into four sections which

were to form our route to Westminster Hall. I was in section two and told to stand on the steps next to the choir, which is when the sensible shoes really came into their own.

When the coffin was carried into the hall, I had unexpected tears in my eyes.

This place, which is usually so busy, filled with the bustle of visiting schoolchildren and throngs of people meeting, was eerily silent.

We were told not to bow or curtsy as we passed the coffin, but I simply couldn't do that.

The Queen has done so much for this country that it felt disrespectful not to pay my final respects.

I am pleased I did. Everyone behind me followed my lead.

I felt so proud to be so close to British ceremony at its best.

That evening I returned, off duty, to Westminster Hall to take my family to pay their respects. When my mother cried, I cried all over again.

I feel immensely fortunate to have had this opportunity to say goodbye to our Queen, and to her era, and to welcome in the new King.

I have been able to show my loyalty and allegiance to them both.

It has left me feeling very fortunate and proud to have become a small part of British history.



SOMBRE... pallbearers carry coffin to Holyroodhouse in Edinburgh

POLL BOOST FOR UNION SINCE DEATH

EXCLUSIVE by AMY JONES and MATTHEW BARBOUR

SUPPORT for Scottish independence has plummeted since the Queen died, The Sun on Sunday can reveal.

In an exclusive poll, we found a seven per cent drop in those wanting a breakaway. Just 42 per cent of Scots would vote for independence if there was a referendum tomorrow, compared to one poll last month that found 49 per cent were in favour of a vote.

The survey comes ten days after the Queen died at Balmoral in the Highlands and lay in state in the Scottish capital Edinburgh.

Royal historian Richard Fitzwilliams said: "For the Queen to pass away peacefully in her beloved Balmoral was a fitting end. It is a comfort to all of us that she spent her final days in the place that brought her so much happiness. But more significantly, it was a fitting final act of unionism for a monarch who cherished the UK."

The Deltapoll survey also reveals that there had been a groundswell of support behind King Charles.

Two in five believe he will be a good king for Scotland compared to just 15 per cent who think he will be a bad monarch.

Almost a third of Scots, 28 per cent, think the Queen's death has strengthened the Union, while just 18 per cent believe it has weakened ties. And Prime Minister Liz Truss will be relieved to hear that in our poll of 659 Scottish adults the majority – 55 per cent – are not in favour of a fresh referendum on independence.

Close to two thirds of respondents in our poll, 57 per cent, said they expect to watch the Queen's funeral on Monday. A further 62 per cent were upset or moved by her passing.

Tory MP Andrew Bowie, whose constituency includes Balmoral, said: "What this last week has shown us is that there is far more that unites us than divides us as a nation."

"The entire country has been together in our respect and grief for the late Queen."

42%
would vote for independence, down from 49% last month

28%
of Scots think the Queen's death has strengthened the Union

55%
are not in favour of a second independence referendum

ELIZABETH II: 1926-2022

FAREWELL



ANNE... two days after mother's death

EVER since the warrior Queen Boadicea led an uprising in Roman Britain, royal women have exhibited great strength.

Today, instead of a mighty sword and chariot they use their dignity and fortitude to win their battles.

This dark period of mourning has proved that the Queen's unique dedication to duty lives on in those who remain.

It is the Princess Royal who has perhaps embodied her mother's spirit the most during recent events.

Anne was at Her Majesty's bedside at Balmoral Castle when she died and has made sure her mother has not been alone since.

On Tuesday, she was the only one of her siblings to accompany her mother's coffin as it made its way on a six-hour car journey through Scotland, from Balmoral Castle to Edinburgh, then on a flight to London.

It was a fitting final act of love from a daughter who has always been there for the Queen.

Last night it was the turn of younger members of her family to stand vigil in Westminster Hall.

Princesses Beatrice and Eugenie joined cousins Prince William and Prince Harry, Peter Phillips, Zara Tindall, James, Viscount Severn, and Lady Louise Windsor to pay their respects.

Princess Anne proved her fortitude from an early age. She began working on behalf of Her Majesty when she was 18 years old.

During Anne's first year of public duties, she carried out 30 engagements on her own. But her public life was not without scandal.

Inbuilt quiet dignity

She divorced her first husband, Army Captain Mark Phillips, in 1992 during the Queen's "annus horribilis". Eight months later she married Timothy Laurence, a Navy commander charged with caring for the Royal Family's horses.

But she moved on from the headlines by dedicating herself to hard work, regularly performing more duties than any other royal.

On Friday, with her siblings Prince Andrew, King Charles and Prince Edward, she stood in a silent vigil beside the coffin.

It was their second and final vigil to the Queen before she is laid to rest tomorrow.

Anne bowed her head and stood with a solemn expression as she stood guard for 15 minutes.

This was the first time a female royal has attended such an event — a tradition known as "vigil of the children", which dates back to the time of George V.

Watching on was Queen Consort Camilla, who earlier that day paid a touching tribute to Her Majesty by wearing a replica of a diamond leek brooch that she and Princess Diana wore, as she joined Charles on his first visit to Wales as King.

The royal women, led by the Princess Royal and the Queen Consort, are uncomplaining and



GRIEVING... Princess Beatrice last night



RESPECT... Zara Tindall joins the tribute

Royal women great dignity



By INGRID SEWARD

have an inbuilt quiet dignity that does not need reminding or praising.

As poor King Charles has had two episodes of "pen rage", latterly taking issue with a leaky fountain pen during a signing ceremony at Hillsborough Castle, Camilla was calm and took charge. She took the offending item from his hands, muttering calmly: "Oh look, it's going everywhere."

It's typical of the good grace in which she goes about her duties.

Working at a growing number of royal engagements and travelling the world on foreign tours is not exactly the life Camilla imagined she would be leading in her mid-seventies, but her steadfast support

for her husband has been evident. Her desire to support Charles is stronger than ever.

She has also had a remarkable rehabilitation in the eyes of the public. Far from being "the other woman", Camilla has cemented her place at the heart of the family with quiet dedication. Sophie Wessex has been described as the "secret weapon" — and has proved herself since the Queen's death.

On Thursday she showed her natural empathy, by embracing a young mourner in Manchester.

Sophie was about to leave when she saw the youngster with his arms outstretched and rushed over to give him a hug. She wears her

emotions on her sleeve and choked back tears during the procession of the coffin in Edinburgh. It is understandable she would be so upset. Sophie, her husband Edward, and their two children spent a lot of time with the Queen.

Sophie developed a very strong bond with Her Majesty and called her "Mama". She has also been keeping an eye out for Meghan, who has been welcomed back into the family because it was the Queen's wish, not necessarily their own choice.

Her daughter Lady Louise, 18, is also playing an increasingly public role. She is set to embark on her first year of university but is

mature for her age and is tipped to play a larger part in the future.

But it has not always been plain sailing for Sophie. When she married Edward, she already had her own successful PR business and did not intend to become a working member of the royal firm. Her father-in-law, the Duke of Edinburgh, had his doubts but was fully behind her decision.

Her final journey

But the Queen felt enormous sympathy for her and encouraged Sophie and Edward to quit their business enterprises.

The monarch wanted their help during her Golden Jubilee year in 2002, as life as a working royal truly began for Sophie. The Queen would no doubt be touched to see how prominent her role is now.

Last night Sophie was clearly distraught watching her children

MA'AM, WE'LL MISS YOU

WEEPING WELBY IN FOOD AID

EXCLUSIVE by ROB PATTINSON

THE Archbishop of Canterbury says he cried then raced home from holiday in France after hearing the Queen had died.

Justin Welby revealed he shed a tear and the news "caught him off-guard".

He said yesterday: "I was on holiday in Normandy, in France, when I received the call from an aide saying Her Majesty had passed away. It was an extraordinary moment. We drove through the night to get back here for 5am in the morning on Friday. All we could talk about was what all this could mean and what could happen. How do you begin to describe it?"

He said while visiting queues at Lambeth Bridge: "It's impossible not to feel emotional when you see these crowds — and when you see the Royal Family dealing with their loss."

The Archbishop also dropped off supplies for his sister-in-law, who had been queuing for 12 hours. Mary Eaton, 66, registrar of Rhodes Scholarship at Oxford University, said: "As far as Deliveroo drivers go I feel very spoilt having the Archbishop rescue me with breakfast. We stopped for 45 minutes at one point because they were rehearsing the funeral. Everyone just sat down or tried to have a snooze."



Tears... Archbishop

CHILDREN CONFUSED BY DEATH

By JANE ATKINSON

PARENTS should be clear, open and honest when talking about the Queen's death with their children, say experts.

And some youngsters may benefit from watching tomorrow's funeral, they believe.

Since the Jubilee celebrations many children have spent hours learning about The Queen, and in the past few days bereavement charity Winston's Wish has been inundated with requests from worried families who do not know what to tell them.

CEO Fergus Crow told the Sun on Sunday: "Parents must use clear, age-appropriate language. It may be tempting to use terms like the Queen has 'gone to sleep' or 'passed away', but these can be confusing to children and prompt more questions such as, 'When is she waking up?'. Although they feel harsh and blunt, using words like 'dead', 'died' and 'death' will help create a clear definition for children which they'll understand."

"Parents should also try to explain to children that feelings of anguish, anger, sadness, guilt, worry and confusion are perfectly normal reactions to hearing that someone has died."



Crow... grief expert



TEARFUL... Princess Eugenie last night



EMOTION... Lady Louise Windsor at vigil

UNITED FORCE... Camilla, Kate, Sophie and Meghan at reception for Queen's coffin at Westminster Hall on Wednesday

have shown and strength

stand vigil. A week earlier there were more emotions on show. Reading the tributes left at Balmoral, a weeping Eugenie was comforted by her father the Duke of York.

Andrew's daughters have carved out successful careers. In the wake of the Queen's death, Beatrice has been made a Counsellor of State, meaning she can stand in for King if he is abroad or incapacitated.

Kate, who has been married to Prince William for 11 years, will be pitch perfect for her latest title. On Thursday she and William made their first solo outing as the Prince and Princess of Wales.

The couple spent about 45 minutes speaking with mourners outside the Norwich Gates of Sandringham House. Kate told well-wishers that Prince George "understands the loss" of his great-grandmother, while younger

siblings Princess Charlotte and Prince Louis understand it "less so". One well-wisher heard Kate tell a group of children that Louis had said "at least Grannie is with Great Grandpa now".

She accompanied another young girl across the crowds so she could lay her flowers in person.

Without trying, she will bring her own unique brand to the role. Kate has indicated she wants to make the part her own, while still respecting the importance of her late mother-in-law.

And while the Duchess of Sussex has caused great tension in the family, her support of Harry during this difficult time is clear.

She has been quick to comfort the Duke, who seemed particularly nervous and upset during public mourning, with an affectionate stroke of his back or

by holding his hand. It is the working royal women who will walk in the footsteps of the Queen. Sophie, Anne, Camilla and Kate were all dedicated to helping the ageing monarch in her twilight years.

They have helped her on her final journey without the focus being on them.

That is how it should be. It is what the Queen would have wanted and expected.

● Ingrid Seward is editor in chief of Majesty magazine and author of William And Harry.



HEAD OF THE FAMILY... Queen

Tony Parsons

Follow me on Twitter @TonyParsonsUK

MY parents never looked happier than in the photograph of them standing outside the Buckingham Palace gates about to meet King George VI.

My dad was about to receive a Distinguished Service Medal for the last action he saw in the Second World War – a Royal Naval Commando raid on the Nazi-occupied, heavily fortified island of Elba.

The Royal Naval Commandos lost many men on that raid.

It left my father with a torso that was a mass of scar tissue, and shrapnel in his legs that would be there for ever.

But did anyone ever look happier than this pair of working class kids off to see the King?

Dad is only 20. My mum is a year younger – so not even out of her teens.

And more than a lifetime after that picture was taken, their excitement is obvious.

They grin from ear to ear, bursting with pride and excitement.

And the strange thing about that photograph is that neither my mum or dad would have described themselves as monarchists, or royalists, or devoted fans of the crown.

My mum was a passionate Labour supporter, a militant dinner lady, always delighted to go on strike.

My dad dragged me out stuffing leaflets through doors for the Liberals, but only because he heartily loathed both Labour – in thrall to big trade unions, Dad believed, and also the Tories – slaves to big business, he thought.

And yet, and yet... they loved their king. They loved that shy, kind, brave monarch who led them through the darkest days of the Second World War when, like the Queen, my parents were children at the start and young adults by its end.

Survived and thrived

They loved King George VI because he had earned their love.

Although he was to die tragically young, King George VI was a great king because he shared the sorrows of his people in their darkest hours.

The bombs that fell on the homes of my folks in the East End of London also fell on Buckingham Palace.

While his flighty brother King Edward VIII abdicated so that he could marry Mrs Wallis Simpson, George embraced a role that he was not born for, and in some ways painfully unsuited for, with a stutter that made public speaking an agony.

And yet half a century after that photograph was taken outside the gates of Buckingham Palace, my dad could recall the banter he shared with the King.

"You've done very well, Parsons," King George VI told my father just before he presented his DSM.

My old man indicated the rows of medals on the King's chest.

"You haven't done so bad yourself," said my dad, and the pair of them had a laugh about that.

And when I think of how much my parents loved King George VI, I understand the great outpouring of emotion that we are witnessing today. For who can



DAY TO REMEMBER . . . Tony's parents Victor and Emma with his grandparents outside palace

My parents loved their King like we loved our Queen. But love has to be earned



LOVED . . . Princess Elizabeth with her father George VI

doubt or deny that Queen Elizabeth II has earned our love? The monarchy has survived – and thrived – because of our late Queen. The length of her reign will blow the minds of future generations.

It seems scarcely credible to us who have lived through it.

And what is most incredible about that 70-year reign is that Queen Elizabeth II became more important to our people as time went by. She was Queen for literally all my life.

But what I will remember most is the role that she played – in her mid-nineties! – in the greatest health emergency that the world had seen for one hundred years.

When it felt like the old world we knew had vanished for ever, when we were isolated, alone and scared, she gave us hope, and she made us understand that here was another war we would win in the end.

"Our streets are not empty," she said. "They are full of love."

And the love for Her Majesty is what we are witnessing today. It is a strange and heady cocktail of grief, gratitude and the sweet sadness of farewell.

But it is not complicated. All this, because our Queen was loved.

She was loved the way her father was loved. And it was not a

love given in servile, mindless deference. It was a love that was earned. And we understand now that our monarchy endures in the modern world because Queen Elizabeth II, like her father King George VI, earned the love of her people.

This is why we are not a republic. This is why we do not dump our royals like almost every other nation in the world.

This is why a hereditary constitutional monarchy has worked brilliantly for the British since the abdication of 1936.

Energy of youth

Because the monarch earns the love of the nation. And now it falls to King Charles III to win the love of his people.

We can see that a 73-year-old king faces challenges that the 25-year-old Elizabeth did not face when she acceded to the throne in February 1952.

Our late Queen came to the throne with the energy of youth. King Charles III comes to the

throne at an age when he must want to slow down and speak to the roses. The last week has clearly exhausted the King.

He has already snapped twice at flunkies after unfortunate pen incidents, awkward little moments that social media captures and amplifies. This nation is happy to cut him some slack.

Although I can't recall my late Queen barking at a flunkie in 70 years. Charles has done it twice in seven days.

But God save the King! Charles has our sympathy. How heartbreaking it is to mourn your mother. And how hard it must feel to follow the greatest head of state who ever lived.

Our new King has our good will. The nation wants him to succeed.

So of course King Charles III has our respect, best wishes and prayers.

But the love takes time. Because always and for ever, Your Majesty, the love of the people must be earned.

PLAN TO KICKSTART GROWTH FIRMS TO GET BENEFITS TOO

TAX CUT TO WORK IN POORER AREAS

EXCLUSIVE

by KATE FERGUSON, Political Editor

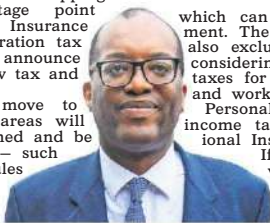
LIZ Truss has drawn up plans to slash taxes for people who work in deprived parts of the country where she is creating new "investment zones".

The Sun on Sunday can reveal the radical proposal is being discussed at the top of government as ministers finalise a "mini Budget" which will be delivered on Friday.

Ms Truss wants to boost the economy by cutting taxes – scrapping a recent 1.25 percentage point increase in National Insurance and a planned corporation tax rise. She will also announce new zones of ultra-low tax and low regulation.

Businesses which move to and invest in these areas will have their levies slashed and be freed from red tape – such as overzealous eco rules

Budget bid... Kwasi



1.25%
National Insurance rise Liz Truss will reverse

Biz boost
... PM Liz

which can block new development. The Sun on Sunday can also exclusively reveal No10 is considering cutting personal taxes for people who move to and work in these areas.

Personal taxes include income tax and workers' National Insurance contributions.

If No10 goes ahead with the plan, it would be a radical shake-up of the tax

system and likely to spark massive controversy. But senior Cabinet ministers backing the personal tax cuts believe it will kickstart growth in poor areas, create jobs and help level-up Britain.

Ms Truss and her Chancellor Kwasi Kwarteng are still thrashing out the details.

The starting gun on a four-day policy blitz will be fired when the national mourning period finishes after the Queen's funeral tomorrow.

The PM will fly to the UN General Assembly on Tuesday, where she will argue economic growth is key in the struggle between democracies and the rule of tyrants.

Here at home, businesses will get an energy bailout package worth tens of billions of pounds to help them with rocketing gas bills.

The fracking ban is expected to be torn up and strict fiscal rules shelved, so Britain can borrow tens of billions more.

Meanwhile, the cap on bankers' bonuses of two-times their salary will be axed as No10 declares Britain open for business.

Ushering in a dramatic overhaul of the Treasury, Ms Truss and her Chancellor have ordered mandarins to stop petty "economic managerialism".

Instead, they are adopting an "always growth" strategy. All policies which might harm the economy could be chucked on the scrap heap.

Hammering home the point, top Treasury mandarin Sir Tom Scholar was sacked on Mr Kwarteng's first day in the job. Antonia Romeo of the Ministry of Justice is the favourite to replace him. The full weight of the Treasury will be hurled at getting growth back up to 2.5 per cent.

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Lobby firm... Fullbrook

PM's top adviser in FBI 'bribe plot' quiz

By KATE FERGUSON

LIZ Truss' most senior adviser has been interviewed by the FBI about an alleged bribery plot, it was reported last night.

Mark Fullbrook, the PM's chief of staff, has been questioned as a witness over any knowledge of an alleged plot to subvert Puerto Rico's democracy.

The FBI is probing bribery claims involving banker and Tory donor Julio Herrera Velutini, the Sunday Times reported.

Velutini allegedly promised ex-Puerto Rico governor Wanda Vázquez Garced \$300,000 for her 2020 re-election campaign if she sacked the island's chief financial regulator.

He is said to have paid the money to CT Group, the lobbying firm where Mr Fullbrook was boss.

A spokesman for Mr Fullbrook said: "He is committed to and complies with all laws and regulations in any jurisdiction in which he works and is confident he has done so in this matter."

"Indeed, Mark Fullbrook is a witness in this matter and has fully, completely and voluntarily engaged with the US authorities."

"The work was engaged only by Mr Herrera Velutini and only to conduct opinion research for him and no one else. Mr Fullbrook never did any work for, nor presented any research findings to, the Governor or her campaign. There has been no engagement since."

MY OTHER CAR'S A MINI



By ALEX BARTON

A HUGE collection of Dinky Models is set to be sold for £250,000.

The rare set of little toy vehicles has been amassed over 35 years by Dutchman Robert van der Hoort.

It includes a pre-war Bentalls delivery truck expected to sell for £3,000. A rare Canadian issue Simpsons sports and race car set has an estimate price of £1,600.

The three-day event starts on Tuesday at Vectis Auctions, Stockton-on-Tees. Mr van Hoort said: "It is now time to let it go."



Prez late Truss cut

JOE Biden cancelled a meeting with Liz Truss hours before he landed in Britain.

The US President had been due to meet the PM today. But the White House suddenly moved it to Wednesday when Ms Truss is in New York.

Both will attend a reception hosted by King Charles III tonight.

No10 said the change was over diary clashes.

Sick kids on e-cigs

KIDS aged under nine are being taken to hospital with breathing conditions linked to vaping.

Twelve primary school age children were among 344 cases seen by doctors last year, according to NHS Digital.

Professor Andrew Bush, of the National Heart and Lung Institute, said: "Our generation of children is being seduced into nicotine addiction."

COP KILL BID RAP

A MAN has been charged with attempted murder after two cops were stabbed in London's Leicester Square.

Mohammed Rahman, 24, was also charged with grievous bodily harm yesterday.

The attempted murder rap relates to a male PC, the GBH to a female officer. She

was stabbed in the arm, suffering "potentially life-changing injuries" on Friday. She left hospital yesterday but her colleague, stabbed in the neck, is still being treated.

Rahman, of Notting Hill, West London, will appear at Wimbledon magistrates' court tomorrow.

TV SOAP AND FABULOUS MAGS

TODAY'S TV Soap and Fabulous magazines were printed before the Queen's death, so some listings will have changed, and due to extra copies of today's Sun on Sunday being printed, some may not contain these mags. We apologise for any inconvenience.

DOCS' TEMPTER

DOCTORS are to be given tax breaks on their pensions to lure more of them back into NHS work.

The tweak to the rules is thought to be in new Health Secretary Theresa Coffey's reforms to be unveiled this week.

GPs say they are turning

down shifts because tough tax laws mean they get stung if they pay too much into their pensions.

A high proportion also retire early or go part-time.

But Ms Coffey has already said dealing with the doctors shortage is part of her ABCD goals.

ASH IN FASHION



Beige against the machine . . . Maura, above, and Raye, below



By HANNAH HOPE

ASHLEY Roberts has never come across as the religious type — but she doesn't mind a holey outfit. The singer, 41, wore a figure hugging Poster Girl outfit to the brand's London Fashion Week show. Singer Raye, 24, wore a similarly themed blue get-up, while ex-Love Island star Maura Higgins, 31, was in a tailored beige suit.



STRICTLY FEAR

Donkey Adams: I won't fall on my ass

By LAURA ARMSTRONG

FOOTBALL great Tony Adams reckons he might make a go of it on *Strictly* — if he can overcome his fear of the ballroom.

Former England skipper Tony, 55 — known as The Donkey because of his inelegant style — says stepping out on to the floor is more scary than on to the pitch.

The ex-Arsenal defender said: "I ain't got a clue how to dance, so I'm making myself very vulnerable."

"It feels like the first day of school but you can do anything if you try."

"My former teammates do think I'm off my rocker for doing *Strictly* but they admire me for having the balls to give it a go."

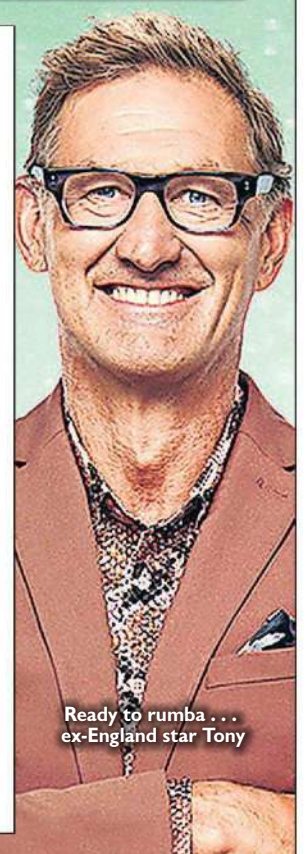
Asked if he has danced in nightclubs, he replies: "Yeah baby, I've got it."

After a pause, he adds: "When I was rehearsing with my partner recently, I did one move and they said, 'Whatever that was, I don't want to see it again!'"

Tony who quit booze and drugs 26 years ago, adds: "I'm proving that once you're free of addiction you can put yourself out there and do things like *Strictly*."

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Paul Merson: I blew £160,000 on table tennis bet — Pages 32 & 33



Ready to rumba . . . ex-England star Tony



KYM MARSH: WHY I FINALLY SAID YES TO STRICTLY SEE PAGES 38 & 39

£50k hot tub theft

A FINANCIAL assistant at a hot tub firm stole more than £50,000 which she spent on designer gear and holidays.

Loredana Ghioca, 34, took the cash in 34 transactions before she was rumoured by a suspicious colleague.

Ghioca, of Bolsover, Derbys, admitted fraud and was given a two-year suspended jail sentence at Derby crown court.

She will face a Proceeds of Crime hearing.

TWICE AS SPLICE

Newlyweds Chloe and Reece Wootton recreated their wedding day at her grandparents' care home in Eye, Suffolk.

CUTTER DISASTER

Boat meant to spot migrants out of action for 2mths



Essential repairs... HMC Protector

A PATROL ship used to spot Channel migrants is out of action for two months — leaving a fleet of four.

Border Force cutter HMC Protector is awaiting repairs.

The setback comes after the number of migrants arriving by boat from France this year reached 28,561 last week —

EXCLUSIVE
by AMIR RAZAVI

compared with 28,526 in all of 2021. The cutters deter illegal immigration, intercept traffickers and gather intelligence.

The Government is trying to find a contractor for the £138,000 fix of Protector, Home Office documents show.

Work includes cleaning out sewage, repainting the sewage tank, and resealing hatches. Officials published a request

on September 8 and hope to have a contractor by next Thursday. Work is due to be completed by November's end.

The request said: "HMC Protector has a requirement for a period of works. This package is to be undertaken at the Associated British Port of Lowestoft (HMC Protector is currently in Storage here)."

Protector came into service in 2014 and was used in the Med before being returned to the Channel in 2019 by then-

Home Secretary Sajid Javid. Last month it was revealed Border Force had signed a £2m deal for three Seacat boats. Home Office sources insisted the planned work on Protector would not impact policing of the Channel.

They said the number of operational vessels deployed in the South East has been consistent throughout summer.

The Home Office did not say how long HMC Protector had been in storage.



Star... as Black Adam

Padded Rock is 'so weird'

By HANNAH HOPE

MUSCLE-bound Dwayne "The Rock" Johnson says a padded suit he was asked to wear for his latest action movie made him look ridiculous.

The 6ft 5in, 19st actor said the fake muscles in his Black Adam costume were less impressive than his natural physique.

He put himself through punishing workouts to bulk up as the anti-hero. But it turned out to be pointless when he was offered the padded suit.

Dwayne, 50, told a mag: "The moment you pad a costume, you take away all the work I've done."

"Then it just looks really weird in that I look how I look and on top of that I have all this fake muscle. I just looked like I belonged on Saturday Night Live doing a skit on What Went Wrong With Black Adam's Body?"

Previously, he has said costume-makers agreed to rip out the padding.

D-Day vet dies at 97

A D-DAY veteran who was one of the first British soldiers to land on Gold Beach in 1944 has died at the age of 97.

Len Fox was just 19 when he witnessed the bloodshed and horror of the Normandy landings.

He later helped break down the gates to liberate Bergen Belsen concentration camp. After the war, dad-of-three Len, a Legion d'Honneur recipient, drove a lorry.

He once said: "We weren't heroes, we were doing our job."

Len died in a Norwich care home on Monday.

CORKSCREWBALL

A barman has created the world's first cocktail shaken by a rollercoaster — on the 53mph Icon ride in Blackpool.



TODAY: Early patches of mist will clear to reveal some early bright spells of sunshine. However, large areas of cloud will soon build bringing a risk of showers or patchy rain, most frequent across northern areas. Expect light to gentle northerly winds although these will be more brisk in North Sea coastal areas, which will feel cooler.

TONIGHT: Some late sunny spells in south but large areas of cloud and a few spots of rain elsewhere. Mainly dry later, cloud and mist forming.

OUTLOOK: Early mist and fog will clear on Monday to reveal early sunny spells, although large areas of cloud cover will build during the day bringing patchy light rain and drizzle.

Tuesday will bring another mainly dull day with outbreaks of rain and drizzle, mostly across northern areas. Brighter spells will develop later.

SEPTEMBER 1949 marked the end of what was one of the most intense droughts on record. Total rainfall from August 1947 until then was just 80 per cent of the long-term average.

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LAST NIGHT'S LOTTO BALLS LOTTO: 11, 22, 25, 28, 45, 55. Bonus 15. HEALTH LOTTO: 30, 36, 38, 43, 47. Bonus 13.



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THE BEALE AND END ALL



TV fave... Barker

Ace Sue: I almost lost first telly gig

By LAURA ARMSTRONG

TV tennis favourite Sue Barker has revealed she almost missed landing her first presenting gig – only returning a call as she thought it was a prank by a friend.

Former Wimbledon and Question Of Sport host Sue, 66, told how after announcing she was retiring as a player while in Australia in 1984 she was swamped with messages she quickly deleted.

But she answered one from “Gordon Bennett”.

Speaking on Desert Island Discs, Sue said: “I’ve got a lot of practical jokers in my life so I thought: ‘Mm I’m going to phone this person.’”

“This voice answered: ‘Hello’ and I said: ‘Gordon Bennett?’ He said: ‘Yes, I’m the boss of Channel 7 in Australia. I want to offer you a job.’”

“It so easily could have been another message that got binned.” Desert Island Discs is on BBC Radio 4, Sunday, 11.15am.



At scene... police

Murder quiz over stabbing of lad, 17

By ANDREW CHAMBERLAIN

A MURDER inquiry is under way after a teenager was found dying in a street early yesterday.

The victim, thought to be 17, is believed to have been stabbed in a row.

He was taken to hospital from the scene in Heywood, Greater Manchester, but medics were unable to save him.

Police have arrested a man, 19, and woman, 20.

One neighbour said: “People on the estate are saying it was a fight that got out of hand. They were arguing, and someone pulled out a knife.”

“I don’t know the lad but I think he was only 17.”

“Why do people need to carry knives? It’s such a waste and has ruined many lives.”

Det Chief Insp Gina Brennan said: “Two suspects have been arrested. One is in custody, the other is receiving hospital treatment for a wound.”

SETTLEMENT

Bev’s said to be delighted with divorce agreement



ENDER THE MARRIAGE

TV Adam divorced after 22 years



MOTOR HOME

Adam with beautician Clare Martignetti

EXCLUSIVE
by LAURA ARMSTRONG

ADAM Woodyatt’s divorce from his wife of 22 years has been finalised.

The EastEnders actor, 54, who announced his split from Beverley Sharp, 57, in 2020 has been locked in negotiations over their settlement ever since.

But sources close to the former couple confirmed they had come to an agreement and been served with a decree absolute.

And Bev is said to be delighted with the settlement after standing her ground in negotiations.

Adam, who is one of soap’s most recognisable faces, has played Albert Square’s Ian Beale since 1985 but is now on an extended break from the BBC soap.

A friend of Bev said last night: “Bev and Adam are now officially divorced.”

“As well as being his wife, Bev was also his manager for about a dozen years and she did so much for his career.”

“She rejected some of the settlement offers she was sent during the process and now she’s glad she held her ground – she is delighted with the settlement.”

“She still has no idea why he left her but that’s all in the past. She’s very upbeat and sees it as a new chapter. I’ve no doubt Bev will find someone new soon. She’s in a good place.”

Adam, who left Walford in 2021 and has refused to confirm or deny a return, went on to appear on stage in Looking Good Dead and on ITV’s I’m A Celebrity... Get Me Out of Here!

Leaving the castle in December, he fought back tears as he told hosts Ant and Dec he had approached the show as “a new start”.

He added: “There’s a lot of stuff going on but mentally I’ve sorted myself out. My head was in the right place going in there which was why I loved it so much.”

In March, the Sun on Sunday revealed he had grown close to BBC beautician Clare Martignetti after the pair had spent time together at his mobile home in Dartford, Kent.

The make-up artist was also spotted ferrying Adam to the Orchard Theatre, where he was appearing in thriller Looking Good Dead.

Last month it was announced that Adam had landed a job in a new production of My Fair Lady, playing Eliza’s dad Alfred.

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Star... Adam as Ian Beale on EastEnders



On I’m A Celeb... with Matty Lee at castle





Beer we go... team

Giggs & pals sink pints for peak bid

EXCLUSIVE
by **RICHARD MORIARTY**

EX-Man United stars Nicky Butt and Ryan Giggs enjoyed pre-match beers before tackling the Three Peaks challenge.

Butt, 47, posted pictures on Instagram showing the group enjoying a pint, joking that Guinness and lager were "maybe not the right fuel".

Best mate Giggs, 48, sat to the right of the group and kept a low profile under a woolly hat.

The challenge sees hikers walk 26 miles and ascend 9,843ft on Ben Nevis in Scotland, England's Scafell Pike and Snowdon in Wales.

Last week Giggs posed with fans outside the Railway pub in Hale, Gtr Manchester, near the home he shares with partner Zara Charles, 33.

He faces a retrial over allegations of assault and coercive and controlling behaviour towards his ex Kate Greville, 38.



Food fears... insect

Warmer weather threat to butterfly

By **RICHARD MORIARTY**

BUTTERFLIES could get smaller and travel less because of global warming, a study found.

Scientists bred some of the insects in a laboratory in temperatures adjusted to mimic changes in climate.

Those born in hotter conditions had smaller wings and could not move as fast or as far.

A hundred wild butterflies were then measured and the pollen on their faces also weighed.

The Canadian team found that the lab-grown insects were smaller and would not be able to collect as much pollen.

Prof Michelle Tseng, of the British Columbia University study, said: "Insect pollinators are needed for 75 per cent of the world's crops."

"If butterflies around the world are decreasing in size this could have serious repercussions for our food systems."

AN 8-YEAR-OLD'S DREAM COMES TRUE

Ed gives Sheer joy to our brave Caitlin

PERFECT... Caitlin with superstar singer Ed backstage in German

EXCLUSIVE by **GRAEME CULLIFORD**

BEAMING Caitlin Passey fulfilled one of her dreams this week when she met pop star Ed Sheeran - thanks to The Sun on Sunday.

We told last month how the adorable eight-year-old had been struck down by the rare and degenerative condition Batten disease last October. It is already causing her to go blind and will leave her a wheelchair user and suffering from dementia by age 15.

We asked **YOU**, our kind-hearted readers, to help her family raise money to adapt their home so they can care for her for as long as possible - and to help her achieve some of the adventures on a "memory list".

One of those was to see Ed in concert. When the singer, 31, found out, he invited Caitlin to see him perform on the latest leg of his European tour in Munich, Germany.

Her dad Nick said: "It was a phenomenal night, simply unreal. I can't thank Ed and The Sun on Sunday enough. Nothing could have prepared us for such a magical evening. We were told we would meet Ed but expected a quick meet and greet."

"It was a huge surprise when we were taken to his dressing room. When Caitlin saw him close up her jaw hit the floor. Ed talked to us for ages about everything and nothing. We felt like we'd known him for ever. He even took our phone and started taking selfies with us. Caitlin has been a fan for two years, so this was a dream come true." Kind-hearted Ed invited Caitlin, Nick, 38, mum Naomi, 32, and siblings Oliver, nine, and Joseph, five, to watch him.

The offer came after we told about her bucket list of dreams and asked you to help raise £200,000 to adapt her house in Over, Cambs, to meet her increasing needs.

Batten is a rare disease affecting 30 to 50 kids in the UK. Life expectancy can be as low as 20. Almost £43,000 has been raised so far and The Sun on Sunday has delivered Harry Potter merchandise donated by



LITTLE FIGHTER... we tell of plight. Right, on EasyJet flight to gig

'It was a phenomenal night, simply unreal. Ed talked to us for ages. We felt like we had known him for ever'

- DAD NICK



Warner Studios, plus an inflatable hot tub courtesy of Lay-Z-Spa.

EasyJet, which flew the family to Munich and back said: "We were delighted to be able to help the Passey family in making this happen."

The night before their flight, the family were treated to complimentary rooms at the Hampton by Hilton hotel at Gatwick Airport.

The hotel's general manager said: "We were delighted to be able to welcome Caitlin and her family and extend our Hilton hospitality. When we heard the inspiring story of what Caitlin and her family want to do we were honoured to play a small part in their plans."

YOU can help raise funds at gofundme.com/f/SafeHaven4-Caitlin. Or maybe you own a building company which could help with supplying materials or would like to help her fulfil her bucket list.

Email sundayfeatures@the-sun.co.uk with "Caitlin" in the email subject and include any support you might be able to offer.



SELFIE... Ed took picture with Caitlin, her mum and dad, and brothers Oliver, nine, and Joseph, five. Left, the family at Ed's concert



Alan... as Nightcrawler

Star told to sleep as scary mutant

By LAURA ARMSTRONG

X-MEN star Alan Cumming says he was asked to sleep as Nightcrawler — but feared it would affect his sex life.

The actor, 57, spent five hours a day having his face turned blue and scarred to play the mutant crime-fighter.

The director, Bryan Singer, then had a time-saving idea for the 2003 film, X2: X-Men United.

Alan said: "One time they wanted me to not take the make-up off but go home and sleep in it. "I actually remember saying to them, 'What if I want to have sex?'"

The Scottish star was reduced to tears with the 2am starts and never played the part again.

He told Total Film magazine: "During lockdown I auctioned off my Nightcrawler teeth."

"But I also found a call sheet that has 2.12am as my pick-up time. I would just cry."



Scene... outside home

Driveway horror as 'dad kills his child'

By PAUL SIMS

A TODDLER has been knocked down and killed by her dad in front of their home.

Her devastated father was seen cradling the dying one-year-old.

One witness said on social media: "I just left a horrific scene on a block of new houses."

"A woman was wailing. I saw a man holding a lifeless child in his arms. "He was saying, 'I killed my child. She ran out in front of me. I didn't see her.' Everybody surrounded them."

"When I realised what had happened it just broke my heart. The poor darling."

The incident happened in Leeds on Friday.

West Yorkshire Police said they were called at 8.10pm to a report a child had been seriously injured in a collision with a car on a driveway.

They confirmed she was taken to hospital but died of her injuries.

POGBA P STEPS OUT AS ALI G

By RICHARD MORIARTY

BOOYAKASHA! Footballer Paul Pogba is Indahouse at a kids' trampoline party — looking like Ali G. The ex-Manchester United star, 29, wore a bright yellow tracksuit with red trim just like Sacha Baron Cohen's comedy character. The French World Cup winner was

FOOTIE SHOCK 2

joined by his model wife Maria Zulaeva, 28 — dressed as Batwoman — as they celebrated their son's birthday in Turin, Italy. Juventus team-mates Angel Di Maria, 34, Juan Cuadrado, 34, and Alex Sandro, 31, were also there.



Picture: Backgrid

Respek... Pogba in yellow, Maria as Batwoman, top. And Ali G, left

EXCLUSIVE

TECH THAT

Fifa anti-troll kit to protect 3 Lions stars

FOOTIE SHOCK 1

By NICK PARKER

ENGLAND stars will be boosted by new anti-troll technology at this year's World Cup.

A torrent of online hate was hurled at Three Lions stars Bukayo Saka, Marcus Rashford and Jadon Sancho after missing penalties in the Euro 2020 Final defeat against Italy.

But Fifa world soccer bosses have now confirmed all players at the Qatar tournament this winter will receive protection from a groundbreaking new programme called Threat Matrix.

Cyber boffins have been perfecting the artificial intelligence software which picks out key words and emojis used to abuse players.

They will be detected and flagged in minutes to social media giants such as Twitter and sick senders will have no idea their messages have received attention from the authorities — with posts preserved as potential evidence for police.

Fifa said: "Our technology pro-



Penalty... Saka comforted after misses tects players from vile online racist and discriminatory abuse. "Our focus is on moving the current reactive reporting process to a proactive response with earlier interventions."

"Threat Matrix provides real-time monitoring and analysis of millions of social media posts across multiple platforms."

"It flags the vilest posts and provides evidence for removal to social platforms, building cases to take to authorities."

Police arrested 11 people over the barrage of bigotry online after England's heartbreak last July with two given jail terms.

MPs and the FA blasted Twitter, Instagram and Facebook for failing to crack down on the culprits. But little has been done to drive hater off platforms since.

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RIYAD 'RAIDERS'

A GANG has been charged in connection with a £500,000 raid on Man City star Riyad Mahrez's penthouse apartment.

Four men aged 21, 31, 32, and 34 have been charged with conspiracy to commit burglary.

They appeared before magistrates and are next due at Manchester crown court on October

FOOTIE SHOCK 3

11. High-end watches, jewellery, cash and signed football shirts were taken in the raid.

Other luxury apartments in the block in Manchester city centre were also reported to have been broken into on April 23, 2020.



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DANCER STACEY'S PRAWN IDENTITY



By THOMAS GODFREY

STACEY Dooley was last night revealed as The Masked Dancer's Prawn Cocktail.

The documentary maker, 35, left, jiggled to Miley Cyrus's version of *Girls Just Want to Have Fun* on the ITV show, but failed to get the audience vote.

Judges Jonathan Ross, 61, and Oti Mabuse, 32, guessed it was former *Strictly* winner Stacey.

And the star – who last month revealed she is pregnant – admitted she broke show rules by telling her partner, dancer Kevin Clifton, 39, she had signed up.

INTERVIEW SLIP-UP

ROBBIE NOBBY RIDDLE

Nicole and Kylie affairs hint

By LAURA ARMSTRONG and RICHARD MORIARTY

ROBBIE Williams appears to have let slip that he had relationships with Kylie Minogue and Nicole Kidman – and that both left him “disappointed”.

The former *Take That* star, 48, performed duets with both women after going solo.

And he seems to have revealed that their professional relationships may have turned personal while talking to French mag *Paris Match*.

Asked about having Kylie, 54, and Nicole, 55, “in his life”, Robbie said: “Yes, well, we are repeatedly told that we must be in a monogamous relationship and that love will heal us and fill in the gaps.”

“And that’s what I thought celebrity would do for me. Except that, in both cases (Kylie and Nicole), the reality was disappointing.”

“I’m not saying that these women were disappointing, but... the relationships you had at 20 are not public, mine are forever.”

The surprised interviewer then told Robbie she had actually been asking about his professional collaboration with the women.

He replied: “Ah darn! I went all alone on slippery ground there.”

Laughing, he added: “Well then, as Bill Clinton would say, I never had any relationship with any of these women.”

Robbie, who quit *Take That* in 1995, released *Kids* with Kylie in 2000. He later said he had a crush on her at the time, but ruined his chances by laughing at her when she stripped for the video.

The following year, Robbie recorded *Somethin’ Stupid* with Nicole. The pair were rumoured to have been romantically involved, but neither has ever admitted it.

Robbie is now married to American actress Ayda Field, 43. They have four children together.

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Rumours... Nicole



Robbie... and with Kylie

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Travels . . . Si and Dave

Our Hairy moment with eau de rhino

By JAMES SOMPER

TV cooks The Hairy Bikers have found a recipe for an unlikely cologne – in rhino dung. The pair, Dave Myers, 65, and partner Si King, 55, revealed they stumbled on the aroma on a trip to Namibia.

Dave, who is battling cancer and has lost his beard and hair to chemo, said: "There was a rhinoceros's toilet, and the animals' poo was so nice because they'd been eating myrrh and tobacco. It was just like a cologne."

The duo also say they try to avoid the sort of stomach-churning dishes served on I'm A Celeb.

But they had one awkward moment when they went to order deer penis. Si said: "I think the worst thing we've eaten was in Vietnam."

"Dave asked, 'How's the deer penis?' The waiter replied, 'I'm really sorry, the deer penis is off – but goat's penis is on and it's big enough for two.'"



Roms . . . Clark-Neal

TV Rylan still gets caught by mum

By HANNAH HOPE

TELLY presenter Rylan Clark-Neal says he is still caught in compromising situations by his mum.

The It Takes Two host, 33, told how Linda turns up at his house even when told not to – and Rylan has company.

He said: "I was able to build her a house and it's up the road from me."

"But the worst thing I ever did was give her my gate code."

"Because I will lie to her on the phone and go, 'Mum, don't come round in the morning because I'm working, I've got training', or something like that. I haven't, I've got someone there!"

The former X Factor star told Fearn Cotton's Happy Place podcast: "So what does she do? Nine o'clock in the morning I'm in bed like, 'Ah, lovely night', then I hear, 'Hello!'. I've never bolted down the stairs quicker. 'Whose car's that?' I'm like, 'Get out!'"

U.S. PREZ FEARS ON MAD VLAD



Destruction . . . ruins of a bridge left by Russians in the Kharkiv region

BIDEN'S CHILLING NUKE WARNING

By LEN READ

JOE Biden has warned Russian tyrant Vladimir Putin against using any chemical or tactical nuclear weapons in Ukraine.

The US President told him such action would "change the face of war unlike anything since World War Two".

His comments come as Putin, who put his country's nuclear forces on special alert in February, looks for ways to turn the tide in

'Consequences' if they're used

Ukraine, where his forces are being beaten back.

In an interview with US TV show 60 Minutes in the White House, Mr Biden was asked what he would say to Mad Vlad, above, if he was considering using weapons of mass destruction.

He replied: "Don't, don't, don't. You will change the face of war unlike anything since World War Two."

Asked what the consequences would be for Russia

if he did, the President said: "It'll be consequential. They'll become more of a pariah in the world than they ever have been."

"And depending on the extent of what they do will determine what response would occur."

Ukraine says it has recaptured more than 3,000 square miles of territory in the northeastern Kharkiv region.

But with Putin facing military humiliation, fears

are growing he will look to Russia's 6,000 nuclear warheads. In particular, he might turn to tactical nuclear weapons – designed to be used at relatively short distances as opposed to long-range strategic versions.

Mass graves and minefields have been left behind around the city of Izyum by the fleeing Russian forces.

But the Ministry of Defence believes the invaders are now setting up a

new defensive line to keep vital supply lines open. It said it was likely to be between the Oskil river and Svatove, 90 miles south east of Kharkiv, which is Ukraine's second-largest city.

To help rebuild the Russian forces, more than 28,000 prisoners have reportedly been freed to fight.

The figure is far higher than previous estimates and equates to five per cent of all male inmates in Russia.

The lag recruits are said to be given around two weeks' training before being dispatched to the front line.

But rich prisoners have paid £33million in bribes to be let out without enlisting.



Dangerous job . . . mine clearance work near the recaptured city of Izyum



Grim find . . . a coffin from a mass burial site is lifted from the ground

DAILY CUPPAS CUT DIABETES DANGER

DRINKING tea slashes diabetes risk by nearly a fifth, a study found.

Scientists say the antioxidants in a cuppa keep Type-2 diabetes at bay.

People who sink four or more brews per day lowered their risk of getting the condition by 17 per cent. One to three cups daily cut it by four per cent.

China-based study author Xiaoying Li said the results were "excit-

By SAM BLANCHARD

ing". The study, revealed at the European Association for the Study of Diabetes conference, used data from a million people.

The results showed drinking black tea – the British favourite – green or Oolong tea all gave a health boost.

Scientists say antioxidants keep cells healthy

Benefits... brew

and help absorb sugar. Ms Li added: "Drinking tea is beneficial in reducing the risk but only at high doses – at least four cups a day. It is possible that components in tea such as polyphenols may reduce blood glucose levels. But a sufficient amount of these bioactive compounds may be needed to be effective."

Type-2 diabetes, usually caused by carrying extra weight, affects around five million people in the UK.



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THE Sun

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ARSENAL LEGEND



EXCLUSIVE by
NICK MCGRATH

GAMBLING addict Paul Merson grew so anxious after Boris Johnson's daily Covid updates during lockdown he visited an online bookie – and blew his family's £160,000 deposit for a new home betting on table tennis.

The ex-Arsenal and England footballer had frittered away £7million on gambling, alcohol and drugs during his long years of addiction, but believed he had finally turned a corner and was in recovery.

Then, in early 2020, the pandemic hit, and by August 27, Sky Sports Soccer Saturday pundit Paul had spent the entire deposit and was feeling suicidal.

He has now revealed he is banned from all betting companies, and believes his third wife Kate will leave him if he relapses again.

Speaking from his rented South West London home, the dad of eight told The Sun on Sunday: "I was on furlough from Sky Sports and at first I enjoyed the lockdown."

"I was in the garden with my youngest kids and the sun was out. But then I started getting addicted to bulletins when Boris Johnson and the bloke with the red tie came out."

"My anxiety kicked in and I thought, 'They're not going to have Soccer Saturday any more'."

"I was thinking, 'I'm not going to be able to earn anything'. My older kids' mums have houses and I want to give my younger kids a future."

"Kate and I had £160,000 saved up and I blew it in a few bets. It was all online, but it wasn't a bookmaker, it was a private bookie."

'Wages go to my wife'

The only sports being played at the time were table tennis tournaments and golf.

Paul, 54, said: "My last bet was eight grand on a table tennis player. I didn't have a particular knowledge of table tennis but everything was locked down at that point, so there wasn't much to bet on."

"When I got to that point it was just a total chase-up to try and get my money back, which is a prime example of a compulsive gambler."

"That was my last eight grand but when I'm in the grip of it, I lose all sense of rationale."

He added: "I remember sitting in my front room and having suicidal thoughts and my kids were playing and I was thinking, 'Oh my God, I've just done everything in'."

"That was eating me up for a week. At that moment I was just thinking, 'What's the point of me being here? What's the point of me being on this earth? I'm just getting in the way, and I've let my kids down for the umpteenth time'."

"I was looking at my children and I hadn't even told their mum yet that I'd done the money. And when I told her she went ballistic."

Paul, whose first two marriages crumbled due to his addictions, was terrified he would lose the third. Yet despite her anger, Kate, whose maternal grandfather was also a gambler, forgave Paul, though she immediately took control of the family finances.

Paul, who has 21 England caps, said: "My wages go to my wife and I have pocket money."

"Now I thank God she's in charge and I'm blocked from all betting companies, so I couldn't gamble, even if I wanted to."

Since his relapse Paul has become an



PUNDIT...
Paul working for Sky Sports

ambassador for addiction support app Recoverlution, which offers addicts the comfort of a 24/7 digital community.

He said: "I know my addiction is waiting, and that does scare me. I got involved with this because I know that you can put off going to an Alcoholics Anonymous or Gamblers Anonymous meeting if it's raining or you're tired."

"With Recoverlution there's no excuse, you've got your laptop or your iPhone or whatever. And it's there 24/7 and connects to all around the world. I think that's an important thing – you can get help in the middle of the night."

Paul joined Arsenal in 1985 and won two Football League Championships, an FA Cup, the Football League Cup and the European Cup Winners' Cup with them.

Yet within years his addictions took control. He said: "I was playing for England and sitting in crack dens with a massive rock of coke."

"People would come in to score, then do a double take and think, 'No, it can't be Paul Merson, can it?'"

"I'd be drinking at 5am after the nightclubs shut and snorting cocaine in the taxi on the way to Arsenal training. I tried to kill myself three times. Someone has looked out for me. I don't go to church but I do believe in God."

A spell in rehab conquered Paul's cocaine addiction but his gambling problem was still rampant by the time he joined Aston Villa in 1998.

He said: "I once lost a top-of-the-range Rolex to a friend in a game of heads and tails when we were drunk in Spain. He took the watch and then got robbed. But you can't have a bet and moan if you lose."

"At Villa, me and David James went to the car show at the Birmingham NEC and I bought a Ferrari for £105,000."

"I said to the guy, 'I'll give you cash on Tuesday'. But on the Monday I went to the bookies."

"On Tuesday the Ferrari geezer got to the training ground and I just said, 'I lost it. I ain't got the money'."

"Then I said, 'Do us a favour, can I just have a little drive?' and I went up the road and back. I actually didn't like it because it had those Tiptronic (semi-automatic) gears. I dodged a bullet with that one."

Now Paul attends Gamblers Anonymous sessions, talks to an expert, uses the app – and has chocolate for comfort instead of drink. He said: "I'm a chocoholic. Or a pudding-aholic. I eat puddings, which I've never been interested in. That took up too much room for the drink, so it's swings and roundabouts."

But my wife would rather me eat a bar of Dairy Milk in two seconds flat than not know when I'll be home."

And Paul is determined not to relapse again. He said: "Kate would leave me, and I wouldn't blame her. I don't think I've got another recovery in me. I've done it too many times."

See recovery-lution.com.

TAKING CHARGE
... with wife Kate

ADMITS LOSING HOUSE DEPOSIT ON BET

Boris Covid alert got me so anxious I blew £160k gambling on table tennis

Says **PAUL MERSON**



NET LOSS . . . Paul blew £160,000 betting on table tennis after PM's press conferences left him anxious

EASY TO LOSE £300K IN A DAY

PAUL worries about young footballers playing at the top level and betting.

Some are able to get help through the Sporting Chance charity set up by his former Arsenal team-mate Tony Adams.

He said: "Among professional sportspeople it is an increasing problem. In Tony Adams's treatment centre it used to be 70 per cent alcoholics and 30 per cent gamblers

HELP . . . Tony Adams

and now it's the other way round.

That shows you. Gambling affected my game more than the drinking. With drinking, people can see you.

"These players on 100 grand a week, someone could drop 300 grand in a day and come into training. No one knows.

"It's very easy for a player to sit indoors and lose money.

"I'm talking about one or two per cent."



ALL BETS OFF . . .
Paul is barred from the bookies

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DEAR PET VET,
How do I stop my gerbil being grumpy?
SEE PAGE 43

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Habitat Nomad Desk

£1M DRUG FARM IN A COURT

Stoner's fake willy

A DRIVER used a fake penis filled with artificial wee for a urine test at a police station. But a cop noticed his valve-controlled member. The Audi driver, known only as Simon S, 49, was found to be on marijuana after being stopped in Lehrte, Germany, in 2021. Asked why he had a fake willy, he told a local judge it could be used for a "fancy dress party". He was banned from the road for nine months and fined £787 on Friday.

Spice up karaoke

MEL C has confessed she once gatecrashed a karaoke party – and sang a Spice Girls hit. Sporty, now 48, said she and fellow Spice Girl Emma Bunton took over to belt out a drunken rendition of Wannabe. Mel said it happened when they went to a London karaoke bar after a birthday get-together with family and friends. She told a podcast: "Karaoke's so much fun. But for Emma and I, it's a little bit dangerous."

A CROOK ran a cannabis factory in a disused magistrates court next to a police station.

Ilidion Brahaj, 20, slept rough in his HQ where he grew 1,000 plants to produce £1million of drugs. Officers received a tip-off and found the farm on the ground floor. Brahaj had a makeshift living area inside. His phones were seized and the drugs will be destroyed following November's raid in Runcorn, Cheshire. The court shut in

By AMIR RAZAVI

2016 under a government plan to save money on underused buildings. It was on the market until last year as a retail premises. Brahaj, of no fixed address, admitted producing cannabis and got two years in a young offenders' institution, Cheshire Constabulary's PC Simon Gibson said: "Thanks to information from the community we seized a significant quantity of cannabis. Crime groups often recruit and exploit vulnerable people, who can then be subjected to poor treatment and living conditions."



Drug HQ... former court

JUMBOW

A BULL elephant appears to be the pot of gold at the end of a rainbow. Wildlife guide Danielle Carstens caught the inspirational image in Chobe National Park, Botswana, southern Africa.



Hugh: It's grainful

RIGHT-ON chef Hugh Fearnley-Whittingstall has admitted he hates quinoa.

The 57-year-old, best known for rustling up organic grub for his River Cottage TV show, said he had never got on with the grainy food.

Quinoa is popular with Gen Z'ers and millennials.

But dad-of-four Hugh prefers lentils and beans.

Asked what the worst health food was, he said: "Quinoa leaves me cold. It's the size of the grains – they're too small."

OFFENSIVE

Vandals have beheaded 30 giant sunflowers, grown by kids to show support for Ukraine, in Ludgershall, Wiltshire.

CRACKDOWN ON SHOP ABUSE

CHEMIST CAMS

Hundreds of Boots staff given devices

EXCLUSIVE
by HARRIET COOKE

BODYCAMS are being given to hundreds of Boots staff to help protect them from violent customers.

The rollout to 225 shops – on top of 83 already using them – comes after a rise in terrifying incidents with pharmacists and workers.

In one, a thief threatened staff with a knife before stealing diazepam.

And in another, a man said he would kill workers if he was not given drugs.

Boots said the devices helped reduce violent and aggressive incidents by 68 per cent in Birmingham, where the equipment was trialled. The body cameras



Sign of crimes . . . bodycam

are not used unless needed. Boots has also introduced panic alarms and headsets to help staff communicate.

Bodycams are also worn by workers in Tesco, Morrisons and Sainsbury's.

Figures reported by the Institute of Customer Service showed that in June, 44 per cent of frontline retail

staff had experienced hostility from customers in the past six months – up from 35 per cent in February.

Paddy Lillis, general secretary of retail trade union Usdaw, said: "Too often shopworkers are confronted with violence, threats and abuse as a part of their daily working lives."

"Udaw's latest survey results clearly show the scale of the problem, with almost 90 per cent of shopworkers suffering abuse, two-thirds threatened and over one in ten assaulted."

"Retail workers, their friends, family and loved ones, are saying loud and clear that enough is enough, abuse should never be just a part of the job. There is no doubt that body-worn cameras do have a deterrent effect and we are supportive of such measures."

harriet.cooke@the-sun.co.uk

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BADDIE'S GOODBYE

VETERAN screen baddie Henry Silva has died aged 95.

But the actor, *right*, was hailed as one of Hollywood's good guys by the daughter of Dean Martin, who he starred with in the original Ocean's 11 in 1960.

Dean's daughter, Deana Martin, said: "Our hearts are broken at the loss of our dear friend Henry Silva, one of the nicest, kindest

By LEN READ

and most talented men I've had the pleasure of calling my friend."

New Yorker Henry, the last surviving cast member from the film, also appeared in the 2001 remake.

He appeared in more than 130 films, also starring alongside Frank Sinatra in Johnny Cool and 1962's The Manchurian Candidate.



THE Sun SAVERS



sunsavers.co.uk Instagram: @sunsavers Facebook.com/thesunsavers

Edited by LEAH MILNER

DEAL OF DAY



HEAD to Asda for bargain toys. The 98-piece Playmobil Merchant's Carriage set was £65, now £39.

SAVE: £26

CHEAP TREAT



IT'S never too early to tuck into a Terry's Chocolate Orange, reduced from £2 to £1 at Morrisons.

SAVE: £1

What's new

CALLING all gamers! Buy the Mario Kart 8 Deluxe Nintendo Switch game at Argos for £49.99 and get the Venom Joy-Con Racing Wheels for Nintendo Switch twin-pack (worth £9.99) for free.

CELEBRATION CAN BE EVEN SWEETER WITH FREE TREATS



Appy birthday

THERE are more birthdays this month than any other, so if you're celebrating yours, make sure you grab all the freebies you can get.

Even if you're not a September baby, this is a timely reminder to sign up to loyalty schemes and download rewards apps.

You'll thank me when your big day nears and all the treats start rolling in, from free cakes to cocktails...

DOUGHNUT MISS THIS: Download the Greggs app and register for its Rewards scheme and you'll get a voucher for a free cupcake,

cream cake or doughnut to claim within the month following your birthday.

The Lidl Plus app will also give you a free birthday doughnut.

CUT COSTA CAKE: With the Costa Coffee app you can sign up for a Costa Club account, or log in if you already have one.

Then around your birthday you'll be emailed a voucher for a cake of your choice to claim within seven days.

Fancy a Muffin Break? Pick up a rewards card if there's a branch of the coffee shop chain near you and register to get your free birthday treat.

MAKE A MEAL OF IT: Lots of restaurants offer a free main course on your birthday when you eat with someone else who pays for theirs.

Sign up to the email newsletters of Zizzi, Cafe Rouge, Las Iguanas and

others well ahead of your celebration to make sure you don't miss out. Beefeater and Brewers Fayre offer the same when you register a loyalty card.

BIRTHDAY CHEERS: Sign up to the All Bar One loyalty scheme via its app for a free Blossom Birdcage sharing cocktail on your birthday, or a number of alternative drinks when you buy two mains.

Gather your pals and get up to six free cocktails or mocktails at Fridays when you each buy mains.

You'll need to download its rewards app more than a week beforehand.

●All prices on page correct at time of going to press. Deals and offers subject to availability.

TOP SWAP



£3

OREO biscuit ice cream, above, is delicious, but a 480ml tub costs around £3. Aldi is launching a dupe tomorrow for £2.29, below. See if you can taste the difference.

SAVE: 71p



£2.29

Leah's little helper

SAINSBURY'S has become the latest supermarket to ditch "best before" dates on fruit and veg. Check out zerowasteweek.co.uk/category/recipes for creative ways to use up food that's past its best.

THE Sun

RAFFLE



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SHOP & SAVE



STOCK up on kidswear in the Gap sale. This 100 per cent organic cotton bodysuit was £9, now £4.

SAVE: £5

HOT RIGHT NOW

FESTIVE lights have landed at The Range. Choose from bears, penguins and more, starting at £15.

Ga Ga's poo poo

QUEEN classic Radio Ga Ga was inspired by a swearing toddler.

It was revealed that drummer Roger Taylor and his French girlfriend were listening to the radio when their toddler son Felix wandered in.

Unimpressed, he said "radio caca" – which is a French term for poo.

According to Classic Rock magazine, "his father's ears pricked up, 'Radio Caca?... that could make a good song title'."

They knew it would not get airplay so changed it to Ga Ga, which hit No2 in 1984 – but still belted out "Caca" at gigs. Roger said: "If you listen closely, that's what we're singing."

Cig nails a burglar

A SERIAL burglar was caught after leaving a cig butt at a home break-in.

Police used it to link Mark Roberts to the raid on a sleeping pensioner.

The 32-year-old said he had no memory of the crime in Rhos-on-Sea, North Wales, and claimed he must have been on drugs at the time.

Caernarfon crown court heard he had a criminal record of 121 offences including five burglaries.

Judge Nicola Saffman called it "appalling" and said he had invaded the vulnerable victim's home.

Roberts admitted burglary and was sentenced to three years and four months in jail.



R.I.P.
THE Sun
ROGER

AWARD winning Sun photographer Roger Bamber has died aged 77.

He took shots of stars including Olivia Newton-John, *main picture*, and the late Queen, *left*, who he said he loved snapping.

Roger, *top right*, spent 19 years on The Sun after he joined the launch team in 1969. He died three

By SUE CRAWFORD

days after Her Majesty, following a short illness.

His widow, former Sun journalist Shan Lancaster, said: "He hated having to cover Ascot and picture snobs."

"The only bit he liked was the Queen. He loved photographing her."

IT'S NUTS! NO COMBAT FOR ALLERGY TROOPS



HUNDREDS of soldiers have been banned from combat operations because of food allergies.

One former officer last night called the move "nuts". It has also emerged that some recruits have been stopped from

Food for thought... front line

EXCLUSIVE by SEAN RAYMENT

joining the SAS and others have been refused entry to the Army because they are allergic to foods such as nuts, shellfish, eggs, pork and milk.

Figures released in a Freedom of Information request show that 1,208 members of the armed forces currently have a food allergy. Of these, more than 250 are

allergic to nuts. The document reveals that at least 254 troops have been banned from frontline duties.

The restrictions are still in place even though the armed forces are short of numbers and more are leaving than joining.

Colonel Philip Mercer, an ex military intelligence officer, said: "This is nuts and another classic example of policy overriding

common sense." He said the Ministry of Defence needed to trust troops to manage their own medical issues.

The MoD said: "Experiencing a severe allergic reaction on military operations could pose an unacceptable risk to personnel and their colleagues."

"We cannot guarantee access to a specific diet for personnel in all circumstances."



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Borrow less... big day

Wedding vow...to cut costs

By LEN READ

CASH-strapped couples planning to get married are making an extra vow – to slash the cost of their big day.

And what extra money they do have is likely to be spent ensuring they look their best in the photos, a poll shows.

Weddings are on the rise again after the pandemic but more than four in ten couples have drastically reduced their budget because of squeezed finances.

Cost-saving measures include culling guest numbers, cancelling or delaying the honeymoon and having a buffet instead of sit-down meal. One in ten are even asking evening reception guests to bring a bottle.

Yet, a quarter are still worried about how they look on their big day.

Half fret about their weight but other concerns include their teeth.

The poll, by SmileDirectClub, also shows brides-to-be are worried about being outshone by their bridesmaids.

QUOTES OF THE WEEK

PRINCE WILLIAM
Reveals walk behind Queen's coffin reminded him of his mum
"It brought back a few memories"

DAVID BECKHAM
The former England ace joins the queue to see the Queen's coffin
"It's special to be here, to celebrate, and to hear the different stories that people have to say"

KING CHARLES
The King said he would follow his mother's 'shining example' during a visit to Northern Ireland

"My mother felt deeply, I know, the significance of the role she herself played in bringing together those whose history had separated, and in extending a hand to make possible the healing of long-held hurts"

JOSH MACPAKE
Blackpool lad with autism is comforted by Sophie Wessex in Manchester
"Can I have a hug?"

DON'T PUT BOOT IN

Actor Martin Clunes, 60, claims ITV's *Doc Martin* is popular because there are "no murders or rapes".

TV FAVOURITE ON GOING BACK TO



BEST FEET FORWARD
... celebrities and pro dancers on last year's Strictly Come Dancing



By **LAURA ARMSTRONG**
Associate Editor, Showbiz

KYM MARSH has told of her joy after signing up for the new series of *Strictly*, saying: "This is the one show I always wanted to do."

The 46-year-old former *Corrie* regular, now the host of BBC *Morning Live*, has been approached by the show's bosses multiple times in the past but said the timing was never "quite right".

Now, after she first shot to fame on talent show *Popstars* in 2001, the singer-turned-actress says she is thrilled to be finally returning to her reality TV roots.

Kym says: "Did I think when I did *Popstars* 22 years ago that I'd still be here, performing on a show like this one? Absolutely not. And really, I'm setting a foot back into the reality world."

"I've been asked to do *I'm A Celebrity* and other shows over the years but this is the one show that I always said I wanted to do."

"It would be great if I could inspire people by going on the show. It's great to do things that are out of your comfort zone to test yourself, because we're not used to this."

Kym's appearance on *Popstars*, which was watched by more than 12million viewers, saw her win a place in *Hear'Say*, the group which was created for the show.

'Sweaty mess'

The band instantly topped the charts with their first single and album and were briefly the toast of the pop world before disbanding just a year later.

But while they did dance in videos, Kym insists that such "prancing around" will not be an advantage when she takes to the *Strictly* ballroom.

She says: "People said I've danced before with *Hear'Say* but that's a completely different kettle of fish."

"That was prancing around on stage. Ballroom is something so different."

Kym agrees the show will be therapeutic for her, but adds: "We're under no illusion that it's hard work."

"We did a bit yesterday for the group dance, and to say that I'm a sweaty mess is an understatement."

"I then got back and realised I had all my stuff in the car and so I had nothing to change into. Then today, everything is hurting."

Kym, who played *Rovers* favourite Michelle Connor for 13 years before quitting the ITV soap in 2019, married army major Scott Ratcliff last October.

And she appreciates the fact he is able to support her on *Strictly*, which begins next week – even if he faces tough competition for tickets.

She says: "I'm married to a soldier and this year he's here – next year he might be deployed."

"He won't be at every show because a lot of people will want to come. But he will be with me every weekend, because that's when we see each other."

"He lives and works in the barracks during the week so our weekends will now be here, and that'll be nice for him to not make the journey all the way to the north."

Kym also had another very personal reason for signing up for *Strictly* this

FLOOR-SOME... Kym in her official *Strictly* shot. She says it's 'great' to do things outside her comfort zone



year, after her diagnosis of incurable cancer. He was given everything, but he was delaying getting the pandemic, but he was OK to receive treatment. Kym says: "Since last March I've been everything while he's been melancholy, we've got him for the best of these things. He's been everything. You never know when he'll happen, so grab things while you don't think it happens. It makes

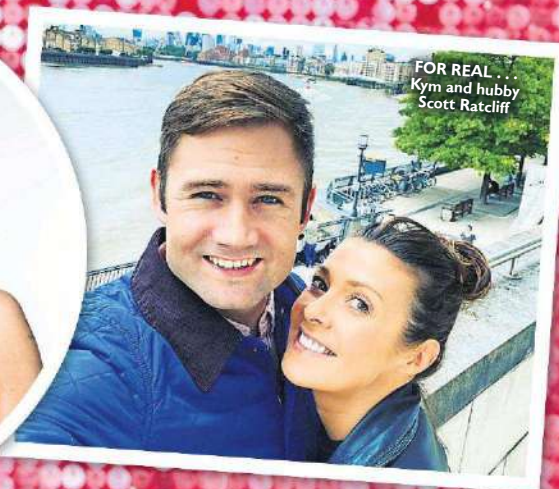
TO HER REALITY ROOTS...ON STRICTLY



CORRIE ON... Kym as Michelle with screen love Steve McDonald (Simon Gregson) in 2016



HITCHED... Steve and Michelle's wedding day in 2015



FOR REAL... Kym and hubby Scott Ratcliff

This is the one show that I've ALWAYS wanted

Says **KYM MARSH**

77-year-old dad Dave's terminal cancer shifted her focus. "I was just telling me for years, the shock news after a check-up during the last year has been given the treatment. Since he was diagnosed, I just decided to grab what I can. Without being able to know how long I've got, so you've got to make the most of the situations. The diagnosis does change what's around the corngs with both hands. But about that until an event makes you look at things

differently." Despite the shadow that cancer has cast over their family, last month Kym was delighted by the birth of her son David's first child – a boy, Clayton.

The new arrival made her a grandmother for the second time after her daughter Emilie gave birth to son Teddy in 2019.

Latest addition

On BBC Morning Live last month Kym said she welcomed the opportunity to become the first grandmother to lift the Glitterball Trophy.

But she admitted that initially she wasn't too thrilled at the prospect of being called "Grandma".

She said: "I love being a grandma, but

Teddy calls me Yaya instead. He did it naturally – it's Greek for grandma.

"I did choose an alternative name at the beginning because I didn't want the Grandma name. I had a meltdown about it.

"But I do love being a grandma. My friends said it would change me, and it really has. My latest addition is three weeks old and he is gorgeous.

"He lives with me while David and his fiancée Courtney are waiting for their house to go through, so I get all the cuddles.

"So yes, I'm doing Strictly for the grannies."

● The new series of Strictly begins on BBC1 at 7pm on Friday.

‘When I did Popstars 22 years ago, did I think I’d still be performing now? Absolutely not!’

MATT PANTS FOR A WIN

SINGER Matt Goss hopes the Strictly audience will throw knickers at him – as it would make him feel more at home.

The 53-year-old, who was adored by hordes of female fans as the frontman of 1980s boy band Bros, said: "If they want to throw some knickers just before to calm me down, that's a familiar environment for me, so I'd be very grateful."

He added that although the band formed more than 30 years ago, the public attention he gets is still off the scale.

He said: "I feel like nothing about my life is normal. When I go to the airport there's a couple of hundred people there."

"Nothing about my life is normal."



ELLIE HIT BY EVIL TROLLS

PARALYMPIAN swimming gold medallist Ellie Simmonds has revealed she has already been badly hit by trolls.

The 27-year-old athlete, who won five golds at the Games in Beijing, London and Rio, said: "Some people have said, 'How's the dwarf going to dance?'"

"It's sad and it does get to you. But there are so many other amazing comments."

"Yes, it's scary doing Strictly. Yes, I'll be self-conscious. I'm a woman anyway, I'm different."

I'm not going to be like any other celeb, with that partnership where you can hold each other."

"But if I can do it, there are going to be so many others out there watching, thinking, 'I can do it too.'"



WILL GETS THE WILLIES

CORRIE'S Will Mellor has revealed he has turned down I'm A Celebrity in the past for fear it would destroy his career.

The 46-year-old actor, who plays Harvey Gaskell, said: "I couldn't see myself on telly with a willy in my mouth."

"Once you've had a crocodile penis in your mouth, there's no going back."

But while he had no such qualms about joining Strictly, he admitted: "I'm terrified. I've been scared since I found out about it. You've got potentially 13million people watching you dance, something you don't normally do."

"You feel the most alive after you step off a cliff, apparently. When I'm at the top of those stairs I'll feel very alive in that moment."



GRUB PLAN FOR HAMZA

BBC wildlife cameraman and presenter Hamza Yassin will have a secret weapon on Strictly – his mum's cooking.

He has drafted her in to prepare three meals a day as he throws himself into rehearsals for the ballroom show.

And he is desperate to make his family proud when he takes to the floor.

Sudan-born Scot Hamza, 32, said: "My mum makes amazing food and she's actually supplying my food for Strictly, because I won't have time to cook."

He went on: "My mum and dad are over the moon about the show."

"They are loving all the attention. They are wonderful people and I wouldn't be the man I am today if it wasn't for them. I love them to bits."



ADDING oil to your hair is the fastest way to reduce split ends and make lengths look healthy. But when you've got fine, flat hair that is prone to being greasy, that's the last thing you want to do. So here is how to get mirror-like shine, without the dirty roots...

you

BEAUTY
with TARA LEDDEN



budget

SCHWARZKOPF got2b Oil-luscious vegan hair-styling with argan oil, (50ml, £5, boots.com): Talk about small but mighty, I only needed half a pump of this potent oil for super-sleek strands. If you have fine or short hair, proceed with caution as any more will leave your hair feeling slightly sticky.

While it definitely added shine and made my lengths feel less dry, I couldn't put my hair in a bun or claw clip without my roots looking like they hadn't been washed for a week.

If you have thick or extremely dry hair, you might get on with it better, but if you have average hair that needs a pick-me-up, look elsewhere.



ARKIVE hair oil, (50ml, £14, boots.com): The texture of this oil reminds me of a face serum, rather than a hair oil, so I thought it would be too heavy and weigh down my locks.

I couldn't have been more wrong. Normally, I use the tiniest amount, but I can easily get away with three or four pumps on wet or dry hair without losing any volume.

And I've been receiving so many compliments on how shiny my hair is since I started using this.

Plus, it smells wonderful and the scent lingers between hair washes.

My favourite.

mid range

luxury

MONDAY Muse The Gloss scalp & hair oil (50ml, £45, mondaymuseskin.com):

There's nothing I love more than a multi-tasking beauty product, so this oil would normally be right up my street.

Except my scalp doesn't really get dry or flaky, making the dual-purpose pretty redundant.

That said, it's still great for dry, split ends. A couple of drops was plenty to reduce fly-aways and make mine look less straw-like.

And, while I don't need to oil my scalp regularly, I found it washed out easily and left no residue.

So if you do suffer with scalp irritation, it's a great option to cut down on bathroom waste.



I HAVE been using Charlotte Tilbury's Beautiful Skin Foundation every day since it launched in January, and this week the brand is finally launching a concealer to match - Charlotte Tilbury Beautiful Skin Radiant Concealer, £25.

The make-up artist is known for creating flawless complexions on the likes of Naomi Campbell, Kate Moss and Kylie Minogue, so you know you're in safe hands.

Pick of the week

£1,000 TO BE WON EVERY DAY WITH FREE BINGO

YOU can be one of 500 winners every day with The Sun's FREE 13 hours of daily Bingo. The offer is open to new and existing customers. To join in, scan the QR code, right, with your phone camera, or go to sunbingo.co.uk.

●T&Cs: 18+ UK only. The Cabaret free games are part of the bingo schedule. To take part, players must be in the Cabaret Room during the session. Prizes and winners advertised are minimum guarantees per session. Further T&Cs apply. Please play responsibly. begambleaware.org.

THE Sun BINGO!



thesun.co.uk

the

Sunday

BRITISH Food Fortnight kicks off on Tuesday to encourage people to eat homegrown produce and support farmers and producers.

Here is a menu devised by four of Love British Food's celebrity chef ambassadors that is perfect for a Sunday treat. Go on, buy British.

For more info see lovebritishfood.co.uk.

Love British Food

Best of British

Mrs Crunch

SAVE ££££s WITH OUR GREAT-VALUE RECIPES

Alex Hollywood slow-roasted aromatic beef brisket

ALEX says: "My grandmother Vanda often cooked brisket, which, if it is cooked very, very slowly - I'm talking about 4-5 hours - becomes super-tender and delicious. Leftover brisket is great to mince and use as meatballs or stuffed into veg with rice - it's very useful and very Cypriot."

Serves 8
£2.65 per person

Preparation time: 5 minutes
Cooking time: 5 hours 30 minutes

YOU NEED:

1 tsp freshly grated nutmeg
½ tsp ground cloves
½ tsp ground allspice
2 tbsp freshly ground black pepper
1 tsp ready-chopped ginger
1x 2kg piece of beef brisket, boned and rolled (don't trim off any fat)
3 tbsp olive oil
3 large onions, cut into thick rings
500ml beef stock
3 tbsp tomato purée
A good glug of red wine
1 tsp clear honey (optional)

METHOD: Preheat the oven to fan 180C/200C/gas mark 6. Mix together the spices on a plate. Rub the beef with a little of the oil and then roll in the spice mix. Place

the onion rings in the bottom of a roasting tray, drizzle with the remaining oil then sit the beef on top. Roast in the preheated oven for 20 minutes.

Remove the beef from the oven and reduce the heat to 140C/gas mark 1. Add 100ml of the stock, then cover the beef and tray with foil. Return to the low oven and slow roast for 4-5 hours.

Check halfway through and if the onions have started to burn, add a quarter of the remaining stock.

Once the meat is tender, remove from the oven. Remove the meat from the tray and leave to rest, covered with foil.

Push the onions to one side of the tray. Add the tomato purée to the tray and stir well, then pour in a good glug of red wine.

Simmer then pour in the remaining stock, and sweeten with honey if needed. Simmer for 2 minutes then strain the sauce.

Serve slices of the beef with a little of the sauce.

TIP

SERVE along with your favourite potatoes, roasted beetroot and a green vegetable.



DON'T MISS NEXT WEEK'S Mrs Crunch Lunch FOR

● **Food** ● **Money** ● **Health** ● **Motors**
● **Puzzles** ● **Dear Deidre** ● **Travel**

Raymond Blanc's chocolate mousse

RAYMOND says: "This is one of the best chocolate mousses, certainly the lightest, straight from the repertoire of Maman Blanc. Do use the best quality of chocolate. With 70 per cent cocoa solids you can expect the best chocolate experience."

Serves 4
£1.24 per person

Prep time: 20 minutes

YOU NEED:
165g dark chocolate, finely chopped
8 free-range/organic, medium egg whites

METHOD: Place the chocolate in a large bowl set over a pan of hot water and leave to melt over a low heat. The bowl of chocolate must not touch the water and the water must not boil; the chocolate becomes grainy at 55C. Turn the

heat off. In an electric mixer (not on full power) whisk the egg whites until they form soft peaks.

Whisk a third of the egg whites into the melted chocolate to lighten the mixture and immediately fold in the remaining egg whites with a large spatula.

Do not over-mix at this stage as you will knock all the tiny bubbles of air out and be left with a dense mousse.

Pour into a glass bowl or individual glasses and leave to set in the fridge for 2 hours or until required.

TIP

IT tastes even better prepared one day in advance and covered in the fridge.



Candice Brown's salmon, prawn and asparagus tart

CANDICE says: "This is like a posh quiche, packed full of salmon, king prawns and asparagus. Tarts like these should have more filling than egg mixture. Try to use sustainable fish – a lovely alternative to salmon is rainbow trout or even smoked haddock. Just be careful of the seasoning if you use smoked fish."

Serves 6
£1.80 per portion

Prep time: 30 mins

Cooking time: 45 mins

YOU NEED:

2 x 150g pieces skinless salmon fillet
180g peeled raw king prawns, thawed if frozen
1tbsp fresh dill
½ tsp chilli flakes
1tsp finely chopped garlic (jarred or fresh)
Grated zest of 1 lemon
Olive oil
200g fresh asparagus spears
4 eggs
80ml double cream
50g Gruyère, grated
100g Parmesan, freshly grated
Beaten egg, for egg wash
Salt and freshly ground black pepper
Fresh chives, to garnish

Pastry:
250g plain flour, plus extra for dusting
1tsp dried parsley
125g cold unsalted butter, cubed
2 medium egg yolks
50ml ice-cold water

METHOD: Preheat oven to 180C/160C fan/gas mark 4. Start the filling. Make a pouch from tinfoil and put in the salmon, prawns, dill, chilli, garlic, lemon zest and a seasoning of salt and pepper. Drizzle over some olive oil and seal the parcel.

Place on a baking tray and bake for 12-15 minutes until the salmon will flake when nudged with a fork and the prawns are pink. Remove from oven, fold open the parcel and leave to cool. Leave

the oven on. To make the pastry, put the flour, dried parsley and a pinch each of salt and pepper into a large bowl and mix together.

Add the cubed butter and rub it in with your fingertips until the mixture resembles breadcrumbs.

Add the egg yolks and mix in with your hands, then slowly add enough of the cold water to bring together into a dough (you might not need all the water).

Knead lightly until smooth – do not handle too much – then wrap and chill for about 15 minutes.

Roll out the pastry to 24cm and wrap around the tart tin, leaving a 2cm overhang.

Blanch the asparagus in a pan of boiling salted water for 1 minute. Drain, then slice in half lengthways. Set aside.

In a bowl, mix together the eggs, double cream and some salt and pepper. Add the Gruyère and most of the Parmesan and mix through.

Roll out the pastry to 24cm thick and use to line a 20cm x 24cm rectangular fluted tin with a loose bottom.

Crumple up a piece of greaseproof paper, then smooth it out and use to line the pastry case. Fill with baking beans and bake blind for 15 minutes. Remove the beans and paper. Brush the pastry case with egg wash, then bake for a further 5 minutes until golden brown.

Gently flake the salmon into chunks and spread in the pastry case. Arrange the prawns on the salmon, followed by the asparagus. Pour over the egg mix. Sprinkle with the reserved Parmesan.

Bake for 15-20 minutes until filling is golden and just set with a slight wobble on top. Leave to cool before trimming off the pastry edges. Finish by snipping fresh chives over the surface.

TIP

USE ready-made shop-bought pastry to make this a little easier.

Lunch

Liz Earle's beets braised with their leaves

LIZ says: "I am delighted to support #BritishFoodFortnight in my role as ambassador for @LoveBritishFood. It's the perfect time to enjoy the delicious, nutritious food we produce."

Serves 2
98p per portion

Prep time: 5 minutes

Cooking time: 40 minutes

YOU NEED:

1 large bunch beetroot with leaves
2tbsp olive oil
1 red onion, finely chopped
1 clove garlic, crushed
Juice ½ lemon
Extra virgin olive oil to drizzle
Salt and pepper

METHOD: Remove the beetroot leaves and wash them well. Peel the beetroot and cut into 2cm chunks or wedges.

Heat the oil in a large pan and cook the onion for 5 minutes without colouring. Add the garlic and chopped beets. Season, stir well and cook for a minute. Cover the pan and turn the heat to low. Cook gently for 30 minutes or until the beetroot is tender.

Shred the leaves roughly and add to the pan. Allow the leaves to wilt and season. Finish with a little lemon juice and a drizzle of olive oil.



TIP

WEAR rubber gloves when handling the beets so you aren't left with purple hands.

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MORE CASH-SAVING FOOD TIPS

WE TEST THE MOST EFFICIENT WAY TO COOK FAMILY MEALS

TIPS

WHEN using water to boil anything in a pan, only use as much water as is needed to cover the food you are cooking.

- Cook as much as possible in the oven in one go, so all the space and heat is used. Keep the oven door closed while cooking to avoid losing heat. Use glass or ceramic dishes as they retain heat better than metal ones.
- Defrost frozen food in the fridge overnight or while you're at work.
- When cooking potatoes, boil them in a pan before roasting them to reduce the oven cooking time.



Email: money@the-sun.co.uk

Money news and advice to help fix your finances

Sun
ON SUNDAY

money
EDITED BY TARA EVANS



Spag bol Slow cooker v hob

AFTER frying your mince and veg until soft, which takes about ten minutes, you then have a choice of placing it either in a slow cooker or a saucepan to cook in tomato sauce.

In a slow cooker, the process can take up to eight hours, costing 27.2p.

On a gas hob you can get the job done in 20 minutes, costing 6.7p.

Note that the slow cooker version will be more flavoursome, but if you wait a day before eating the hob-cooked version it will be much tastier.

WINNER: Using the gas hob is cheaper by 20.5p, or £10.66 if you made this meal every week for a year.



Scrambled egg Frying pan v microwave

SCRAMBLED eggs are tastiest cooked in a frying pan with butter for three minutes, costing 1p to heat on a gas hob.

You can also make them by whisking them, adding half a teaspoon of milk per egg and microwaving them in 30-second blasts at 1,000w. It should take a minute and a half, costing 0.85p.

WINNER: There's barely anything in it but the microwave wins this as it can do the job so quickly.



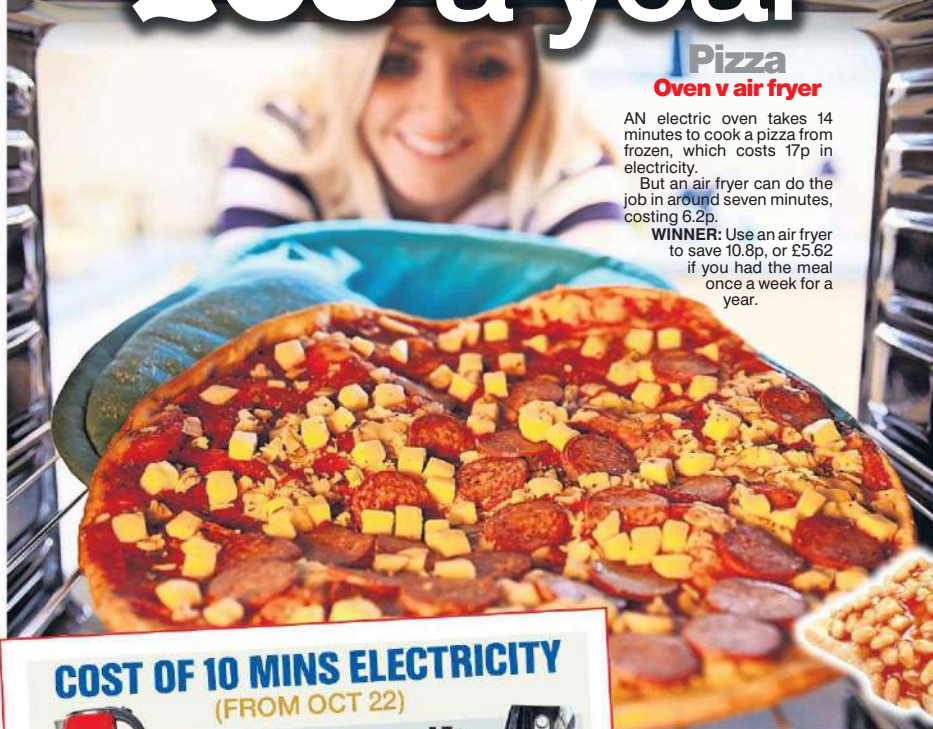
Chips Grill v oven

TESCO chips take about 15 minutes to cook under the grill, costing 12.75p.

In the oven they will take about 20 minutes, costing 22.7p.

WINNER: The oven will cost almost 10p more to cook your chips, which would add up to £5.17 if done weekly throughout the course of the year.

Cook smart ...and save £65 a year



Pizza Oven v air fryer

AN electric oven takes 14 minutes to cook a pizza from frozen, which costs 17p in electricity.

But an air fryer can do the job in around seven minutes, costing 6.2p.

WINNER: Use an air fryer to save 10.8p, or £5.62 if you had the meal once a week for a year.



Bangers & mash Air fryer & hob v oven & kettle

SAUSAGES take about half an hour to cook in an electric oven, costing about 34p, but in an air fryer they take half the time and cost 13.2p in electricity.

To make mash you will need to soften the potatoes.

Heating a kettle full of water takes about three minutes and costs 5.1p.

Then, if you chop the spuds into chunks and boil them in a pan on a gas hob this takes around 15 minutes and costs about 5p.

It means the total for this method is 10.1p.

Some cooks prefer to soften potatoes in the microwave instead of boiling them before mashing.

Cooking four medium potatoes in the microwave will take about 20 minutes and cost around 11.3p, so slightly more than on the hob.

WINNER: The air fryer and hob method will cost you 23.3p in energy, while using the oven and microwave is almost twice as pricey at 45.3p. You could save £1.44 by making this dish the cheaper way, if you cook it once a week over the course of the year.

Beans on toast Microwave v hob

IT takes around two and a half minutes to get a mug of beans steaming hot cooked in either the microwave or on the hob.

But the microwave is more expensive at 1.4p, compared to doing it on the hob, which costs just 0.84p for the same amount of time.

A toaster takes two minutes to get bread crispy and costs 1.1p.

WINNER: Using the hob is slightly cheaper.

Jacket potato Oven v microwave





OVEN-baked potatoes can take up to an hour to soften, which would cost around 68p from October.

But microwaving one takes just ten minutes, and costs 5.7p.

Or you can use a slow cooker by pricking them, rubbing them in olive oil, seasoning them then wrapping in some foil. Cook on high for four hours at 17p.

WINNER: You will save 62.3p by using the microwave, or £32.40 if you do this once a week throughout the year.

COST OF 10 MINS ELECTRICITY (FROM OCT 22)

| | | | |
|---|-------------------------|-------|---|
|  | Kettle (3,000w) | 17p |  |
| | Electric oven (2,000w)* | 11.3p | |
| | Air fryer (1,550w) | 8.8p | |
| | Grill (1,500w) | 8.5p | |
| | Microwave (1,000w) | 5.7p | |
|  | Toaster (1,000w) | 5.7p |  |
| | Gas hob (1,950w) | 3.4p | |
| | Slow cooker (100w) | 0.6p | |

● Average power figures from the Centre For Sustainable Energy
*Appliances like ovens, fridges and freezers turn themselves off when they reach the required temperature, so for some of the time that they are in use they won't be using much or any electricity.

IN ASSOCIATION WITH



paws & claws



Star of the week

BENGAL cat Frank is confused about his identity – as he thinks he's a dog.

The six-year-old loves going for walks, can sit and fetch and will even try to rip up the post like a naughty pup.

Owner Karen Harris, 58, of Sudbury, Suffolk, said: "Frank has definitely got some kind of identity crisis."

"He can sit and spin on command, he fetches and retrieves everything from hair bands to socks, he can open doors. The only thing he doesn't do is bark."

"If the post comes, he'll try to rip it to shreds like a puppy. Life is definitely never dull with him around. We even tell him when he's been a naughty boy – not that he cares, his only cat trait."

WIN

Pamper bundle

WANT to have a super-pampered pet?

Pawdaw of London is offering two lucky readers a chance to win the ultimate Luxurious Clean and Pamper bundles, worth up to £220 and including a cooling vest, drying bag, towel, blanket, Natural Salmon Cookies and bathtime treats Natural Conditioning Dog Shampoo, Natural Shampoo Bar, Refreshing Cologne and Skin Nose and Paw Balm.

To enter, send an email headed **PAWDAW PAMPER** to sundayspets@the-sun.co.uk by October 2. Terms and conditions apply. See pawdawoflondon.com



Pair hop 'n' bothered

BUNNIES FEELING THE HEAT

MY rabbits Fluff and Bob have been suffering in the heat and humidity these past months.

We have the hutch and run in a shady spot and we always give plenty of cold water.

Do you have any other suggestions to help them keep cool?

JANE MANNING, Brighton
Sean says: You're doing everything right with shade and plenty of cold water. You could also let them access an indoor tiled area, so they can lie on a cool surface. A fan in front of a bowl of iced water is great on really hot days, but guard the wire so Fluff and Bob can't chew it.

You can get cooling mats for pets to lie on, but a towel fresh from the freezer is also enjoyed by most pets when they are hot and bothered. Stay cool, buns!

IS our gerbil Pete unhappy? We have him out to play and he likes being handled by the kids.

But when he's back in his cage he seems a bit down. What can we do to cheer him up?

JOHN PETERSON AND FAMILY, Norwich
Sean says: Gerbils are kind of like the goths or emos of the rodent world, sitting in a corner, droopy faced and looking a bit forlorn. But they're just "in their feelings, man".

I jest of course. There is a serious side to this in that gerbils are highly social animals, so it's not recommended you keep them on their own. It would be great to pair Pete up with another gerbil.

But being an adult male, he may fight with another male. And we all know what happens when a boy gerbil loves a girl gerbil very much, so a female may not be a good option if you don't want to be over-run with babies.

There is one solution, which is neutering Pete and getting him a girlfriend. Family planning is key.

MY one-year-old corn snake, Magic, is off her food.

I always make sure her mice are totally defrosted. Any suggestions?

EMMA PARKINSON, Melton Mowbray
Sean says: I need more information about Magic's housing. The most common reasons for reptiles to stop eating are to do with environmental conditions. Temperature, humidity, space and security are all crucial.

They need enough room to thermoregulate, or move around to cooler and warmer areas to control their internal temperature – raising it by basking and cooling it by retreating to the cooler end of the enclosure. This is called a thermal gradient, and



HE is a vet on a mission to help our pets... and he is here to answer YOUR questions. Sean, who is the head vet at the tailored pet food firm tails.com, has helped with owners' queries for ten years.
He says: "If your pet is acting funny or is under the weather, or you want to know about nutrition or exercise, just ask. I can help keep pets happy and healthy!"

Send your questions with the name of your pet and your location to vet@the-sun.co.uk

many of the little tanks and plastic boxes often recommended for snake housing just aren't big enough to allow an appropriate gradient from warm to cool. So cage design is crucial.

After that, ensure you provide the right temperatures using a basking light and heat mat, both on thermostats so you know the temperature is controlled accurately. Overheating is as harmful as underheating.

Humidity is key, too. Each reptile species has its own exact preferences. Finally, plenty of places to hide are important, especially for young snakes.

MOLLY, my five-year-old cat, has been sneezing a lot.

Can cats suffer from hayfever? She's eating and drinking OK.

CHRIS BEARDON, West Kingsdown, Kent
Sean says: Yes, they can. It's an allergic reaction to pollen causing similar symptoms to when we suffer from it: Sneezing, runny eyes and irritation. In dogs, on the other hand, it mainly gives them itchy skin.

Brachycephalic, or flat-faced, cats like Persians, shorthairs and Himalayans may even suffer serious breathing difficulties with hayfever due to their compressed airways and shortened skulls, which we have bred into them just for a cute look.

It's great that Molly is eating and drinking OK, but I would have her checked by your vet. If there is any green or yellow discharge from the nose, there could be an infection.

IS YOUR DOG ANXIOUS HOME ALONE?

MORE than ten million dogs in the UK are struggling to cope when left home alone, experts warn in the run-up to Separation Anxiety Awareness Day.

Animal welfare charity the RSPCA says eight in ten dogs feel stressed when left, meaning 10.8million of the nation's 13.5million dogs are affected.

Dog trainer Jo Sellers, of Guildford, Surrey, became a separation anxiety specialist after her own dog Reba suffered when left even for only very short periods.

Jo, 52, says: "When Reba was a puppy I really struggled. I had no idea that dogs could panic when left home

alone. I had terrible advice from a trainer, who told me to keep her in her crate, don't return to her when she barks and leave her to cry it out."

"After finding a kind way of helping Reba, I was inspired to become a dog trainer."

To mark Separation Anxiety Awareness Day, on September 30, former firefighter Jo, right, says owners should find out whether their pup is suffering.

Buy a pet cam for around £20 online, which synchs with your smart-



phone, or set up a Zoom call with your phone and a laptop to see what your pet is doing when you are not there.

Move away from the room and observe your dog's body language. Anxiety indicators include lip-licking, yawning, pacing, barking, crying, howling, scratching at the door, running around and toileting. If they're happy alone, they'll lie on their side, snooze and relax.

For more tips, see pippinetsdog-training.co.uk/dog-separation-anxiety-awareness-day.

Mystic Meg

Visit thesun.co.uk/mysticmeg to download free apps and much more



ARIES March 21 – April 20



Mercury and Jupiter are on opposite sides of your chart so you may feel conflict between conducting research and trusting to luck. At work, stick to the facts and take as long as you need to make a decision. In love terms, your instincts are so strong, it's time to follow where they lead. Luck posts three words.

TAURUS April 21 – May 21



The sun's path is perfect for you to develop creative ideas – then take them to market. So get cracking on turning concepts into concrete plans. You've got Venus's romance flowing into every corner of your life, and an introduction could be The One. Established couples can rediscover shared fun.

GEMINI May 22 – June 21



Bringing emotion into practical choices can unlock solutions you've been seeking for a while. Don't be scared to let your feelings influence your actions. As Mercury travels back to your family zone, you can try again to fix a recent understanding gap. Swap swift assumptions for some caring questions.

CANCER June 22 – July 22



Instead of talking about home changes, start making them happen as the sun moves signs. And that address in a different climate can come closer. A personal moon brings insight and self-awareness. You know your own value, but also that of others who mean something to you. Luck links to a set of tools.

LEO July 23 – August 23



Conversation is your star skill as the sun shifts in your chart, and talking on air or on film can be a key career step. Having cash confidence doesn't mean ignoring what other people want, or think – remember that. In love terms, you're ready to share special words. Luck links to shades of pink.

VIRGO August 24 – September 22



You have the skills to skim documents and see smart shortcuts that set you apart at work. But don't forget to bring the right people along on any journey. As Venus leaves your sign, you're stronger in yourself, and keep love partners close through choice. Single? A charity cash collection can change that.

LIBRA September 23 – October 23



You are ready to shine and set some new goals as the sun steps up to guide you. Seeing the bright side in relationships can be a positive way forward. But you also have the boldness of Mars and the insight of the moon to make you stand out in any group. Making a love promise has never been simpler.

SCORPIO October 24 – November 22



If friends or family have puzzled you for a while, Mercury can help you get to the root of this and make some key changes. A time of suffering in silence is over. The moon opens up a path of pure adventure leading to an emotional reunion. Will you take it? Your biggest passion clue is clothing featuring a TV quote.

SAGITTARIUS November 23 – December 21



This is a week to seek new contacts in unlikely settings, to wake up your world again, so give everyone you meet an equal chance. And say yes to invitations, even if they don't initially appeal. A thoughtful moon path stirs up memories linked to love, and luck shares a round table with you.

CAPRICORN December 22 – January 20



As the sun heads for your chart, you're ready to claim a top place – in a special team or maybe a special heart. Do this by being yourself, but also not keeping quiet when you know you should speak. Planner planet Mercury moves to your travel zone, and revives a journey you assumed was off limits.

AQUARIUS January 21 – February 18



You welcome new adventure into your life and start feeling braver. A tricky conversation can happen, and you take steps towards a new career or qualification. In love, you have Venus magic plus Mercury mindfulness in your zone of personal growth. You know what you want and you're ready to go after it.

PISCES February 19 – March 20



Strong love bonds and meaningful connections are in your chart but you also have the clear sight of Mercury to stop you making bad choices. Waiting a little longer for the right person – or maybe the right role – is easier. As the sun turns up independence heat, you can step forward alone, if you need to.

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ask alfie



Used car specialist

Q MY Vauxhall Mokka suffered from a loss of power. A diagnostic trip to a garage suggested it was an emissions problem. The check found split pipes but the main problem was the purge control valve. I had a new one fitted and the car has been OK since. Hopefully, this helps with similar queries I've seen from other readers.

VINCE MARSH

A Great bit of info, Vince. Published here for other owners who might have issues with their Mokka (or other models with the same engines and symptoms) so they can better identify the matter with their garage.

Q I OWN a 67-plate Range Rover Evoque, with 25,000 miles, excellent condition and a full service history. How much is it worth at today's prices?

ROB WILLIAMS

A You haven't given me the drivetrain type and the trim grade of your car, so I

Q&A

Send your questions to motors@the-sun.co.uk

can only give a bracket. If your Evoque is an SE Tech specification eD4 (that's the 150hp 2-litre turbodiesel), you're probably looking at around 20 grand. The top money for a five-year-old baby Range is commanded by top-spec cars like HSE Dynamic Lux and Autobiography, preferably with the more powerful engines like the Si4 2-litre turbo-charged Ingenium petrol.

If you've got an Evoque Convertible, it will also be up here, in the realms of

£30-£35k. Realistically, I'm guessing your car will be in the £20,000-£30,000 field.

Q MY 53-plate Suzuki Jimny automatic failed its MOT due to corrosion and now needs to be scrapped. Can you recommend a replacement?

I'm quite a nervous driver. I need an automatic which is short and small, but high, with good visibility. I want something nippy but I only have £4,000.

ALLISON YOUNG, Edinburgh

A For that budget, and trying to meet your criteria, your best bet is to track down either a Kia Soul or a Skoda Yeti (the latter I've got listed in my deals below). You might even get your hands on a three-door Toyota RAV4 automatic for your four bags, although you may have to accept higher mileage on one of those (probably in excess of 100,000 – not a problem, though, as RAV4s are so reliable).



READER'S CAR OF WEEK

SOMETHING incredibly unusual from Richard Peters, of Kirkcaldy, Fife.

He says: "This is my 1958 Metropolitan 1500. These were designed by the Nash-Kelvinator Corporation in the US to meet demand for a small city car and assembled in the UK by BMC, between 1954 and 1961. They were a great export

earner, with more than 90,000 going to North America.

"Only 9,000 right-hand-drive models were produced for the UK and Commonwealth markets, of which around 100 are thought to survive."

● Send pictures of your beloved motor, with details, to motors@the-sun.co.uk.

THREE . . . Lucky dip 4x4s under £6k



2010 (10) Suzuki Grand Vitara 1.9 DDIS S25 4WD 5dr, £5,500, 67k, Country Lodge Cars, Lydney, Glos (countrylodgecars.co.uk): Vitaras have sometimes had a dodgy image. But if you want to get ready for winter with a reliable, well-equipped and pleasant 4x4, this is a good shout.



2011 (11) Skoda Yeti 2.0 TDI SE 5dr, £5,525, 86k, TMR Cars, Surrey (via auto-trader.co.uk): The Yeti has a bit of a cult following (after being replaced by the plainer Karoq), hence why an 86,000-mile, 11-year-old SE model like this commands five-and-a-half bags. Great motor, though.



2011 (61) Subaru Impreza 2.0 RC 4WD 5dr, £5,750, 45k, Black Stallion Cars Ltd, Bolton, (blackstallioncars.co.uk): You don't need something that looks like an SUV to have 4WD. The Subaru Impreza hatch (non-turbo model) finds favour in the remotest rural areas – mega-dependable.

A LANDMARK FOR LAND ROVER

EVERY day seems to be some sort of landmark in the car world.

Vauxhall will sell you a Corsa Anniversary Edition with tartan seats like the first Corsa from 40 years ago. BMW has retro badges celebrating 50 years of M, and only last week Ferrari painted its F1 cars yellow to mark 75 years.

Now it's Land Rover's turn to lean on its lineage. This is the very green Defender 75th Limited Edition – special green paint job with green wheels, green centre caps and green dash.

It's obviously a nod to the original Series I launched at the 1948 Amsterdam Motor Show.

How much is it? Expensive. It's based on the high-spec HSE trim and



costs £86k for the 90 three-door, £90k for the five-door 110 model.

Much more in my price range will be "75 Years" clothing and backpacks.

● THE Range Rover following the Queen to Buckingham Palace for the final time was wearing her private plate MYT 1. She had the same "Mighty One" plate on a 1957 Vauxhall Cresta estate, still kept at Sandringham apparently. Lovely touch.

the **Sunday**

● Money ● Motors

TRIED & TESTED

ALMOST half of women do not do any regular exercise any more, according to a new report into the fitness habits of British adults by healthcare company Nuffield Health. Many respondents blamed the lockdowns for getting them out of the habit. If you're one of them, JANE ATKINSON looks at new ways to get back into it – all in time for National Fitness Day on September 21.

WHAT DO YOU WANT, A MEDAL?

IF you're looking for a new fitness goal, virtual course creator Conqueror has routes from the Amalfi Coast to the length of the UK to keep you motivated and reaching for goals.

Using the app, log the miles you have covered in a run, walk, cycle or swim and when you reach 1,084 miles – the distance from Land's End to John O'Groats – you get sent a medal.

It isn't free and does seem a bit pricey but if a

challenge is what works for you maybe it's worth a go.

The UK challenge, for example, is £34.95 but for that you get the medal, virtual postcards along the way, a

street view of your virtual location, a completion certificate and the company will plant five trees or recover 50 plastic bottles from the ocean.

For details see theconqueror.events.

THE **Sun** health+

By LYNSEY HOPE

ACTOR Aidan Turner has not yet turned 40, yet in his latest TV drama *The Suspect* he plays a psychologist coming to terms with Parkinson's disease.

His character, Dr Joseph O'Loughlin, is a graphic illustration of how the disease can affect young as well as old, with around one in every 20 people diagnosed under the age of 40.

The actor Michael J. Fox was just 30 when he found out he had the condition in 1991.

It's the fastest-growing neurological condition in the Western world, and two people are diagnosed every hour in the UK.

Now one in 500 of us are affected and men are more likely to be diagnosed than women.

There is no cure but with advances in treatments

including medication, physiotherapy, speech and language therapy and brain surgery, most people now have a normal or near-normal life expectancy.

Aidan spent months researching for his role as Dr O'Loughlin and trying to master the subtle tremor that is typical of the disease.

But Dr Simon Stott, director of research at the charity Cure Parkinson's, told Sun on Sunday Health: "Usually people will have the classic tremor, but not everyone does."

New treatments

"There are huge variations within the Parkinson's community. The speed at which it develops can differ too – some very quickly, while others may not suffer severe symptoms for decades."

Parkinson's is caused by a loss of nerve cells in the brain.

This then leads to a reduction in dopamine, a neurotransmitter which is vital for regulating body movement.

Dr Stott said: "It is usually characterised by three motor impairments – slowness of movement, fragility of movement and the resting tremor."

"Other symptoms include loss of sense of smell, gastrointestinal



BATTLE . . . Fox

Aidan's role shows Parkinson's doesn't just affect old people

issues, sleep disturbance, anxiety, depression and apathy.

"In advanced cases, it can make simple activities such as eating, getting dressed or using something like a phone or computer very difficult."

What causes the loss of nerve cells is unclear but most experts believe it is a combination of genetic and environmental factors, including diet and exercise.

Research has

shown that eating wholegrains, vegetables, fruits and protein-rich foods may slow advancement of the condition.

Nuts, olive oil, fish and eggs may also be beneficial. But as in the case of Aidan's character, the disease does not spare the young.

Dr Stott said: "They often feel stigmatised and discriminated against because of ignorance around the condition."

"People see a

DON'T MISS **motors** EVERY THURSDAYSee Tuesday's Sun for **3 PAGES** of health

● Health ● Puzzles ● Deidre ● Travel

HAVE A WORKOUT ON THE DARK SIDE RUN WITH A PAL OR GROUP

GRANTED, this isn't pitch black. But Blaze at David Lloyd was dark enough that I could see what I was doing, but nobody else could.

I am not hugely fit – or young – so I was dreading feeling intimidated at a HIIT (high intensity interval training) class. But it turned out to be great fun – the pumping music helped, too. In a purpose-built studio, you do an intense workout alternating between a running

machine, a weights bench and a boxing station. The instructor tells you what to do and you wear a Myzone heart monitor so you can work your body at the right intensity.

It monitors heart rate, calories and time exercising then converts the results into Myzone Effort Points (MEPs) – so the focus is on rewarding effort rather than fitness (luckily). I loved this. See davidlloyd.co.uk.



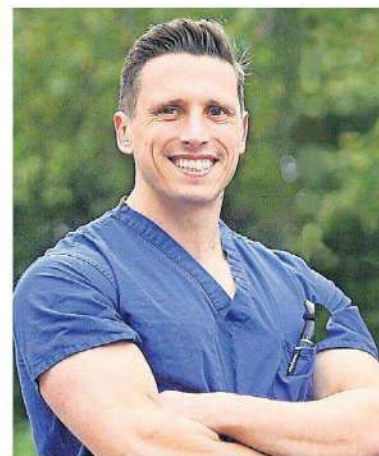
RUNNING is one of the easiest, and free ways, to work out with a friend – or make new friends.

And studies have shown exercising with others increases motivation.

Even if you can't run now, by downloading the Couch To 5k app you should be ready to do a free 5k Parkrun (parkrun.org.uk) in your area by November.

You could also sign up to a local running club, or join an app such as ourun.com to find a running buddy. Fill in your

details, such as how fast you can run, etc, and search for runners in your area. Great for anyone from beginners to marathon runners – and free.



ASK Dr Jeff

GP and men's health expert

Q TWO years ago my partner got into bodybuilding. He's 37 and his muscles have become huge. I looked in his gym bag and saw vials of liquid and syringes.

I think he is injecting steroids or growth hormones. What can I do to make him stop? I know these drugs have awful side-effects.

DEBBIE TAYLOR, Liverpool

A When I started going to the gym in the 1990s, steroid use was still rare and remained the domain of professionals.

But in recent years social media, combined with easier access to drugs, has made the use of anabolic steroids and other banned substances so commonplace that our clinic regularly sees men in their thirties who have permanently damaged their natural production of testosterone through steroid use.

The problem with these drugs is that people feel great and see a series of positive results when they first take them – and the multiple negative side effects are delayed for several years.

Risks include infertility, heart disease, stroke and changes in facial bones.

Get your partner to speak to a men's health doctor or sports doctor who will have specific knowledge of what he is doing and advise him on how to reduce and come off them safely when he is ready.

Q I'm a 42-year-old mother of two and over the last year I've started to get hot flushes and become forgetful. I have regular periods but I'm worried this is the menopause starting. Can I be tested?

LARA BARNES, Stoke

A Over recent years there have been great efforts made to better understand the impact of menopause and it is vital that we do not trivialise it because, when handled badly, it can devastate women's lives.

The average age of menopause in the UK is 51 but the onset of symptoms (perimenopause) can occur years before and a change in periods is only one characteristic.

A loss of oestrogen affects almost every aspect of a woman's body, from how they feel and think to metabolism, sex drive, heart health, bone health and many other systems.

Hot flushes and memory problems are signs of menopause but can also be related to other health problems. There is a blood test you can do to look for menopause but it is limited in its use and should only be performed after speaking to a doctor.

You should speak to a menopause specialist who can look at your symptoms and decide on the specific tests you might need.

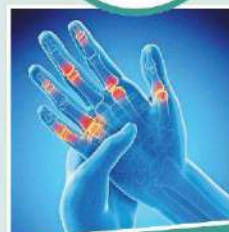
Send your questions to:
drjeff@the-sun.co.uk

- + FAMILY HEALTH
- + FITNESS
- + DIET & NUTRITION
- + SLEEP & WELLBEING
- + MENTAL HEALTH

Edited by **JANE ATKINSON** and **LIZZIE PARRY**



TRUTH ABOUT...



ARTHRITIS

NEARLY ten million people in the UK suffer with arthritis – a condition that causes pain, stiffness and swelling in joints.

There are two main types. Osteoarthritis affects around nine million people, and rheumatoid arthritis affects 400,000.

This week marks National Rheumatoid Arthritis Awareness Week.

Dr Wendy Holden, medical adviser for Arthritis Action and an honorary consultant rheumatologist, said:

"Osteoarthritis happens when there is damage to the joints and usually affects people over the age of 45.

"Then there is inflammatory arthritis. This is where the body's immune system starts targeting joints, leading to pain and swelling. The most common type of this is rheumatoid arthritis.

"In both cases, nobody really knows why it happens but rheumatoid arthritis does run in families.

"Osteoarthritis can also be hereditary but it is more common in people who are overweight or who have suffered a sports injury."

Symptoms include joint pain, tenderness and stiffness.

There can also be restricted movement of the joints, warm red skin over the affected joint, weakness and muscle-wasting. There is no cure, but some treatments can slow it down.

Treatments for rheumatoid arthritis include medication, physiotherapy and surgery.

Osteoarthritis can sometimes be improved by lifestyle changes.

Dr Holden says: "Guidelines suggest lifestyle factors may be more important than medication for many cases.

"Keeping to a healthy weight is important. For every 1lb you put on, that is 4lb of weight pressing on your joints, so losing a little bit of weight, even a few pounds, can make a huge difference.

"Reducing stress and having a good night's sleep also helps with pain management."

Rick's 'like Dr Joseph'

RICK LAY, 51, was diagnosed with Parkinson's aged 46. The marketing worker, who lives in Reading with wife Jane and daughter Ella, 13, says:

My story is very similar to Aidan's character. Three years ago, aged 43, I started struggling to walk properly. I assumed it was a problem with my leg and saw a physio but nothing really helped.

I felt anxious for no reason and had insomnia. This went on for three years. I also used to trip on the pavement, seemingly over nothing.

One day I went to London with my family and couldn't walk a mile, my leg was so rigid. I struggled to keep up with my child Ella.

It was the catalyst to see my GP. He asked me why I was shaking, and referred



PEAK ... Rick and family me to a neurologist. I was 46 when I was diagnosed with Parkinson's. It was tough. I only knew what most know – that it makes you shake, that Muhammad Ali had it, and that Michael J. Fox does too.

Happily, drugs made a big difference, quite quickly. Without them, I'd struggle to walk down the road. With them, I climbed Snowdonia.

But after a while, they work less and the symptoms become more problematic.

I worry if I will be able to walk my daughter down the aisle at her wedding and give a speech.

If anyone gets a diagnosis of Parkinson's I'd encourage them to find a group of people in a similar situation.

For more information see cureparkinsons.org.uk.

DRAMA ... Aidan as Parkinson's sufferer Dr Joseph O'Loughlin. Below left, Dr Simon Stott

Over the next few years we will see if we can slow down the condition

younger person struggling to walk down the street and their first thought is that this person is drunk. Raising awareness is key, so shows like *The Suspect* are a great way of highlighting how it can affect people.

And there is a lot of hope in medical circles that a cure may soon be found.

Treatments are improving rapidly and experts believe they are on track to finding a way to slow the progression of the disease or stop it altogether.

Dr Stott said: "For the past ten

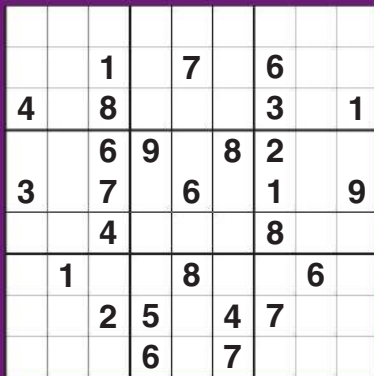
years, Cure Parkinson's, together with other organisations, have been developing new treatments based on genetic factors and the biology around the condition.

"Now is a really exciting time for researchers because we are beginning to clinically test drugs that have been developed.

"Over the next few years we will see whether our theories have been correct and if we can indeed slow down the course of the condition."

● *The Suspect* continues on ITV at 9pm on Tuesday.

double **Sun** DOKU

TODAY'S TEASER CALL 0905 757 0156
FOR CLUES OR SOLUTION

TODAY'S TOUGHIE CALL 0905 757 0152
FOR CLUES OR SOLUTION

 Calls cost £1 per minute from BT landlines plus
network extras

YESTERDAY'S SOLUTIONS

Teaser

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 6 | 2 | 1 | 5 | 9 | 4 | 8 | 3 |
| 4 | 3 | 5 | 8 | 7 | 6 | 2 | 9 | 1 |
| 9 | 8 | 1 | 2 | 3 | 4 | 6 | 7 | 5 |
| 1 | 4 | 7 | 3 | 6 | 8 | 9 | 5 | 2 |
| 2 | 5 | 6 | 4 | 9 | 1 | 7 | 3 | 8 |
| 8 | 9 | 3 | 7 | 2 | 5 | 1 | 6 | 4 |
| 3 | 2 | 9 | 5 | 4 | 7 | 8 | 1 | 6 |
| 5 | 7 | 8 | 6 | 1 | 2 | 3 | 4 | 9 |
| 6 | 1 | 4 | 9 | 8 | 3 | 5 | 2 | 7 |

Toughie

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 2 | 6 | 7 | 9 | 3 | 8 | 5 | 4 |
| 8 | 7 | 9 | 5 | 6 | 4 | 3 | 2 | 1 |
| 3 | 4 | 5 | 8 | 1 | 2 | 7 | 6 | 9 |
| 5 | 6 | 4 | 9 | 8 | 7 | 2 | 1 | 3 |
| 7 | 8 | 1 | 2 | 3 | 6 | 4 | 9 | 5 |
| 9 | 3 | 2 | 4 | 5 | 1 | 6 | 8 | 7 |
| 4 | 1 | 7 | 6 | 2 | 9 | 5 | 3 | 8 |
| 2 | 9 | 8 | 3 | 7 | 5 | 1 | 4 | 6 |
| 6 | 5 | 3 | 1 | 4 | 8 | 9 | 7 | 2 |

MINDBENDER
Ice Age

BRAINBOXER

 26 (4 clock only, 3 rose only, 2 lion only,
3 clock and lion only, 5 clock and rose
only, 1 lion and rose only, 2 all three and
6 none of them)

TODAY'S BIRTHDAYS...

 TED Lasso star **JASON SUDEIKIS**, 47, right,
former England footballers **SOL CAMPBELL**,
48, and **PETER SHILTON**, 73, boxer **CHRIS**
EUBANK JR, 33, Page 3 legend **LINDA**
LUSARDI, 64, ex-cricketer **DARREN**
GOUGH, 52, top flat-racing jockey **RYAN**
MOORE, 39, and US movie star **JADA**
PINKETT SMITH, 51.


SUNDIAL


 SEE how many words of four or
more letters you can "dial" using the
one at the centre in each word.

 You can make at least one word
using all of them. Don't use the
letters more than once in any word.
No proper names or plurals. Words
from Collins Concise Dictionary.

BRILLIANT: 18. **EXCELLENT:** 15.
GOOD: 11. **GREAT SCORE FOR**
KIDS: 6.

YESTERDAY: Clement, client, elect,
elite, inlet, lenient, lent, lice, lien,
lime, line, linen, linnit, lint, melt, mile,
tile, INCLEMENT.

 Check today's answers by calling
0905 757 0155 before midnight.
Calls cost £1 per minute plus your
telephone company's
network access charge.

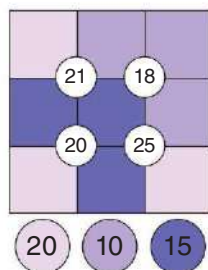
 Calls for extra clues and
answers last no longer than two
minutes (Sundial answers may
vary). Helpline: 0333 202 3390
(9am-5.30pm). Service provider:
Spoke, W1T 4HD

SET SQUARE

 Place each of the digits 1 to 9
in the grid to make the sums
work. We've started you off
with two numbers. Solve the
calculations in order, left to
right, or top to bottom.

| | | | | | |
|---|----|---|---|---|------|
| | + | 8 | - | | = 9 |
| x | | | - | | x |
| | + | | x | 6 | = 66 |
| + | | + | | + | |
| | x | | x | | = 35 |
| = | 13 | = | 6 | = | 19 |

Sun SUKO®1

 Enter the numbers 1 to 9 in the
spaces so that the number in
each circle is equal to the sum
of its four surrounding squares.
Each coloured area should add
up to the colour totals below.


Sunday quizword

ACROSS

- Swiss tennis player (5,7)
- Founder of the modern police force (4)
- Welsh prime minister during the First World War (5,6)
- Surname of TV property expert Kirstie (7)
- Le Carré spy played by Alec Guinness and Gary Oldman (6)
- First name of Mexican-born actress Ms Hayek (5)
- 1980 Blondie song (6)
- Eric Morecambe's partner (5,4)
- Four-sided shape with two parallel sides (9)
- Surname of actor Don, 'Lofty' in It Ain't Half Hot Mum (7)
- Hollywood award (5)
- Poetic name for Ireland (4)
- Place of confinement (4)
- Matriarch's first name in Mrs Brown's Boys (5)
- Yeast and vegetable extract spread (7)
- Purging of pent-up emotions (9)
- Scattered republic, capital Jakarta (9)
- Belgian canal city (6)
- Middle East country of which the chief port is Aden (5)
- Spanish holiday or festival (6)
- Old car company that made the Herald (7)
- Legal claim on an estate (11)
- High-speed US motor racing (4)
- From the Antipodes (12)

DOWN

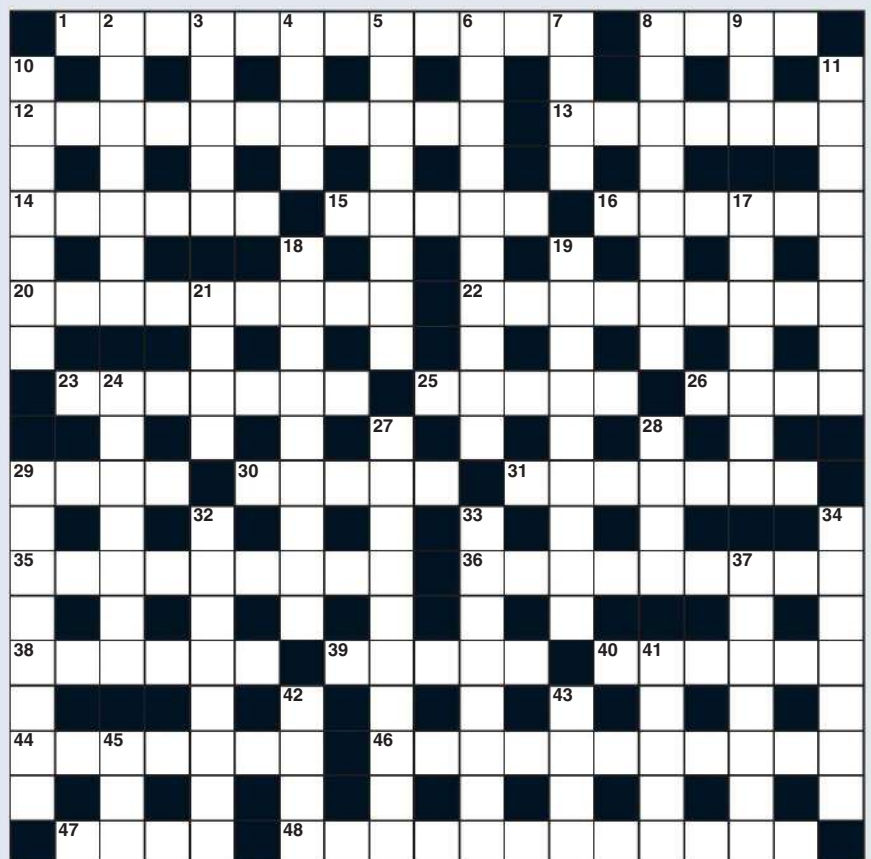
- Graduate of a famous English university (7)
- Beloved dog of Martin Crane in Frasier (5)
- Wilma Flintstone's husband (4)
- Post-Roman period of history (4,4)

YESTERDAY'S SOLUTION

ACROSS: 1 Objets d'art, 6 Advocaat, 12 Elgin, 13 Banbury, 14 Ibiza, 15 Bulgaria, 16 Aide-de-camp, 18 Mornay, 20 Galahad, 22 Mars, 25 Eve, 26 Seoul, 27 Confucius, 29 Mao, 30 Panasonic, 31 Maine, 32 Imp, 34 Eden, 36 Bacardi, 37 Paxman, 40 Magna Carta, 42 Petworth, 45 Tweed, 46 Gregory, 47 Lions, 49 Clovelly, 50 Cheltenham. **DOWN:** 1 OBE, 2 Jugular vein, 3 Tonga, 4 Dublin, 5 Rank, 7 Doyle, 8 Oliver, 9 Ali Baba, 10 Trappists, 11 Musical comedy, 15 Bombe, 17 Paul McCartney, 19 Assisi, 21 Auntie, 23 Cornea, 24 Eureka, 28 Iris Murdoch, 30 Pneumatic, 33 Punch, 35 El Greco, 38 Sandie, 39 Jekyll, 41 Angel, 43 Wilde, 44 Pooh, 48 Sam.

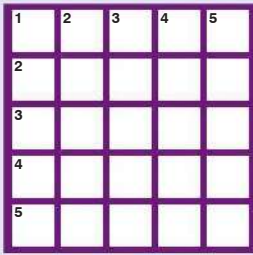
- Inflammation of muscles and joints (10)
- Brazilian currency unit (4)
- US literary prize (8)
- Rock group whose hits included Mr Blue Sky (inits)(3)
- Greek leader in the Trojan War (7)
- Individual organism that is representative of a group or class (8)
- Simenon's famous French police inspector (7)
- Someone studying living things (9)
- Tropical tree with lilac flowers (9)
- River on which Carlisle stands (4)
- Long-haired dog like a Pekinese (4-3)
- I'd Like to Teach the World to Sing pop group (3,7)
- Surname of British artist Tracey (4)
- Supporter of the Stuart pretenders (8)
- Motoring journalist and TV presenter (5,3)
- Device which reduces the noise of an engine (8)
- Opponent of the Crusaders (7)
- Ms Reid, TV presenter (7)
- First name of Luther star Mr Elba (5)
- Iranian branch of orthodox Islam (4)
- First name of lawyer Mrs Clooney (4)
- Name shared by authors Fleming and McEwan (3)

 Check today's answers before midnight by calling 0905 757 0157 for Across and 0905 757 0160 for Down.
Calls cost £1 per minute plus your telephone company's network access charge.

 Purchase the latest Sun Puzzle Books, including crosswords, wordsearches & sudoku, for as little as £4.99 from the HarperCollins website
harpercollins.co.uk or phone 0141 306 3100


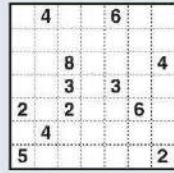
WORD SQUARE

- ACROSS**
- 1 Dressed in ceremonial garments
 - 2 Person related by marriage (2-3)
 - 3 Assert
 - 4 Artist's picture support
 - 5 Parted with money
- DOWN**
- 1 Ascends
 - 2 Readily available (2,3)
 - 3 Bored, overly casual
 - 4 (Had) consumed
 - 5 Lived (in)



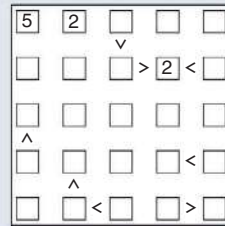
CELL BLOCKS

Divide the grid into blocks that are either square or rectangular. Each block must frame a single number, and each block must contain the same amount of cells as the number it frames.



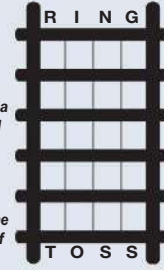
FUTOSHIKI

Use the greater than (>) and less than (<) signs to fill in the squares with the numbers 1-5. The same number cannot occur more than once in any row or column.



WORD LADDER

Change one letter at a time (but not the horizontal position of any letter) to make a new word - and move from the word at the top of the ladder to the word at the bottom using the exact number of rungs provided.



SPOT THE SAYING

Which two well-known sayings or expressions can be found below?



WORDSEARCH

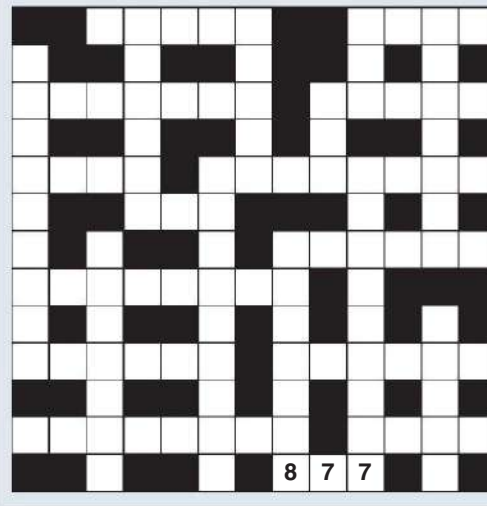
These marine creatures can all be found in the grid. Words may run either forwards or backwards, in a horizontal, vertical or diagonal direction, but always in a straight, unbroken line.



- | | | | |
|----------|------------|----------|------------|
| ABALONE | CRAYFISH | OCTOPUS | SEA SNAIL |
| BARNACLE | CUTTLEFISH | ORMER | SEA URCHIN |
| CHITON | KRILL | OYSTER | SHRIMP |
| CLAM | LANGOUSTE | PRAWN | SQUID |
| COCKLE | LIMPET | SCALLOP | STARFISH |
| COWRIE | LOBSTER | SCAMPI | WHELK |
| CRAB | MUSSEL | SEA SLUG | WINKLE |

NUMBERFIT

All of the listed numbers fit into the grid and there's only one way to do it. One number has been provided to get you started.

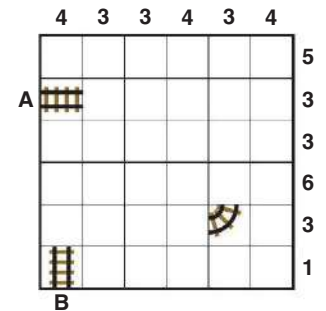


- | | | | |
|-----------------|-----------------|-----------------|-----------------|
| 3 digits | 5 digits | 7 digits | 9 digits |
| 127 | 24334 | 2772561 | 257562427 |
| 843 | 42318 | 3813888 | 636360422 |
| 877 | 87670 | 7408173 | 773242863 |
| 903 | 91616 | 9223148 | |
| 4 digits | 6 digits | 8 digits | |
| 1623 | 303570 | 25473238 | |
| 2113 | 332114 | 68832458 | |
| 2276 | 387316 | 84227338 | |
| | 468369 | | |

SOLUTIONS TO ALL PUZZLES ARE IN THE SUN TOMORROW

TRAIN TRACKS

Lay tracks to enable the train to travel from town A to town B. The numbers indicate how many sections of rail go in each row and column. There are only straight rails and curved rails. The track cannot cross itself.



MISSING LINK

Find a word that can follow the word on the left and precede the word on the right. When you have filled in all the answers, the shaded squares will spell out a fairy tale character.

| | | | | | |
|----------|--|--|--|--|-----------|
| BALL | | | | | BIRD |
| GORDIAN | | | | | GARDEN |
| UNDER | | | | | ALONG |
| KEEP | | | | | CHOCOLATE |
| DROP | | | | | BACK |
| ALARM | | | | | CENTRE |
| BUMPED | | | | | ORBIT |
| FUNNY | | | | | MASK |
| QUESTION | | | | | DOWN |
| ROCK | | | | | WATER |

NUMBERCRUNCH

Starting at the top with the number provided, work your way down the three lines one at a time, applying all the mathematical instructions to your running total.

| EASY | MEDIUM | HARDER |
|---------------|---------------|---------------|
| 32 | 119 | 142 |
| + 46 | + 412 | - 65 |
| ÷ 6 | ÷ 9 | ÷ 7 |
| + 51 | - 49 | 900% of it |
| ÷ 8 | × 4 | + 1191 |
| × 5 | + 452 | 40% of it |
| - 28 | Third of it | - 139 |
| × 4 | + 240 | ÷ 13 |
| ÷ 3 | Half of it | + 4556 |
| + 167 | - 59 | ÷ 5 |
| ANSWER | ANSWER | ANSWER |

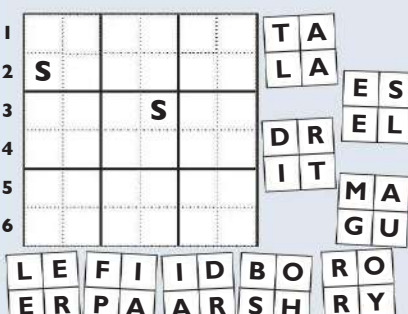
MINI FIT

Which one of the listed words won't fit in each of these mini grids?



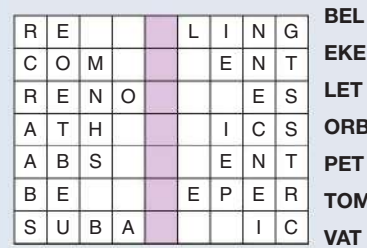
MINI JIGSAW

Fit the pieces in the grid to spell out words related to Spain in each row.



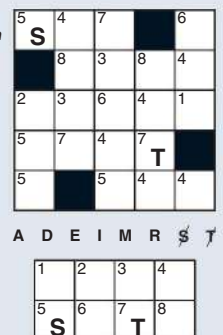
MIND THE GAP

Place one of the three-letter words in the spaces of each row to complete the seven-letter word. Do it correctly and the shaded squares will spell out a word.



MINI CODE

Eight letters have been given a number from 1 to 8. Break the code to complete the crossword.



the Sunday dear deidre

No matter what the issue, I answer every single problem



Edited by
SALLY LAND
Team: Jane Allton, Sophie Donovan,
Hilary Freeman, Catherine Thomas

FAMILY FORUM

Dear Deidre

MY lazy stepson is taking advantage of my husband by constantly asking for money so he can go on holiday.

He lives on benefits and refuses to get a job.

My husband and I both work hard and aren't in debt. We've been married for three years. I'm 47, he's 48. My stepson is 23 – more than old enough to stand on his own two feet.

I've told my husband that he needs to say "no" to his son, but he doesn't seem able to do this.

Maybe it's guilt for leaving his mum. Every time his son wants cash – for a trip abroad or to buy himself a new TV or phone – my husband opens his wallet.

We're OK financially, so he can afford it, but it's causing arguments between us. He's not doing his son any favours by treating him like a child.

DEIDRE SAYS: Your husband is stuck in a pattern, which you see as unhealthy. But their relationship pre-dates yours by two decades. Overturning that dynamic won't be easy. And while you can make your opinion clear, ultimately he has to make his own parenting decisions.

Rather than criticising him, see if you can help.

Talk to your husband about how he feels about this dynamic, try to understand why it happens and then work together to set new boundaries.

My support pack Standing Up For Yourself offers useful tips.

Dear Deidre

I HAVE a great relationship with my godson but my partner is really jealous. I fear I'll be forced to choose between them.

The boy is my best female friend's child, and I love him as if he were my own. I don't have my own kids yet.

His dad isn't around a lot so I'm a father figure.

I'm 39 and my partner is 34. We got together five years ago, and she knew about my godson, now eight, from the start.

But lately she's started complaining about the time I spend with him, and the money I spend on him.

We've been having a lot of arguments. She thinks I put him first and that she should be my priority.

I know if it came down to it, I'd choose him over her. But I do love her.

Am I being unfair? Or does it mean this relationship isn't working?

DEIDRE SAYS: It's great you have a close relationship with your godson – but if he does come before her, then it's understandable why she is feeling a bit miffed. Could you make a regular time to see your godson, so she knows where she stands?

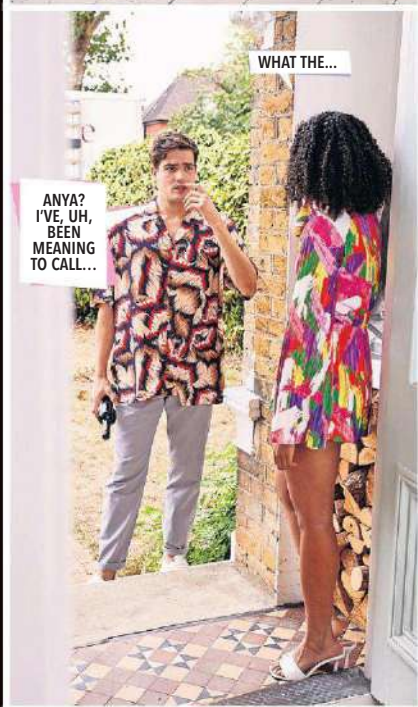
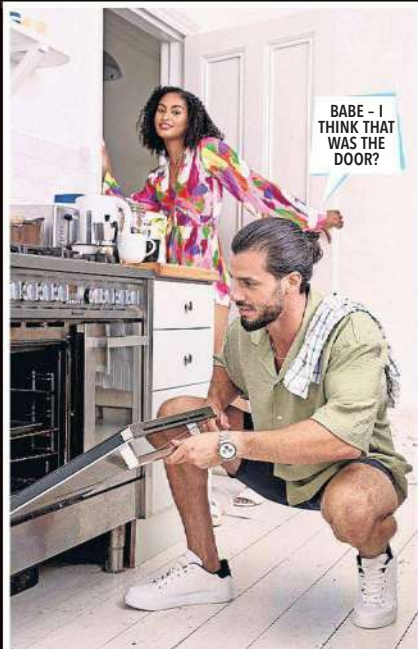
Good male role models are particularly important for young boys, especially as they move towards their teens, so it's great you value the relationship.

My support pack, Looking After Your Relationship, should help.

stories

A SURPRISE FOR ANYA: Final day

deidre's photo casebook



Dear Anya

IT is completely normal to feel overwhelmed, worried and even isolated with the news you have an unplanned pregnancy.

But your current situation doesn't need to be disastrous and plenty of support is available.

The important thing is to seek help sooner rather than fretting alone – independent advisors can help you decide if you feel ready to be a parent.

Contact The British Pregnancy Advisory Society (bpas.org, 03457

30 40 30). If you decide to keep your pregnancy, then because you had intercourse three weeks apart you will be able to work out who the dad is.

Women ovulate 14 days before their period and are fertile for six days around the day of ovulation.

I'm sending you my support packs: Having A Baby and Unplanned Pregnancy.

You can work out the best course of action for you, but please seek help.

Deidre

Dear Deidre

LOOKING at the Royal Family, so visibly upset by the death of the Queen, I feel like such a fraud for crying.

Why do I feel so moved by the death of someone I had never met and didn't know? I've always prided myself on being down to earth and I'm not a gushy person at all, so why am I experiencing this grief that has crept up out of nowhere?

I am a 46-year-old woman and when my own mum died three years ago I didn't react anywhere near as emotionally. We weren't close and in fact she treated me quite cruelly throughout my life; nothing I or my children did was good enough, and she always put me down.

So why do I feel so strongly about the Queen – someone who has died

peacefully and after a long and fulfilling life?

DEIDRE SAYS: You may not have met the Queen in person, but her constant and reassuring presence has been a thread running through your life.

It is entirely normal to feel grief for someone you have never met, because of course the Queen dedicated her life to our nation and we all feel a closeness to her as a result.

As we collectively grieve, as a nation, it is worth being aware this moving time can be triggering – especially for those living with unresolved guilt.

It would be worth contacting Cruse Bereavement Care (cruse.org.uk, 0808 808 1677), who offer bereavement support, to help process the death of your mum.

Dear Deidre

I AM turning into a green-eyed monster and I don't know how to stop.

Since I have been in a relationship with my lovely new guy, I have felt insanely jealous all the time, for no clear reason.

I am 29 and he is 30. We've been dating for four months and have lots in common.

He treats me really well, we can talk about everything and we are great in bed together.

But the other night, we were talking about our experiences, and he told me about something he did sexually with his ex.

I've seen photos, and she was younger and prettier than me.

It made me irrationally upset and afterwards I

couldn't stop thinking about it. He kept asking me why I was so quiet.

My last boyfriend cheated on me, but my new guy is nothing like him. I don't want to drive him away by being so insecure and jealous.

DEIDRE SAYS: Being cheated on by your last boyfriend has dented your confidence.

You really like your new guy, so you're scared of losing him.

Try to focus on your positive qualities, rather than comparing yourself to his ex. Remember, she is an ex for a reason. You're his girlfriend now.

Tell him about your feelings so he can reassure you.

My support pack Raising Self-Esteem should help you too.

Love-rat hubby's homeless threat

Dear Deidre

MY cruel husband has been playing me off against his mistress, trying to keep us both sweet.

Now I've had enough of his lies, he's trying to get revenge by making me homeless.

He's 43 and I'm 41. We have been married for 15 years and have a 12-year-old girl.

The first I knew about his affair was when he told me he was going away on a business trip, and he didn't come home when he was supposed to.

After a week of frantic chasing, I learned he had moved in with another woman.

I was distraught and couldn't sleep or eat. I lost two stone.

Then, just as I was starting to pull myself together, he announced he was coming back.

He told me he'd made a huge mistake and loved me. He cried about what a fool he'd been.

But it was all lies. He carried on seeing her. So I hired a private investigator to follow him.

One day, when he was supposed to be at a meeting, the PI

HERE TO HELP YOU



MY team of counsellors is ready to help every day. We usually reply to you within 24 hours and always change details on any published problems to protect identities. The Dear Deidre team advises and assists people for free, in an age when counselling sessions can cost £30 and funding for support is at an all-time low. If you want our help, please email problems@deardeidre.org or write (enclosing an SAE) to Dear Deidre, The Sun, London SE1 9GF

told me he was at this woman's house. I rang him to tell him I knew and to leave. But again, he wore me down with sob stories.

Stupidly, after weeks of this, I took him back. He promised he would end it with her so we could make a go of our marriage.

A month later, she changed her Facebook status to "in a relationship" with him. I threw him out again and sent her all of the

begging messages he'd sent to me, so she would know what he was really like.

But he sweet-talked her into letting him back. Now he has filed for divorce and says he is going to sell our house and make me and our daughter homeless to get his own back.

I'm at my wits' end. I cannot afford a solicitor.

DEIDRE SAYS: He has behaved appallingly, with little regard for your wellbeing – or your daughter's. His unreliable and dishonest character will have had a very negative impact and you really are better off without him drifting in and out of your life.

Counselling would help you work through your feelings.

And find some support through Tavistock Relationships (020 7380 1960, tavistockrelationships.org).

Don't despair. Your husband can't just divorce you and sell the house without your agreement. You have rights, especially as you have a child.

My support pack, Thinking About Divorce, explains how to get help.

You should be able to get a free session with a local divorce solicitor. Also contact your local Citizen's Advice Centre (citizensadvice.org.uk) for free legal advice.

ONLINE & SOCIAL

Need help with a dilemma or want to know more about how we can help?

ONLINE: thesun.co.uk/deidre. Follow and message us on: INSTAGRAM @dear.deidre; TWITTER @DearDeidre; FACEBOOK @DearDeidreOfficial

I THINK ELECTRICIAN STOLE HER JEWELS

Dear Deidre

AFTER an electrician did some rewiring in my house, I noticed that my wife's jewellery was missing. I suspect he stole it.

I want him to take a lie detector test to eliminate him. Can I make him?

I am 42, my wife is 39 and we have two young children.

My wife keeps some precious jewellery in the bedroom – including a gold bracelet and earrings her grandma gave her – but since he visited, we can't find them anywhere.

She's very upset. They have sentimental value.

I've reported the theft to the police, but I'm not confi-

dent they'll do anything. The electrician denies it. I don't believe him.

I've seen lie detector tests on TV and I think this is the best way to rule him out.

DEIDRE SAYS: You do not have any evidence that the electrician stole from you, and it's highly unlikely he would agree to a lie detector test.

More to the point, the tests are not totally reliable, which is why they're not used in the criminal justice system.

Contact Victim Support for advice – they will help you with this upsetting development (0808 1689 111, victimsupport.org.uk).

WHY HAS HE HACKED HIS EX'S ACCOUNT?

Dear Deidre

HE always told me he hated his ex and was "totally over her". So why did my boyfriend feel the need to hack into her computer?

I'm a woman of 24 and he's 26. He was with his ex, who is 26, for three years. She cheated on him and he admitted it took a while for him to get over their split.

One day he left tabs open on his computer when he went out. I had a peek but I got such a shock to see his ex looking back at me.

There were reams of pics of her. He'd somehow hacked into her account. I confronted him as soon as he walked through the

door. He broke down, saying he couldn't help himself. I'm beginning to think he's had feelings for her all along.

Why else would he do this? **DEIDRE SAYS:** Yes, it is suspicious – and an invasion of her privacy.

Using someone's password to get into their accounts without their permission is illegal.

Please consider he could do something similar to you. Get some clarification of the situation through the National Stalking Helpline (stalkinghelpline.org, 0808 802 0300).

Tell him he must stop snooping or you'll tell her. If he doesn't, walk away.

ESCAPE TO THE SUN

Something for everyone... TUI caters to families, couples and solo travellers

From soft sandy beaches and buzzing resorts to ancient forts and nesting turtles, south west Turkey's coast is a holiday hub

First-time visitors to Turkey often find themselves so smitten that they return time and time again. No wonder the country is one of TUI's most popular summer holiday destinations.

There are a host of great spots for your getaway and by booking now you can lock in next summer's holiday at today's prices, get your pick of thousands of free kids' places* and enjoy the peace of mind that comes with a TUI package. And there's no need to worry about airport transfers (included in the price) or in-resort support (with the TUI app, you get 24/7 access to friendly, knowledgeable reps).

What's more, you can spread the cost with zero deposit when you pay by Direct Debit online, or secure your break with super-low deposits of £25 per person. And every day, a family that books between now and 3 October, 2022 will win back the cost of their holiday.* Still can't decide where to visit? Read on for inspiration.

Izmir

The up-and-coming area around Izmir offers a great variety of beaches and an abundance of water parks that are filled with slides and pools, where fun-loving families can splash around all day.

Izmir is also the ideal base for visiting Ephesus, one of Turkey's 19 Unesco World Heritage Sites – a day trip there is among a range of expertly guided tours and activities that you can book hassle-free through TUI.

In the buzzing resort of Kusadasi, TUI Blue Ephesus (a TUI Blue For Families property) offers plenty of entertainment and activities for young and old alike, so families can relax and have fun together.

Antalya

A key destination on the Turkish Riviera, the cosmopolitan city of Antalya is flanked along the coast by a string of white-sand beaches, secluded coves and popular resorts. The labyrinthine bazaars

are a delight to wander, while kids will love the Sandland festival of amazing sand sculptures, the huge aquarium and the rides of Aktur Lunapark.

To the west of Side, the beachfront TUI Magic Life Jacaranda resort takes all-inclusive to new levels, with huge pools including six different slides for the kids, clubs for children of all ages, and six speciality restaurants.

Dalaman

Looking for the perfect fly-and-flop destination? The Dalaman region fits the bill, with long stretches of idyllic golden sand tailor-made for lazy days spent basking on a sun lounger, and dramatic, cliff-backed bays only accessible by boat, where you can snorkel in crystal waters.

Check out the spectacular Blue Lagoon of Olu Deniz, wallow in mud baths and hot springs, and visit pristine sands where loggerhead turtles come ashore to nest. For a great base, try the TUI Blue Grand Azur in Marmaris, a TUI Blue for All property designed for those who want to enjoy authentic local experiences while staying in smart, contemporary surroundings.

Bodrum

Trendy Bodrum is a photogenic affair, complete with a pretty old town, medieval castle and glitzy marina, and the area around it is a favourite with visiting celebs.

Dotted along the corrugated coastline of the Bodrum peninsula are a series of small resorts offering lovely beaches, cool bars

You'll be treated to delicious traditional cuisine and Turkey's legendary hospitality

and clubs, and sophisticated restaurants and hotels. Among them is Rixos Premium Bodrum, a Platinum property set on a private beach, which manages to be both swish and family-friendly.

Turkish delight

Whichever stretch of seaside takes your fancy, you'll find there is plenty of opportunity to enjoy it thanks to the region's Mediterranean climate. Summer brings reliably blue skies and lashings of sunshine. Bliss.

At every turn you'll be treated to a rich mix of historical sites and contemporary attractions, along with Turkey's delicious traditional cuisine and the legendary hospitality of its people.

After the challenges of recent years, you and your loved ones have never deserved a holiday more. TUI is making it easier than ever to book and more affordable than you might expect, which is welcome news in these difficult times.

Plus, your family holiday has Atol protection so whatever happens you'll never end up out of pocket.

**Terms and conditions apply: please check website for details*

TUI Live Happy

Get next summer sorted now with TUI and give yourself a blissful 2023 escape to look forward to over the winter months. Find out more, and bag an early bird bargain, at tui.co.uk

the Sunday

● Money ● Pets ● Health
● Puzzles ● Deidre ● Travel

● Motors

3 MORE PAGES ►



● **FANS** of hit sitcom *Cheers* can follow in the footsteps of their favourite characters. North American travel specialist Bon Voyage has launched a package to Boston where you can visit the Bull & Finch pub that inspired the show, starring Shelley Long and Ted

Danson, below. Fans will visit the Beacon Hill district in Boston before travelling by train to New York and Washington DC where they can watch a Broadway show and see the US capital's



Smithsonian museum. The eight-night package costs from £1,595pp, including flights from Heathrow, Manchester and Glasgow, rail transfers and room-only accommodation. Call 0800 316 0194 or see bon-voyage.co.uk for details.



● **CRYSTAL** Palace Park will be sparkling with lights this Christmas for the second Lightopia festival. From November 17 until January 2, the festival will see the London palace decorated with interactive lanterns, colourful lasers and water shows over the lake. Families will also get to walk an illuminated trail featuring 3D light sculptures such as fire-breathing dragons and mythical creatures. Tickets from £19.50 per adult, £13 per child aged three to 15 and toddlers go free. See lightopiafestival.com.

hot spot

IT'S 30C in ST LUCIA – seven nights B&B at the 4★ Harbor Club, Curio Collection by Hilton, is from £946pp, including Gatwick flights on October 11. See tui.co.uk or call 020 3451 2688.

hot spot

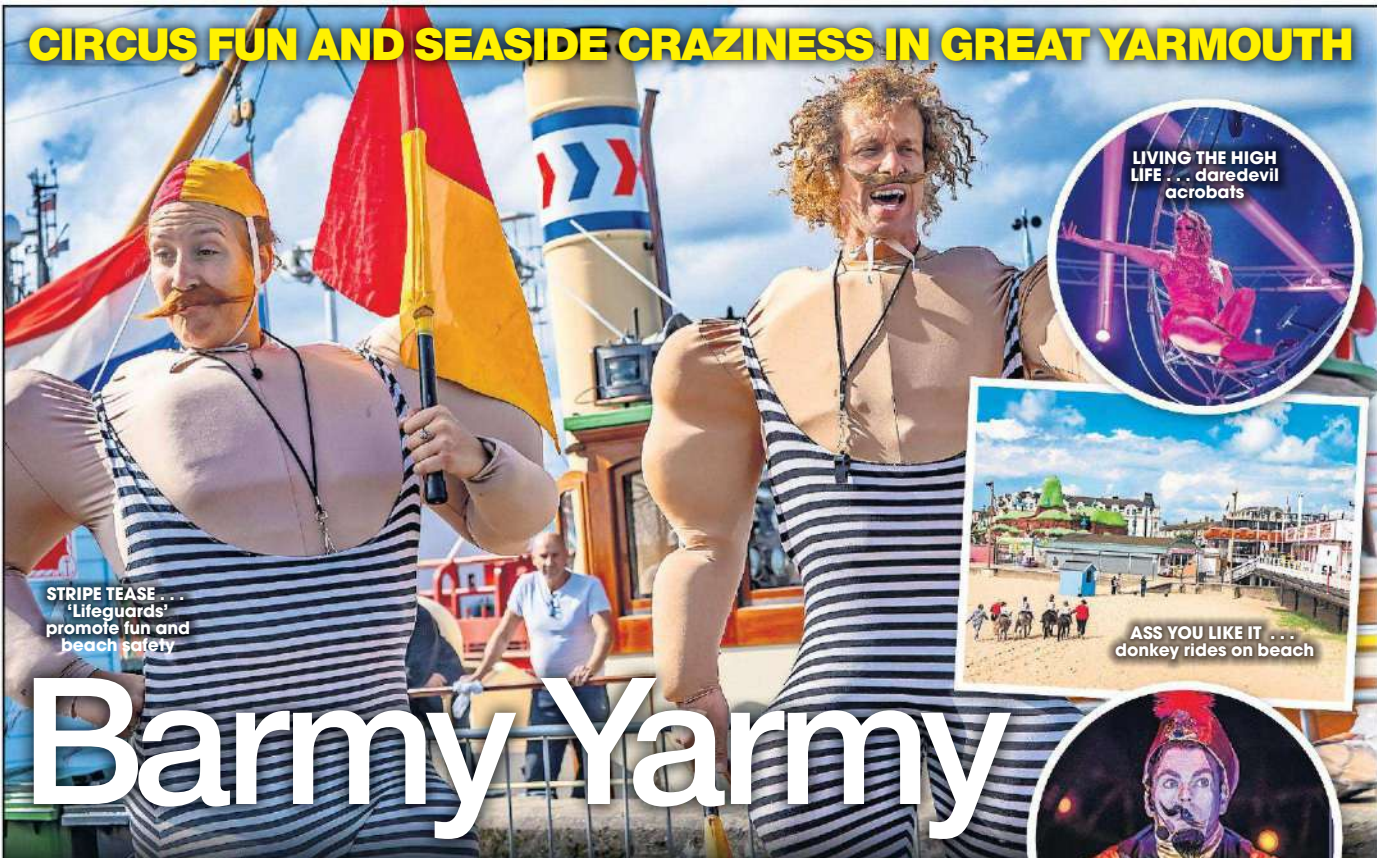
PORTUGAL is 27C – seven nights half-board at the 4★ Colina Da Lapa in Carvoeiro is from £473pp, including flights from Birmingham on October 5. See easyjet.com.



Edited by **LISA MINOT**

travel

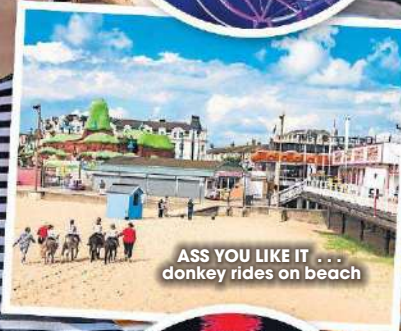
CIRCUS FUN AND SEASIDE CRAZINESS IN GREAT YARMOUTH



STRIPE TEASE... 'Lifeguards' promote fun and beach safety



LIVING THE HIGH LIFE... daredevil acrobats



ASS YOU LIKE IT... donkey rides on beach



RINGMASTER... gives the greatest show

Barmy Yarmy

I HAVE lost count of the number of times my two young daughters have watched *The Greatest Showman*.

Ever since its 2017 release, the film has played on repeat in our home and the girls are still singing the songs obsessively.

Now, as we stepped into Great Yarmouth's Hippodrome Circus, it felt like we were travelling back in time to watch the real thing.

Built in 1903, the Hippodrome is a historic gem – Britain's only surviving circus building, complete with a floor that sinks as it transforms into a pool.

While the Hollywood film may have ringmaster Hugh Jackman at the helm, we were treated to hilarious hosts Johnny Mac and Jack Jay, who had adults and kids alike in fits of giggles. Bring an umbrella if you're in the front row!

With start-to-finish laughs, the mesmerising highlight was an acrobatic troupe from South America, who entertained us with a death-defying springboard act, culminating in a blindfolded leap through a flaming hoop.

The exhilarating circus show is just part of what gives this resort

GO: GREAT YARMOUTH

STAYING THERE: A three-night self-catering break at Richardson's Holiday Park starts from £815 in October, based on a family of four sharing a Platinum Plus Lodge. See richardsonsholidayparks.co.uk.

OUT & ABOUT: Tickets for the Hippodrome Circus cost from £22 per adult and £13 per child, see hippodromecircus.co.uk.

MORE INFO: For further details see visitgreatyarmouth.co.uk.

town on Norfolk's coast its traditional beachy charm.

We were staying at Richardson's Holiday Park in nearby Hemsby – which is just as geared up for a day out as the main town itself.

The park's Quarterdeck venue has cabaret acts and there's a bowling alley, climbing wall and swimming pool on site, plus a fish and chip shop, Posh Plaiice.

Although if you're looking for a great value dinner, you may want to visit the main strip.

Cafe Ocean has an outside terrace and serves cracking steaks, pizza and kids' grub. And for a tea break

there's the award-winning Sara's Tea Rooms, which has been open since 1999 and serves hearty lunches and home-baked scones – make sure to try the coffee cake too.

It's worth using the hop-on, hop-off bus (£7 for the whole stretch and £4 for the seafront) if you're off out exploring.

But when we weren't lazing in the hot tub of our two-bed lodge, days were spent by Great Yarmouth Pleasure Beach, just a few minutes' walk away, where there's a strip of amusement arcades with ice-cream and fast food stands.

Stroking the starfish

My two girls Savannah, 11, and Scarlett, eight, couldn't wait to get on the rides, including the new thrill-seeking Pendulum, which has riders swinging side to side before doing a full loop.

But as adults were more drawn to the family friendly Lightning 360, where you can enjoy brilliant views of the sandy beaches for miles – or the log flume, which will leave you well and truly soaked.

Holidaymakers are never left waiting for any of the rides for too long either, as numbers are limited in each three-hour session – so make

sure to cram in as much fun as you can. Those who aren't adrenaline seekers should pay a visit to Sea Life, where you won't just get to see the fish, you'll be able to interact with them too.

We came face-to-face with sharks and jellyfish, dipped our hands in the tanks to stroke the starfish and giggled as a colony of penguins were fed before our eyes.

If you're willing to head a little further down the coast to Winterton-on-Sea, you'll get to experience sea creatures in their natural habitat.

We hadn't counted on the company of two nosy seals passing by after we'd taken a paddle, but they kept us entertained for a thrilling 30 minutes as we watched them flop about from a distance.

Although the circus certainly had its thrills and laughs, it was these grey seals that really put on the greatest show.

RYAN SABEY

A PISTE OF THE ACTION

SKIERS can soon dodge traffic delays and soaring flight costs this season with new deals from Pierre & Vacances.

Those visiting Meribel, La Plagne and Avoriaz will be able to ditch hectic changeover days and travel Sunday to Sunday, giving them access to "near-empty" pistes on their final day.

Pierre & Vacances's Cathy Rankin said: "We want guests to be able to enjoy a relaxed holiday experience from start to finish."

"By expanding our changeover options for some of our most popular resorts, more guests will be able to say au revoir to desperate Friday nights spent hurrying home to pack."

Anyone booking a term-time break before November 1 will also be able to nab 20 per cent off packages. That means seven nights' self-catering at the 3★ Residence Le Mont Soleil is from £549 in total, based on four people sharing a studio apartment with balcony, arriving on January 15. Call 0870 0267 145 or see pierreetvacances.co.uk.

TURKEY'S TOPS FOR LATE SUN

TRAVELLERS seeking September sun should head to Bodrum on the Western coast of Turkey.

Holiday site icelolly.com has released its top destinations to soak up the last of the summer sun with package deals for less than £400pp.

Families can bag a week's getaway at the 3★ Serpina Hotel in Bodrum from £317pp, including flights from London on October 4.

Or there is seven nights' self-catering at the 4★ Protur Bonaire Aparthotel in Majorca from £377pp, including flights from Birmingham on September 19.

Those after a lavish break can book a five-night B&B getaway at the 5★ Ryad Amiran in Marrakech from £315pp, including flights from London on October 3.

Anyone after a long-haul destination can nab a five-night stay at the 5★ Tryp by Wyndham in Dubai from £479pp, including flights from London on September 26. See icelolly.com.



CITIES AND SAILS HEAD WISH LIST

IT'S all about city breaks and cruises next year, according to a new trends study from The Advantage Travel Partnership.

The travel agent group has noticed a rise in bookings for city getaways and cruises, with consumers much more confident about booking an overseas trip now the pandemic is receding.

Krakow, Prague, above, and Reykjavik are the most popular cities for 2023, but there has also been a surge in winter bookings for Christmas markets in Europe.

All-inclusive holidays are on the rise, with people wanting to control spending during the cost-of-living

crisis. Turkey looks popular for all-inclusive breaks next year, with good value packages, and bookings to Spain and Greece appear to be on the rise, with the Canary Islands topping the winter leader board again.

The Advantage Travel Partnership's Kelly Cookes said: "We remain optimistic about the future. Travel has always been essential for millions of Brits, with spending on holidays prioritised over other household spending."

"While the cost-of-living crisis will remain high on everyone's agenda, consumer confidence for travel remains high."

TRTL PILLOW
from £39.99 with
15 per cent off
using code
SUMMER15,
uk.trtltravel.com

GETTING some shut-eye during a long-haul flight can sometimes be a challenge.

But the Trtl travel pillow has won rave reviews across the globe.

Unlike the traditional U-shaped travel pillows, this one is like a long strap or scarf. You wrap the hypoallergenic fleece

essential

support around your neck, Velcroing it in place and a hidden plastic internal structure supports your head when you need to nod off.

The ergonomic position means your head stays upright, so you won't wake up feeling neck or back pain.

And when you have dozed your way through the long flight, you can pack away the Trtl flat in your hand luggage, and even chuck it in the washing machine after your trip.



IBIZA: Seven nights' self-catering at the 3★ Luis Apartments in Santa Eulalia is from £419pp, including flights from East Midlands on October 24. See jet2holidays.com.

PEAK DISTRICT: Seven nights' self-catering at Parkfields Stable near Ashbourne is from £700, for selected dates in October. Accommodation sleeps four. See premiercottages.co.uk or call 07815 040 190.

CRETE: Seven nights' all-inclusive at the 4★ Harmony Rethymno Beach Hotel is

lates

from £380pp, including return flights from Gatwick on October 13. For more info, see thomascocook.com.

WALES: Seven nights' self-catering at Gorse Cottage in Cardigan Bay is from £595, for arrival on October 21. Accommodation sleeps three. For more info, see rarehideaways.co.uk or call 01570 470 785.

MENORCA: Seven nights' all-inclusive at the 4★ Hotel Sur Menorca in Punta Prima is from £362pp, including return flights from Manchester on October 5. See icelolly.com.

chain restaurants or hotels. See cookislands.travel.

FRED Olsen Cruise Lines is offering guests free door-to-door transfers or an all-inclusive drinks package on a selection of its 2023 itineraries, with sailings starting from £749pp.

Running until October 31, guests booking cruises of 16 nights or fewer can get the free drinks package – and for cruises of 17 nights or more, there's free door-to-door transfers within 200miles of the port. See fredolsencruises.com.

● **WANT** to sharpen your tennis skills? Then enjoy some coaching from Brit ace Emma Raducanu during a break in the Maldives.

The islands may be more famous for snorkelling and diving, but guests at the Amilla Maldives Resort and Residences this autumn will be able to learn and practice their forehands and backhands alongside last year's US Open winner, Emma.

From October 25 to

November 2, the teen sensation will be sharing pro tips and offering 60-minute shotmaking masterclasses.

There will also be a meet-and-greet for fans of Emma – whose stunning triumph in New York saw her become the first qualifier in the open era to win a major championship.

They will then be able to practise their newly-honed strokes on US Open-standard strokes courts.

Emma said: "I'm delighted to

discover the Maldives for the first time and would like to thank Amilla Maldives Resort and Residences for this opportunity.

"I will share my experience with the guests and have an amazing time."

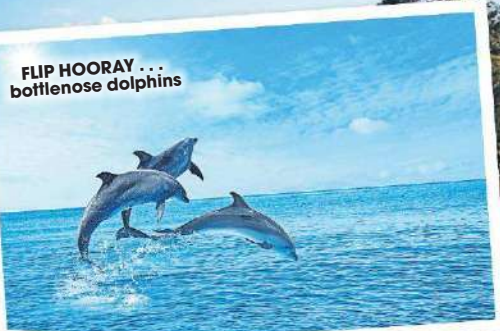
Seven nights' B&B at Amilla Maldives is from £5,695 per person, including flights departing between October 24 and November 24.

See azurecollection.com or call 01244 322 770.



NET GAIN . . . ace Emma Raducanu

AUSTRALIA'S BEAUTIFUL JERVIS BAY SO QUIET,



FLIP HOORAY . . .
bottlenose dolphins



SHORE NICE
... jetties on Jervis Bay, near Currambene Creek



LIGHTS FANTASTIC
... Sydney Harbour Bridge

CALLALA BEACH goes on for miles – the white sand so fine it squeaks as you stroll.

The water is gentle and inviting, caressing the shore and tempting even the most timid for a dip.

This beach in Australia's New South Wales is surely one of the most stunning in the world, let alone Oz.

But it has competition in its home of Jervis Bay National Park – where there are dozens of these white-sand delights.

Most feel amazingly uncrowded. The fun is picking a different one each day and seeing which you like best.

Jervis Bay is perhaps one of

Australia's best-kept secrets – a 115-mile drive south of Sydney, which takes a little under three hours.

Once there, you won't find any big resorts, just a cluster of small towns and villages.

Accommodation is usually in affordable holiday parks and rented apartments, and most visitors are Aussie.

The low-key vibe is a world away from the better-known holiday destinations Down Under such as the Gold Coast and Cairns.

The bay's main draw is delightful Huskisson Beach, where a few restaurants and cafes cluster around the beloved Husky Pub.

At the southern end of town children splash happily between the sandbars of Moona Moona Creek, while near the mouth of Currambene

Creek boat tours head out to see the local wildlife.

Jervis Bay is one of the best places on Earth for spotting wild bottlenose dolphins. This is because around 100 to 120 of them live permanently in these waters.

So it never takes too long to find where they're hanging out on any particular day.

The crew of our Dolphin Watch Cruises catamaran quickly spotted a couple of pods toward the northern end of the bay.

They travel fast, on the hunt for fish, but are quite content to play alongside the tour boats, too.

It's a comfort zone that has built up over decades. They know the boats bring no harm.

This relationship yields extraordinary results. Eager viewers on the deck of our

catamaran were treated to a magical show as 20 to 30 bottlenoses hung out nearby for more than an hour.

Their swimming is splendidly synchronised, as they rise out of the water together then glide gently back in.

It feels a privilege to see them in action.

Rainbow lorikeets

From around mid-May to November, the dolphins are joined by humpback whales.

The whales use the sheltered waters of Jervis Bay as a rest stop on their grand migrations to the northern breeding grounds, then back towards Antarctica.

If you come here during whale season, the dolphin-watching cruises become whale-watching trips, too.

If you want to see an



● **Puzzles** ● **Dear Deidre** ● **Travel**

news

CREWS of German airline Eurowings are ditching smart shoes for trainers on dress-down Fridays – dubbed Sneaker Flydays. They have been issued with pumps specially designed for the airline by sportswear brand Puma and bearing the Eurowings logo. The carrier, part of the Lufthansa Group, will

encourage all employees to wear the footwear on the first Friday of each month, in place of their usual, more traditional smart shoes. The move is to show appreciation for how employees contended with the pandemic. The next Sneaker Flyday will take place on October 7.

● **ANYONE** looking for a place to stay in London tomorrow, for the Queen's state funeral, may have to consider options outside the capital, or AirBnB rentals and hostels. Travel booking site HotelPlanner has seen a hike in hotel bookings over recent days, with reservations in London up 40 per cent as royal fans flock to the city. Rooms are being snapped up quickly and at a premium, with hotel occupancy approaching 95 per cent, which is 20 per cent higher than normal. HotelPlanner founder Tim Hentschel says: "We've seen a major spike in travellers booking trips to London. Visitors wanting to join the crowds should consider hotels in the Greater London area, such as in Windsor, Kent or Sussex."

THE ONLY VISITORS ARE HUMPBACKS

Enjoy New South Whales



PARADISE BEACH ...
white sands of Huskisson and, *inset*, humpback whale in Jervis Bay

abundance of smaller marine life, however, bring a snorkel. Blenheim Beach in Vincentia, the next town south of Huskisson, offers an abundance of fish darting around the rocks. The beach itself is yet another stunner. It is quite small and feels like it belongs on a remote desert island. Behind it is lush, green bushland, contrasting beautifully with the white sand and clear teal water. It is part of the White Sands Walk, which links several beaches in Jervis Bay. There's plenty of birdlife to spot along the way, including cheeky cockatoos and dazzling rainbow lorikeets. Get lucky, and you may also spot scuttling echidnas – spiny anteaters – or bounding kangaroos. It's a walk to tackle

slowly, also maybe stopping to swim at the likes of Greenfield Beach and Chinamans Beach along the way. The end point is Hyams Beach, perhaps the most famous spot on Jervis Bay. Here, the white sand stretches for a couple of miles along the coastline, and the water gets very gradually deeper. It's perfect for paddling. Kids are in their element, alternating between splashing in the tiny waves and building sandcastles. For the parents looking on, it's one of the greatest beaches they're ever likely to see in their lives. In Jervis Bay, where big developments are blocked and the marketing hype never seems to land, this sensational scene is just everyday life.

DAVID WHITLEY

GO: AUSTRALIA

GETTING THERE: Qatar Airways has flights to Sydney via Doha from Heathrow, Gatwick, Cardiff and Manchester. Return fares from around £1,050.
STAYING THERE: Colourful bungalows by the beach at the Huskisson Beach Resort cost from £57 per night. For more info, see huskissonbeachresort.com.au.

OUT & ABOUT: Dolphin tours with Dolphin Watch Cruises cost £20. See dolphinwatch.com.au.
MORE INFO: Check out Australia.com



WHO SCARES WINS AT ALTON FESTIVALS



FEAR the wurst – because Alton Towers' Oktoberfest has an eating challenge that's as scary as its rides. Each September an area of the 500-acre park transforms into a mini-Munich, with Lederhosen-clad hosts, live entertainment including an oompah band, and delicious food and drink, all with a German twist. And revellers can test their taste buds with a new sausage platter using three of the world's hottest chillies – the habanero, ghost and California reaper chillies. Guests who can't take the heat can cool off with new, locally-made salted caramel pretzel ice cream from Matlock Meadows. The Bavarian-themed transformation also includes a double-decker Alpine-themed pub, Wunder Bar, and two stages featuring live singers, including the incredible oompah band, Oomparty, who play pop songs on brass instruments to the delight of hundreds of revellers. The area feels more like a festival than a theme park.

Alpine Horn Man

There's also street theatre including Beer and Bubbles, Alpine Horn Man and the popular Barrel Monks, plus a new character, The Clockmaker, all of which are included in the price of a ticket. And Alton Towers has new midweek deals including the Parent and Toddler pass for just £25 (one adult and one child aged under five), while students can get discounted entry with Student Beans. Outside of this mini-Munich, the park's world-class rollercoasters remain as popular as ever. My daughter Lily, ten, hit all the scariest rides with her cousin Isabelle, 14. Their favourites were Nemesis, The Wicker Man and Th13rt3en. Thankfully my son Clark, seven, isn't a fan, though his stints on entry-level rides like Heave Ho and Blade mean I'm running out of time to admit to my kids that I'm terrified of rollercoasters. There's plenty of

family fun too, including Gangsta Granny: The Ride, which brings to life David Walliams' most popular children's novel about the daring gran's plot to steal the Crown Jewels. After a day walking five miles through all of Alton Towers' different areas, we were exhausted, but thankfully a two-minute drive up the road and a night's stay at Alton Towers' Hotel awaited (from £40pppn). I'd stayed once before, aged 14, and it was even more enjoyable watching the wonder of this incredibly well thought-out hotel through my kids' eyes. Everything about this place is centred around children. From small touches like giant chairs and colouring-in tables to evening entertainment, everything is just fun here. We stayed in a Moon Voyage room, which has an Xbox near the kids' bunkbeds and features a space adventure design throughout. For dinner, we ate in the on-site Secret Garden restaurant and were surprised by the high-quality selection on offer. Across the beautiful lake and gardens we could hear toddlers going crazy over the entertainment at CBeebies Land Hotel. Once Oktoberfest ends in October, Alton Towers Resort will celebrate 15 years of its award-winning Scarefest – this year with more creepy scares and thrills than ever. From the frantically funny to seriously spooky themed attractions, it will feature more live entertainment and a new scare maze for the bravest of souls. Until 9pm each day, daring guests can face head-spinning, hair-raising rides and attractions in darkness, including Wicker Man and the Alton Towers Dungeon. It seems for scaredy-cat parents like me, the wurst is yet to come at Alton Towers this autumn.

MARK HUDSON

● **Oktoberfest runs until October 2. Day passes from £36 if booked in advance. See altontowers.com/tickets-passes.**



WORKING WUNDERS ... revellers get into spirit of Oktoberfest at Bavarian-themed bar

● **SPAIN** will not be ditching Covid entry rules in the coming weeks, officials have announced.

The country has extended its restrictions until November 15, meaning unvaccinated holidaymakers over the age of 12 must still show either proof of a negative PCR or rapid flow test or a Covid recovery certificate to enter the country.

Vaccinated travellers who have not had a booster will not need to test, unless they received their second jab more than 270 days prior to arrival.



● **FANS** of the girls from Netflix reality shows *Selling Sunset*, *above*, and spin-off *Selling The OC* need not fly to California for a taste of seafront glamour.

Just check in at the ten-person Salt House in the Cornish town of St Ives, which shares similar features to the mansions featured on the Netflix series – including a terrace with panoramic views and a huge open-plan living area.

Seven nights' self-catering at this splendid property costs from £2,632, or £37.60pp per night, with Sykes Cottages.

Or, big groups on a budget can opt for the impressive 11-person Cliff-hanger house at St Leonards-on-Sea, East Sussex, which costs from £1,744, or £22.65pp per night, and has an outdoor hot tub and original Edwardian staircase.

Other Sykes properties inspired by the Netflix shows include *The Gulls*, in Devon, which sleeps ten, has a pool and is £2,599 for a week.

Or there's the eight-person Curlew House in Pembrokeshire, which has a multi-level garden and private pool. See sykescottages.co.uk.



ALL QUIET . . . Gingerbread House

WHAT NOT TO LAKEY LIKEY

● **FAMILIES** after a bargain half-term getaway can bag a four-person camping pod in the Lake District for just £75 a night.

Eco holiday park The Quiet Site still has plenty of availability for its glamping pitches overlooking Ullswater.

Families will be able to explore cycle and hiking trails, shop for essentials at the zero-waste shop and tuck into local grub at the on-site pub which has an open fire, games room and laundry facilities.

The glamping site is close to some of the UK's best historic attractions, including Lowther Castle & Gardens and Penrith Castle, as well as a lake with scenic boat trips.

You can book a six-person Gingerbread House from £140 a night, a six-person Glamping Burrow from £130 per night or a four-person camping pod from £75 a night.

Camping pitches cost from £40 per night, while a two-person glamping cabin costs from £140 per night. See thequietsite.co.uk.

NEXT YEAR'S BIG THING... VICTORIAN-STYLE HOLIDAYS

SUITS YOU ... beach life back in 1895



I bestow on you the Order of the Bathe

IT sounds like the perfect weekend away – hopping on the train to a buzzing seaside resort for a spot of wild swimming, promenade strolls and good food and drink.

And it's eerily like the holidays enjoyed by the Victorians – who hundreds of years before we'd champion the name had really invented the staycation, as an emerging middle class took to the newly-built railways and relaxed in seaside towns from Blackpool to Brighton.

This week the *luxury travel* magazine *Condé Nast Traveller* revealed its trends for British holidaymakers for 2023, and top of the list was the idea that we're all soon to be holidaying like the Victorians.

From the newly-revitalised seaside town of Margate with its once-grotty B&Bs transformed – including the Albion Rooms owned by indie rock band The Libertines – to the grand country house hotels championing farm-to-fork menus with fruit and veg grown in renovated Victorian walled gardens, there are plenty

of ways you can holiday like our ancestors this autumn. LISA MINOT suggests some nostalgic treats . . .

WIGHT WINE

QUEEN VICTORIA adored the Isle of Wight. Her annual holidays to Osborne House, a former royal retreat, transformed the island's fortunes as thousands of Victorians followed her lead.

For a very modern take on this traditional gem, check in to the gorgeous, newly-opened and intriguingly named Terrace Rooms and Wine, on the seafont in Ventnor.

The superbly-renovated guesthouse on the edge of Ventnor Cascades features six bedrooms – and a 300-bottle wine cave.

All rooms have sea views, a super-king Hypnos bed and lovely White Company bed linen.

Rooms start from £200 a night for B&B plus an evening of wine-tasting. For details, see theterraceventnor.co.uk.

Travel over from Portsmouth on Wightlink's new flagship hybrid ferry, Victoria of Wight, this autumn, with fares from £58 return for a day trip or £73 for a short break based on a car and up to seven passengers. See wightlink.co.uk for details.

STEAM DREAMS

THE Victorians embraced the golden age of steam trains and their romance and glamour still has us desperate to climb aboard to this day.

Steam Dreams offers days out and holidays to more than 33 destinations across the UK by vintage steam train. Prices start from just £69, with more than 50 nostalgic trips a year from 100 stations across Britain.

There's the chance to pack a picnic and settle into refurbished Premium Standard-class 1950s carriages with armchair seating – or go the whole hog and dine in sumptuous surroundings in Premier dining or Pullman-style dining carriages.

The company also offers longer holidays by steam train to Ireland and Scotland in 2023.

The eight-night, nine-day tour of Ireland is from £1,995pp including B&B hotel accommodation, train and optional excursions. See steamdreams.co.uk.

TAKING TO THE WATERS

BATH was a hugely popular destination for Victorians looking to escape the polluted industrial cities. The Hot Bath and Cross Bath pools were rebuilt by the

end of the 18th century and the Great Pump Room constructed.

Hotels were built to welcome holidaymakers and the Royal Crescent served as short-stay holiday homes for most of the 19th century.

A six-week stay to "take the waters" was heartily recommended by doctors.

Today you can follow suit with a dip in hot springs at the Thermae Bath Spa, a 21st-century version with a spectacular rooftop pool offering 360-degree views of the city. Stay at Pulteney House, an elegant Victorian villa with views of Bath Abbey.

There are ten bedrooms in the 4★ luxury B&B, with rooms from £95 per night. For details, see pulteneyhouse.co.uk.

BLACKPOOL ROCKS

THE arrival of the railways in 1846 transformed the small seaside town into a holiday resort for millions.

The 50-year period after its first pier was built in 1863 saw the construction of two further piers, Blackpool Tower, the Winter Gardens and the earliest surviving rides at Blackpool Pleasure Beach. While the rise in popularity of the overseas package holiday hit the town hard, recent developments have seen Blackpool show its stylish side once more.

The newly-opened 5★ Boulevard Hotel sits in the shadow of the Big One rollercoaster and even has its own exclusive entrance to Blackpool Pleasure Beach.

Diana Ross and Duran Duran both recently stayed here. Stylish rooms feature all mod cons from fast wifi to flatscreen TVs, while marble bathrooms have quality toiletries and even a TV screen at the end of the bath.

Rooms start from £115 per night. See boulevardhotel.co.uk.



SPA CITY ... historic Bath



CHU BEAUTY ... steam train

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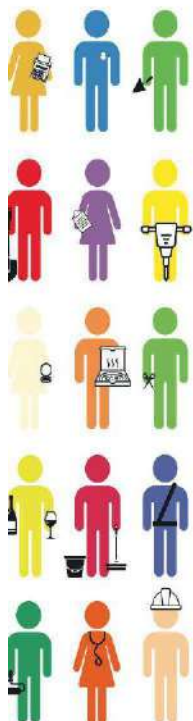
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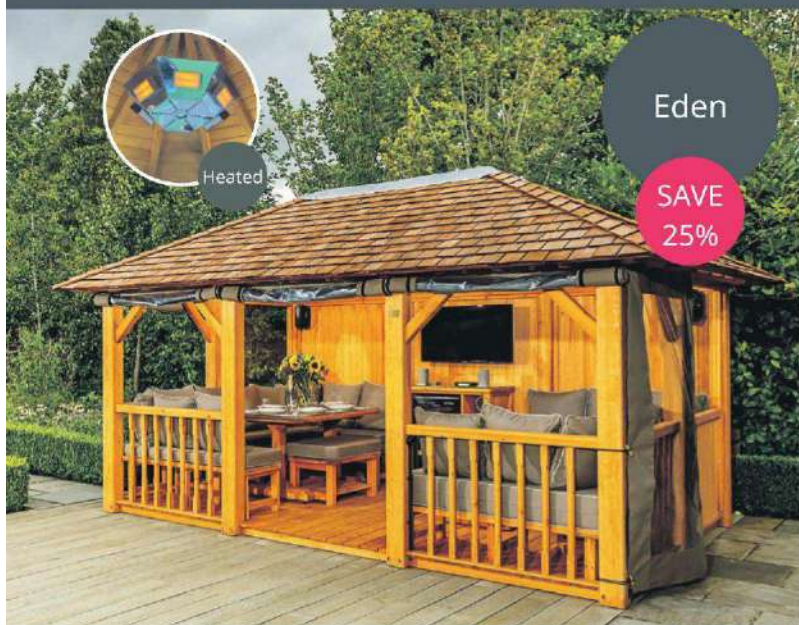
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RESPECT... Fed and Muzza

Murray's Fed hope

By COLIN DUNCAN

ANDY MURRAY would love a final chance to share a court with Roger Federer.

The Swiss legend, 41, will bow out from tennis at next weekend's Laver Cup at London's O₂ Arena.

But Murray is desperately hoping his pal is fit enough for a last hurrah.

He said: "I don't know how much he will be able to play."

"But maybe I will get the opportunity to share a court with him in doubles or something like that. That would be special."

"Roger was amazing. I was lucky to get to compete against him in some of the biggest matches on the biggest stages."

The Scot paid tribute to Federer in the wake of Britain's shock group-stage Davis Cup exit.

Murray and Joe Salisbury lost the deciding doubles matches against the USA and Netherlands.

● Brit KATIE SWAN, 23, retired from her maiden WTA semi-final at the Chennai Open due to illness after trailing 3-0 to Poland's Magda Linette.

Sport

POLAND ace Bartosz Zmarzlik has won his third speedway World Championship title.

Zmarzlik, 27, sealed the crown during victory in the penultimate Grand Prix series event in Sweden.

SHORT

Kent end long wait

By JOHN ETHERIDGE

KENT collected a one-day cup for the first time since 1978 — despite giving away five free runs in a bizarre moment.

Joe Denly's side beat Lancashire by 21 runs in the Royal London Cup final at Trent Bridge.

But they made their task more tricky when Harry Finch picked up a glove discarded by wicket-keeper Ollie Robinson and caught a throw, incurring five penalty runs.

It was the perfect send-off for Kent veteran Darren Stevens (above), upset at not being given a new deal at 46, although he was not on the field at the end because of injury.

Joe Evison (97) and Denly (78) were the big contributors with the bat for Kent and Evison also took two wickets.

Denly said: "Stevie is a hero at Canterbury and, if this is his last game, he'll be delighted at lifting a trophy."



GOLF ITALIAN OPEN

FITZFIGHT

Matt & Rory's final-day slugfest

By DAVID FACEY

RORY McILROY and Matt Fitzpatrick traded Italian Open places again to set up a thrilling shootout at the 2023 Ryder Cup venue.

It seems fitting that the two main gladiators in Rome are the Europeans with most to celebrate in 2022.

Fitzpatrick (right) landed his first Major title at the US Open, while McIlroy hit the jackpot by claiming his third FedEx Cup triumph.

They have dominated the leaderboard at the Marco Simone club, where they will both be key figures in Luke Donald's team next year.

And McIlroy will be hoping there is one last twist to come. He took over from first-round pacesetter Fitzpatrick to claim the halfway lead. But a

scrappy 71 meant McIlroy now finds himself a shot

behind his rival, who ground out a two-under-par 69.

It is anything but a two-man race. Aaron Rai ensured there will be two Englishmen in today's final three-ball with a bogey-free 65 to join McIlroy on nine under.

There are three men on eight under, two more a further shot back, while Tyrrell Hatton will believe he has a shot at winning a second Italian Open title on six under.

McIlroy said his final hole birdie to make it into the final group was crucial. He explained: "Before that, every time I made a birdie I followed it with a bogey, so it was good to get into the clubhouse on a positive note."

"Thankfully, I'm still in it. Still only one shot back. That was a big putt to make on 18, so I can keep an eye on Fitz."

Fitzpatrick believes a second

victory of the year would cement his position as one of Europe's key golfers.

He said: "It would mean the world. I love coming to play the Italian Open."

"The fans are fantastic and to win on this course a year before we get to play the Ryder Cup here would be a great feeling."

"I'm playing well enough to do it. When the wind really picked up I felt I could just hang on and avoid bogeys. I would put myself in good position."

Despite those who refused to join LIV enjoying a purple patch, Phil Mickelson predicts the rebel tour will go from strength to strength.

Mickelson, competing in the fifth LIV event in Chicago, said: "The PGA Tour, for the last 20-30 years, has had all the best players in the world."

"That will never be the case again. LIV provides a really cool, updated feel."



MAKING A SPLASH... McIlroy gets out of bunker on seventh

JOE OUT TO REST JAW

By WALLY DOWNES Jr

JOE JOYCE hopes to give his iron jaw a well-deserved night off against Joseph Parker.

The 36-year-old Putney heavyweight has the most apt nickname in boxing but The Juggernaut wants to be seen as much more than an unstoppable force or immovable object.

The WBO's No 1 contender waited patiently for his shot at Oleksandr Usyk's titles with a couple of keep-warm fights against Christian Hammer and Carlos Takam.

But the notoriously slow starter gave his fans a fright in both TKO wins.

And the painting puncher plans to show off his boxing artistry against Parker on Saturday. The fine-art

graduate said: "I'd like to stop relying on my chin, if I'm honest."

"I would prefer to move out of the way of punches or block or slip them and counter."

"I am always trying to improve my skills and bio-mechanics and that's one thing I love about boxing,

you can always improve. I'm sure Parker and his team see a way of hurting me but we'll see."

Joyce (right) was supposed to lose the November 2020 clash with Daniel Dubois but bludgeoned the prospect into surrender after the build-up turned spiteful.

This time around the rivalry is far more mellow — for now.

Joyce said: "We are quite similar in a lot of ways. He's friendly."

"It's refreshing to be involved in a lead-up with an opponent like that. But I am sure he will get a lot more serious when the bell goes because I know I will."



Muir still aiming for new heights

By ROB MAUL

LAURA MUIR jets to Iceland today to tackle a volcano and glacier.

The Scot will use time in the cold to reflect on the hottest streak of her career — climbing three athletics mountains in one summer.

Muir said: "I'm done now for the season — but I have a volcano hike and a glacier hike. I'm not going to be sitting around, I like to keep active on my hols."

The 29-year-old did not reach her peak at the World Athletics Championships, taking 1500 metres bronze in Eugene, yet did make the summit at two others.

Within the space of just five weeks, the trained vet became both the Commonwealth and European 1500m champion.

And the road to the Paris 2024 Olympics will begin once she is back from her rather adventurous trips.

Muir (right) said: "I feel I am getting fitter and better with each passing year."



SPORTS ROUND-UP: RESULTS & FIXTURES

CRICKET

ROYAL LONDON ONE-DAY CUP FINAL

Kent v Lancashire

Trent Bridge: Kent 306-6 (50.0 overs); J D M Evison 97, J L Denly 78; Lancashire 285 (48.4 overs); S J Croft 72, K K Jennings 72. Kent beat Lancashire by 21 runs.

GOLF

ITALIAN OPEN (Rome): 3rd rnd (GB & Irl unless stated, Par 71) • 2023 M Fitzpatrick

65 69 69, 204 R McIlroy 67 69 71, A Rai 69 70 65, 205 V Perez (Fra) 70 66 69, L Herbert (Aus) 70 67 68, K Kitayama (USA) 71 67 67, 206 R MacIntyre 70 69 67, O Bekker (RSA) 68 70 68, 207 T Hutton 72 65 70, 208 M Kottanen (Fin) 73 67 68, J Smith 69 68 71, T Lewis 70 65 73, 209 F Molinari (Ita) 73 68 68, J Campillo (Spa) 70 71 68, A Rozner (Fra) 67 71 71, 210 T Olesen (Den) 72 70 68, T Bjorn (Den) 66 76 68, T Pulkkanen (Fin) 69 69 72, E Pepperell 67 73 70, J Kennegard (Swe) 74 68 68.

LACOSTE LADIES OPEN DE FRANCE, (Deauville): Final rnd (GB & Irl unless stated) • 199 I Lakilech (Mor) 65 66 68

(won on extra play-off hole), M MacLaren 65 67 67, 202 D Dager (Ind) 72 64 64, 203 A Meyssonnier (Fra) 67 70 65, 204 C Hedwall (Swe) 68 69 67, 205 C Wolf (Aut) 71 68 66, C Boutier (Fra) 67 67 71, 206 L Hamm (Ger) 67 71 68, K Spilkova (Cze) 67 69 70, 208 M Skarphord (Nor) 72 66 70, M Simmermacher (Arg) 68 68 72, K Henry 68 71 69.

ICE HOCKEY

PREMIER SPORTS CHALLENGE CUP:

Op A - Belfast Giants 2 File Flyers 1 (OT); Glasgow Clan 1 Dundee Stars 3. Op B - Cardiff Devils 1 Guildford Flames 3. Op C - Sheffield Steelers 5 Manchester Storm 2. ELITE LEAGUE - Nottingham Panthers 1 Coventry Blaze 6.

RUGBY LEAGUE

BETFRED SUPER LEAGUE SEMI-FINAL

ST HELENS (13) 19 Salford (6) 12. St Helens - Tries: Batchelor (2), Bennison. Goals: Makinson (3). Drop Goals: Lomax. Salford - Tries: Watkins, Brierley. Goals: Sneyd (2).

BETFRED LEAGUE 1 PLAY-OFF -

North Wales 20 Crusaders v Rochdale 36.

RUGBY UNION

GALLAGHER PREMIERSHIP

BATH (6) 20 Sale (17) 37.

Bath - Tries: Cokanasiga, de Glanville. Goals: Francis (2). Pens: Francis (2). Sale - Tries: O'Flaherty, van der Merwe, T. Curry, Ross. Cons: R. Du Preez (4). Pens: R. Du Preez (3).

HARLEQUINS (24) 27 SARACENS (12) 30

Harlequins - Tries: Murley (2), Marchant. Cons: Allan (3). Pens: Allan (2). Saracens - Tries: Daly, Malone (2), Tompkins. Cons: Farrell (2). Pens: Farrell, Daly.

LEICESTER (26) 36 NEWCASTLE (14) 21

Leicester - Tries: Cronin, Nadolo (2), Ashton, Cracknell. Cons: Gopperth (4). Pens: Gopperth. Newcastle - Tries: Barton, McGuigan, Carreras. Cons: B. Common (3).

NORTHPTON (10) 38 LON IRISH (0) 22

Northpton - Tries: Augustus, O. Sleightmore, Mitchell, Furbank. Cons: J. Grayson (2), Furbank. Pens: J. Grayson (2), Furbank (2). Lon Irish - Tries: Joseph, Penally, Hassell-Collins. Cons: Englefield, Pens: Jackson.

WASPS (5) 8 BRISTOL (10) 23

Wasps - Tries: Cruise, Pens: Atkinson. Bristol - Tries: Sheedy, Bradbury. Cons: Sheedy (2). Pens: Sheedy (2). Drop Goals: Sheedy.

P W D L B F A Pts

| | | | | | | | | |
|------------|---|---|---|---|---|----|----|----|
| Sale | 2 | 2 | 0 | 0 | 2 | 66 | 42 | 10 |
| Bristol | 2 | 2 | 0 | 0 | 1 | 54 | 37 | 9 |
| Leicester | 2 | 1 | 0 | 0 | 2 | 56 | 45 | 6 |
| Northpton | 2 | 1 | 0 | 1 | 0 | 60 | 51 | 6 |
| Harlequins | 2 | 0 | 1 | 0 | 2 | 67 | 61 | 6 |
| Lon Irish | 2 | 1 | 0 | 1 | 1 | 67 | 52 | 5 |
| Gloucester | 1 | 1 | 0 | 0 | 1 | 27 | 21 | 5 |
| Saracens | 1 | 1 | 0 | 0 | 1 | 30 | 27 | 5 |
| Exeter | 1 | 1 | 0 | 0 | 0 | 24 | 20 | 4 |
| Bath | 2 | 0 | 0 | 2 | 1 | 48 | 68 | 1 |
| Worcester | 1 | 0 | 0 | 1 | 2 | 29 | 50 | 1 |
| Newcastle | 2 | 0 | 0 | 2 | 1 | 52 | 76 | 1 |
| Worcester | 1 | 0 | 0 | 1 | 0 | 14 | 45 | 0 |

RFU CHAMPIONSHIP -

Amphill 17 Ealing 32, Bedford 49 London Scots 36, Hartpury 16 Doncaster 34, Jersey Reds 40 Coventry 14, Richmond 32 Caldy 34.

RUGBY CHAMPIONSHIP

ARGENTINA (6) 20 S AFRICA (22) 36

Argentina - Tries: Moroni. Cons: Boffelli. Pens: Boffelli (2). South Africa - Tries: Hendrikse, Mxay (2), de Allende. Cons: Willemse, F. Stern (2). Pens: Willemse.

P W D L B F A Pts

| | | | | | | | |
|-----------|---|---|---|---|-----|-----|----|
| N Zealand | 5 | 3 | 0 | 2 | 155 | 114 | 14 |
| S Africa | 5 | 3 | 0 | 2 | 126 | 98 | 14 |
| Australia | 5 | 2 | 0 | 3 | 128 | 154 | 10 |
| Argentina | 5 | 2 | 0 | 3 | 122 | 165 | 9 |

UNITED RUGBY CHAMPIONSHIP

LIONS (8) 15 BLUE BULLS (15) 31

Scarlets (6) 23 Ospreys (13) 23

Zebre (10) 29 Leinster (28) 33

Cardiff R (12) 20 Munster (6) 13

Edinburgh (15) 44 Dragons (6) 6

Ulster (14) 36 Connacht (3) 10

NATIONAL LEAGUE - One: Cambridge

39 Taunton 14, Dartington 24 Bishop's St 25, Leeds Tykes 12 Cinderford 24, Plymouth A 24 Sale FC 27, Rams 59 Hull 26.

Two, North: Fylde 74 Harrogate 5, Huddersfield 17 Chester 23, Rotherham Titans 50 Blythorn 3, Sedgley Park 50 Preston G 8, Sheffield 20 Oley 18, Tyndale 41 Sheffield Tigers 34, Wharfedale 13 Hull Ionians 20.

East - Barnes 25 Dorking 26, Blackheath 64 Rochford Hundred 5, Henley 28 Guernsey 24, N Walsham 14 Old Albanians 31, Tonbridge 36 Bury St Edmunds 17, Westcliff 14 Canterbury 34, Worthing 32 Sevenoaks 27.

West - Barnstaple 17 Hinkley 45, Bournemouth 3 Luctonians 18, Clifton 59 Stourbridge 19, Leicester Lions 48 Newport (Salop) 19, Loughborough Students 17 Exeter University 37, Old Redcliffians 29 Dings Crusaders 32, Redruth 41 Hornets 31.

SCOTTISH SUPER 6 - Stirling C 20 Ayrshire 64, Watsonians 31 Boroughmuir 10.

TENNIS'S PREMIERSHIP - Edinburgh A 12 Hawick 13, GHA 12 Marr 33, Heriot's Rugby Club 12 Currie 50, Jed-Forest 29 Glasgow H 31, Musselburgh 8 Selkirk 29.

SPEEDWAY

CHAMPIONSHIP PLAY-OFF QTR-FINAL

2ND LEG - Redcar 49 Edinburgh 41 (Edinburgh Win 95-85 On Aggregate).

CHAMPIONSHIP KO CUP SEMI-FINAL

1ST LEG - Leicester 46 - Richie Worrall 12 Poole 44 - Danny King 12 ends.

TENNIS

DAVIS CUP FINALS GROUP STAGE:

Op A - Croatia bt Serbia 3-0. Op B - Serbia bt Canada 2-1. Op C - France bt Belgium 2-1. Op D - Holland bt USA 2-1.

WTA CHENNAI OPEN (India): Semi-finals - (3) M Linette (Pol) bt K Swan (GB) 3-0 ret; L Fruhvirtova (Cze) bt N Podoroska (Arg) 5-7 6-2 6-4.

WTA SLOVENIA OPEN (Portoroz): Semi-finals - K Sinikova (Cze) bt A Friedsam (Ger) 6-1 7-5; (3) E Rybakina (Kaz) bt A Bogdan (Rom) 6-1 6-1.

TODAY'S SPORT

CRICKET

First One Day International: England Women v India Women (Hove, 11am).

GOLF

Italian Open (Rome).

Fortinet Championship (Napa).

LPGA Amazingrace Portland Classic (Portland, Oregon).

ICE HOCKEY

Premier Sports Challenge Cup

Group A: File v Belfast (6.0). Group B: Coventry v Cardiff (5.30). Elite League: Dundee v Sheffield (5.0), Guildford v Glasgow (6.0).

RUGBY LEAGUE

Betfred Championship Play-offs

(5.30): Barrow v Batley (3.0), Halifax v York.

Betfred League 1 Play-offs (3.0): Swinton v Doncaster.

Women's Super League Group 1

Grand Final (3.30): York City Knights Ladies v Leeds Rhinos.

RUGBY UNION

Gallagher Premiership (3.0):

Worcester v Exeter. RFU Championship (3.0): Nottingham v Cornish Pirates.

SPEEDWAY

British Final Championship (Belle

Vue, 3.0).

DANNY TUDHOPE

It's Summer lovin' for Tudhope

DANNY TUDHOPE was walking on Ayr after striking Gold with red-hot Summerhand.

Tudhope, born just 11 miles down the road from the track in nearby Irvine, became the **FIRST** Scottish jockey to win the Ayr Gold Cup in 50 years. And, as he kissed the famous trophy, he admitted: "I've

been lucky to win some big races but this one means as much.

"I'm a local lad and this is the big one up here so it's just great."

My family come to the place all the time to watch me racing and this is my track, really. I know every blade of grass out there!

"Believe you me, I've tried so hard to win this race down the years and it's one of the toughest."

"I'm just glad I've finally done it now. I had gone

close a few times so to finally win it just means everything."

Richard Hutchinson, who rode Swinging Junior to victory in 1972, was the last Scot to win the six-furlong sprint first run in 1804.

And it looked the hoodoo would continue when Durham-born Connor Beasley burst clear at the furlong pole on brave Stewards' Cup hero Commanche Falls.

However Tudhope came late and fast with a double handful on 12-1 shot Summerhand to power home.

Tudhope said: "He's an absolute star and is as good as ever."

"He won a big handicap at

York's Ebor Festival for me a few weeks ago and now he's won this."

"I had a feeling he'd run a big race and it panned out nicely."

"He needs a bit of luck in running, but that's the way he likes to be ridden. Once you get it right, he'll deliver the goods."

The eight-year-old had failed to get it right in three previous Ayr Gold Cup attempts but David O'Meara has his stable stalwart in the form of his life.

North Yorkshire-based O'Meara was winning the race for the first time and said: "He's been with me a long time. He's an old legend."

"He's won 15 times including a Group 3 and a Listed race so he's won plenty. He loves the game. It was a great ride by Danny."

HOPE 'N GLORY... Danny Tudhope and Summerhand (far) finish fast to deny Commanche Falls (near)

PIMPTON

- 1.50 SASH WINDOW EXPERTS MAIDEN HURDLE (Class 4); value to the winner £4,357; 2m 2f. (5 runners)**
- 45/ **INDIGO LAKE F38** (P) R Newland 5-11-4. Charlie Hammond 92
 - 2354-64 **MORRIDE 26** (H) M Harris 6-11-4. Mitchell Bastyan 87
 - 22-4674 **THUNDER FLASH F32** (Williams 5-1-4. Charlie Todd
 - 422 **LUSAKA 31** O Murphy 4-11-2. Sean Bowen 99
 - 5 **P3255- SEIGNEUR DES AS 224** M Harris 4-11-2. Harry Reed 98
- BETTING:** 15-8 Seigneur Des As, 9-4 Lusaka, 9-2 Indigo Lake, 6 Thunder Flash
- WHERE FAVOURITES FINISHED:** 3
- 2.20 ANDREW JACKSON MEMORIAL NOVICES' HANDICAP CHASE (5); winner £4,248; 2m 4f. (6 runners)**
- 44-624 **HERONORD 13** E Williams 5-12-0. Lewis Gordon (7) 99
 - 39-393 **RIGHT DESTINATION 34** F O'Brien 8-11-1. Mr Tom Broughton (7) 91
 - 22-4674 **EASKEY LAD 32** (T) R Curtis 7-11-1. Ben Jones 97
 - P2-6146 **ARBENNING 17** (B, T) J Snowden 6-10-13. Page Fuller 95
 - 45-175 **AGENT SAONIOS 26** (T) N Mulholland 6-10-4. Harry Reed 90
 - 153-165 **SPECIAL BUDDY 27** (P, T) S Pauling 8-10-4. Kieran Woods 93
- BETTING:** 3 Heronord, 4 Easkey Lad, 5 Special Buddy, Arbenning, 6 Right Destination
- WHERE FAVOURITES FINISHED:** 1 2 3 1 3
- 2021: Pirate Sam 6-10-9 Mitchell Bastyan 9-4 (D Bridgewater), 6 ran.

Sunracing FORM

- HERONORD** (10-7) 9-4 led, soon clear with winner, ridden and headed 2 out, kept on same pace, btm 12l by Saulois (11-7) (Newtwin) Abbot 2/1m nov hdp (10-2) (53,591 good).
- RIGHT DESTINATION** (10-4) 16-1 in rear, outpaced 3 out, rallied last, went 3rd flat, 3rd of 9 (btt 10l) to White Turf (10-2) (Bangor 2m 11 nov hcp ch (5) £2,594 good).
- EASKEY LAD** (10-12) 8-1 held up, pushed along 4 out, progressed 4th, not before 3 out, kept on, 4th of 11 (8l) to Anghinlambour (10-1) (Worcester 2/1m hcp ch (5) £3,513 good).
- ARBENNING** (11-2) 15-2 mid-division, not
- fluent and reminder 2nd, ridden 3rd, weakened 3 out, 6th of 9 (btt 27l) to Getaway Jewel (11-1) (Market Rasen 2m 11 nov hcp ch (5) £3,540 good).**
- HERONORD** (11-8) 7-1 led, headed 2 out, kept on one paced after, 4th of 8 (btt 5l) to Vin Rouge (9-9) **AGENT SAONIOS** (10-5) 13-2 mid-field, headway 3 out, no impression and held last, 5th (5/3) (8 ran) (Fontwell 2/1m hcp ch (5) £3,730 good).
- SPECIAL BUDDY** (9-9) 9-2 led, 4th, not before 3 out, kept on, 4th of 11 (8l) to Blaise A Trail (10-5) (Stratford 2m 3f hcp ch (4) £4,357 good).
- 10-1 PANDORA WEDDING WED JUVENILE HURDLE (4); 3-y-o; winner £4,575; 2m 2f. (7 runners)**
- 31 **MR FREEDOM 14** (D) S West 11-7. Marc Goldstein 99
 - 20106 **BOATOLEADER 21** D Pipe 11-0. Tom Scudamore 98
 - 4 **EXECUTIVE POOL 14** (B, F) G Moore 11-0. Niall Houlihan (3) 94
 - 1 **HAVE A VOICE F37** (T) N Hawke 11-0. David Noonan 95
 - 4 **MAJOR GATSBY F34** W Turner 11-0. Harry Kimlin (5)
 - 34 **STARSPANGLEDAMA F10** G Moore 11-0. Jamie Quinn 89
 - 34 **BIDICA WARRIOR 31** (B, A) M Murphy 10-7. Jack Quinlan 89
- BETTING:** 2 Mr Freedom, 7-2 Boatoleader, 5 Executive Pool, 6 Have A Voice
- WHERE FAVOURITES FINISHED:** 3-7 6 4 PU
- 2021: Impulsive One 10-12 James Bowen 11-4 (N Henderson), 11 ran.

- 3.20 FRIENDS & FAMILY REMEMBERING NORMAN SHARPE HANDICAP HURDLE (3); £8,169; 2m. (7 runners)**
- 1151-04 **SEE THE SEA F31** (T, D) D McCain 8-12-0. Peter Kavanagh (5) 93
 - 3057-1 **THIBALT 17** (C, D) A West 9-11-3. Ben Ferriand (9) 98
 - PP15P **RUNNIZED F10** (B, T) C Poulton 7-11-0. Charlie Price (3) 70
 - 2192-32 **JUST THE MAN F17** (D) J O'Sullivan 6-11-8. Kevin Brogan 95
 - 11652 **GLIMPSE OF GOLD 14** (T, D) S Humphry 11-16. Jay Tidball (7) 90
 - 613575 **RAY'S THE ONE F1** M Patterson 5-0-7. Marc Goldstein 89
 - 222-421 **SEERGEANT 15** (D) M Harris 5-0-2. Paddy Brennan 99
- BETTING:** 2 Seergeant, 4 Thibalt, 5 Just The Man, 6 See The Sea, 10 Glimpse Of Gold, 16 Ray's The One, 20 Runnized
- WHERE FAVOURITES FINISHED:** 1 6 2 1 1-2
- 2021: Glory And Fortune 6-11-2 Stan Sheppard 5-2 JifFav (T Lacey), 6 ran.

Sunracing FORM

- SEE THE SEA** (11-9) 17-2 led, strongly pressed last, won headed, beaten 4th of 6 (5l) to Finest View (11-1) (Cartmel 2m 11 hcp hdp (3) £10,838 good).
- THIBALT** (11-11) 3-1 in touch, held 3 out, 3 out, led 2 out, ran on well flat, 2/1m Warranty (10-12) 7-1 (6 ran) (Plumpton 2/1m hcp ch (5) £3,332 good).
- RUNNIZED** pulled up latest, (11-0) 9-4 handy, keen, pushed along 3 out, bad mistake 2 out, weakened, last of 5 (44l) to Eniskerry (11-3) (Roscommon 2/1m nov hdp £10,199 good).
- JUST THE MAN** (12-0) 1-4 held up, mistake 2 out, no impression, btm 2l by Finest View (11-2) (5 ran) (Ludlow 2m hcp hdp (3) £3,332 good).
- GLIMPSE OF GOLD** (11-5) 18-1 always prominent, pushed along 2 out, hung left last, kept on, btm 7l by Midnight Legacy (12-0) (6 ran) (Fontwell 2/1m hcp hdp (3) £12,252 good).
- RAY'S THE ONE** (11-0) 22-1 held up in last pair, hampered by faller 4 out, hit 3 out, soon beaten, 5th of 6 (btt 37l) to Bourball (5) (Plumpton 2/1m hcp hdp (3) £3,332 good to soft).
- SEERGEANT** (11-9) 6-4 fav held up, raced keenly, headway 2 out, led last, just did enough, but Lucky Lover Boy (11-4) 1/4 (9 ran) (Stratford 2m hcp hdp (4) £4,302 good).

TEMPLEGATE'S BEST BETS

- ★ I'VE got a Clan-tastic bet today. **CLAN JOCK** (4.00 Hamilton, nap) is a model of consistency and was beaten just a neck here last time when finishing strongly. He has another quarter of a mile to hit top gear here.
- ★ **LUSAKA** (1.50 Plumpton, nb) went down in a head-bobber at Fontwell last time when an iffy final-flight jump proved costly. She will have learned from that and has more to offer.
- ★ **GIFTED RULER** (2.30 Hamilton, treble) did well enough from a shocking draw at tricky Chester last time and takes a big drop in class here.

GOING: GOOD TO SOFT

- TEMPLEGATE TOM PEPPER**
- 1.50 Lusaka (nb)**
- 2.20 Special Buddy**
- 2.50 Mr Freedom**
- 3.20 Thibault**
- 3.50 Only Money**
- 4.20 Cadeau D'Or**
- 4.50 Invictus De Brion**
- 1.50 Seigneur Des As**
- 2.20 Heronord**
- 2.50 Born to be a leader**
- 3.20 Thibault**
- 3.50 Barest Of Margins**
- 4.20 Boomtime Banker**
- 4.50 Invictus De Brion**

■ TIC-TAC: L-H oval of 11m1 round with seven fences per circuit and a run-in of 200yds.

■ TOP TRAINERS (2017-2022): G L Moore 52-353, C Gordon 46-213, N Mulholland 12-103, S West 11-195. ■ TOP JOCKEYS (2017-2022): T Cannon 44-203, Jamie Moore 28-224, M Goldstein 11-150, N F Houlihan 11-102. ■ LONGEST TRAVELLER: Heronord (220) trained at Luncarlan. Round trip of 560 miles. ■ WINSTON: 5.2m won 2.50 in 2018 & 2019. G L Moore won 2.50 in 2018 & 2019. ■ FIRST RUN SINCE WIND OP: Arbenning (20-2), Say Nothing (2-0). ■ LIVE ON SKY SPORTS RACING

- 3.50 STRONG FLAVOURS CATERING HANDICAP CHASE (4); value to the winner £5,228; 2m 1f. (5 runners)**
- 144312 **COAL STOCK 13** (B, F) S Hodge 7-12-0. Doubtful 98
 - 38P35 **FAIRWAY FREDDY 153** (D) N Gifford 9-11-1. James Davies 95
 - 74215 **ONLY MONEY 233** (B, F) C Gordon 8-11-6. Tom Cannon 99
 - 433-2F2 **BAREST OF MARGINS 34** M Channon 6-10-10. Conor O'Farrell 97
 - 45U134 **TRUMPS BENEFIT 27** (P, T, D) R Potter 9-10-2. Caolin Quinn (7) 91
- BETTING:** 7-4 Barest Of Margins, 2 Only Money, 4 Trumps Benefit, 5 Fairway Freddy
- 2021: Away For Slates 11-11-2 Mitchell Bastyan 15-2 (M Harris), 5 ran.

Sunracing FORM

- FAIRWAY FREDDY** (11-5) 11-2 every chance, pushed along, tailed off, last of 5 to Light N Strike (11-1) (Plumpton 2m 1f hcp ch (3) £3,496 good).
- ONLY MONEY** (11-9) 15-8 fav held up, ridden, every chance when mistle 2 out, held, 3rd of 6 (btt 11l) to Raffles Gitanne (10-6) (Huntingdon 2m nov hcp ch (4) £4,346 good to soft).
- 4.20 OAKLEAF PROPERTY GROUP HANDICAP HURDLE (5); winner £4,084; 2m 4f 114yds. (13 runners)**
- 3-473 **CADEAU D'OR 29** (T) D Pipe 5-12-0. Tom Scudamore 98
 - 30398 **CHERRY COLA F10** S West 6-11-12. Marc Goldstein 87
 - 9-4641 **DANTE'S VIEW 369** G Baker 5-11-1. Tom Cannon 99
 - 493-470 **PAWPAW 51** (T, B, F) S Pauling 5-1-5. Tom Brien 90
 - 5016-46 **COILANT NEMAD 84** (H) R Harris 10-11-3. Nathan Brennan (7) 82
 - 5-6863 **COILANT EILE 259** A West 9-11-2. Lee Edwards 93
 - 1F4P-88 **SAY NOTHING 56** (B, F) A Hales 6-11-2. Harry Bannister 87
 - 61633 **DELOY TROTTER 11** (D) T Leeson 6-11-0. Tom Buckley (3) 93
 - 133-354 **ANDAPPA 31** (P) M Roberts 8-10-8. Tom Brien 90
 - 19006-1 **BOOMTIME BANKER 59** J Jeffreys 8-10-2. Lilly Pinchin (3) 98
 - 1522-0P **CHIVERS F137** D Steele 10-11-2. Kevin Brogan 95
 - 8P2-93F **LAKE WASHINGTON 26** G Moore 9-10-2. Caolin Quinn (7) 83
 - 13057-3 **COBBS CORNER 138** N Gifford 6-10-2. James Davies 96
- BETTING:** 3 Dante's View, 9-2 Boomtime Banker, 7 Cobbs Corner, Cadeau D'Or, 8 Pawpaw, Delloy Trotter, 10 Andappa, 4 Cherry Cola
- WHERE FAVOURITES FINISHED:** 6 4
- 2021: The Flint 7-10-0 Harry Bannister 7-1 (Miss Suzy Smith), 12 ran.

Sunracing FORM

- CADEAU D'OR** (12-0) 10-1 every chance, kept on one pace, 3rd of 8 (btt 3/4l) to Al Zaraqan (11-3) (Newton Abbot 2m 1f hcp hdp (5) £3,758 good).
- CHERRY COLA** (11-2) 25-1 8th of 12 (32l) to Champagne City (11-12) (Warwick 2m hcp hdp (4) £3,559 good).
- DANTE'S VIEW** (11-6) 10-1 led 5th, clear 4 out, stayed on well, but Uno Mas (10-8) 5/4 (12 ran) (Fontwell 3/1m hcp hdp (3) £2,342 good to soft).
- PAWPAW** (11-6) 11-4 fav struggling 4 out, 10th of 12 to Long Call (11-1) (Bangor 2m 1f hcp hdp (5) £3,431 good).
- ANDAPPA** (11-6) 12-1 ran on, 3rd of 12 (btt 8l) to Leopolds Rock (10-10) (Texan Nomad (11-6) 33-1 8th (16l) (12 ran) (Uxeter 2m hdp hdp (5) £3,730 good).
- COILANT EILE** (11-2) 22-1 ran on, 3rd of 9 (4/4l) to Micklyn (10-10) (Plumpton 2/1m hcp hdp (5) £4,139 soft).
- DELOY TROTTER** (10-13) 9-2 chance 2 out, held last, 2nd of 3 (btt 3/4l) to Ladykiller (12-0) (Uxeter 2m nov hcp hdp (5) £4,684 good).
- ANDAPPA** (10-9) 3-1 every chance, ridden 2 out, one pace, 4th of 6 (btt 9l) to Belle Na Bann (10-12) (Fontwell 2/1m hcp hdp (5) £3,730 good).
- BOOMTIME BANKER** (9-13) 9-2 led 2 out, stayed on well, but Ami Des Flets (12-1) 1/4 (8 ran) (Worcester 2/1m nov hcp hdp (5) £3,730 good).
- LAKE WASHINGTON** fell latest (9-13) 33-1 plugged on, 3rd of 7 (btt 27l) to Ranco (11-0) (Newton Abbot 2m 1f hcp hdp (5) £3,758 good).
- COBBS CORNER** (10-2) 10-1 3rd of 10 (5/4l) to Watashock (11-12) **DELOY TROTTER** (10-1) 40-1 8th (btt 22l) (Fakenham 2/1m hdp (5) £4,139 good).

- 4.50 THANK YOU YOUR MAJESTY OPEN NH FLAT RACE (5); value to the winner £2,178; 2m 2f. (4 runners)**
- 4P2 **DANNYSTORY 128** H Brown 5-11-0. Ben Godfrey (3) 86
 - 53 **ALIEN STORM 173** C Longdon 4-10-2. Mr B Roberts (7) 90
 - 2 **INVICTUS DE BRION 6** C Gordon 4-10-12. Tom Cannon 99
 - 2 **MERRIGU 55** Barry 4-10-12. Will Kennedy 98
- BETTING:** 6-5 Invictus De Brion, 2 Merrigu, 9-2 Alien Storm, 8 Dannystory
- WHERE FAVOURITES FINISHED:** 1 1
- 2021: Strensham Court 6-11-2 Danny Burton 8-15 Fav (S Drinkwater), 5 ran.

Sunracing FORM

- DANNYSTORY** (12-2) 4-1 kept on one pace, held, but Pat (10-7) (11-6) (8 ran) (3m point-to-point good).
- ALIEN STORM** (10-4) 7-1 stayed on, 3rd of 7 (btt 7l) to Rambo T (11-0) (Fontwell 1/1m hcp (5) £2,614 good).
- INVICTUS DE BRION** (11-0) 7-2 led 2l out, headed close home, kept on, btm 7/4 by Vienna Girl (10-7) (10 ran) (Southwell 2m NHF (5) £2,614 good).
- MERRIGU** (11-0) 12-1 stayed on, held close home, btm nk by The Galahad Kid (11-0) (New Abbot 2m NHF (5) £2,722 good).

LISTOWEL

- 2.10 JUVENILE HURDLE; 3-y-o; winner £9,000; 2m. (13 runners)**
- 11 **THE INSIDER 23** G Elliott 11-4. D Russell
 - 21 **AGHABOY 9** W Mullins 11-0. P Townend
 - 13 **SURAC 23** R O'Brien 11-0. D Jacob
 - 1 **TORY REEL 80** (D) A McLanahan 11-0. P O'Hanlon (5)
 - 44 **BRIGHT BLUE 9** (T) E O'Sullivan 10-8. M O'Sullivan (7)
 - 6 **COMMON PRACTICE F55** J O'Brien 10-8. M Walsh
 - 7 **PAPA CARLO M** Fahy 10-8. P Smithers (7)
 - 8 **PONT AUDEMER F122** G Cromwell 10-8. L Dempsey
 - 9 **TOP SHARV V** Halsey 10-8. S O'Keefe
 - 6219 **PSPWITHACAP 23** (P) G Cromwell 10-7. S Flanagan
 - 73 **ARCH ENEMY 9** P Magee 10-1. C Maxwell
 - 10 **CIRCUS ART 9** Nash 10-1. G Brouder (5)
 - 0 **EASKY MAID 30** E Mitchell 10-1. C Quirke (7)
- 5-2 The Insider, 3 Aghaboy, 11-2 Surac, 6 Common Practice

- 2.40 KERRY GROUP MARES HURDLE; winner £11,700; 2m 4f. (7 runners)**
- 1-43 **BLANKETONTHGROUND 11** J McCarthy 9-11-7. G Noonan (7)
 - 1P- **DELANTÉ 218** (H) T Cooper 4-11-4. B Cooper
 - 122 **HOLLYWOOD 35** (H, B, F) D G Elliott 6-11-2. D Russell
 - 3211 **SHANNON GLORY 26** (D) P Power 5-11-2. R Blackmore
 - 3-41 **NIKINI 43** W Mullins 5-10-12. P Townend
 - 3433 **NAGASHAHIN** pulled up latest, 4th of 5 (btt 4l) to G Brouder
 - 7 **PINCEAL NA MARA 2** G Brouder 4-10-3. T Kelly (7)
 - Hollymount 99, Nikini 99, Shannon Glory 95
- 2 Nikini, 3 Hollymount, Shannon Glory, 6 Blanketonthground

Sun FORM

- BLANKETONTHGROUND** (11-1) 5-1 tracked leaders, went 3rd 2 out, mistake last, no extra, 3rd of 7 (5/4l) to Two Shoes Tom (11-1) (Ballinrobe 2/1m hcp hdp £3,599 good).
- DELANTÉ** pulled up latest, (10-5) 16-1 held up, smooth headway 2 out, led last, quickened clear, btm 1 Run (10-7) 3l (7 ran) (Fontainebleau 2/1m hdp £3,036 good).
- HOLLYWOOD** (11-7) 5-4 fav pressed leader, led 2 out, headed last, no extra, btm 9/4 by Influential Lady (11-7) (10 ran) (Tramore 2/1m hcp ch £6,900 good).
- SHANNON GLORY** (11-8) 7-2 tracked leader, led 3 out, clear 2 out, impressive, btm Mowen Maggie (11-4) 4l (5 ran) (Bellshutown 2/1m hdp £7,200 good to yielding).
- NIKINI** (11-5) 4-7 fav mid-division, progress 2 out, travelled well to lead last, comfortably, btm Estepone Sun (11-3) 3/4 (1 ran) (Killeggan 2m nov hdp £6,000 yielding).
- ATHAGABHAIN** pulled up latest, (11-0) 25-1 tracked leader, mistake 4 out, soon weakened, 12th of 14 (btt 42l) to Bite That (11-4) (Tramore 2m hcp hdp £6,300 good).
- FINSEAL NA MARA 2** pulled up latest, 4th of 5 (btt 11l) to Meara (11-0) (Wooler 2m hcp hdp £6,300 good).

- 3.10 MARES HANDICAP HURDLE; winner £3,400; 12m. (18 runners)**
- 6-01 **ROBYNDEGLORY 127** (T) D Quigley 7-12-0. D Quigley
 - 75P1 **WICKLOW FLYER 26** (H) J Hanlon 5-12-0. D Mullins
 - 14U **FRONTLINE WORKER 16** (H) B Bromhead 5-12-0. C McNamara
 - 4723 **APRILS JOY 26** (T) G Cromwell 7-11-1. K Buckley (5)
 - 3-61 **HIGHLAND PENNY 107** (B) R Cody 6-11-10. J Foley (3)
 - 15- **MILL GARDEN WAVE 331** J McConnell 7-11-0. B Hayes
 - 6-81 **ROYAL EAGLE 74** F38 G Elliott 6-11-8. D Russell
 - P31 **SEAN SAYS 15** (P, D) R Sweeney 6-11-8. D Meyer
 - 8231 **KILLOUGHTEEN 15** C Byrnes 6-11-7. Mr A D Bustin (7)
 - 5-85 **LADY HEATH 30** (T) L Fowler 7-11-7. S O'Callaghan (7)
 - 11 **3356** **MID BE DREAMING 44** G Aherm 5-11-6. J Stevin
 - 3433 **FEMALE ADEL 16** (P, A) N Meade 4-11-4. B Cooper
 - 270 **WHAT AN OCEAN 23** (B, A) G Elliott 6-11-2. S Keefe
 - 14U **GREENHILL DAMSEL 30** G Power 7-11-5. S Ewing
 - 244 **LONESOME DAY 16** (P) D Hogan 5-11-0. D Hogan
 - 73P **PUR THE WINE 1** P Fahy 6-11-0. K Sexton
 - 158 **ELLEN ANGEL 302** E McCarthy 10-12-0. G Noonan (7)
 - P431 **SHANNON GRAY 29** (P, D) E McCarthy 7-11-2. R Deegan
 - 192 **GLORIOUS GRIBBY 189** A Curran 7-10-11. RESERVE
 - 600 **MONEY SHANAHAN 12** D McNamara 5-10-10. RESERVE
 - 2P47 **GOOD BYE MILE 59** S Bradish 5-10-10. RESERVE
- 5 Royal Eagle, 11-2 Killooughteen, 6 Robynedegory, 8 Sean SAYS, Frontline Worker, 10 Shannon Gray, Highland Penny

- 3.40 MAIDEN HURDLE; winner £8,100; 3m. (12 runners)**
- 5-46 **ALPESH AMIN 115** E McNamara 5-11-12. C McNamara
 - 8-23 **BATTLE OF MIRBAT 30** P Purcell 5-11-2. D Meyer
 - 08P **NEED THE SMITH 66** (T, A) E O'Sullivan 6-11-2. M O'Sullivan (7)
 - 4-24 **ROYAL PAT 204** M Winters 6-11-2. Miss A O'Connor (5)
 - 0 **POR DANIEL 48** M Kennedy 6-11-2. G Brouder (5)
 - P00- **TIPP FOR MAC 157** T Cooper 5-11-12. B Cooper
 - 3-21 **WHAT PATH 52** W Mullins 5-11-2. P Townend
 - 0043 **WHO'S HOUDINI 20** J Hanlon 5-11-2. S Mullins
 - 8 **GLENN 16** D Kelly 5-11-5. S O'Keefe
 - 0040 **SANT BERNDETTE 15** A Ryan 6-11-5. N Prendergast (7)
 - 88 **TWOTITLEGIRLS 35** G Power 5-11-5. J Stevin
 - 12 **WEE BIRD** R Cody 5-11-5. K Buckley (5)
- Run For Pat 8-29, Royal Pat 7-9, Who's Houdini 26

- 5-4 What Path, 2 Run For Pat, 6 Who's Houdini, Battle Of Mirbat
- NODSAGOODASAWINK (3.30 Hamilton) was much closer than seventh place suggests at Ayr. She has every chance from a 3lb lower mark.**

- 8.10 NANT HUNT FLAT; winner £7,200; 2m. (13 runners)**
- FP **BRIGHT LAD 50** F Costello 6-12-0. M J Barry (3)
 - 220 **CILLIANS CHARM 186** (H) A McCann 5-12-0. Miss A O'Connor (5)
 - 9-56 **KNOCKWILLAMBRIDGE 37** J Hanlon 7-12-0. Mr C Byrne (7)
 - 06 **MASTER PLAYER 16** M Kenirons 5-12-0. Mr R Barron (7)
 - 0 **OZARK THUNDER 16** C Cleary 5-12-0. S Cleary-Farrell (7)
 - 2-42 **POLO LOUNGE 30** (T, B, F) W Mullins 5-12-0. Mr P Mullins
 - S- **REBEL PAT 204** M Winters 6-11-2. Miss A O'Connor (5)
 - 5-2P **VAL THE MAN 47** C Collins 5-12-0. Mr J Codd
 - 0086 **WATERGARDREAMER 30** E McCarthy 5-12-0. D McCarthy (7)
 - 0-0 **NATIVE CLOUD 44** (P, A) J Lee 6-11-7. Mr A Burke-O'Neil (7)
 - 40-2 **ONE FOR LUCY 36** (T) E McCarthy 5-11-7. G Noonan (7)
 - 11 **VELVET REEL 1** Lee 5-11-7. T Kelly
- Polo Lounge 9-59, Cillians Charm 9-9, One For Lucy 9-4, 11-0 Polo Lounge, 7-2 One For Lucy, 4 Cillians Charm

GOING: GOOD

EAMONN HAMES

- 2.10 Common Practice**
- 2.40 Nikini**
- 3.10 ROYAL EAGLE (nap)**
- 3.40 What Path**
- 4.10 Cornerkova**
- 4.40 Easy Game (nb)**
- 5.10 Polo Lounge**

TOM PEPPER

- 2.10 The Insider**
- 2.40 Shannon Glory**
- 3.10 Aprils Joy**
- 3.40 Run For Pat**
- 4.10 Chemical Energy**
- 4.40 Kemboy**
- 5.10 Cillians Charm**

RUGBY UNION

GALLAGHER PREM

England's men make their Mark



MARK McCALL admits his England players were key to Saracens' 30-27 derby victory over Harlequins.

Quins failed to have fly-half Marcus Smith cleared to play because of the stand-down period imposed on Red Rose players following the tour to Australia.

But Sarries got the nod to include Smith's international teammates Owen Farrell (above), Maro Itoje, Billy Vunipola, Jamie George and Mako Vunipola.

And they helped the visitors recover after trailing 17-0 to win with tries from Elliot Daly, Max Malins (two) and Nick Tompkins.

Boss McCall said: "We chose to start Maro, Billy and Owen and they were a big part of why we won."

"The process is simple really. There's a 10-week rule in place and you

By **MARK MASON**

make an application. I think it's a really good process."

NORTHAMPTON ran out 38-22 winners against **LONDON IRISH**.

But Saints struggled to add to their 10-0 half-time margin after the Exiles had three men sin-binned.

Coach Phil Dowson said: "We didn't really take advantage."

Callum Sheedy scored 18 points for **BRISTOL** against **WASPS** and chief Pat Lam said: "It was a massive marker for us and certainly a monkey off our back."

Champions **LEICESTER** beat **NEWCASTLE** 36-21 to claim their first win of the season.

Nemani Nadolo recorded two tries.

Worcester v Exeter
3pm

STEVE DIAMOND fears Worcester's off-field issues have cost them their edge on the pitch.

The crisis club host Exeter today in a game that was saved at the 11th hour when the cash-strapped outfit managed to guarantee enough medical cover.

Boss Diamond has cut down contact in training to reduce injuries in case Warriors go under and players need to look for other clubs — but it showed in last week's 45-14 hammering at London Irish.

He said: "I have put together a competitive squad here over the last six months but we weren't competitive at the weekend."

UNDER DONE

Sam crocked as Bath lose to 14 men

By **ADAM HATHAWAY**

ENGLAND flanker **Sam Underhill** was ruled out of the autumn internationals on a day of despair for his club Bath.

Underhill (below), who did not play here, is set to have shoulder surgery this week and is expected to be out for 12 weeks so he will miss England's four November Tests.

Bath failed to beat a Sale side who were down to 14 men for 71 minutes after prop Nick Schonert was red-carded for a high shot on lock Dave Attwood.

And Sale were down to 13 men in the second half when replacement prop Ross Harrison was binned but Bath could not take advantage.

Bath prop Beno Obano, capped three times by England, also faces a spell on the sidelines after knee surgery.

Boss Johan van Graan said: "It is a massive blow to lose two starting quality internationals."

"For a coach coming in, you bank on that. It is very concerning in terms of our power in the pack."

With Schonert off, Sale took a back, wing Tom Roebuck, off to keep eight forwards on

Bath.....20
Sale.....37

the pitch — and bullied Bath into submission with a bonus-point win.

Sale boss Alex Sanderson said: "They didn't kick stones which you can do after an event like that."

"They managed it very well physically, played in the right areas and came alive in attack. They showed the endeavour they have shown in the last couple of weeks."

"It is another performance worthy of all the work they have done in pre-season, that is what I am most happy about. They get some worth for how hard they worked and how tight they are."

Wing Tom O'Flaherty kicked off the scoring and hooker Aker van der Merwe bounced four defenders to make it 17-6 on 26 minutes.

Bath lost skipper Ben Spencer to an HIA and trailed 23-6 at the break before Joe Cokanasiga got one back.

But the hosts could not score after ten minutes camped on the Sale line and Jono Ross piled over for Sale's fourth try.

Van Graan added: "We lost the physical battle hands down. I am very disappointed. Our accuracy was not good enough but that happens when you get beaten in the collisions."



WIND IN THEIR SALES
...Jonny Hill, Gus Warr and Rob du Preez celebrate a turnover

RUGBY LEAGUE

SUPER LEAGUE SEMI-FINAL

Cheers Jonny!

LOMAX WARNING

By **GARY CARTER**

JONNY LOMAX fired a Grand Final warning to Leeds as Saints go for an awesome foursome of Super League titles.

His three assists and a first-half drop goal proved key in a display that showed why he must be in England's World Cup starting side.

Two-try Joe Batchelor must also be close to Shaun Wane's first 13 after Salford's dreams were crushed.

First things first, though, getting one over the Rhinos at Old Trafford on Saturday.

Lomax said: "We'd had a bit of

St Helens.....19
Salford.....12

hurt in the last few weeks with some of our performances. We just wanted to do ourselves justice and give ourselves a chance."

Saints boss Kristian Woolf is going for a personal hat-trick before he returns to the NRL, and if games are won on spirit, he has a chance.

He said: "We get challenged but stay in the fight, Jonny was great."

"You'd look hard to find someone as consistent as he is."

One of the most eagerly awaited

battles, James Roby v Andy Ackers, lasted less than two minutes — as the Salford man failed a head-injury assessment after coming out of tackling Jon Bennisson groggily.

Morgan Knowles crossed the line and was sin-binned for almost yanking Amir Bourouh's arm out of its socket, it will be interesting to see if he plays at Old Trafford.

Kallum Watkins put the Red Devils back in it and when a left-sided move saw Tim Lafai and Joe Burgess allow Ryan Brierley to make it 13-12, it was game on.

Lomax, however, was not to be denied and his kick was brilliantly put down by Bennisson, with Tommy

Makinson kicking his third goal. The winger, though, ended the game in the sin bin after yanking back Lafai as he went to score — ref Chris Kendall's call to not go to the video ref certainly raised eyebrows.

Salford boss Paul Rowley said: "Losing Andy was massive and we deserved a penalty try. The journey we've been on is remarkable."

AIDAN SEZER is set to miss the Grand Final, even though he says he passed a head-injury assessment.

The Leeds star was laid out by a hit that saw Wigan's John Bateman sent off in Friday's 20-8 defeat.

Sezer's tests in fact showed level-one concussion symptoms.



IT'S A BATCHELOR PARTY... Saints ace bags his second try

WAR...
Lomax (right)

Duty calls for Stack

By **GARY CARTER**

BARROW will be without skipper Jarrad Stack for today's Championship Play-Off — because he is a policeman on duty ahead of the Queen's funeral.

The Australian (below) was named in Raiders' squad to face Batley Bulldogs in the finals tie, the losers of which see their hopes of promotion to Super League ended.

But after he was summoned down to London as it prepares for tomorrow's state occasion, the back-rower cannot play.

The Rugby Football League has allowed Barrow to replace Stack without punishment.

Rules state a late change means teams lose an interchange.

But, due to the circumstances of Stack's withdrawal after being told to travel from Cumbria, they have been relaxed.





HOY... grassroots help

CYCLING U-TURN HEALTHY

ALL credit to British Cycling for pedalling back on a bad decision.

Telling people not to get on their bikes during the Queen's funeral tomorrow took them way out of their lane, from respect into enforced mourning.

Individuals and clubs reacted furiously and the governing body handled its U-turn with more grace than luxury leisure rip-off merchants Center Parcs. Cycling bosses have successfully converted the elite-level success of riders like Sir Chris Hoy into significant increases in grassroots participation.

They've done more for the health of the nation than most, along with Parkrun organisers — who have defended their stance of continuing to stage their Saturday sessions.

It should be a matter of personal choice how to spend the Bank Holiday or any free time.

Enjoying what remains of this green and pleasant land — on two feet, two wheels or whatever — seems as fitting a tribute to the late monarch as any.



TIME OF HIS LIFE

IT was yet another kick in the teeth to hear that Christopher Atherton (above right) had become the youngest senior footballer in UK history by making his debut for Glenavon at the age of 13 years and 329 days.

Some of us were washed up as footballers even before that.

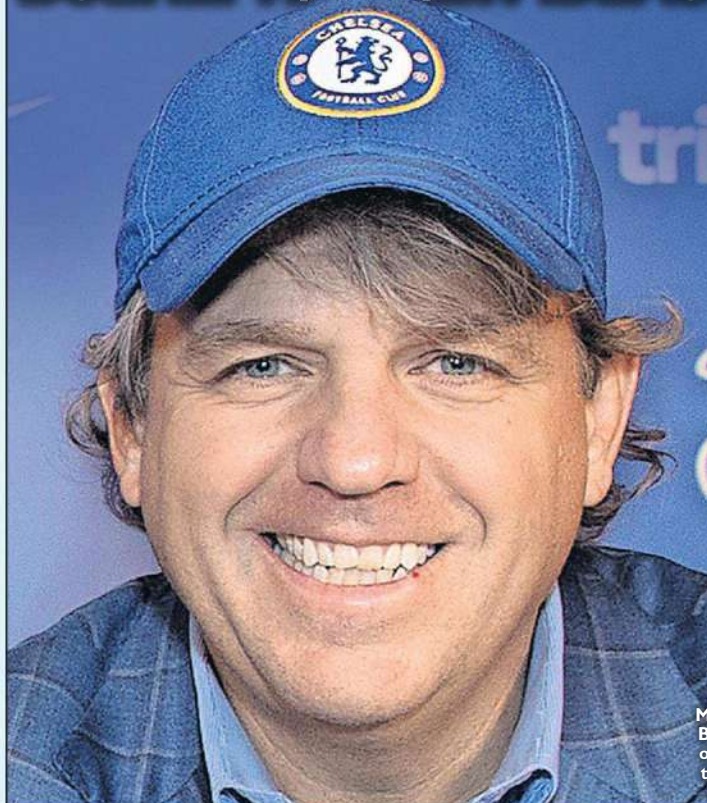
I can still remember the school report that coldly stated: "He lost his place in the under-10 team when all positional sense seemed to desert him."

Dan King

OUR COLUMNISTS ARE THE TALK OF SPORT

Todd's a peaky grinder

...BUT AT LEAST CAP FAN BOEHLY HAS NEW IDEAS



AS the song goes: "There's fewer more distressing sights than that of an Englishman in a baseball cap."

Some find it just as offensive when an American like Todd Boehly tries to tell English football where it's going wrong.

The Chelsea (and LA Dodgers) co-owner loves a cap and it's easy to mock him.

But at least he's coming up with some ideas to tackle issues in football.

The big questions are which problems he is interested in solving and whether his solutions are the best ones.

Liverpool boss Jurgen Klopp had the same reaction as most to Boehly's idea of an 'All-Star' North v South Premier League game — mild amusement, considerable bemusement.

Who would represent which region and on what criteria?

Where and, more importantly, when in football's crowded calendar would it be played?

But the key is the why.

Boehly talked vaguely about providing "whatever the pyramid needed" and specifically about the \$200m (£170m+) raised by Major League Baseball's All-Star game this year.

Premier League bosses are concerned about pressure from the Government to share more revenue with the rest of the game.

How can they do that without losing money? Boehly's answer is by creating a new income stream, staging a one-off game and giving the proceeds to someone — the FA, the EFL? — to distribute.

Those who ridicule the idea should be asked: What are your plans to deal with the huge financial challenges and inequalities in the sport?

We should apply scepticism to anything the boss of a Big Six club says about wanting to help the little people.

But unless others can come up with practical alternatives, then it is private-equity billionaires like Boehly who will shape the future of English football as they see fit.

He and his fellow American investors in the Premier League believe it does not squeeze as much revenue as it could out of its status as the most popular competition in the world's most popular sport.

Boehly and Co need to be careful of drawing too many parallels with US sport.

But broadly speaking they are right — there is more moolah to be made. How you do that and how that extra income would be shared are issues crucial to the future of the game.

Scrap the League Cup to make room for

additional European matches. Stage even fewer games at 3pm on Saturday and/or end the domestic blackout on live TV coverage in that slot.

Create a Premier League 2, akin to Bundesliga II in Germany, that would bridge the gap to the top flight but cut other clubs further adrift.

The Big Six have regarded these as issues up for debate for some time. Now Newcastle probably do, too, and their attempt to gatecrash the party is already creating some tension at PL meetings where a 14-to-six majority is required to change rules and policies.

The smaller PL clubs worry not only about the financial consequences of relegation but about the even bigger gulf between them and those at the top.

This is where Boehly is surely selective about the lessons he wants English football to learn from American sport.

The NFL markets a lot of commercial rights centrally, combines the income with the mammoth TV deals and distributes an equal share to each of its 32 clubs.

Individual franchises have their own sponsors plus matchday revenue, so that the most financially successful team earns about 2½ times what the least does.

The PL boasts how the top-earning club pockets only about 1.6 times more in TV cash than the bottom club. But the ratio of total income from highest to lowest is about 5:1 — or twice the difference in the NFL.

That is mainly due to the distorting effect of revenue from UEFA competitions and the knock-on effect for commercial and matchday income.

Dutch clubs in European competition share five per cent of their UEFA income with the rest of the Eredivisie.

Don't hold your breath for the English top flight to take a similar path.

Boehly and his fellow Big Six bosses don't care much for competitive balance.

For Chelsea, 'relegation' is finishing outside the top four and they will do anything to insulate themselves against it.

If the same teams keep winning the major football trophies in England and Europe — unlike with the Super Bowl — it doesn't really matter.

As long as the same teams keep making the most money and much more than almost everyone else, their owners will be pretty much happy.

So enjoy taking the mickey out of Boehly while you can. It's fun to believe the anecdote about him proposing a 4-4-3 formation for Chelsea, despite the Blues' denials that it happened.

But if we're not careful, Boehly and the new breed of club owners will end up having the last laugh.

Enjoy taking the mickey out of Boehly while you can

MONEY MATTERS...

Boehly has proposed a one-off 'All-Star' game to raise more revenue

Quiet tribute's quite relieving



THE quiet march of RB Salzburg fans from Earl's Court to Chelsea's Stamford Bridge on Wednesday evening in honour of Queen Elizabeth II produced two lighter-hearted moments.

First, a member of the police escort pretended not to notice one supporter relieving himself behind a tree in posh Redcliffe Gardens.

Then a van driver on the Fulham Road leant out of his window and said: "You're going to beat those [expletive deleted] tonight, aren't you?" That's the Britain I know and love.



DIBLING... struggled

First Dibs for Saints

SOUTHAMPTON have given a scholarship deal to starlet Tyler Dibling after his return from Chelsea.

Dibling, 16, caught the eye with a near identical hat-trick in a Premier League Two game against Newcastle last season before joining the Blues.

But the attacking midfielder struggled to settle and returned to St Mary's this month.

Saints boss Ralph Hasenhuttl named him in a Premier League squad for a trip to Brentford at the end of last season.

Dibling said: "It's good to be back at this amazing place and I feel like it's the right place to be."

"Long term I want to be a starter, play Premier League games, help the club out and have a good connection with the fans."

Owls fear FA probe

SHEFFIELD WEDNESDAY could face an FA charge after a fan threw a bottle on the Hillsborough pitch.

The object was hurled towards Ipswich keeper Christian Walton when the visitors hit their second in a 2-2 League One draw.

After Walton complained to ref Peter Wright, the official warned rival bosses Darren Moore and Kieran McKenna that any repeat could see the match abandoned.

Owls boss Moore admitted: "I am just so glad that no one was hurt."

"But it is unacceptable behaviour which cannot be condoned."

Ipswich chief McKenna said: "The ref told us that he could take the teams off and suspend the game if it happened again."

Match report — Goals P10

Vin's joy no issue

CARLO ANCELOTTI insists he has no need to give under-fire forward Vinicius Junior advice.

Vinicius faced criticism for arguing with Real Mallorca players in last week's 4-1 victory and the attention turned to his usual goal celebration, dancing by the corner flag, which has been interpreted as provocative.

The Brazilian released a statement of his own on Friday and, speaking ahead of today's LaLiga derby at Atletico Madrid, Ancelotti said: "I don't know what is happening with Vinicius, for me it's nothing, he is playing football with quality, joy and happiness."

"I don't need to give him any advice, I'm not his father or his brother. I'm his coach."

WORLD CUP COUNTDOWN



Walker is way better.

Trippier is better.

And

so is James...

DO WE REALLY NEED 4 RIGHT-BACKS IN QATAR?



IN OR OUT... Alexander-Arnold is sweating on making Southgate's squad for the World Cup

| ALEXANDER-ARNOLD | |
|---|-----|
| (This season - all comps) | |
| Games | 9 |
| Mins played | 737 |
| "Clean sheets" | 0 |
| Goals conceded | 12 |
| Mins per goal conceded | 61 |
| Goals/assists | 2/0 |
| Fouls conceded | 4 |
| *Clean sheets in full 90 min games played only. | |

63 DAYS TO GO

FORMER ENGLAND WORLD CUP DEFENDER

DANNY MILLS

ON THE PLIGHT OF TRENT ALEXANDER-ARNOLD

By DAN KING

TRENT ALEXANDER-ARNOLD will struggle to make the plane to the World Cup, according to ex-England star Danny Mills.

Gareth Southgate named a 28-man squad for the Nations League matches against Italy and Germany.

But the Three Lions boss can take just 26 to Qatar and Mills thinks Liverpool star Alexander-Arnold may miss out.

Mills, who was England's right-back in the 2002 World Cup, said: "There is a real possibility that he doesn't make the squad. 'I've always been concerned about his defensive ability and that has really come to the fore."

"When on form, going forward he's exceptional. But that papers over the cracks a bit, especially at Liverpool."

"You accept his defensive frailty because of what he gives you going forward. But this isn't about getting out of the group in Qatar."

"This is about the last 16, quarter-finals, semi-finals, big games against very good teams."

"We've seen that Trent's defensive capabilities are not always there."

Alexander-Arnold's problem is the number of rivals for a place on the right side of defence, whether Southgate goes for a back three or a four.

Mills added: "As an out and out right-back, Kyle Walker is way better, Kieran Trippier is better. And so is Reece James."

That's three right-backs and do you need to take four? I don't think you do. "James can play wing-back, so can Walker if he needs to."

"Trippier played wing-back at the World Cup four years ago in Russia. "Everyone goes on about Trent's delivery in the final third but look at Trippier's and his set-pieces."

"It's a toss of the coin between Trent and Trippier for second wing-back."

"And Trippier can play in other positions that Trent can't."

"If it was today, I would take Walker, Trippier and James. I think that gives you ample cover and plenty of options."

But Southgate does not have the same embarrassment of riches in the rest of his defence. Euro 2020 stars Harry Maguire and Luke Shaw are in the squad to face Italy on

Italy v England
Nations League, Friday, 7.45pm

Friday and the Germans at Wembley three days later, despite both being dropped by Manchester United.

Ben Chilwell is the only other recognised left-back in the party but is only just back from injury and has been in and out of Chelsea's team.

Mills, who starred in all five games when England reached the quarter-finals before losing to Brazil in 2002, said: "Shaw and Maguire aren't playing for United but what are the options?"

"Gareth says he will pick players on form but you also need players you know and trust and you know can work in the environment. Those players are still in there because of that."

"There are just two months to go. That's why he has no choice but to revert to those he knows."

"A big question will be how fit is Harry Maguire?"

"Gareth might well give him a game and a half next week to keep his levels up."

"Come Qatar he needs a fit Harry Maguire because his options are limited."

Mills is also concerned that midfielder Kalvin Phillips — another Euro 2020 stalwart — has "barely had a kick" since joining Manchester City.

Southgate at least has more choices up front and is taking the chance to assess if Brentford's Ivan Toney has what it takes to be Harry Kane's

understudy — or even partner — up front. But, overall, Mills fears England will have trouble matching the performances in the last two major tournaments if their first 11 are not fit and firing in November.

The talkSPORT and Sky Sports pundit added: "England's best 11 players, all in good form, have a great chance to go deep in the tournament, possibly win it."

"If you have two or three out of that, you are weaker. That is the problem."

"If Harry Kane is out, where do you go from there?"

"How many of the first 11 are in good form and not injured right now? Not many."

"Gareth took us within a penalty of winning the Euros. He's done an incredible job. "But are we the second best team in Europe? Probably not. We need to be realistic."

HIS STARTING TEAM v IRAN

(World Cup opener - Nov 21)



WALKER

(This season - all comps)

| | |
|------------------------|-----|
| Games | 7 |
| Mins played | 612 |
| Clean sheets | 2 |
| Goals conceded | 9 |
| Mins per goal conceded | 68 |
| Goals/assists | 0/0 |
| Fouls conceded | 1 |

TRIPPIER

(This season - all comps)

| | |
|------------------------|-----|
| Games | 8 |
| Mins played | 681 |
| Clean sheets | 3 |
| Goals conceded | 7 |
| Mins per goal conceded | 97 |
| Goals/assists | 1/1 |
| Fouls conceded | 3 |

JAMES

(This season - all comps)

| | |
|------------------------|-----|
| Games | 7 |
| Mins played | 630 |
| Clean sheets | 1 |
| Goals conceded | 9 |
| Mins per goal conceded | 70 |
| Goals/assists | 1/1 |
| Fouls conceded | 5 |

By PHIL CADDEN

WALES will have a team meeting today about the controversy around the World Cup in Qatar.

Robert Page and his squad join up at their Vale of Glamorgan HQ on the outskirts of Cardiff for their final two warm-up matches before November's tournament.

And the Wales boss and his Qatar finalists will be briefed on the country's disgraceful human rights issues.

Page confirmed: "This is the camp where we will address it with the players."

"We have meetings planned to address anything that we think is going to be an issue out there."

"It's important we respect their culture when we go out there. It's important we have that delivered to us."

"We don't want to unintentionally upset anyone."

"It's important we all understand what we are going into and what to do and what not to do."

The Nations League double-header against Belgium in Brussels on Thursday and Poland at home in Cardiff next Sunday is the only international window since Wales qualified in June for their first World Cup in 64 years.

Last month, Amnesty International UK welcomed a Football Association of Wales statement calling for "significant improvement" in the working conditions of migrant workers in Qatar.

After Wales' public support, Peter Frankenthal, Amnesty International UK's economic affairs director, also stated the English FA were "lagging behind".

Some of the Welsh FA's staff and fans will not travel to the World Cup because of the country's stance on gay rights, with chief executive Noel Mooney saying the team would use the tourna-



ONCE IN A LIFETIME... Wales' players celebrate booking their spot in Qatar with a win over Ukraine

PAGE SET FOR QAT LESSONS

Belgium v Wales
Nations League, Thursday, 7.45pm

ment as a "platform" to discuss human rights.

Wales' hardcore support, the Red Wall, could not attend Euro 2020 last summer due to Covid-19 and Page also believes the sheer cost of travelling to the Middle East could deter some of them this time around.

He added: "Cost will play a part in it. It's not cheap to get there."

"I feel for the supporters because I want them to have that great experience. They didn't have it in Baku [at Euro 2020]."

"We couldn't take fans out there [due to Covid], albeit we did really well and got through to the knockout stages."

"I wanted our supporters to be a part of that. I want them to have

a pleasant experience out there."

"I hope they come in their thousands, support us and enjoy it."

"But I think it's going to be difficult to get them out there."

"I've got friends who are going to Spain as a base to watch in others are going to Dubai. We will have plenty out there."

"It's the first time we have qualified in 64 years so irrespective of where it is on the planet they will make an effort to get there."

"If they don't, then we know they will be back home supporting us but there is nothing like having that atmosphere in the stadiums as we know from the home games."

Rob scout 'n about

ROBERT PAGE will clock up 2,500 miles in three days carrying out a double World Cup scouting mission next week.

The Wales boss plans to run his rule over Group B rivals England and USA after Sunday's Nations League

He will travel to Wembley for the Three Lions' showdown with Germany 24 hours later, then fly to Spain where USA — Wales' opponents in their November 21 opener in Qatar — take on Saudi Arabia in a friendly the following day.

Wales qualified for the World Cup through the play-offs in June to set up matches against USA, Iran and

finally a Battle of Britain with Gareth Southgate's Three Lions in Ar-Rayyan on November 29.

And Page (left), who signed a new four-year deal with Wales last week, revealed he has already spoken to Southgate about the clash.

He said: "I bump into Gareth at games. He's been great, no problem at all. He's a top bloke."

"We have just had general conversations about the game."

"I was at Leeds once and I bumped into him and we had a good conversation about the game."

By PHIL CADDEN

DAVID BROOKS has suffered an injury setback in his courageous bid to play at the World Cup.

The Wales star, 25, made a comeback from cancer treatment by playing for Bournemouth's Under-21s last month.

But the midfielder, who revealed he was cancer-free in May after being diagnosed with stage two Hodgkin lymphoma, tweaked a hamstring on his return against Brentford B. Wales will play a

waiting game to see if Brooks (below) recovers but his hopes of making the Qatar squad are fading.

Wales boss Robert Page said: "We have to be sympathetic with him and give him as much opportunity to fully recover and be a part of the World Cup squad."

"We are in constant contact. Let's wait and

see what happens between now and then."

"There's a lot of minutes to be played and a lot of games to play."

Cherries' interim boss Gary O'Neil confirmed: "David suffered a slight setback in the development squad game."

"He had some pain in his hamstring."

"It's not unusual for any player who has been off the grass long-term."

"I'm not surprised it's happened but I'm disappointed for him."



PREM**EVERTON v WEST HAM**2.15pm
sky sports

IWOB! ... stronger

Iwobi on warpath to thank Lampard

By KEN LAWRENCE

ALEX IWOB! is ready to go over the top for boss Frank Lampard again after declaring: 'Playing for Everton now is like going to war.'

The midfielder proved to the Toffees boss he had the guts for a fight when they beat the drop last season.

Lamps started him in 15 of the 17 games that led to Prem survival after three years of struggling to make an impact following his £38million move from Arsenal in 2019.

Iwobi, 26, had the unfortunate habit of being subbed at the interval of games during Carlo Ancelotti's reign.

And he was hauled off six times by Rafa Benitez in the eight Prem games he started for him last term.

But now he is a Gladys Street favourite and said: 'It's fantastic to be thought of so highly by them after all the rough times I've had.'

"What they give is crazy — the passion, the roar."

"You go out at Goodison with all the blue flares and it's like you're going to war for the fans, for the club, for yourself, for the team."

"You almost feel unstoppable, you feel like you can do anything on the pitch and the boss has given me the confidence to feel that way."

"I always wanted to prove the doubters wrong but for a while I never thought things would work out the way they have for me now."

"But Frank came in as the new manager and it was like the start of a new chapter in my life."

"I think he was surprised how I trained — I've always been a good trainer — and he told me just to go out and play like I train."

"He has been so positive with me, just like Ashley Cole and the rest of the coaches and I was told to get out there and try things, experiment."

"I am loving how my career is going again after going through so many rough patches."

"Now I feel like we are going places, there's a real family feel to the squad and I feel stronger mentally than I've done since I got here three years ago."

EVERTON (likely): Begovic, Patterson, Coady, Tarkowski, Mykolenko, Doucoure, Iwobi, Onana, Gordon, Calvert-Lewin, Maupay.

YOU BLUE THE CASH

MERSEY ME... David Moyes returns to his old club Everton as West Ham boss today



Moyes: Toffees undid my work



GOOD TIMES... Moyes spent 11 seasons as Everton boss

DAVID MOYES admits it is painful to see his old club Everton struggling — especially after spending the kind of money he never had.

The Scot gave a frank answer when asked whether watching the Toffees' recent struggles makes him feel some of the good work he did in more than 11 years at Goodison Park has been undone.

Moyes, who returns to Merseyside as West Ham boss today, confessed: "Yes, it does. There have been bits of it where I look back and remember my time with Bill Kenwright."

"He used to say to me, 'David, you have £5million a year to spend, that's all you've got'."

"I'd say, 'Fine, no problem, let's see how we can go...'. And we got a side which was competitive, tried to be in Europe, we got to an FA Cup final, we finished fourth one season."

"So if you're looking through the time, we tried everything we possibly could on a limited budget."

"Maybe over the periods you could talk about Everton having a lot of money to spend. Maybe this year would not be the case but in the past they have."

"It shows you sometimes money isn't always the key to everything but when you do get it you have to try to spend it

By DAN KING

wisely and we're in that situation at the moment. We have spent well at West Ham this year and we are hoping we have spent it wisely and made good signings."

Hammers went into this weekend's fixtures in the bottom three on goal difference after only one win in their first six games.

But Everton spent most of last season fighting relegation, an experience which Moyes thinks will serve manager Frank Lampard well.

He said: "Frank has spent most of his career playing at the top end, playing for really good teams."

"It shows you another side of football. Sometimes you need to see exactly what it's like and how to cope with it."

"You would rather not see it but when you're a young manager you have to expect there are going to be bad times, if you want to be in the job for a long period."

"I think Frank handled it well. He got through it. I don't know all the ins and outs at Everton but I can see they haven't been able to spend as much as what they've had in recent years."

"But they have brought in good, steady Premier League players in the likes of Conor Coady, James Tarkowski... Dwight McNeil has been around the Premier

League for a while, as well. I think they have brought in players that will give them some stability."

Moyes learned his trade as a manager away from the spotlight at Preston.

But Lampard's stellar playing career with Chelsea and England meant he was under the microscope from the day he took his first job at Derby.

Moyes added: "When you go into management, it doesn't really matter what you have had in the past."

"You will be judged as a manager and you have to show different qualities when you're a young manager."

"When you have an international career like Frank's and a football career like Frank's, you do get given that little bit of respect and time — especially from your players, who certainly respect you."

"Ultimately, you have to earn your stripes by how you coach, how you get results."

"There's a lot of very good players who have come into management and done really well. But there's also been some where that's been tough for them."

"He's in a really good job at a good club and has been given an opportunity to turn things around and he's doing that a bit at the moment."

WEST HAM (likely): Fabianski, Cresswell, Soucek, Bowen, Lanzini, Cornet, Antonio.

MOYES
TRANSFER
SPENDING
AT EVERTON
(2002-13)

£134.5m



BIGGEST SIGNING
£15m
(2008)
Marouane
Fellaini

TRANSFER
SPENDING
AT EVERTON
SINCE MOYES
(2013-present)

£763.6m



BIGGEST SIGNING
£40m
(2018)
Richarlison

BARROW boss Pete Wild wants to snap up old boy Jordan Lyden. Midfield playmaker Lyden is a free agent after leaving Swindon and previously played for Wild at Oldham.

Alan Nixon

BOSS OF GOSS

SUNSPORT'S MAN IN THE KNOW FOR

RED-HOT TRANSFER NEWS

LIVERPOOL's England youth keeper Luke Hewitson is wanted by Hereford on loan. Hewitson, 17, needs game time in the senior ranks — if Jurgen Klopp lets him leave.



FOLEY... investor

Bill's bid a worry for Prem

AMERICAN businessman Bill Foley's bid for Bournemouth will give the Premier League a massive headache.

The veteran billionaire heads a group trying to buy the Cherries but one of his main allies is John Textor.

Foley's company are major investors in Eagle Football, the firm run by fellow American football nut Textor, a major shareholder in Crystal Palace.

Textor has bought Brazilian club Botafogo and Belgian team Mol-enbeek and is about to take charge at Lyon in France this month.

However, there will need to be a deep dive by the Premier League on the links between Foley and Textor as, under their rules, the latter cannot have an interest in two PL clubs.

Foley and his Cannae Holdings company have an agreement with Textor and their aim was to be a partner in buying clubs around the globe.

Bournemouth have been looking for a buyer for a year and are in advanced talks with Foley's team. But the Premier League will have to put them through their director test and discover more about the links.

★ **SUNDERLAND** will give boss Tony Mowbray cash for a couple of signings if he keeps the club in promotion contention. Mowbray arrived too late to influence deals in the last window while the Black Cats snapped up emerging talents. That strategy can change if Mowbray thinks old heads would make a difference.



TERRIERS EYE BARRY

CHELSEA coach Anthony Barry is on the managerial hit list at Huddersfield.

Highly-rated Barry (left), 36, is happy at Stamford Bridge but could be tempted away if the Terriers match his ambitions.

The ex-Wigan backroom man was picked out by Frank Lampard when he was Chelsea boss. Huddersfield gave Danny Schofield the chance to impress

by promoting him from the ranks but results and performances failed to improve.

Former Huddersfield boss David Wagner is also in the frame after a disappointing turn to his time in German football.

And Plymouth chief Steven Schumacher is an interesting contender after stepping up as number one following the exit of Ryan Lowe.

★ **XISCO MUNOZ** was a surprise visitor to watch Watford in action last week.

The Spanish coach had a short but relatively successful spell at the club two seasons ago and is a free agent after a year at Huesca.

The Hornets have no plans to change Rob Edwards but tongues are now wagging.



BROJA... shining

All go for Blue Bro

ARMANDO BROJA is catching boss Graham Potter's eye at Chelsea — and is close to a starting spot.

The powerful striker has made a big impression in training and new Blues manager Potter may throw him in soon despite the summer arrival of Pierre-Emerick Aubameyang.

Potter is never scared to back his judgment and insiders revealed he is raving about Broja's potential and ability to fit into his system.

And that will also mean the queue of clubs keen on taking Broja either on loan or permanently in the window will be left disappointed.

WRITE TIME

Forest want low-compo Cooper to sign new deal



BARGAIN... boss Steve Cooper could be lured away on the cheap by rivals

NOTTINGHAM FOREST are desperate for Steve Cooper to sign a new deal — because he has such a small 'transfer fee' on his head.

The 42-year-old boss is fancied by Brighton and will also have other admirers after leading Forest to a remarkable promotion to the Premier League.

But Cooper has yet to extend his two-year deal and that could be a problem for Forest because his compensation figure is so low.

Although the exact figure remains a closely guarded secret, Forest may get only £15million if Cooper leaves, based on the contract he signed when he took over a year ago.

In comparison, the Seagulls pocketed more than £20m from Chelsea for Graham Potter and his staff. So Cooper would be a bargain because of his valuation.

Forest will look to Europe for a coach if Cooper leaves. Norwegian Kjetil Knutsen, 53, also linked with Brighton, has support after his work with Bodo/Glimt.

Out-of-work Sean Dyche, 51, is bound to have backing and also started out as a player at the City Ground — but the hierarchy may prefer the foreign option.

BIG AL'S Wicked whisper

WHICH free agent turned down a move to a Championship club because he was going on a family holiday?

The defender got the call last month but had to say no because he was abroad with his wife and kids.

Now he is looking for a new home but word about his priorities has swept round the game.

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SKRINIAR... tracked

Now City are into Milan too

By DAN KING

MANCHESTER CITY have joined Tottenham and Chelsea in monitoring Inter Milan's highly rated defender Milan Skriniar.

The Slovakia international's contract expires at the end of the season and the 27-year-old is set to be one of the most-wanted free agents available next summer.

City's priority for 2023 remains reinforcing their midfield.

But boss Pep Guardiola has publicly spoken about how his centre-backs have struggled to stay fit and Nathan Ake almost left the club in the summer.

City snapped up Manuel Akanji towards the end of the last window but are open to the idea of buying another centre-half.

Skriniar has long been on the radar of Chelsea and Spurs, where former Inter boss Antonio Conte is now in charge.

The Italian giants rejected approaches from Paris Saint-Germain in the summer.

But unless they can persuade Skriniar to sign a new deal, they could lose him for nothing as he will be free to discuss pre-contract agreements with non-Italian clubs from January.

Sport

MANCHESTER CITY face competition from Liverpool in a bid to sign Northern Ireland Under-16 international Cole Brannigan. Chelsea and Leeds are also keen on the Linfield teenager.

SHORT

Barca in Jor draw

By DAN KING

BARCELONA are keeping an eye on Jorginho's contract situation at Chelsea — and may make a move in the new year.

The Italy midfielder, 30, is in the final year of his deal at Stamford Bridge.

If Jorginho does not agree an extension, he will be able to sign a pre-contract agreement with overseas clubs in January. Barca see him as a possible replacement for long-serving Sergio Busquets.

Nou Camp legend Busquets, 34, is also out of contract at the end of the season and the Spanish giants accept he will need replacing soon.

Chelsea defenders Andreas Christensen and Marcos Alonso both joined Barca on free transfers in the summer as they revamped their squad despite financial problems.

PREMIER LEAGUE



BRENTFORD

GOTTA SET THE TONE

Arteta Gunning for dangerman Ivan

MIKEL ARTETA has warned his Arsenal defenders they must be prepared for a scrap with Ivan Toney today.

The Gunners return to Brentford this afternoon just over a year after their embarrassing opening-day defeat to last season's Premier League rookies.

Arteta's side were ravaged by injury and Covid on the day but fell well short when it came to putting up a physical fight against the Bees.

Toney could not get on the scoresheet that evening but has made a fine start to the season — earning a first call-up to Gareth Southgate's England squad.

Gabriel and William Saliba have formed a solid partnership to add some mettle at the back for Arsenal and Arteta hopes it will be enough to stop the new Three Lions forward.

Arteta said: "When that ball goes in the air with Toney, even if it is Gabi... I've seen a lot of their games."

"He goes like that [arms outstretched] against any defender and he can hold the ball and make you feel that."

"I will prepare my players and they have to be ready but I am not there, they have to win the duels."

Arteta has added physical strength to the squad but also hopes he has transformed the mentality of his side too.

Defeat to Manchester United in their last Premier League game put the brakes on a perfect start to the season.

The north Londoners now need to show the mentality to bounce back on a ground where they were so easily beaten last season.

Arteta said: "You have to be equipped physically in this league."

"That does not mean only physical contact. You have to be equipped here [mentally] as well because if you don't read the situation you are always late. It is a balance you need."

Following this afternoon's clash, Toney heads off to St George's Park with Arsenal's Aaron Ramsdale.

With Southgate's first choice, Jordan Pickford, injured and out of the squad the Gunners keeper will have a shot at

By JACK ROSSER



claiming the No1 spot for himself ahead of the World Cup.

Managers are often hesitant to tell Southgate what to do with his squads but Arteta is keen to see his man rewarded.

He said: "I hope he is. I think it will be great for us and I think it will be great for Aaron."

"He has shown in the last year or so what he is capable of doing."

"We will be watching and waiting for that decision. It would be a good reward for him and what he's done."

Arteta's former Arsenal manager, Arsene Wenger, revealed this week he has still not returned to the club since his departure as boss in 2018.

The legendary Gunners boss said he felt his presence could have been "a problem" for successors.

Arteta respects the decision of the man who signed him as a player for the club but would have loved to get his guidance in the early days.

Arteta said: "I would have loved to have had him closer to have the opportunity to open up and in certain periods just listen and learn from him and everything he has been through."

"But he considered, he did it to make sure whoever came after had the respect and space that he believed was important."

"He honoured that and that is for me the reason why he did it."

"I am grateful for him since the day I came here, the opportunity he gave me and the way he treated me."

"The way he inspired me and how supportive he has been with me. I'd love to see him back. I think he has explained it. I think he has every window, every door in this football club open whenever he is ready."

ARSENAL (likely): Ramsdale, White, Saliba, Gabriel, Tierney, Partey, Khaka, Saka, Odegaard, Martinelli, Jesus.



OUT-GUNNED BY THE BEES

AUG 13 2021

HERE is how Brentford won several key stat battles in their home victory v Arsenal just over a year ago.

2 Goals scored

1 Hit woodwork

20 Tackles

12 Tackles won

37 Total aerial duels

51% Duels won

64% Successful dribbles

9 Interceptions

7



PILING IN... Toney throws his weight around (above) before Brentford celebrate opening-day win over Arsenal last season

KIDS' STUFF...
Nketiah (left) and Dasilva as teens at the Gunners



Dasilva has pal's number

THERE is only one Arsenal shirt that Josh Dasilva wants as a souvenir from today's game.

So who is the Brentford midfielder going to man-mark after the final whistle? Brazil star Gabriel Jesus? Nao, Norway's Martin Odegaard? Nei.

In fact, Dasilva will approach Eddie Nketiah, the closest of all the old friends from his 12 years at Arsenal that he gets to see again at lunchtime.

Dasilva said: "To be fair, I only really collect shirts of people that I've played with, and I've got all their shirts already – Emile Smith Rowe (below), Bukayo Saka and Eddie Nketiah."

"I think I'm going to try to get Eddie's because he's got a new number this season."

Dasilva and Nketiah, both 23, made their senior debuts within a week of each other in September 2017.

Asked for a standout memory, Dasilva singled out a Carabao Cup tie at Norwich the following month when Nketiah grabbed both goals in a 2-1 win. Dasilva said: "I was on the bench that game and ended up coming on as well."

"He was sitting in front of me getting up from his chair and I said 'Bro, you're going to come on and score'."

"And he went on and scored straight away and obviously got the winner."

"Just the whole feeling of being there, being able to come on and make an appearance for Arsenal, seeing someone that I've played with the last five or six years come on and do that, was probably one of the happiest moments."

While Nketiah joined Arsenal at 16 after being released by Chelsea, Dasilva was snapped up by the Gunners at the age of eight – despite wearing a Manchester United shirt to one of his trials.

Dasilva, who scored in Brentford's 4-0 win over United last month, explained: "I think they laughed it off, I was young and I didn't have kits lying around."

"I had number eight and my name on the back, my mum bought it for me. It sort of worked out because that's my role now."

Wayne Rooney wore United's No 8 at the time and it was another Premier League icon, Thierry Henry, who helped Dasilva's transition into a midfielder.

The Bees star played as a forward until he was 16 and was still learning his new position when he came under Henry's wing.

Dasilva said: "Making the step up to the 18s, I was quite raw, doing what I wanted without understanding the role as such."

"Having Kwame Ampadu and Thierry Henry as my coaches, after a few games we sat down and spoke about my game, what I could improve on and what it took to be a midfielder."

"I worked with them and learnt to

By DAN KING

understand the position and... it's Thierry Henry, you know!

"Off the pitch he felt like one of us at times, one of the boys."

"As soon as you crossed the white line, he was serious and wanted us to improve. It was easy working with him. He is such a calm and relatable guy."

But at 18, Dasilva turned down the offer of a new Arsenal contract and joined Brentford.

He said: "The decision itself was hard but I had to think about my career."

"At the time I didn't really see a pathway for me to get into Arsenal's first team."

After Smith left, it took a while for Dasilva to win over new boss Thomas Frank but he became a key figure in Brentford's push for Premier League football until a serious hip injury stopped him in his tracks in the spring of 2021.

He missed the Bees' play-off triumph and most of their first season back in the top flight – including the famous 2-0 win over Arsenal in their opening game.

But Dasilva said: "I was buzzing. During the course of my injury, we did really well."

"That made things so much easier."

Following a year out, Dasilva regained fitness and made his first Premier League start in a defeat at Arsenal.

But then disaster struck again. First he was sent off after 11 minutes against Newcastle and then tweaked a hamstring in the next training session that restricted his involvement for the rest of the campaign.

So it is no wonder that, to Dasilva, this feels like his first season in the Premier League.

And it is also why he, his teammates, Frank and everyone at the club were so emotional when he scored his top-flight goal against Leicester in Brentford's opening game of the season.

Dasilva said: "My brothers and my cousins were in the crowd so to share that moment with them and the team was really good."

And so Dasilva finds himself hoping to face Nketiah in a Premier League game for the first time, having been substituted before his mate came on at the Emirates in February.

He said: "Having that relationship and knowing guys that I've played with like Eddie and Emile, and seeing them from young and the way they've come up, I know how hard it is to be where they are and sharing that pitch with them playing in probably the best league in the world is second to none."

"I'm just proud of the journey that we're all going on."

"It's all different but we're all, sort of, at the same destination so it's great."

BRENTFORD (likely): Raya, Hickey, Henry, Jansson, Janelli, Mee, Jensen, Dasilva, Wissa, Toney, Mbeumo.



MANÉ... potential rival

Clubs in Qat clash axe 'OK'

By ROB O'CONNOR

EFL and National League clubs will be allowed to call off matches if they clash with England and Wales' World Cup games.

A full schedule of fixtures is planned over the weekend of December 3 — when the Home Nations could be playing in the last 16 in Qatar.

EFL and National League bosses both said clubs can decide whether they rearrange, though it is possible a collective decision could be made.

England and Wales are in Group B with Iran and the USA — and feasibly both teams could progress.

The top two will face rivals from Group A, which consists of hosts Qatar, Louis van Gaal's Holland, Sadio Mané's Senegal and Ecuador.

Wrexham are due to visit York in the National League on the Saturday.

But the Welsh side will likely postpone if Robert Page's Dragons are in a first World Cup knockout game for 64 years.

Then the next Saturday night could also see England or Wales play in the quarter-finals — hours after domestic games have finished — with Argentina and France possible opponents.

The leagues say they will expect teams to fulfil fixtures that day.

Ben, Joe KO blow

WALES' Ben Davies and Joe Allen are both set to miss upcoming Nations League games against Belgium and Poland.

Defender Davies, 29, was ruled of Tottenham's Premier League clash with Leicester with a hairline fracture to the bone just below his knee.

Spurs boss Antonio Conte insisted: "It's not a serious injury. With the national team he is not available but I think after the international break he will be available for us."

Midfielder Allen, 32, limped off with a hamstring strain 30 minutes into Swansea's 3-0 win over Hull.

Swans chief Russell Martin said: "Joe is really important for us and for Wales, so for everyone's sake let's hope it's nothing too serious."

Wales boss Robert Page has already revealed his skipper Gareth Bale will only fly in from Los Angeles on Tuesday, so is unlikely to make Thursday's clash in Brussels.

Page set for Qat lessons —
Page 65

★ THE idea of a North v South 'All Star' game has caused much controversy and debate this week.

I can't say I am a huge fan of the idea. I am always a bit concerned when owners of football clubs, particularly American ones, come up with ways to improve our brilliant game.

The thing for me is that these days local derbies aren't what they were with very few players coming from the town of their club.

So how many northerners and southerners would actually be in the two teams in such a game?

To me that makes the whole point of it redundant.

Harry

Britain's favourite



You have to Be a Kidding!

● I TOLD FAMILY'S MURKY PAST TO JAMIE'S GIRL PAL

● IMAGINE HORROR WHEN I LEARNED SHE WAS ROYALTY



THE death of Queen Elizabeth touches us all in many ways.

Memories of our own lives go hand-in-hand with hers because her reign was so long.

I remember the street parties for the Coronation in 1953. London's East End was still recovering from the ravages of World War Two. Rationing had been a huge part of my childhood.

The taste of the jam sandwiches we had that day still lingers. To us kids in Poplar, it felt like we were in heaven.

My wife Sandra and I shall be watching the funeral tomorrow with a heavy touch of sadness. We are royalists and believe in the monarchy.

Throughout my working life in football, I have been fortunate enough to meet quite a number of our Royal Family.

As manager of West Ham, Prince Harry and Prince William came to Upton Park as kids to watch us play Arsenal.

My memories are fuzzy but I think we tried to stage a late comeback for the boys — but believe we lost. Then again, Arsenal were untouchable in those days.

It's an honour to have made the acquaintance of Prince Charles through the Prince's Trust, Camilla too. I also met Princess Anne as a part of her valuable work with the disabled.

When you work in top-level football it can lead to occasions like that, rubbing shoulders with royals. And I found them all extremely charming.

The Queen will always be remembered for her passion for horse racing. That was her sport.

It remains mine too. And it led to some surprise

consequences when I spent time in the company of Princess Beatrice, Prince Andrew's elder daughter.

At the time I was manager of Queens Park Rangers. One night I was staying in London at a hotel and my son Jamie called to ask if I fancied joining him and a few of his pals for dinner.

I joined the crowd at the table and it was a lovely evening. A young lady was sitting next to me and she struck up a conversation.

She mentioned my well-known passion for horse racing, so of course I went off on one — like a thoroughbred out of the stalls.

I told her all about my upbringing, how my nan was a bookie's runner back in the old days.

At the time, gambling was illegal other than at a racecourse. But my nan Maggie Brown collected scraps of paper from all the other old ladies on

the estate, with their wagers scribbled down. The papers were folded up and my nan would drop them into Cyril the paper boy's bag.

I say boy, he was about sixty! He used to walk the streets calling out, 'Star, News And Standard' to sell copies.

Cyril wore a shirt and a tie and always had immaculately polished black shoes. Anyway, I hope you can picture the scene.

From time to time the police would have to do their duty and my nan would get arrested.

Every so often she was carted off in a Black Maria — a police van.

At Poplar nick she would get a slap on the wrist and then be released to come straight back out on the streets and resume her little sideline.

So I was telling all my shady family secrets to



WINNER... the Queen's joy as her horse Estimate takes the 2013 Gold Cup

'The Queen never missed Ascot, it was a huge part of her life and it

Redknapp

pundit writing exclusively for



CUP GLORY...
Princess Beatrice (left) told Harry her grandmother was delighted to win the Gold Cup in 2013

this young girl and she said, 'Oh, my grandmother loves horse racing too'.

She added, 'When she won the Gold Cup a couple of years ago, she was absolutely delighted'.

This instantly rang alarm bells in my brain and I traced back through my increasingly suspect memory, thinking, 'What on Earth had she meant?'

People win **ON** the Gold Cup but to win **THE** Gold Cup is something else entirely. I sifted back through time and remembered a couple of years previously the Queen had won the Gold Cup.

It was then that it finally dawned on me that I was sitting in a London restaurant telling tales from my murky past to a pretty senior member of our Royal Family.

If I am honest, I still wasn't sure what her name was or who she was directly related to, but I knew it was time to up the level of my conversation!

So we chatted on about racing – and by now I had more of an idea that I was sitting next to a major figure of the British establishment.

I left the young ones to it a bit later on, left the restaurant and went back to the hotel.

The next morning Jamie rang me and said, 'You still have no clue who that was you were talking to last night, do you?'

Of course I knew she was a relative of the Queen – but it still needed my son to provide me with a name. I was pretty embarrassed, for sure.

The Queen never missed Ascot, it was a huge part of her life – and it will take horse racing some time to get over her loss.

I feel it, like much of the country does. But we should maintain our traditions here in Great Britain, we have so much to be proud of.



ALL FOR A GOOD CAUSE... Charles meets Harry and wife Sandra in 2018

will take horse racing some time to get over her loss'



PROUD... Toon's Staveley with flowers and fan (inset)

INSPIRED

From Back Page

Queen did for so many years of her life – it's a true inspiration.

"No matter what job you're in, she showed that consistency and held an impeccable reputation so she was a truly great role model for all of us."

"That's why we're so proud she was our Queen. We'll celebrate what's been an amazing life."

"I was here at the club with training but Kate took the kids down to Buckingham Palace."

"We thought it was important. They're young and they don't understand too much at the moment but when they're older they'll look back and read about the history of our country."

"The Queen was an integral part of that, so Kate took the kids down there just to pay their respects."

"They left some flowers outside Buckingham Palace, which was nice."

"It's a huge occasion in our history so we thought

it would be important for the kids to experience that."

The minute's silence at the Tottenham Stadium was followed by a rendition of God Save the King.

Tributes also took place in the early kick-off at Molineux, where Wolves hosted Manchester City.

Former players Steve Bull and Mike Summerbee laid bouquets in the centre circle.

Bournemouth chairman Jeff Mostyn and Newcastle co-owner Amanda Staveley did the same at St James' Park.

Toon boss Eddie Howe wore a suit for the minute's silence before the meeting with his old club – and then changed into a tracksuit to shout instructions from the touchline.

There was also a minute's applause in all three Prem matches in the 70th minute to honour the Queen's 70-year reign, while clubs in the EFL also paid their respects.



KING FOR QUEEN... King and Heskey floral tributes

ON BRINK

From Back Page

understand the game and six straight losses isn't good for anyone.

"The owners will do what they feel they need to do. I'm not daft."

"I definitely want to continue but whatever happens I'll have a huge amount of respect for the owners because they've given me great support."

"The scoreline didn't reflect the game but the bottom line is it's a heavy defeat and I totally understand the frustration of supporters."

"I can't hide from that, it's my responsibility."

"There's no doubt, we've had a tough start – Tottenham, Arsenal and Chelsea away and Manchester United at home."

"The international break has probably come at a good time

to reset. It's a challenge I will relish."

"I've never had this spell in my career before."

Former Liverpool and Celtic chief Rodgers has been at Leicester for 3½ seasons and won the FA Cup in 2021.

But the Foxes have now conceded 22 goals in just seven Prem games with Harry Kane, Eric Dier and Rodrigo Bentancur netting before Son's treble.

Youri Tielemans' penalty and James Maddison's fine strike did not gloss over another drubbing.

Maddison (left) said: "The players should definitely be taking some of the brunt."

"We're an 11 out there. Ultimately, we're the players and we haven't been delivering."

Report —
Goals P1,
2 & 3





JAC ATTACK... Ramsey (left) hails Friday night's winner

Gerro won't Ram ahead

STEVEN GERRARD says he is ready to nurture **Jacob Ramsey** and let nature do the rest to produce **England's next superstar midfielder**.

There has been a growing clamour to promote the Aston Villa youngster from Lee Carseley's Under-21s to the full senior squad for this month's Nations League ties against Italy and Germany.

The hope was Ramsey, 21, would gatecrash Gareth Southgate's World Cup squad for Qatar – with Friday night's winning volley against Southampton further evidence of his rapid progress.

However, manager Gerrard – who made his own senior England debut one day after turning 20 – says Ramsey has plenty of time to reach a destination he has been hurtling towards since he first joined Villa aged six.

Gerro, who went on to win 114 caps, said: "From an international point of view, there's no rush. He will get there in his own time."

"I know people want to talk about the World Cup at the moment but I don't think that's fair on him."

"He has only just broken through into the team, he's only just becoming a regular."

"We want to build this around JJ because the most important thing is we think he's good enough. We think he's got all the attributes."

"He still has a lot of development, a lot of growing to do because of his age and where he's at."

"But he's got all the tools for us to build a really good team around him and we're changing his individual performance in different games."

"We will try him as a left-eight, a right-eight,

By GRAEME BRYCE

we'll try him as a No10. That was what helped me grow and develop – and that will help him grow and develop."

"I have every confidence that this kid will become an elite player and an international."

"But it's my job to make sure there's not too much noise around and let him evolve naturally."

Since the start of last season, only Ollie Watkins (12) and Danny Ings (8) have more league goals for Villa than Ramsey, who has seven.

Gerrard added: "It's difficult to keep the noise down when he keeps getting assists like against Man City and important winners like the one against Southampton."

"It's great for JJ and his family. He's a wonderful kid, really humble. He knows there are areas of his game that can get better."

"He's still a baby and we love him. We will give him every bit of attention he needs to eventually get there."

Kyle: We did nothing right

KYLE WALKER-PETERS admits Southampton deserved nothing from their defeat at Aston Villa.

Jacob Ramsey settled a wretched game to earn a 1-0 win on Friday.

The Saints were uninspiring and never troubled Villa as they fell to a third defeat in four Premier League games.

The hosts created only one meaningful chance and took it. Walker-Peters (right) said: "Although it was a narrow defeat, I don't think we deserved much from the game. I don't think we were at our level and we were punished."

"They just bettered us in that intensity and that aggression."

"When a team does that and is more aggressive and more intense than you

By CHRIS HUGHES

it's tough to win. We were disappointed at half-time."

"We spoke about being more aggressive, winning more duels, winning more second balls because it felt like they were winning all of them. The same at full-time, they won the battle."

Villa secured just their second win of the season and first clean sheet since April and boss Steven Gerrard expects them to improve. He said: "I'm really proud of the boys' effort, application and commitment."

"In football, you have to grind and fight and be committed."

"We will get better in terms of style and possession and that will come but it was about the points."



PREMIER LEAGUE



The real



Star thanks Pep after hitting net

JACK GREALISH thanked **Pep Guardiola** for keeping faith with him after breaking his goal drought.

By DAN KING

Grealish's strike after just 55 SECONDS was his first since he found the net in Manchester City's penultimate game of last season against West Ham in May.

The England star, signed for £100million from Aston Villa last year, vowed on the eve of this clash with Wolves that he would recapture the form which earned him his big-money move.

And, after delivering at Molinieux, Grealish said: "I know it was a long time coming. I should be scoring more and getting more assists."

"Obviously I'm always going to have people talking about me now with the amount I got bought for."

"But if you look at my whole career I probably haven't scored as much as some people."

"Even when I was at Aston Villa I think I only scored 14 or

15 goals over the two seasons in the Premier League."

"But it's something that I do want to add to my game."

"He [Guardiola] has been brilliant with me and I probably have to thank him because he gave me the opportunity after our performance on Wednesday which wasn't the best at all."

"So I'm so thankful for that and hopefully I repaid him."

Pep responded to Grealish's kind words and said: "He doesn't have to say thank you. I trust unconditionally in all my players. Jack is no exception."

"He scored a goal and it was a good performance."

"I'm happy for him and for the victory. When you pay a lot of money for a transfer, you have to do incredible things. He has to be who he is, that's all."

"Good moments, bad moments, everyone has them."

"He has to say, 'I'm Jack Grealish and I play as who I am.'"



DONE IN 55 SECONDS

... Phil Foden is the first to congratulate Grealish after he nets City's opener

BIG-MATCH VERDICT

Great

JACK'S FINALLY SHOWING SIGNS OF £100M FORM

MAYBE it was being back in the rarefied Midlands air that did it.

But just 13 miles from his spiritual home of Villa Park, this was more like the Jack Grealish we all know.

A goal inside a minute and once again centre stage as the pantomime villain of the piece – in the eyes of the home fans, at least.

The £100million man said on the eve of this game he needs to rediscover the form which earned him that record-breaking move to Manchester City.

Pep Guardiola is certainly giving him every chance to do that, starting the England ace for a third straight game despite underwhelming displays against Sevilla and Borussia Dortmund.

And playing him in the position he wants, cutting in from the left side.

His substitution against the Germans on Wednesday was greeted by a handful of sarcastic cheers from City fans who are still waiting to see the best of Grealish.

So, as the 27-year-old admitted before this one, he needs to start taking these chances with the quality of the attacking options he is up against at the Etihad.

What he has produced so far this season is not going to be good enough to keep him playing regularly.

Yet Guardiola has stood by his man and insisted before this he did not pay all that money just for his goals and assists.

Probably just as well. Prior to this his stats were six and four in those two categories – from 44 matches.

In a team that scores as many goals as City, that is a fairly paltry return.

There were signs on the pre-season tour to America he was starting to find his feet after a low key first year.

That resurgence was halted by an early-season ankle injury and back he went to square one in mid-August. Since then he has been feeling his way

By **MARTIN BLACKBURN**



back in. So what he really needed here was a moment of magic or a goal – and he got the latter after only 55 seconds against Wolves.

After some lovely work from Phil Foden and Kevin De Bruyne, you expected Erling Haaland to be on the end of the Belgian's low cross.

For once, he wasn't. Instead it was Grealish who got the touch which bounced in off Jose Sa's post and nestled in the net.

You could sense his relief as he slid in front of the visiting City fans and celebrated with team-mates who were clearly delighted for him.

Despite his lack of impact on the pitch, the former Villa skipper is hugely popular in the Etihad dressing room.

The goal clearly did wonders for his confidence as he looked much more like his old self, curling a shot over the bar soon afterwards.

Another promising moment came when he cut in off the wing and swapped passes with his Haaland before being denied by a last-ditch tackle.

Briefly, he was upstaged by the Norwegian who scored City's second. But all eyes were on Grealish again just after the half hour when he was on the wrong end of Nathan Collins' wild kung-fu kick which connected with him just above his shorts.

Anthony Taylor had no option but to show a straight red card and, as if to prove why, Grealish pulled up his shirt to reveal a bruise that will be stinging this morning.

Wolves fans booed his every touch for the rest of the game, clearly feeling he had made a meal of it. They might think differently by the time they have watched Match of the Day.

With the game effectively done and the home side a man down, Grealish could relax a bit and make the most of the open spaces down his wing.

He went past his man more than once, drew a few fouls and even pulled out a few Hollywood passes.

Just the job for him really ahead of the final England camp next week before the World Cup.

When he was replaced by Cole Palmer on 77 minutes, with the game long since won, he was roundly booed by the Molineux crowd – but given a standing ovation by his own fans.

So just like old times really.

Welcome back, Jack.



FUL ON... Reed is mobbed after netting at Forest

Silva's got a Ream team

FULHAM boss Marco Silva hailed skipper Tim Ream for shrugging off his disappointment at missing out on a World Cup chance with USA.

Ream was left of the American squad again for upcoming games with Japan and Saudi Arabia.

But Silva insists the defender, 35 next month, a big factor behind his promoted side's early-season charge.

Friday's stunning 3-2 comeback win at Nottingham Forest was their third victory in seven matches.

Silva says he does not normally single out players for praise but even the Portuguese coach admits he cannot ignore Ream's form. He said: "He's been a top player and captain for me ever since I arrived at this club."

"He leads by example and doesn't need to speak too much to do that."

"That's really important for me and the club."

Ream (right) has 46 caps but not won

since withdrawing from an international camp in

October 2021 for family reasons.

Silva added: "Playing for the national team again would be fantastic

for him and I'm sure he's working for it."

"He's probably been our best defender so far this season."

Fulham stunned Forest with three goals in a six-minute, second-half burst

after going a goal down.

Harrison Reed notched their third after an hour – the midfielder's first

goal for the club in his fourth season at Craven Cottage. And Silva added: "To see him arriving in the area to score that goal shows our philosophy and ambition as a team."

"Last season, he had chance to score and didn't, so it was good to see that."

"The pressure on him to score has been really tough."

"I'm demanding different things from him in different areas of the pitch."

"That's fantastic for us that he scored but he worked well with and without the ball."

"On Friday, we played against a side with quality players – but we did it, we matched them and it's not easy to do."

"We deserved the win because we worked for it."



Coop's talks squad goals

STEVE COOPER has challenged his new-look Nottingham Forest squad to "become a team".

Boss Cooper knows he needs to pull off a balancing act to avoid a relegation battle this season.

He has to find a way to make his fresh set of players gel as soon as possible – without throwing away more points.

Forest collapsed for the second game running on Friday night when they allowed Fulham to stage a comeback and win 3-2.

It followed their previous City Ground match against Bournemouth, who fought back from two goals down to win by the same scoreline.

Cooper signed an incredible 22 players this summer – former Tottenham defender Serge Aurier will be in line for a debut next month at Leicester after joining as a free agent.

But the manager has to find a way to make his 'new team' work.

He said: "I've spoken about this with the lads. We're aware of it and I've

By **GRAHAM HILL**

challenged them to become a team. That comes when you have real trust with each other but trust comes over time."

"We've lost four games on the bounce and that's not good at any stage."

"But while we're becoming a team, we have to stay with it in terms of points."

"It's not easy for fans when they see the team taking the lead and conceding goals like that."

Forest beat West Ham and drew at Everton near the start of the season but have now fallen away.

And Cooper says he will not hide from the problems he faces.

He added: "I have to make sure we improve."

"That's the frustrating bit – if we had managed the last few minutes at Everton, the second half against Bournemouth, then we'd have more points than we do now."

"But I'm under no illusions – we need to pick up more points than we have been doing."

JACK'S SMACKED... Wolves' Nathan Collins earned a straight red for this X-rated challenge which floored Grealish

PREMIER LEAGUE



WOLVES 0

IT'S ERLING

City goal machine gets his first from outside the box

ERLING HAALAND found a new way to score.

And Nathan Collins demonstrated a different method of trying – but still failing – to stop Manchester City.

Haaland's first strike for his new club from outside the box, and only the second with his right foot, had already put his team 2-0 up by the time hapless Collins was sent off for a horrible challenge on opening-minute goalscorer Jack Grealish.

Haaland's winner against Borussia Dortmund was a perfectly executed kung-fu finish in the style of legend Johan Cruyff.

The Wolves centre-half's two-footed, stomach-high lunge on Grealish was more like Eric Cantona's retribution on a Crystal Palace fan in 1995.

NHS waiting lists may be long but it is surely too soon to start removing an appendix on the field of play.

But you do already feel it is going to take something similarly outlandish to prevent Haaland leading City to a third title in a row.

The Norwegian now has 14 goals in nine appearances for the champions.

By claiming his 11th in the Premier League in seven games, he moved ahead of Timo Werner – a player also signed from the Bundesliga – who managed ten in 56 appearances for Chelsea.

Even more ominously for City's alleged rivals, Haaland is now showing signs of becoming part of boss Pep Guardiola's machine, rather than just a one-man wrecking ball.

After a week in which comparisons with American sports were in fashion, it was tempting to regard Haaland as the equivalent of an extra-point kicker in the NFL or a closing pitcher in baseball.

That is to say, a specialist with a very particular talent and purpose – in his case, scoring goals in the penalty area with the minimum number of touches necessary.

Haaland's bobbling strike from 20 yards demonstrated a slightly broader skill-set.

But for City's third, he turned provider.

Receiving the ball near the edge of the box, Haaland did not cut in towards goal but realised Kevin De Bruyne was in a better position to his right.

He rolled the ball into the path of the Belgian, whose first-time cross was tucked home by Phil Foden.

It was the perfect afternoon for City, and for Grealish, if you leave aside Collins' intervention.

After another below-par perfor-

By **DAN KING**



mance against Dortmund in midweek, the former Aston Villa man was lucky to be in the Guardiola's starting XI, let alone the England squad.

Being a relatively microscopic cog in Pep's plan, rather than Villa's main man, seems to have sucked a lot of the joy out of Grealish's football.

This reporter, for one, used to find himself on the edge of his seat, whether in a press box or on a sofa, whenever the floppy-haired, monster-calfed maestro received the ball in some space.

But Grealish was beaming with delight after Wolves' conventional resistance lasted all of 55 seconds.

Guardiola described Matheus Nunes as one of the best players in the world after City's 5-0 win at Sporting Lisbon in February.

It was Nunes, though, who lost the ball in his own half – and seconds later it was in the net.

De Bruyne ran on to Foden's cheeky return flick and sent in a near-perfect cross that Grealish reached ahead of Jonny.

A few minutes later, Goncalo Guedes stung Ederson's hands at his near post and a decent contest remained a prospect.

Until Wolves gifted City their second. It took just

one routine pass from Bernardo Silva to release Haaland.

The blond bombshell surged on but his shot was more of a trundler than an exocet.

Wolves goalkeeper Jose Sa was slow to get down, though, perhaps unsighted by defender Max Kilman, and it was 2-0.

The home fans were having to take pleasure where they could find it. When Haaland fell over just before the half hour, there were huge cheers at Molineux.

Wolves' threat had been restricted to poor free-kicks by Joao Moutinho and Ruben Neves until Collins took matters into this own hands – or should that be studs.

It was an honest but reckless attempt to win a high ball. Grealish can count himself lucky to have stayed on the field, while referee Anthony Taylor had no choice but to send the Wolves man off it.

Molineux showed its displeasure when the half-time whistle blew and their team showed more purpose and energy after the break.

If Nunes had connected properly after good work by Rayan Ait-Nouri, they might have had a goal back. Instead they went three behind.

Haaland had seen a shot saved by Sa and Kilman block Foden's follow-up. So he tried the indirect route instead, with what we now call a 'pre-assist'.

De Bruyne's cross for Foden was his sixth goal involvement at Molineux in 2022. That is more than any other player – including any in Bruno Lage's squad.

It is a statistic that says a lot about the brilliant Belgian but more about Wolves' struggle to turn their fine play – on other days, not this one – into goals.

But it is Haaland's sheer numbers and effectiveness that really make the jaw drop. Other teams will have to do a lot better than Wolves to prevent him and City beating all kinds of records.

HOW THEY LINED UP

WOLVES: Sa, Jonny, Collins, Kilman, Ait-Nouri (Semedo 81), Nunes, Neves, Moutinho, Neto (Campbell 86), Podence (Traore 70), Guedes (Hwang 70). Booked: Nunes, Neves. Sent off: Collins.
MAN CITY: Ederson, Stones, Akanji, Dias, Cancelo, De Bruyne (Gundogan 72), Rodri (Gomez 81), Bernardo (Alvarez 72), Foden (Mahrez 72), Haaland, Grealish (Palmer 77). Booked: Rodri.



PHIL STEAM AHEAD...
schemer Foden makes it 3-0

HAAL TYPES OF GOALS...
striker Erling Haaland bags City's second from 20 yards



DREAM TEAM
To get your Dream Team ratings scan here with your smartphone

1 MANCHESTER CITY striker Erling Haaland IS the first player in Premier League history to score in each of his first four away games in the competition.

2 NATHAN COLLINS is the only player to be sent off twice in the Prem in 2022, while Wolves' last two straight red cards in the competition have come v Manchester City (Willy Boly in Jan 2019).

22 CITY are unbeaten in 22 away games in the Prem, a run started just over a year ago. It extends the longest away unbeaten run in the club's league history.

MANCHESTER CITY 3

GREALISH 1; HAALAND 16; FODEN 69

FARLAND!



LAGE... unintentional

BAD

From Back Page

Iran on November 21. The fitness scare could be a major blow, as Phillips' partnership with Declan Rice was key to the Three Lions reaching the Euro 2020 final last year.

Phillips was named England's Player of the Year in 2021.

But he has still played just 14 MINUTES of competitive football for City across three sub appearances since moving to the Etihad.

Phillips has suffered from shoulder injuries during his career — and picked up a knock during a friendly with Barcelona in August.

Southgate, who named his squad on Thursday, is already without Jordan Henderson due to a hamstring injury, leaving his midfield options down to Rice, Jude Bellingham, Mason Mount and James Ward-Prowse.

But Phillips' setback was the only bad news for City following their victory over ten-man Wolves.

Greash opened the scoring in the first minute and Haaland quickly made it 2-0 — to continue his incredible start to life at City.

The Norwegian now has 14 goals in nine games and scored his 100th goal in his last 99 appearances since leaving RB Salzburg in January 2020.

Collins was sent off for an X-rated foul on Greash on 33 minutes.

And former Aston Villa star Greash, 27, said: "If I win the ball, I'm through. I didn't see it coming but it was better for us they went down to ten men."

Phil Foden grabbed a third goal as City went top of the Premier League.

Boss Pep Guardiola said: "The game started really well for us, two goals and the red card."

Both Guardiola and Wolves boss Bruno Lage said they thought that Collins' foul on Greash was unintentional.

Lage claimed: "He tried to play the ball."

And he said former Chelsea striker Diego Costa, 33, is not ready following his arrival at Wolves until the end of the season.

Lage added: "He will take a while yet."

JACK IS BACK ON TRACK

See Pages 72 & 73

PREM TABLE

| | P | W | D | L | F | A | Pts |
|----------------|---|---|---|---|----|----|-----|
| Man City | 7 | 5 | 2 | 0 | 23 | 6 | 17 |
| Tottenham | 7 | 5 | 2 | 0 | 18 | 7 | 17 |
| Arsenal | 6 | 5 | 0 | 1 | 14 | 7 | 15 |
| Brighton | 6 | 4 | 1 | 1 | 11 | 5 | 13 |
| Man Utd | 6 | 4 | 0 | 2 | 8 | 8 | 12 |
| Fulham | 7 | 3 | 2 | 2 | 12 | 11 | 11 |
| Chelsea | 6 | 3 | 1 | 2 | 8 | 9 | 10 |
| Liverpool | 6 | 2 | 3 | 1 | 15 | 6 | 9 |
| Brentford | 6 | 2 | 3 | 1 | 15 | 9 | 9 |
| Newcastle | 7 | 1 | 5 | 1 | 8 | 7 | 8 |
| Leeds | 6 | 2 | 2 | 2 | 10 | 10 | 8 |
| Bournemouth | 7 | 2 | 2 | 3 | 6 | 19 | 8 |
| Southampton | 7 | 2 | 1 | 4 | 7 | 11 | 7 |
| Aston Villa | 7 | 2 | 1 | 4 | 6 | 10 | 7 |
| Crystal Palace | 6 | 1 | 3 | 2 | 7 | 9 | 6 |
| Wolves | 7 | 1 | 3 | 3 | 7 | 6 | 6 |
| Everton | 6 | 0 | 4 | 2 | 4 | 6 | 4 |
| West Ham | 6 | 1 | 1 | 4 | 3 | 8 | 4 |
| Nottm Forest | 7 | 1 | 1 | 5 | 6 | 17 | 4 |
| Leicester | 7 | 0 | 1 | 6 | 10 | 22 | 1 |

WHERE ERLING HAS SCORED FOR CITY THIS SEASON

(All matches, but not including Community Shield)



| MATCH STATS | | |
|-------------|--------------------------|----------|
| Wolves | V | Man City |
| 6 | Shots | 16 |
| 1 | Shots on target | 7 |
| 40% | Possession | 60% |
| 415 | Passes | 619 |
| 14 | Touces in opposition box | 27 |
| 5 | Corners | 7 |
| 7 | Fouls conceded | 9 |
| 2 | Yellow cards | 1 |
| 1 | Red cards | 0 |

1 BRUNO LAGE'S Wolves have won just one of their last 14 Premier League matches — recording five draws and eight defeats — scoring just two goals across their last six matches.

| | | |
|--------|--------------------|----------------|
| Oct 1 | West Ham (a) | Premier League |
| Oct 8 | Chelsea (a) | Premier League |
| Oct 15 | Nottm Forest (h) | Premier League |
| Oct 18 | Crystal Palace (a) | Premier League |



NEXT 4 GAMES



| | | |
|--------|-----------------|----------------|
| Oct 2 | Man Utd (h) | Premier League |
| Oct 5 | Copenhagen (h) | Champs League |
| Oct 8 | Southampton (h) | Premier League |
| Oct 11 | Copenhagen (a) | Champs League |

Bren's on the brink

BLOW... Foxes boss well beaten

Tottenham.....6
Leicester.....2

By TOM BARCLAY

BRENDAN RODGERS is fighting to save his Leicester job after a tonking at Tottenham made it **SIX** straight defeats. Supersub Son Heung-min hit a quick-fire second-half hat-trick to inflict Bren's latest battering.

Rock-bottom Foxes have just one point from seven games and Rodgers admitted: "I will always fight on, but I

Turn to Page 71

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Sun Sport



Son, two three for hero sub

SEE NO! PULLOUT FREE INSIDE

Kane: Queen a true inspiration

HARRY KANE led the tributes to the Queen as the Premier League continued to pay their respects. The England captain revealed his wife and children visited Buckingham Palace to honour Her Majesty. Kane lined up alongside his Spurs teammates for a

By MARK IRWIN

minute's silence before the 6-2 win over Leicester.

Former players **Ledley King** and **Emile Heskey** also laid flowers in the centre circle.

Kane wrote in the matchday programme: "It was truly remarkable to represent the country the way that the

Turn to Page 71

RESPECT... Kane applauds

WOLVES 0 MAN CITY 3

The GOOD

Haaland fires 14th goal in 9 games



THIS GUY IS FLYING... star just cannot stop scoring

By DAN KING

KALVIN PHILLIPS is sweating on his World Cup dream after a recurrence of his shoulder problem.

England's Euro 2020 star missed Manchester City's 3-0 win at Wolves with Erling Haaland scoring again following Jack Grealish's **55-SECOND** opener.

Grealish was later poleaxed by a red-card horror lunge from Nathan Collins.

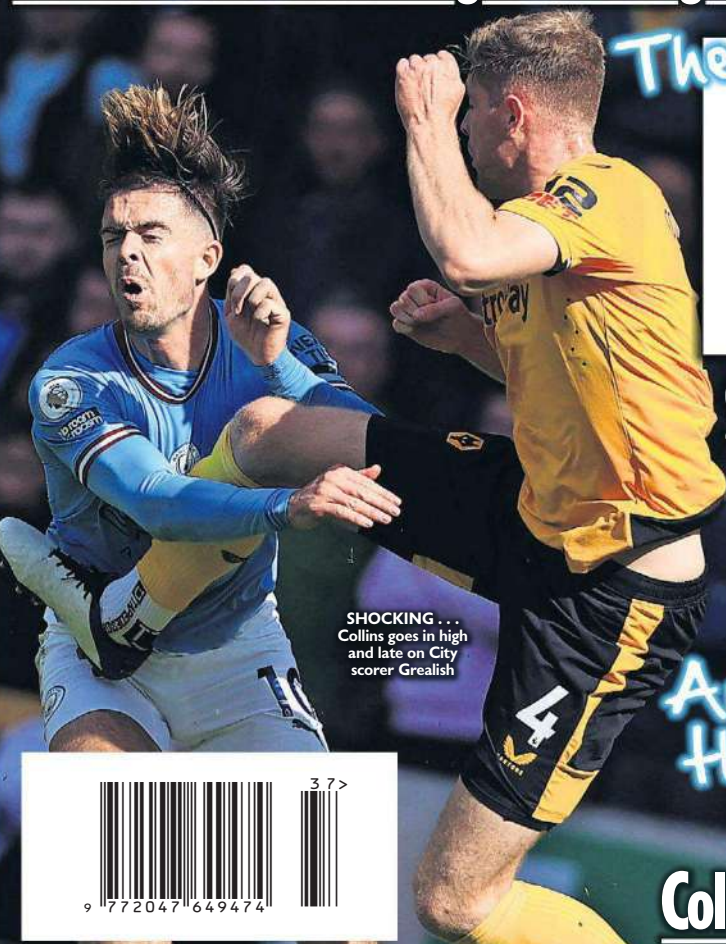
Phillips, 26, will pull out of Gareth Southgate's Three Lions squad for this week's Nations League double-header against Italy and Germany.

It is believed City are weighing up whether to send Phillips for surgery - putting his Qatar place at risk.

Should the £42million midfielder go under the knife, he will face a race against time to be fit for the finals.

Southgate is due to name his 26-man World Cup squad on October 20, before England kick off their campaign against

Turn to Page 75



SHOCKING... Collins goes in high and late on City scorer Grealish

The BAD

Crooked Phillips a big doubt for World Cup



QAT AMONG THE PIGEONS... Phillips may need surgery

And the

UGLY!

Collins sees red after horror Grealish lunge



9 772047 649474

goals

in association with

William **HILL**

Sunday,
September 18,
2022



BACK IN THE GOALS... Son nets his first

Tottenham.....6
Leicester.....2

By TOM BARCLAY

SON HEUNG-MIN never doubted the goals would come after a blistering 14-minute hat-trick as a sub against Leicester.

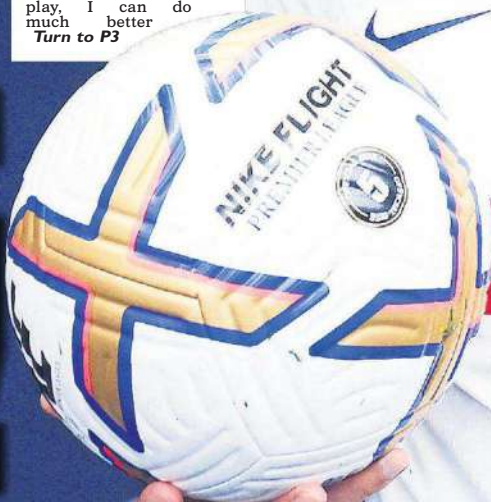
The Tottenham striker had failed to net in his first eight games of the season and was benched by Antonio Conte.

South Korean star Son responded brilliantly and said: "The way I play, I can do much better."

Turn to P3

NICE ONE, SON!

And 2 & 3 weren't bad, either



THREE FOR ME... Son with the matchball after his hat-trick heroics

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Q & A

PREMIER LEAGUE

3

AFTER failing to score with any of his first 17 shots in the Premier League this season, Son Heung-min scored with three of his four attempts against Leicester yesterday.

THE WEEK AHEAD

(7.45 unless stated)

TODAY

PREMIER LEAGUE
Brentford v Arsenal..... 12.0
Brentford v West Ham..... 2.15
CINCH SCOTTISH PREMIERSHIP
Motherwell v Hearts..... 12.0
FA WOMEN'S SUPER LEAGUE - Aston
Villa v Man City (12.30), Leicester v Totten-
ham (5.0), Liverpool v Chelsea (6.45), West
Ham v Everton (3.0).
SCOTTISH CUP FIRST ROUND -
Stirling v Lothian Huddoch (3.0).
THE PITCHING IN ISTHMIAN PREM
- Cray W v Bowers & Pitsea (5.0)

TUESDAY

**PAPA JOHN'S TROPHY NORTHERN
GROUP A** - Morecambe v Hartlepool (7.0).
GROUP B - Crewe v Leeds U21 (7.0),
Tranmere v Bolton (7.0).
GROUP C - Shrewsbury v Port Vale (7.0),
Stockport v Wolverhampton U21 (7.30).
GROUP D - Rochdale v Liverpool U21 (7.0),
Salford City v Accrington (7.0).
GROUP E - Barnsley v Newcastle U21 (7.0),
Lincoln City v Doncaster (7.0).
GROUP F - Derby v Man City (7.0),
Grimsby v Mansfield (7.30).
GROUP G - Carlisle v Fleetwood Tn (7.0).
GROUP H - Sheffield Wed v Burton A (7.0).
**PAPA JOHN'S TROPHY SOUTHERN
GROUP B** - AFC Wimbledon v Crawley Tn (7.0).
GROUP C - Cheltenham v Walsall (7.0).
GROUP D - Peterborough v Tottenham U21 (7.30),
Stevenage v Wycombe (7.0).
GROUP E - Swindon v Plymouth (7.0).
GROUP F - Newport C v Forest Green.
GROUP G - Leyton O v Sutton Utd (7.0).
GROUP H - Ipswich v Arsenal U21,
Northampton v Cambridge Utd (7.0).
CINCH LEAGUE TWO - Stranraer v
Dumbarton, East Fife v Stenhousemuir.

**THE PITCHING IN ISTHMIAN
PREMIER** - Bishop's Cleeve v Bowers
& Pitsea, Corinthian Casuals v Folkestone
Invicta, Enfield Town v Canvey Island,
Harrow Borough v Billericay, Herne Bay
v Hornchurch, Lewes v Avesley, Potters
Bar Tn v Brightingsea Regent, Wingate &
Finchley v Horsham.

**THE PITCHING IN NORTHERN
PREMIER** - Cusley v Matlock Tn, War-
rington Rylands v Marske Utd.
**THE PITCHING IN SOUTHERN
PREMIER** - Hartley Wintney v
North Leigh (7.30), Harrow Borough v
Hendon.

WEDNESDAY

**UEFA NATIONS LEAGUE
LEAGUE B - GROUP 1**
Scotland v Ukraine.....
**THE PITCHING IN ISTHMIAN
PREMIER** - Cray Wanderers v Hastings
Utd, Kingstons v Bognor Regis Tn.

THURSDAY

**UEFA NATIONS LEAGUE
LEAGUE A - GROUP 1**
Croatia v Denmark.....
France v Austria.....
LEAGUE A GROUP 4
Belgium v Wales.....
Poland v Holland.....
LEAGUE C - GROUP 1
Lithuania v Faroe Islands.....
Turkey v Luxembourg.....
LEAGUE C - GROUP 3
Kazakhstan v Belarus..... 3.0
Slovakia v Azerbaijan.....

LEAGUE D - GROUP 1
Latvia v Moldova..... 5.0
Liechtenstein v Andorra.....
UNDER-21 FRIENDLY MATCH
Italy v England..... 1.0
**SPFL TRUST TROPHY THIRD ROUND
NORTH** - Morton v Ayr, Queen of South v
FC Edinburgh.

FRIDAY

**UEFA NATIONS LEAGUE
LEAGUE A - GROUP 3**
Germany v Hungary.....
Italy v England.....
LEAGUE B - GROUP 3
Bosnia-Herzegovina v
Montenegro.....
Finland v Romania.....
LEAGUE C - GROUP 4
Bulgaria v Gibraltar.....
Georgia v North Macedonia..... 5.0
LEAGUE D - GROUP 2
Estonia v Malta..... 5.0

**UEFA EUROPEAN UNDER-21
CH'SHIP PLAY-OFF FIRST LEG**
Croatia v Denmark..... 5.0
Iceland v Czech Rep..... 5.0
Rep of Ireland v Israel..... 2.0
Slovakia v Ukraine..... 5.0
**SPFL TRUST TROPHY THIRD
ROUND NORTH** - Alloa v Airdrieonians,
Annand Athletic v Kelty Hearts, Falkirk v
Partick, The New Saints FC v Dundee (8.0).
(3.0 unless stated)

SATURDAY

**UEFA NATIONS LEAGUE
LEAGUE A - GROUP 2**
Czech Republic v Portugal..... 7.45
Spain v Switzerland..... 7.45
LEAGUE B - GROUP 1
Armenia v Ukraine..... 5.0
Scotland v Rep of Ireland..... 7.45
LEAGUE B - GROUP 2
Iceland v Russia..... 2.0
Israel v Albania..... 7.45
LEAGUE B - GROUP 4
Serbia v Sweden..... 7.45
Slovenia v Norway..... 5.0
LEAGUE C - GROUP 2
Cyprus v Greece..... 7.45
Northern Ireland v Kosovo..... 5.0
SKY BET LEAGUE ONE
Barnsley v Charlton.....
Bristol Rovers v Accrington.....
Derby v Cheltenham..... 12.30
Lincoln City v MK Dons.....

Morecambe v Cambridge Utd.....
Oxford Utd v Fleetwood Town.....
Peterborough v Port Vale.....
Portsmouth v Bolton.....
Sheff Wed v Wycombe.....
Shrewsbury v Burton Albion.....
SKY BET LEAGUE TWO
Barrow v Leyton Orient.....
Bradford v AFC Wimbledon.....
Colchester v Rochdale.....
Crewe v Mansfield.....
Doncaster v Crawley Town.....
Grimsby v Swindon.....
Hartlepool v Gillingham.....
Newport County v Carlisle.....
Northampton v Stockport C..... 2.0
Stevenage v Harrogate Town.....
Sutton Utd v Salford City.....
Walsall v Tranmere.....

FA WOMEN'S SUPER LEAGUE -
Arsenal v Tottenham Hotspur (1.30).
ANARAMA NATIONAL - Aittricham
v Aldershot, Bromley v Oldham, Dag & Red
v Barnet, Eastleigh v FC Halifax, Maiden-
head Utd v Gateshead, Maidstone Utd v
Chesterfield, Scunthorpe v Dorking Wan-
ders, Wealdstone v Southend, Woking v
Solihull Moors, Wrexham v Torquay, Yeovil
v Boreham Wood, York v Notts County.

CINCH LEAGUE TWO - Forfar v Stirling.
**SPFL TRUST TROPHY THIRD
ROUND NORTH** - Arbroath v East Fife,
Buckie Thistle v Linfield, Clyde v Caer-
non Tn, Cove Rangers v Raith, Dunfer-
mline v Celtic, Inverness CT v Brechin (2.0),
Montrose v Kilmarnock (2.0), Peterhead
v Elgin.
ANARAMA NORTH - AFC Fylde
v Bradford P A, AFC Telford v Eastbourne B,
Alfreton Tn v Brackley, Banbury Utd v
Scarborough A, Burn v Chester FC, Chel-
sey v Gloucester, Curzon A v King's Lynn
Tn, Darlington v Peterborough S, Farsley
C v Spennymoor Tn, Hereford FC v Blyth
S, Kettering v Kidderminster, Southport
v Leamington. **SOUTH** - Braintree Tn v
Slough, Cheshunt v Tonbridge A, Chippen-
ham v Dulwich, Concord R v Eastbourne B,
Dartford v Hampton & R, Farnborough v St
Albans, Hemel H v Worthing, Hungerford
Tn v Ebbsfleet United, Oxford City v Bath
City, Taunton Tn v Chelmsford, Welling v
Harant & W, Weymouth v Dover.

**THE PITCHING IN ISTHMIAN
PREMIER** - Avesley v Herne Bay, Billericay
v Lewes, Bognor Regis Tn v Wingate &
Finchley, Bowers & Pitsea v Kingstons,
Brightingsea Regent v Harrogate Borough,
Canvey Island v Corinthian Casuals, Folke-
stone Invicta v Potters Bar Tn, Hastings
Utd v Carshalton Ath, Hornchurch v Cray
Wanderers, Horsham v Bishop's Stort-
ford, Margate v Enfield Town.

**THE PITCHING IN NORTHERN
PREMIER** - Ashton Utd v Marine, Bamber
Bridge v Beiper Tn, Gainsborough Trinity
v Stalybridge Celtic, Hyde Utd v Cusley,
Liversedge v Warrington Rylands, Marske
Utd v Stafford Rangers, Matlock Tn v
Lancaster City, Nantwich Tn v Whiby Tn,
Radcliffe v Morpeth Tn, South Shields v
Atherton Collieries, Warrington Tn v FC
United of Manchester.

**THE PITCHING IN SOUTHERN
PREMIER** - Alvechurch v Leiston, Barwell v AFC Rushden & Dia-
monds, Bedford Tn v Ilkeston Tn, Broms-
grove Sporting v Basford Utd, Coalville
Tn v Hednesford Tn, Needham Market v
Mickleover, Rushall Olympic v Royston Tn,
St Ives Tn v Redditch Utd, Stourbridge v
Hitchin Tn, Stratford Tn v Nuneaton Bor-
ough, Tamworth v Kings Langley. **SOUTH** -
Chesham Utd v Merthyr Tn, Hanwell
Tn v Dorchester Tn, Harrow Borough v
North Leigh, Hartley Wintney v Plymouth
Parkway, Hayes & Yeading Utd v West-
on-S-Mare, Poole Tn v Yate Tn, Salisbury
FC v Bracknell Tn, Swindon Supermarine v
Beaconsfield Tn, Tiverton Tn v Met Police,
Truro City v Gosport Borough, Winchester
City v Hendon.

WELSH PREMIER - Bala Tn v Cardiff
Met Utd (2.30), Connah's Quay Nomads v
Pontypridd Utd (2.30), Haverfordwest
County v Flint Tn United (2.30).

SUNDAY

**UEFA NATIONS LEAGUE
LEAGUE A - GROUP 1**
Austria v Croatia..... 7.45
Denmark v France..... 7.45
LEAGUE A - GROUP 4
Holland v Belgium..... 7.45
Wales v Poland..... 7.45
LEAGUE C - GROUP 1
Faroe Islands v Turkey..... 7.45
Luxembourg v Lithuania..... 7.45
LEAGUE C - GROUP 3
Azerbaijan v Kazakhstan..... 5.0
Belarus v Slovakia..... 5.0
Slovakia v Belarus..... 5.0
LEAGUE D - GROUP 1
Andorra v Latvia..... 2.0
Moldova v Liechtenstein..... 2.0
SKY BET LEAGUE ONE
Plymouth v Ipswich..... 12.30

FA WOMEN'S SUPER LEAGUE -
Barnsley v Reading (2.0), Chelsea v Man
City (4.0), Leicester v Aston Villa, Liverpool
v Everton (6.45), West Ham v Man Utd.
**SPFL TRUST TROPHY THIRD
ROUND NORTH** - Cliftonville v Queen's
Park (1.45).

MONDAY

**UEFA NATIONS LEAGUE
LEAGUE A - GROUP 3**
England v Germany.....
Hungary v Italy.....
LEAGUE B - GROUP 3
Montenegro v Finland.....
Romania v Bosnia-Herzegovina.....
LEAGUE C - GROUP 4
Gibraltar v Georgia.....
North Macedonia v Bulgaria.....
LEAGUE D - GROUP 2
San Marino v Estonia.....
**THE PITCHING IN SOUTHERN
PREMIER** - Central - Histon Tn v St
Ives Tn, Kings Langley v Needham Market,
Redditch Utd v Rushall Olympic.

**THE PITCHING IN SOUTHERN
PREMIER** - South - Beaconsfield Tn v
Harrow B, Bracknell Tn v Hanwell Tn.



THREE DOES IT... the South Korean completes his quickfire treble with Tottenham's sixth goal

SON HEUNG-MIN

Supersub Son takes out

By TOM BARCLAY
NO wonder Antonio Conte likes his favourite Son when he is angry.

The Italian claimed on Thursday that he was in favour of Son Heung-min being in a rage over his eight-game goal drought.

He then proceeded to drop the South Korean to the bench for this one. And that is the first time in more than two years that has happened to Son when he has been fully fit for a league match.

You wondered whether it would prove to be a master stroke from Conte - or kill the forward's confidence completely. It proved, of course, to be the former as substitute Son came on to net a stunning hat-trick in 14 second-half minutes and put this helter-skelter clash to bed.

Leicester had gone ahead through Youri Tielemans' penalty - at the second time of asking - before Foxes nemesis Harry Kane levelled.

Eric Dier continued his good week, following his England recall, by putting Spurs ahead, only for James Maddison to restore parity. Rodrigo Bentancur opened

Tottenham..... 6
Kane 8; Dier 21; Bentancur 47; Son 73, 84, 86
Leicester..... 2
Tielemans 6 (pen); Maddison 41

his Tottenham account just after the break, before Son stole the show with a blistering treble.

It moved Spurs second in the Premier League table, level on points with leaders Manchester City.

While Foxes chief Brendan Rodgers had to endure chants of "You're getting sacked in the morning" as his rock-bottom side's winless start to the campaign continued.

Son's relegation to the bench had come as no surprise because Conte warned he would make changes to re-energise his side after some downbeat performances.

But despite bringing four fresh players into the team, they still made a sluggish start. And it was thanks to Davinson Sanchez, who had been brought

back into central defence for Cristian Romero, who started Tuesday's 2-0 Champions League loss at Sporting Lisbon. Sanchez made an unnecessary foul on James Justin just as the England man had dribbled into the box.

Hugo Lloris saved Tielemans' initial effort but was adjudged by VAR to be off his line and so the Belgian had another bite at the cherry, which he converted. Ahead on six minutes, it was the perfect start for Rodgers' men.

Yet they only had to look back to their last game a fortnight ago. That day they went 1-0 up in the FIRST minute, only to be battered 5-2 in Graham Potter's last game as Brighton boss.

And their fragility showed again as within two minutes Spurs were level thanks to the Fox-hunter Kane.

The England captain always fills his boots playing Leicester and he made it 20 in all competitions against them as he headed home a cross from Dejan Kulusevski following a short corner.

Kulusevski took a lot of credit for the delivery, justifying Conte's decision to

1

LEICESTER are winless in their first seven league games of a campaign for the first time since 1983-84, while their 22 goals conceded is their most ever after seven league games.



PREMIER LEAGUE FASTEST & LATEST GOALS
FASTEST - Jack Grealish (Man City) 55s
LATEST - Son Heung-min (Tottenham) 84m 58s

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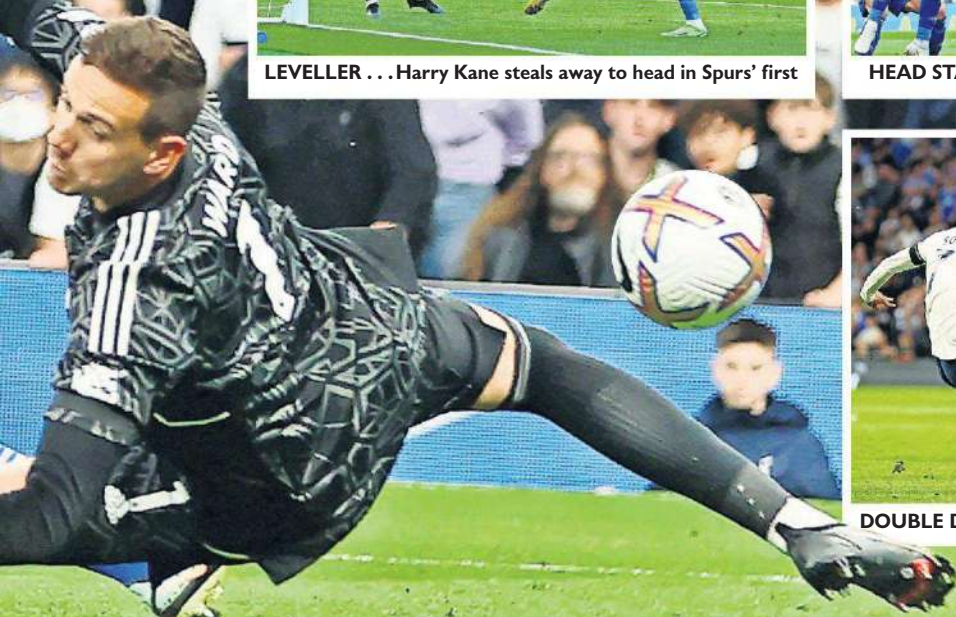
LEVELLER . . . Harry Kane steals away to head in Spurs' first



HEAD START . . . defender Eric Dier nods his side in front



DOUBLE DELIGHT . . . Son nets his second and Spurs' fifth



MEAN!

his frustration on Foxes

bring him back into the team at the expense of Son, who had not been benched when fully fit for a league game since July 9, 2020.

Conte did not have to wait long to see his side go ahead as man-of-the-moment Dier flicked home a corner at the near post on 21 minutes.

His manager had urged him to up his goal tally when discussing his improvement a few weeks ago, having failed to net for the last three campaigns.

Now Dier has two in nine games already this term, as Leicester amazingly made it **TWENTY-FIVE** goals conceded from set-pieces since the beginning of last season.

Ivan Perisic supplied the corner having intriguingly been deployed as a right wing-back for the first time by Conte at Spurs, making the hosts far more dangerous down the flanks.

The ball was in the Leicester net again minutes later, as another Perisic corner saw Wilfred Ndidi put past own keeper.

Yet this time ref Simon Hooper ruled the goal out due to an alleged foul from

Sanchez on keeper Danny Ward. Leicester may have been all over the shop defending set-pieces but they still posed a threat up top.

Patson Daka fired a warning shot and then, with four minutes to go to the break Maddison levelled beautifully, hooking in Timothy Castagne's cross beyond Lloris.

It gave yet another reminder of the Foxes playmaker's considerable talents.

Even if, unlike Dier, he continues to be overlooked by Three Lions boss Gareth Southgate.

There was still time before the break for Ward to turn a Sanchez header — from, what else, a set-piece — on to the crossbar and for Maddison to waste a great chance at the far post.

The breathlessness continued in the second half, with Spurs regaining the lead two minutes after the restart.

Bentancur picked Ndidi's pocket, ran towards the Leicester box and fired past Ward for his first-ever Spurs goal.

Still Rodgers' visitors Leicester would not lie down and Spurs captain Lloris had

to pull off a superb stop to beat out Daka's header.

Just before the hour, Son was finally on the pitch, replacing Richardson to well and truly steal the limelight.

His first offered no hint of a lack of confidence as he ran at the backpedaling Foxes backline, dug out some space and unleashed a right-footed effort that bent up and over Ward from the edge of the area.

Famed for being strong on both feet, Son then curled home a peach of a second with his left 11 minutes later to make it five.

And he had his hat-trick shortly afterwards — once VAR had overturned the on-pitch offside call — as he slotted home on the counter.

The Son is most definitely shining once again.

HOW THEY LINED UP

TOTTENHAM: Lloris, Sanchez (Romero 59), Dier, Lenglet, Perisic (Emerson 55), Bentancur, Hojbjerg, Sessegnon, Kulusevski (Bissouma 70), Kane, Richardson (Son 59), Bokedi, Perisic.

LEICESTER: Ward, Justin, Evans, Faes, Castagne, Ndidi (Soumare 85), Tiedmans, Dewsbury-Hall (Iheanacho 74), Maddison, Daka (Vardy 74), Barnes. Booked: Ndidi, Daka.

NICE

From Page 1

than I have been. I have been disappointed — the team has been doing really, really good but I was disappointed with my performance.

"I wanted to do my best for the team.

"My finishing has been poor this season.

"I've also been a little bit unlucky with an own goal, two offside goals and hitting the bar.

"But I knew goals were coming and I wasn't worried. I have always had great supporters, team-mates and coaches behind me."

The 6-2 victory sent Spurs second, level on 17 points with leaders Manchester City, matching their best-ever start to a Premier League campaign set in 2016.

Manager Conte said: "Sometimes to start on the bench is important because in the next game you might be in the starting 11 — but at the same time you are recharged of the mental and physical energy.

"I am really happy for Sonny, you know what I think of the player.

"I said to him if you're going to score three goals in 30 minutes, maybe we can repeat this experiment but I was joking!

"We have to start thinking in a different way if we are going to make the next step."

Son became the first Spurs player to net a league treble as a sub.

His first strike was a brilliant blast from just outside the box.

That was followed by Son curling into the far corner with his left foot.

He then wrapped up his hat-trick by firing home on the counter — though he had to wait for VAR to overturn the on-pitch offside call.

Last season's joint-winner of the Prem Golden Boot added:

"I like to shoot from outside the box — I have practised that since I was a kid. I'm really glad the ball went in!

"Even now after training, if I have time, I try to practise from there and hitting the top corner.

"I was pretty sure I was outside for the hat-trick. I'm glad I've been able to help the team — I can go to national duty with renewed energy."

PREMIER LEAGUE

| | P | W | D | L | F | A | Pts |
|-------------------|---|---|---|---|----|----|-----|
| Man City | 7 | 5 | 2 | 0 | 23 | 6 | 17 |
| Tottenham | 7 | 5 | 2 | 0 | 18 | 7 | 17 |
| Arsenal | 6 | 5 | 0 | 1 | 14 | 7 | 15 |
| Brighton | 6 | 4 | 1 | 1 | 11 | 5 | 13 |
| Man Utd | 6 | 4 | 0 | 2 | 8 | 12 | |
| Fulham | 7 | 3 | 2 | 2 | 12 | 11 | |
| Chelsea | 6 | 3 | 1 | 2 | 8 | 9 | 10 |
| Liverpool | 6 | 2 | 3 | 1 | 15 | 6 | 9 |
| Brentford | 6 | 2 | 3 | 1 | 15 | 9 | |
| Newcastle | 7 | 1 | 5 | 1 | 8 | 7 | 8 |
| Leeds | 6 | 2 | 2 | 2 | 10 | 10 | |
| Bournemouth | 7 | 2 | 2 | 3 | 6 | 19 | 8 |
| Southampton | 7 | 2 | 1 | 4 | 7 | 11 | 7 |
| Aston Villa | 7 | 2 | 1 | 4 | 6 | 10 | 7 |
| Crystal Palace | 6 | 1 | 3 | 2 | 7 | 9 | 6 |
| Wolves | 7 | 1 | 3 | 3 | 7 | 6 | |
| Everton | 6 | 0 | 4 | 2 | 4 | 6 | |
| West Ham | 6 | 1 | 1 | 4 | 3 | 8 | 4 |
| Nottingham Forest | 7 | 1 | 1 | 5 | 6 | 17 | 4 |
| Leicester | 7 | 0 | 1 | 6 | 10 | 22 | 1 |

goals PREMIER LEAGUE 5

NEWCASTLE have failed to win any of their last six Prem games, drawing five (L1). They are the first PL team to draw five of their opening seven matches in a season since Sunderland in 2014-15.

Oh Howe that hurt

EDDIE FLOPS v OLD CLUB

By OSCAR PAUL

THIS is not at all how it was supposed to go for the richest club in the land.

Alexander Isak's penalty, following a VAR review, saved Newcastle from a humiliating defeat against Bournemouth following Philip Billing's opener.

But this was a must-win game for Eddie Howe's Magpies.

Spending £200million in 2022 has raised the expectations on Tyneside.

And anything other than a win versus a newly promoted side is simply not good enough these days.

This was supposed to be the season when the Saudi-funded Toon announced themselves as serious contenders, as the side capable of smashing down the established order.

But after seven games it is only one win – coming on the first day of the campaign against Nottingham Forest – with this uninspiring showing as flat as Newcastle have been under Howe.

Up against his old club for the first time, "Mr Bournemouth" cut a frustrated figure all afternoon as his boys struggled to unlock a stubborn defence.

And while St James' Park has been bouncing ever since last October's Saudi takeover, there were more moans and groans here than throughout that time.

It was 25 years to the day since Faustino Asprilla's hat-trick inspired Newcastle to a famous 3-2 win against a Barcelona side featuring Luis Figo and Rivaldo in the Champions League.

Yet, on this evidence, it's going to take a few years yet before they are gracing that competition again.

Nobody seriously expected a top-four charge this season but most supporters were hoping for a better start than this.

Newcastle were boosted by the return of midfielder Bruno Guimarães after a three-game absence due to a hamstring issue. There was still no

Newcastle.....1
Isak 67 (pen)
Bournemouth.....1
Billing 62

Allan Saint-Maximin or Callum Wilson, leaving the bench worryingly weak.

But forget about the bang-average subs, the starting XI here were off the boil and uninspiring.

And that filtered into the stands, with the small pocket of away fans up in the gods of St James' Park making much more noise.

Without magic man Saint-Maximin on the wing, there is next to no flair or creativity in Howe's ranks.

And Bournemouth were more than good value for the point, with interim boss Gary O'Neil proving again he has to be under serious consideration for the vacant manager's job full-time.

Howe and Magpies co-owner Amanda Staveley joined the players on the pitch for an impeccably observed minute's silence in memory of the Queen.

Cherries fans were singing Howe's name within minutes of the start but they were less welcoming to ex-winger Ryan Fraser, booing his every touch.

Their former manager is a legend for life but it does not look like they will forget Fraser refusing to sign a short-term extension to play on after the 2019-20 Covid shutdown – when Bournemouth were ultimately relegated.

Kieran Trippier rattled the post with a free-kick from 20 yards but frustration was building ahead of the break.

Joelinton was the one Toon player providing some oomph, the Brazilian somehow not putting Newcastle ahead with a flurry of chances.

His first effort from the left of the box across goal bounced off the posts before Cherries keeper Neto denied him

moments later. Flying to his left, Joelinton's Samba pal then superbly saved from Fraser for good measure.

Bournemouth were hardly threatening at the other end but Marcus Tavernier should have done better than nodding Jordan Zemura's looping cross wide with keeper Nick Pope in no man's land.

The visitors were camped in their own half after the break yet continued to prove a tough nut to crack.

Club-record £60m striker Isak struggled to get into the game – but it is a little unfair to hammer him too much, given the lack of decent supply from wide men Fraser and Miguel Almiron.

The visitors remained a threat on the counter and left St James' Park stunned into silence 62 minutes in.

A great move ended with Zemura's cute cross being poked beyond a rooted Pope by Billing at the near post.

The Cherries forward ghosted in undetected and the first crisis of Howe's tenure looked on the cards.

Newcastle needed an immediate response – and they were handed it thanks to VAR just five minutes later.

Trippier's cross from the right clearly struck Jefferson Lerma's left arm from close range but nothing was given and there was little argument.

Ref Craig Pawson was then told to go and look on his monitor, with the ball obviously striking Lerma even if there was not a huge amount he could do.

A penalty was given, St James' held its breath, Swede Isak stepped up and buried the ball into the bottom corner.

The Geordies briefly burst into life, sensing a winner – only for the final 20 minutes to underwhelm as much as the first 70.

HOW THEY LINED UP

NEWCASTLE: Pope, Trippier, Schar, Burn, Targett, Willock, Bruno (Longstaff 72), Joelinton, Almiron (Wood 89), Isak, Fraser (Murphy 71). Booked: Joelinton.

BOURNEMOUTH: Neto, Smith, Mepham, Senesi, Zemura, Cook, Lerma, Tavernier (Anthony 80), Billing, Christie (Stacey 87), Solanke. Booked: Christie, Tavernier.

Ed: It's a struggle to watch

EDDIE HOWE admits he struggled to watch as Newcastle toiled to a tame draw against Bournemouth.

Alexander Isak salvaged a point from the penalty spot five minutes after Philip Billing gave the Cherries a second-half lead.

Toon remain without a Premier League win since the opening day.

And manager Howe (left) said: "Our performance was below the level we set ourselves."

"We played in front of them too much. I felt we were off in every aspect of our game."

"It was a difficult watch towards

By OSCAR PAUL

the end. Probably for the first time this season, we dipped. It's difficult to know why.

"When we score, you think the game is set up for us to win. But our decision-making and patience let us down."

Toon desperately missed injured winger Allan Saint-Maximin and Howe revealed the Frenchman – missing for the last three games – has had another setback and might not return after the international break.

Bournemouth frustrated the life

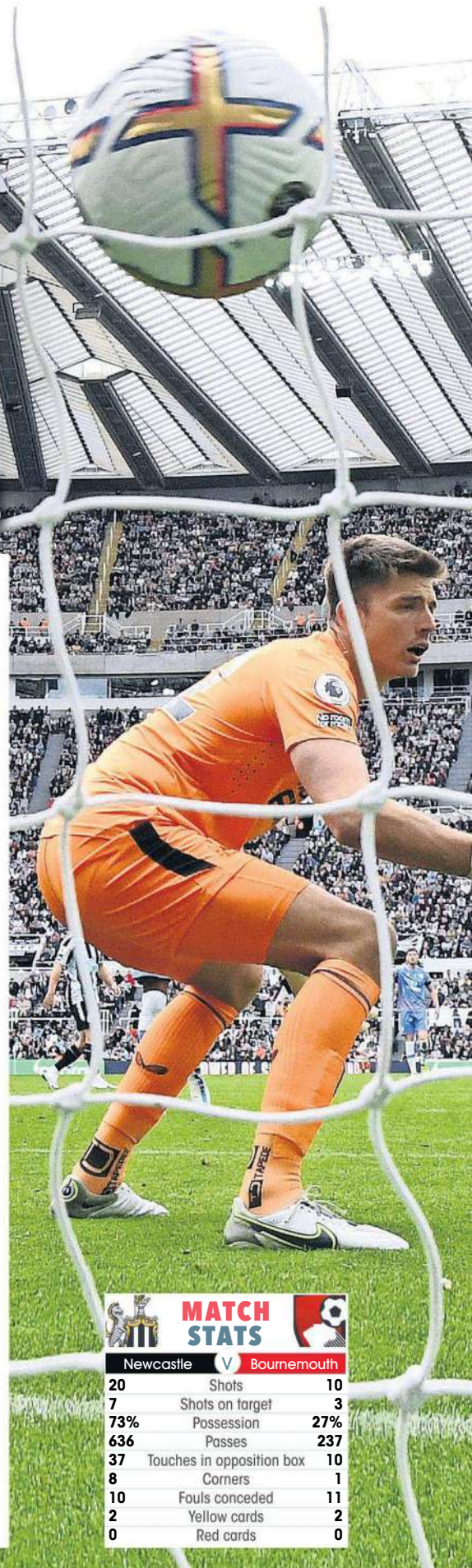
out of Newcastle under interim boss Gary O'Neil and have now picked up five points from their last three games following the 9-0 thrashing at Liverpool that led to Scott Parker's axe.

O'Neil expects to learn if he has landed the permanent job in the coming days.

Owner Maxim Demin is in advanced talks to sell the club to American Bill Foley.

O'Neil explained: "I'll be finding out what's happening next week."

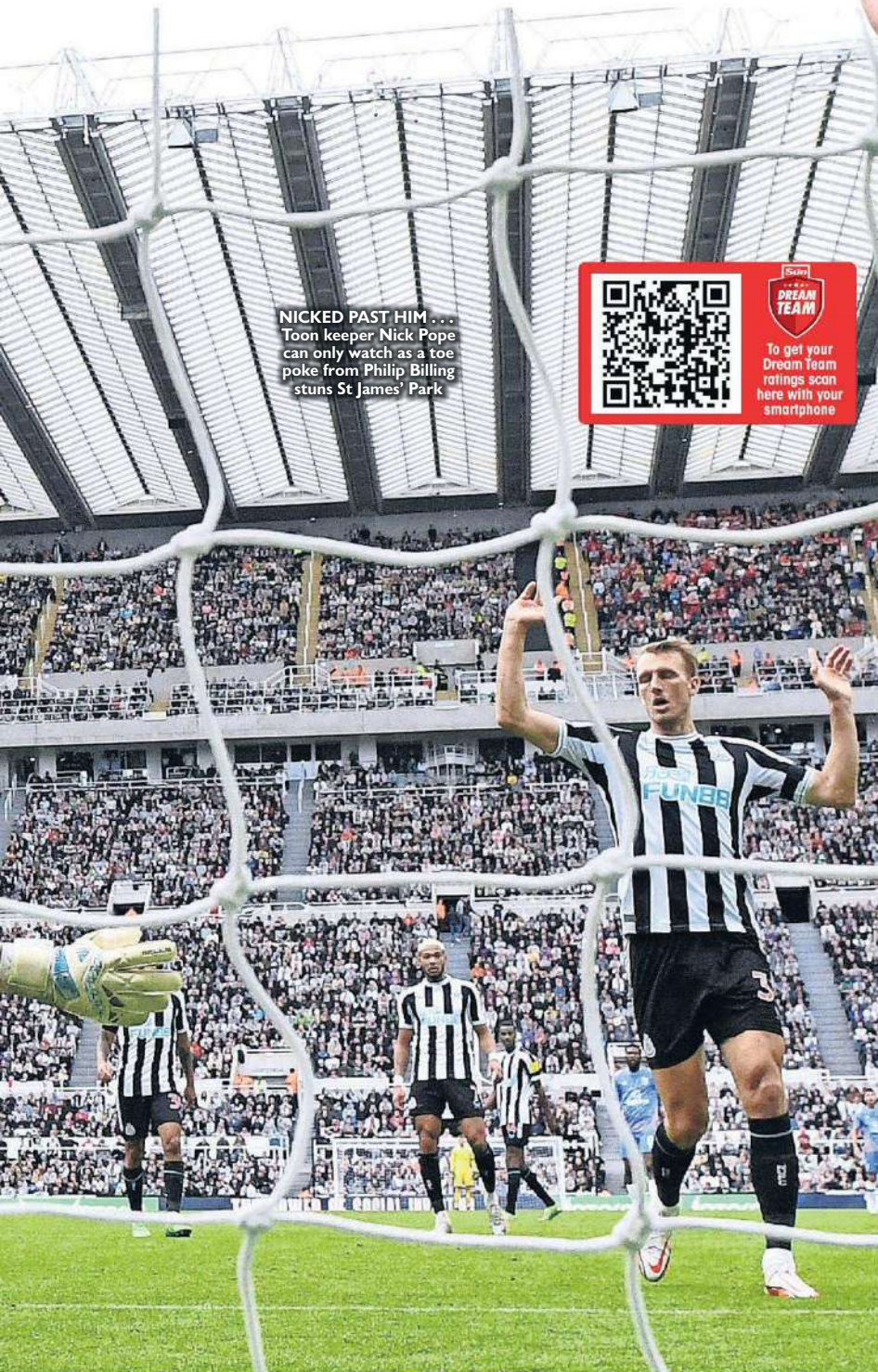
"I have no idea but if it's me we'll get back to work on the grass with the lads."



| MATCH STATS | |
|-------------|-------------|
| Newcastle | Bournemouth |
| 20 | 10 |
| 7 | 3 |
| 73% | 27% |
| 636 | 237 |
| 37 | 10 |
| 8 | 1 |
| 10 | 11 |
| 2 | 2 |
| 0 | 0 |

3

BOURNEMOUTH have avoided defeat in their last three Premier League matches (W1 D2). It's the first time they have managed that since November 2019 under Eddie Howe.



NICKED PAST HIM...
Toon keeper Nick Pope can only watch as a toe poke from Philip Billing stuns St James' Park



TOP BILLING... Cherries ace steers in the opener



PHEW... Isak's penalty was his first St James' goal

WHERE ARE THEY NOW?

PAUL LAMBERT

in association with



Player: 1986-93 St Mirren, 1993-96 Motherwell, 1996-97 B Dortmund, 1997-2005 Celtic.
Manager: 2005-06 Livingston, 2006 Wycombe, 2008-09 Colchester, 2009-12 Norwich, 2012-15 Aston Villa, 2015-16 Blackburn, 2016-17 Wolves, 2018 Stoke, 2018-21 Ipswich.

WHAT does it take to become the first British player to win the European Cup with a foreign team?

Just ask the man behind one of the greatest football trivia answers, Paul Lambert. He helped Borussia Dortmund to European glory 25 years ago when the German side beat Juventus 3-1 in the 1997 final.

Lambert, 53, also became one of the first Bosman free transfers in 1996 after he travelled to Europe with an agent he met for the first time – and has **NEVER** seen since – who set up his switch from Motherwell to the Bundesliga.

The former midfielder explained: "It was just after Euro 96 when I got in touch with an agent called Ton van Dalen.

"I didn't know much about him but he told me he would arrange trials for me with two top European clubs. He was true to his word."

Lambert arrived in Amsterdam and met Van Dalen who set him up at PSV – with manager Dick Advocaat – and Ottmar Hitzfeld's Dortmund. He added: "I scored twice in my two games on trial at PSV."

"The next thing I was meeting the stars of the Dortmund side Andreas Moller and Matthias Sammer, who had won Euro 96 just a few weeks earlier."

Hitzfeld signed Lambert after four trial games and on the eve of the Bundesliga season.

The Scot added: "In my second game I set up two of the goals in a 4-0 win and was never out of the team."

After playing a key role in the European Cup final win, Lambert had no shortage of offers in the summer of 1997. But the opportunity to return to Scotland with Celtic was the perfect challenge.

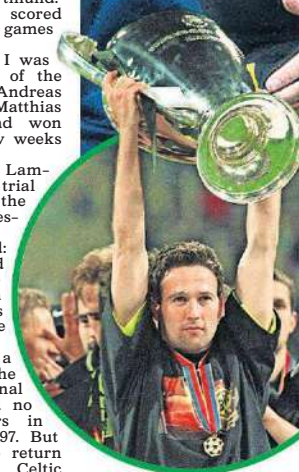
He said: "Unless you have played for either Celtic or Rangers or are part of the fan base you have no idea of the sort of pressure and expectancy levels."

"It had extra significance in my first season at Parkhead because we had to try and stop Rangers winning ten successive titles – which we did."

Lambert helped win eight trophies in eight seasons at the club but, in the latter part of his Celtic career, had already made plans with Hoops boss Martin O'Neill to get time off to study back in Germany for his pro-licence before becoming a manager.

He added: "Martin was so helpful, allowing me that time, I studied for my pro-licence in

"I still have unfinished business in the game"



EURO STAR...
Lambert became a successful boss after lifting the European Cup as a Dortmund player

know what happened to me at Aston Villa.

"I explained that the club was in the process of being sold and I was there at possibly the wrong time."

"Here was a man who has won the European Cup and Champions League six times – more as a player and manager than anyone in the history of the competition."

"He turned to me and said: 'I have been sacked by Juventus, Chelsea, PSG, Real Madrid and Bayern Munich. But look at me, I haven't done so bad'."

"Carlo's words told me everything about football management. You have to evolve and reinvent yourself."

"I have been lucky enough to manage some great clubs."

"Nothing fazes me in terms of my next management appointment, whether that's in Britain or abroad. I have unfinished business in what I want to achieve."

"And I still have as much passion to succeed as I had when I first started playing the game."

Interview:
RUSSELL LANNING

goals CHAMPIONSHIP 18

BURNLEY are unbeaten in their last 18 Championship home games — including their previous time in the second tier

Jay's a hairo

PONYTAIL TAUNTS FIRE ROD

By ALAN NIXON

JAY RODRIGUEZ had the last laugh at the expense of the Bristol City fans and their amusing taunts.

Burnley's veteran targetman sports a ponytail and the away end branded him a "s**t Andy Carroll" — but their chants were turned against them.

Rodriguez, 33, stooped to head in a cross from sub Johann Berg Gudmundsson in the 67th minute and give Vincent Kompany's side a vital and hard-earned win.

Boss Kompany said: "We are extremely fortunate to have Jay-Rod for so many reasons. He's got so many qualities and he's local lad, so he bleeds for this club."

"We know if we keep him fit and happy that he will be a good player for us."

Until Rodriguez's winner, it looked like Nahki Wells would be

Burnley.....2
Bristol City.....1

the striker using this game to settle his personal score.

The City star spent three years at Burnley after they paid £5million for the far-travelled forward — but he never scored, only made a handful of appearances as a sub and went on loan twice before turning up at Bristol City.

So Bermuda international Wells, 32, clearly had reason to want to prove himself at Turf Moor.

And after Burnley's explosive start saw Belgian right winger Manuel Benson lash home the opener on four minutes, Wells stepped up to take centre stage.

He pounced on a Kal Naismith's inswinging corner, which caused confusion at the back, for a 27th-minute equaliser that rewarded

Robins boss Nigel Pearson's bold early approach.

Clarets were still pinging the ball about and Josh Brownhill's volley was deflected over before Nathan Tella should have turned home with the goal gaping.

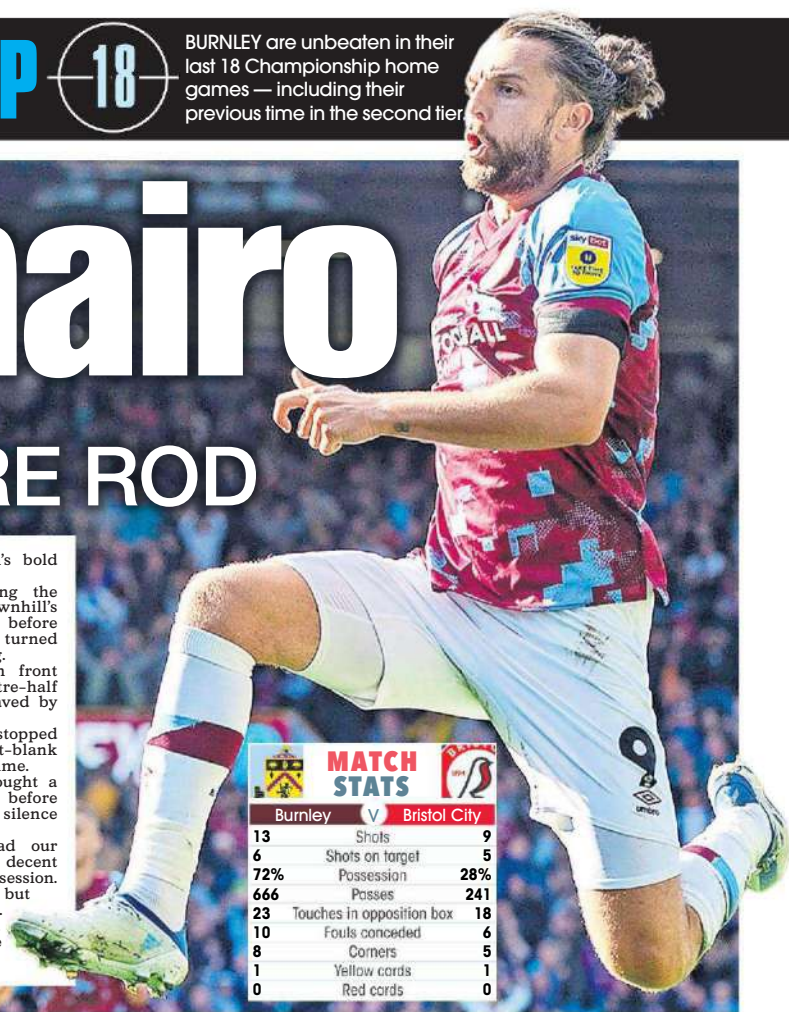
City could have gone in front after Wells' goal but centre-half Rob Atkinson's shot was saved by Arijanet Muric.

Muric also bravely stopped Tommy Conway at point-blank range in first-half injury-time.

A Wells header then brought a fine save out of Muric before Rodriguez (right) struck to silence the away fans.

Pearson said: "We've had our chances but Burnley are a decent side and had plenty of possession. We could have done better but I don't have any complaints."

"We will rue missed opportunities but we have been competitive."



| MATCH STATS | | | |
|-------------|---|--------------|---------------------------|
| Burnley | V | Bristol City | |
| 13 | | 9 | Shots |
| 6 | | 5 | Shots on target |
| 72% | | 28% | Possession |
| 666 | | 241 | Passes |
| 23 | | 18 | Touches in opposition box |
| 10 | | 6 | Fouls conceded |
| 8 | | 5 | Corners |
| 1 | | 1 | Yellow cards |
| 0 | | 0 | Red cards |

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SHEFF UTD have won their last four Championship matches by an aggregate score of 9-0 — the Blades' longest winning run without conceding since March 2014 in League One (7).



CHAMPIONSHIP FASTEST & LATEST GOALS

FASTEST - Manuel Benson (Burley) 3m 40s

LATEST - Jewison Benneffe (Sunderland) 86m 16s

in association with



WILDER... frustration

Chris TV turn-off

Middlesbro.....0
Rotherham.....0

By COLIN YOUNG

CHRIS WILDER called on Middlesbrough to "dig in" after a tedious bore draw hit their promotion hopes.

Cameras returned to the Riverside for a Saturday night show — and Boro boss Wilder will be glad to see the back of them.

He wanted a home win to keep his side in touch with the top six but has now dropped 12 points in seven Riverside games.

Wilder said: "It is not free-flowing and it is a bit tough at the moment but we have to dig in. The sun is not always shining."

"They are incredibly hard-working and arguably the last team we wanted to play."

Boro had just one shot on target although Duncan Watmore did crash an effort off the inside of the post in the second half.

Rotherham were eyeing back-to-back wins to jump into the top five but failed to trouble Manchester City loan keeper Zack Steffen.

Millers boss Paul Warne said: "As a game it fizzled out and both sets of players were exhausted."

"I'm probably happier of the two managers because they created more in the final third than we did. We will take a point."

On right Rhodes

Huddersfield.....1
Cardiff.....0

NARCIS PELACH wants Huddersfield to show what they are made of.

Jordan Rhodes hit the winner with a pin-point finish from the edge of the box after eight minutes.

And Pelach, who is in charge while a successor to sacked Danny Schofield is found, feels the Terriers have what it takes to escape danger.

He said: "I'm really happy because the players did everything we asked. We showed the fighting spirit to climb the table."

Cardiff's Callum Robinson missed a great chance to level when Lee Nicholls saved his spot-kick after Tino Anorin fouled Andy Rinomhota.

Bluebirds boss Steve Morison said: "We didn't start the game well, we should have scored the penalty but didn't. Callum is as gutted as anyone."



| MATCH STATS | | |
|-------------|----------------------------|-----|
| Preston | Sheff Utd | |
| 18 | Shots | 15 |
| 3 | Shots on target | 6 |
| 57% | Possession | 43% |
| 452 | Passes | 338 |
| 28 | Touchees in opposition box | 28 |
| 11 | Fouls conceded | 10 |
| 7 | Corners | 5 |
| 1 | Yellow cards | 3 |
| 0 | Red cards | 0 |

OLE, McBURNIE... Blades scorer McBurnie is all smiles as Preston keeper Freddie Woodman remonstrates



BEALE... frustrated

Boring R's nil

QPR.....0
Stoke.....0

QPR manager Michael Beale admitted his dozy side were sending the home fans to sleep.

He said: "I was bored in the first half — everyone in the whole stadium was bored as well."

"That's really not how we want to play."

Dwight Gayle bounced a first-half free-kick off the bar for Stoke.

And then QPR livened up with the introduction of Scotland striker Lyndon Dykes after the break.

But with the final action of the game, QPR left-back Kenneth Paal made a challenge from behind on Stoke's Ben Wilmot, who crashed to the turf.

Stoke boss Alex Neil said: "It's a clear penalty. It's not one where there's a little bit of contact and he could stay up."

"I couldn't believe the ref didn't give it."



Robins' red rage

Birmingham.....0
Coventry.....0

MARK ROBINS slammed Gus Hamer's red card record as 'ridiculous' — after the player's second dismissal in five games.

Hamer was sent off with a minute left for kicking out at Brum's Manchester United loanee Hannibal Mejbri as the pair tangled on the ground.

Hamer now collects a four-match ban.

Coventry boss Robins said: "That was absolutely ridiculous. I thought about taking him off. But the fact you've got a quality player and you're bringing him off — and then you don't have the same quality coming on, you're weakening yourself."

Birmingham had the best chances with Juninho Bacuna blazing over from eight yards early on.

Boss John Eustace said: "He really should have put that one away."

BY HECK

Paul half-time rocket lifts Blades

By SIMON YAFFE

PAUL HECKINGBOTTOM felt this game really was one of two halves — and admitted criticising some of his players during the break.

The league leaders stuck the knife in to Preston with a fourth successive win thanks to goals from Iliman Ndiaye and Oli McBurnie, despite the home side blunting the Blades for much of the opening 45 minutes.

Sheffield United boss Heckingbottom said: "We knew we had to do better and we did."

"In the first half we were lethargic, we weren't aggressive and we were second to everything."

"In the end it was a strong display and credit to the players in the second half because they looked much more like they usually do."

Manchester United loanee Alvaro Fernandez, on his first league start for North End, was at the heart of the action.

The Spanish defender, 19, created chances and won the ball back in

Preston.....0
Sheffield United.....2

dangerous areas as the hosts laid siege to the United goal.

The Lilywhites' first opportunity came when Alan Browne played in former Blade Ben Whiteman only for the midfielder to sky his effort over the bar.

Then a long ball from Preston captain Brown found Emil Riis Jakobsen at the near post but the Danish striker just failed to connect with it.

Next up was Troy Parrott, who raced down the left and whipped a sumptuous ball into the Blades box only for Andrew Hughes to head wide.

And then Ali McCann knocked it past the post as Preston sustained their attacking threat.

More good play saw Whiteman launch a rocket which went over, before United took a 40th-minute lead through Ndiaye.

The Senegalese hitman found himself in space and, with just keeper Freddie Woodman to beat, sent the ball into the

back of the net. And he could have doubled their advantage moments later when he struck from the edge of the box, only for Woodman to save with his legs.

United upped the ante in the second half and were rewarded for their attacking play with a second goal on 75 minutes.

Norwegian Sander Berge robbed Hughes and slid the ball in for Scotland striker McBurnie to tap home.

North End could have pulled one back on 85 minutes but United goalkeeper Wes Foderingham made a super save to deny Browne.

Preston have scored just three times in their ten league games and manager Ryan Lowe was booed by supporters when he substituted star performers Fernandez and McCann on 69 minutes.

He said: "The fans pay their hard-earned money and have a right to voice their opinion."

"Alvaro took a knock and was struggling to run, so I had to freshen it up."

"I get the frustration but a lot of thinking goes into our changes."

"The lads coming on are good lads and they don't need to hear that."



TOP BEN... hero Afofe is mobbed

BEN'S IN NIK OF TIME

By JOHN DILLON

BENIK AFOFE thumped home a second-half winner to spare Gary Rowett a roasting from The Den faithful.

Rowett and his Millwall team were booed off at half-time after squandering an early lead.

But the boss' decision to start Afofe — one of four changes from a midweek defeat by QPR — paid off in the 63rd minute.

Dutch signing Zian Flemming headed Lions in front with his first goal for the club on 14 minutes only for 18-year-old

Millwall.....2
Blackpool.....1

Arsenal loanee Charlie Patino to level for Blackpool with the first league goal of his career in the 33rd minute.

Rowett said: "I understand the fans' frustration. We were not fluid in the first half."

"At half-time I asked the players to be brave. And we moved the ball a lot better and could have scored more."

Flemming's header from Scott

Malone's corner crossed the line before keeper Daniel Grimshaw could claw it back.

Patino slotted home from ten yards after Jerry Yates touched on in the box.

But Afofe lashed in his second goal of the season after Callum Styles' initial close-range attempt had been blocked.

Blackpool boss Michael Appleton said: "I can't fault our character or commitment — it was there in abundance."

"But we are not turning opportunities into chances. We need more quality when we get in there."

goals

CHAMPIONSHIP

22

LUTON have never lost a home match in the Football League against Blackburn in 22 games — with 13 victories as well as nine draws.

Jones turns on Twits as Burke shines

By GEOFF KNOX

NATHAN JONES rounded on Luton's moaning Twitter mob after his side clocked up one of their best showings of the season.

After a forgettable first half, Carlton Morris grabbed goal No 6 this term, before defender Reece Burke curled in a worldie to seal the win.

Yet Jones (*below*) had been criticised by some sections of the Kenilworth Road crowd about his team selections and tactics that had gleaned 'only' ten points from their first nine games.

And the Luton chief insisted: "It was a wonderful performance, especially in the second half.

"I don't read social media but people sometimes show me stuff and things that people are saying.

"I've got a message for our fans. There's a lot of Championship teams that should be beating teams. And their fans keep saying it.

"We're not a team that should be beating teams. What we are is a team who goes about our business with humility. We're hardworking, we've got an honest group, got a wonderful way of doing stuff and an environment that's fantastic.

"And at times it's difficult as Championship games are very difficult to win, as you found out the first year that we were in it.

"We can see we 'should be, should be, should be'. But those are the type of performances we put in and the crowd should get behind that, as there's no God given right to win a football game.

"We're a relatively new side in this at this level but we just keep doing it. And I'm really proud of the team. So, get behind the team as they were magnificent today.

In a bid to force their

Luton.....2
Blackburn.....0

first win at Kenilworth Road this term, Jones brutally wielded the axe, making five changes to the side which drew with Coventry.

It was Blackburn who carved out the first chance after just seven minutes, when Ben Brereton Diaz poked the ball past Hatters stopper Ethan Horvath. But his shot lacked legs and Dan Potts was on hand to hack the ball clear.

The visitors enjoyed periods of control in a dour first half but found any clear-cut chances harder to come by.

It was the hosts who then grew in to the game, with star striker Morris finally getting a sniff at goal midway through the half.

After the break, it was all one way traffic as Blackburn succumbed to Luton's press.

On 58 minutes, Jordan Clark cut inside from the left wing and bent a perfect cross in for Morris to steer the ball past Thomas Kaminski at the near post.

Eight minutes later, Luton doubled their lead when Burke advanced forward and unleashed a spectacular strike from 25 yards that beat Kaminski all ends up.

It would have been a great strike from a front-man. For a centre-half, it was unbelievable.

And the Hatters never looked threatened as they held on to win.

Rovers boss Jon Dahl Tomasson admitted: "It was disappointing. We probably had the best chance of the game. If that had gone in then we win the match. When you're playing away you have to take your chance.

"I hate losing but I'm not someone who easily gets concerned — I prefer to look at the bigger picture."



MANNING ... broke deadlock

JOE IN WALES WOE

JOE ALLEN looks set to miss Wales' final two games before the World Cup after straining his hamstring.

Swansea's influential midfielder went down on the half-hour and limped out of this comfortable win. Wales are due to face Belgium and Poland in the Nations League in the next week.

Swans boss Russell Martin said: "It's his hamstring but it's not the one he has done before.

"Joe doesn't feel it's a bad one and he came off as more of a precaution. We won't know until we get him scanned but I would have thought it gives him only a

Swansea.....3
Hull.....0

slim chance of being involved on international duty this week.

"Joe is really important for us and for Wales, so let's hope it's nothing too serious."

Two goals in a four-minute spell in the second half saw off Hull. Ryan Manning and Luke Cundle made the breakthrough after Joel Piroe — twice — and Cundle had hit the woodwork.

Manning crashed home when he met a cross at the far post. Then Tigers defender Tobias Figueirido

collided with his own keeper Nathan Baxter as he tried to clear, leaving Cundle to nip in.

Piroe rounded things off after another howler from Figueirido.

The result leaves Hull boss Shota Arveladze perilously close to the exit door, with Turkish owner Acun Ilıcak spotted leaving his seat before the end.

After a fourth defeat in a row, Arveladze said: "I haven't spoken to the owner. The boys are very, very down. We are on a bad run and we aren't in form. We need a good day to come back.

"I feel under pressure. Whatever course is taken, it is going to be what is best for the club."



SAM GUYS GET ALL THE LUCK ... Teemu Pukki's shot deflects off Byram for the equaliser



HE'S A CRACKER ... Burke (right) toasts his worldie goal

CHEST GR

Lucky Byram deflection rout

By TONY RUSHMER

SAM BYRAM netted his first goal in almost seven years — but knew little about it.

Byram (*right*), 29 on Friday, came to the Canaries' rescue in the second half after they trailed to Dara O'Shea's ninth-minute opener.

The stand-in left-back was stood just outside the West Brom six-yard box when he found himself in the line of fire from Teemu Pukki's shot.

Baggies goalkeeper David Button appeared to have the Finnish star's edge-of-the-area blast covered at the near post — but was then wrong-footed as the ball changed direction

Norwich.....1
West Brom.....1

via Byram's chest. Albion claimed there was some contact with Byram's arm as it flashed off him.

But ref Thomas Bramall allowed the goal to stand after heading for a chat with his assistant Matthew Wilkes.

It was the second major call that went against under-pressure Baggies' boss Steve Bruce.

With the visitors already 1-0 up, John Swift tumbled inside the box under Grant Hanley's challenge — but Bramall saw nothing amiss. Bruce

said: "I know it's a hard job but big decisions have cost us, if I don't win games I get my head chopped off.

"The big decisions they need to get right and we had two against us — their goal and the penalty — and that is being genuinely honest.

"It was a stonewall penalty. It doesn't matter that the ball was going out of play. Swiftly got a touch, the boy barged into him — it's a penalty."

Unsurprisingly, Norwich counterpart Dean Smith saw it differently.

The Canaries boss said: "It's not a penalty. And there should have been a free-kick just before that."

Smith also claimed that there was no element of handball in Byram's 68th-minute equaliser. He said: "I'm

led to believe that the arm then it's like a good goal."

There was little about Norwich's plight — off-day and can't escape win.

Smith said: "I'm disappointed, we were given a really good chance we never moved quickly enough and frustrated and magicians after that."

Bruce's side was in a different proposition that suffered a defeat in midweek.

in association with



4 WEST BROM are unbeaten in their last four league games at Norwich (W3 D1) — since a 4-0 defeat at Carrow Road in May 2013.



1 AFTER winning two of their first three league games this season (W2 D1), Watford have picked up just one victory in their last seven (W1 D4 L2).

HE'S INCE PERFECT

By DANE MASSEY

TOM INCE curled in a beautiful free-kick to earn Reading victory at the DW Stadium.

But dad Paul was left to lament his side's lack of a killer instinct as they eventually squeaked home by just that solitary goal.

The winner came on 63 minutes as Ince Jr curled the ball up and over the wall and past Ben Amos as the Royals moved up to third in the table.

Boss Ince Sr said: "We started a little bit slow but once we got a foothold and a goal in the game we played some lovely stuff and we

Wigan.....0
Reading.....1

thoroughly deserved to be in front. The disappointing thing for me is that we should have been 2-0 or 3-0 up. We've got to kill games."

Both sides had chances in the first half, with Josh Magennis heading inches wide for the hosts before Thelo Aasgaard had two decent efforts, hitting the side netting before firing just wide.

Reading started the second half brighter and should have gone ahead when Tom McIntyre scuffed Junior Hoilett's low cross wide of

the post from near the penalty spot. After Ince's strike, Will Keane headed James McClean's cross against the post and Ince headed another chance over, before Callum Lang spurned a one-on-one for the Latics.

Yakou Meite fired straight at keeper Amos as the Royals sought the clincher.

And Max Power and Charlie Wyke missed injury-time chances for Wigan to level.

Latics boss Leam Richardson said: "I felt it was a game we could have won."

"We had the momentum and possession without really turning it into penetration and sharp work in the final third."



CATS CRADLE... teen Bennette is mobbed after leveller

Bennette's sting in tail for Hornets

By JUSTIN ALLEN

COSTA RICA teen sensation **Jewison Bennette** scored his first Sunderland goal to earn them a deserved point after a spirited performance.

The winger, 18, only arrived at the club last month from Herediano in his homeland and made his debut off the bench for the last eight minutes at Reading on Wednesday.

He once again came on as sub for the last 17 minutes at Vicarage Road and was in dreamland as he slammed home with just three minutes left.

It was no more than the Black Cats deserved after twice coming from behind.

The result leaves them in the top six — not a bad start for a side just promoted from League One.

While relegated Hornets have only won once in their last seven

They moved in front here when Keinan Davis (right) tapped home after 34 minutes, only for Aji Alese to level just before the break when his shot just crossed the line despite Hamza Choudhury's desperate attempts to clear.

Hornets old-boy Luke O'Nien headed past his own keeper on 62 minutes to restore Watford's lead but Bennette's late strike made sure the spoils were shared.

Sunderland boss Tony Mowbray was delighted for his teenage ace.

He said: "Bennette is off to prepare for Costa Rica and the World Cup. He hardly speaks a word of English but comes in with a smile on his face."

"He's going to surprise a lot of people this season. He is one hell of a story."

He added: "The lads are disappointed though."

"We were positive, moved forward well and were unlucky not to win the game."

At a club like Watford where they chew and spit managers out at regular

Watford.....2
Sunderland.....2

interviews, Rob Edwards needs some wins and fast.

He said: "There is always pressure at this club and I'm not shying away from that. The only way you can get wins is from performances."

"I saw positive signs today but was frustrated we could not hang on for the win."

"I want us to learn that when we're on top to drive it home. That is where I was frustrated because we didn't do that."

"Most of our goals are conceded from crosses so we need to continue to work at that. There are some basics we need to clean up on quickly."

The Hornets moved in front when Hassane Kamara got free down the left after a lovely pass from Yaser Asprilla.

His low cross from a tight angle went beyond keeper Anthony Patterson, allowing Davis to slam into an open net.

Jack Clarke saw an effort for the visitors saved by Daniel Bachmann after a scramble but Alese latched on to the loose ball and got his shot away to equalise.

Watford hauled themselves back in front after the break. Joao Pedro's in-swinging free-kick was headed back across goal by William Troost-Ekong and O'Nien diverted the ball past his own keeper.

Sunderland thought they were level with 18 minutes left when Clarke headed past Bachmann but he was flagged offside.

They went close when Patrick Roberts drove forward and was sent tumbling.

The ball fell to Bennette, who shot wide.

But they grabbed a point when Roberts' cross to the back post was not cleared and fell to Bennette, who took a touch before slamming home.

| MATCH STATS | |
|-------------|---------------------------|
| Norwich | West Brom |
| 11 | Shots |
| 3 | Shots on target |
| 65% | Possession |
| 567 | Passes |
| 16 | Touches in opposition box |
| 7 | Corners |
| 10 | Fouls conceded |
| 1 | Yellow cards |
| 0 | Red cards |

BEAT, SAM ends off tough day for Bruce

if it hits the top of OK — so it looks else that was good ay. They had an count themselves ch a point. am frustrated and ere poor. e first minute. ft goal away. d the ball de bad deci-

Midlands rivals Birmingham. With four changes to the line-up, they dealt well with the threat of Norwich's in-form strike duo Pukki and Josh Sargent.

And Albion often posed a threat going forward although O'Shea was gifted his goal by dozy Norwich defending from Swift's free-kick.

The midfielder slung the ball into the back post, where it was met by the Irish international centre-back.

With just City keeper Tim Krul to beat, O'Shea made no mistake, burying a firm header from inside the six-yard box for his second goal of the season. Norwich were as

sluggish as the Baggies were bright in the opening exchanges.

Indeed, the hosts failed to muster a single shot until the 29th minute when Marcelino Nunez's half-volley flew a couple of yards wide.

His Brazilian team-mate Gabriel Sara went much closer just before half-time with a volley that skimmed off the top of the crossbar.

Jayson Molumby came close to doubling the lead on the hour when he was teed up on the edge of the box by Erik Pieters, who was making his full debut for Albion.

But Norwich found themselves level against the run of play through Byram's controversial goal.

It was the first time Byram had

scored since his strike for Leeds in a 1-1 draw with Nottingham Forest in December 2015.

He also came up with another important intervention — this time in his own box.

Baggies' Karlan Grant looked poised to head home fellow sub Adam Reach's added-time cross when Byram darted in front of him to nod the ball to safety.

It was yet another frustrating moment in a frustrating season for Bruce and his draw specialists.

Bruce added: "We've played ten now and drawn seven."

"Five or six, including today, we could have won. We deserved to win but we have to stick with it."



goals LEAGUE ONE

-3,199-

FOREST GREEN'S Connor Wickham scored from outside the box in league competition for the first time since December 2013 — for Sheffield Wednesday against Watford — 3,199 days ago.



JACK'S ACE... Ipsps' Diamond gets his hat-trick goal

Barton cops a hammering

JOEY BARTON branded his players 'Keystone Cops' after this crazy home hammering.

But the Rovers boss did not see the funny side of a nine-goal thriller as on-loan Sunderland winger Jack Diamond hit a hat-trick for Lincoln.

Diamond, 22, ran rings round Rovers while Barton's side even gave the visitors a helping hand.

In what proved to be a turning point just before half-time, Antony Evans' clearance whacked into team-mate Ryan McCormick and fell nicely for Diamond who raced clear to make it 3-1.

Barton, whose men are now without a win in seven games, said: "That summed up a madcap game."

"It could have been 7-7, it could have been 8-7."

"There was a bit of a Keystone Cops moment just before the break where we kicked it into one of our players and put them through."

"You have games like these where your opponents can't believe their luck — and this was one of them. It was tough to take."

While Diamond sparked, striker Ben House helped himself to a brace — including Lincoln's seventh-minute opener.

Diamond's first, which made it 2-0, was a 14th-minute penalty after

Bristol Rovers.....3
Lincoln.....6

Glenn Whelan fouled House. Aaron Collins pulled one back with the first of his double before the crazy twist seconds ahead of the break.

Matty Virtue made it 4-1 six minutes after the break while Ryan Loft's 59th-minute goal for Rovers raised brief hopes of a miraculous comeback from 5-1 which quickly petered out.

Barton added: "We've lost three points but I'm proud of the players for way they kept taking the game to them, getting on the ball which was brave. "And I'll take responsibility for the shape we played and the fact we were so porous."

"I think attack is the best form of defence. We tried to play a really aggressive system and take the game to them but it didn't go to plan."

Lincoln manager Mark Kennedy is proving hard to please despite back-to-back wins.

He said: "There were plenty of positives but too many negatives for my liking."

"We looked unstoppable going forward but there were aspects of our game that were unacceptable."

"I don't want to sound too harsh. I have to say Jack was brilliant."

Matt makes it Don 'n dusted

STRIKER Matt Smith scored one and set up the other as Dons stopped the rot.

Smith's first goal for the club came a minute before the break.

And Will Grigg sealed the win with an 84th-minute penalty after Smith's defence-splitting pass forced keeper Simon Eastwood into a foul.

John Mousinho nodded in an 89th-minute reply to set up a nervy final few minutes.

MK had won only twice all season and boss Liam Manning confessed: "I really didn't need the late drama and there was definitely relief in the last five minutes after we'd conceded."

"I'm really pleased for the players. Smith's opener came after he was fed on the right side of the box by

Oxford.....1
MK Dons.....2

fellow midfielder Dawson Devoy, his goalbound shot deflecting in off U's player-coach Mousinho.

Sub Grigg chased Smith's pass before being felled by keeper Simon Eastwood and picking himself up to score his third of the campaign from the spot.

Mousinho nodded in a consolation from sub Lewis Bate's free-kick.

Oxford duo Marcus Browne and Cameron Brannagan both hit the woodwork shortly before Smith's opener but United have now lost two on the bounce.

Manager Karl Robinson insisted: "When our injured players come back we'll be a much better team."

Sheffield Wed.....2
Ipswich.....2

By MICHAEL MORGAN

MICHAEL SMITH grabbed a last-minute leveller to earn brave Wednesday a point — and put the brake on Ipswich's impressive start.

Kieran McKenna's Tractor Boys went two up with only 15 minutes to go.

But the Yorkshire outfit showed their grit to claim a share of the spoils through George Byers and then a last-gasp header by Smith from Reece James' 90th-minute cross.

Boss Darren Moore beamed: "I'm so proud of the boys, the way they fought in what was a pulsating game."

"Obviously being two goals down was not ideal but where frustration could have grown we just kept on going and doing the right things."

"I thought there were areas on the pitch we could exploit and I couldn't be more pleased with what we did in coming back to snatch a draw."

This promised to be a classic between two teams high on confidence after strong starts to the season — and good wins in midweek.

Town are producing super stuff under McKenna (inset) and quickly stamped their authority on proceedings by

TRACTOR STALLS

McKenna boys pegged back



surging into a fourth-minute lead as the Owls were caught out by the speed of a break from midfield.

Kayden Jackson shrugged off Michael Ihiekwe's challenge before clinically burying a drive into the bottom left-hand corner of the net.

Conor Chaplin went close to a second with a 20-yard rising drive on 35 minutes.

Smith was inches off target for Wednesday with a far-post header from Byers' cross three minutes later.



And the home side looked

out of luck when Dominic Iorfa cruelly put through his own net in the 71st minute.

But Moore's men fought back brilliantly. Byers kick-started the comeback in the 75th minute with a far-post finish from Marvin Johnson's cross before Smith's late leveller.

McKenna said: "The game changed after their first goal and it was always going to be a difficult final 15 minutes."

"There's pride in the point and how we competed to get it but disappointment with letting the lead slip."

| | | | | | |
|---|---------------------------|------------------------|--|---|--|
|  | | MATCH STATS | |  | |
| Sheff Wed | | V | | Ipswich | |
| 11 | Shots | | | 11 | |
| 2 | Shots on target | | | 4 | |
| 53% | Possession | | | 47% | |
| 412 | Passes | | | 370 | |
| 18 | Touches in opposition box | | | 16 | |
| 3 | Corners | | | 2 | |
| 9 | Fouls conceded | | | 20 | |
| 2 | Yellow cards | | | 6 | |
| 0 | Red cards | | | 0 | |



OWL ABOUT THAT... Smith heads in his late equaliser to seal the hosts' comeback

Forest Green.....1 Morecambe.....2

MORECAMBE boss Derek Adams was a happy man after Farrend Rawson's 92nd-minute goal gave his side a dramatic first victory of the season.

Rawson (right) headed home Jensen Weir's free-kick at the far post for the Shrimps, who came from behind after Kieran Phillips' strike cancelled out Connor Wickham's 30th-minute opener for Forest Green.

Delighted Adams said: "It was a fantastic win for us and one that I thought we deserved."

"Their keeper made a host of superb saves. I can't praise my lads enough for the way they battled to win with virtually the last touch."

Fuming Rovers boss Ian Burchinal said: "It's never a free-kick for the final goal, not even close but we should have defended it better."

"Towards the end I thought it was us that looked more likely to go and get a winner."



Accrington.....1 Cheltenham.....0

SEAN McCONVILLE'S goal after just 30 SECONDS gave Accrington only their second victory of the campaign.

An immaculate rendition of the national anthem from the stadium manager's wife was still ringing in the ears when McConville pounced on a Shaun Whalley cut-back.

Accy boss John Coleman was relieved to end a seven-game winless run.

He said: "It is not often you score after 30 seconds but we should really have put the game to bed with the glorious chances we created in the first half."

"I was biting my nails at

the end. I don't know where the ref got six minutes."

The hosts never looked like a side that had lost their previous three matches.

Whalley was denied by keeper Luke Southwood and Harvey Rodgers glanced a McConville drive on to the bar.

Cheltenham improved after the break and Alfie May saw his chip headed off the line.

Robins boss Wade Elliott admitted: "Until half-time we were hanging on."

"We corrected one or two things, had the momentum but couldn't find the last pass or the bounce to fall our way to get back into the game."

2

DERBY'S Conor Hourihane scored two goals in a game in English league football for the first time since March 2019, when he scored twice v the Rams for Aston Villa.



LEAGUE ONE FASTEST & LATEST GOALS

FASTEST - Sean McConville (Accrington) 32s
LATEST - Recco H-Fairchild (Pompey) 93m 28s

in association with



LEABURN... Leveller

Leaburn impact on point

Fleetwood.....1
Charlton.....1

CHARLTON assistant boss Scott Marshall heaped praise on Miles Leaburn, who struck moments after coming on to salvage a point at Fleetwood.

Callum Morton scored on the half-hour to give Fleetwood a deserved lead at half-time.

But Leaburn grabbed a point with a neat backheel 13 minutes from time.

Morrison said: "It was a fantastic bit of skill. It's pleasing to get a response like we did in the second half but we want 90 minutes of quality."

Fleetwood boss Scott Brown admitted: "It was a game of two halves."

"We need to manipulate the ball better, we didn't do that and ended up on the back foot."

Port Vale.....2
Shrewsbury.....1

DARRELL CLARKE was full of praise after his Vale side grabbed a stoppage-time winner.

Ellis Harrison netted both goals for Vale, his late effort securing the points after Christian Saydee's leveller.

Clarke said: "We had a lot of control and the better chances in the game."

Shrews boss Steve Cotterill saw his side lose at the death after a late winner in midweek.

He said: "I wouldn't say we deserved to win today, so when you get the euphoria of the other night that's great but then it can work against you."

Exeter.....0
Burton.....2

DINO MAAMRIA turned to psychology to inspire his Burton 'warriors' to their first win of the season.

Deji Oshilaja hit a 63rd-minute opener for his first goal since February 2021.

And Davis Keillor-Dunn wrapped up victory six minutes later.

Burton boss Maamria said: "I have tried to be a psychologist, a coach and a mentor as confidence has been really low. It all came together and they played like warriors."

Exeter boss Matt Taylor said: "You have to give them credit as their intent to go to meet the ball was in stark contrast to any of our players."



PACK ANIMAL... Marlon Pack celebrates Hackett's late Pompey leveller

COW: BULL!

DANNY TECHS IT BADLY

By GRAHAM NICKLESS

DANNY COWLEY called for goal-line tech as Portsmouth were robbed of victory against ten-man Plymouth.

Cowley's side saved their unbeaten record when Recco Hackett-Fairchild came on to head an equaliser FOUR MINUTES into added time.

That was just after Plymouth substitute Brendan Galloway was sent off for a second bookable offence when he shoved Michael Morrison.

But Cowley - who was earlier booked for sarcastically celebrating with the fans when referee James Bell awarded the home side a foul - was upset that Pompey were not already in control of the match.

Sean Raggett's 33rd-minute header at 0-0 not only looked over the line but Nigel Lonwijk also appeared to block the shot with his arm.

Cowley said: "The ball was two yards over the line and it was handball and we should have goal-line technology with so much money in the game."

"We had 19,000 fans here and

Portsmouth.....2
Plymouth.....2

they just want fairness and, had we had goal-line technology, the ref's watch would have buzzed.

"But we are nine games unbeaten and we're 16 unbeaten at Fratton Park, which is good because I don't like being beaten here."

Portsmouth's late, late goal denied Plymouth their fifth win in a row which would have lifted them over Pompey into

| MATCH STATS | | |
|-------------|---------------------------|----------|
| Portsmouth | V | Plymouth |
| 12 | Shots | 8 |
| 6 | Shots on target | 4 |
| 49% | Possession | 51% |
| 365 | Passes | 380 |
| 26 | Touches in opposition box | 21 |
| 2 | Corners | 4 |
| 10 | Fouls conceded | 8 |
| 4 | Yellow cards | 1 |
| 0 | Red cards | 1 |

second spot. The visitors thought they had opened the scoring when Finn Azaz tapped the ball home on 21 minutes but they were denied by an offside flag.

Pompey finally did open the scoring four minutes before the break when Josh Koroma smashed home a first goal since his transfer deadline-day loan move from Huddersfield.

Both teams appeared to lose their concentration after half-time and some moments were frankly hilarious as players fell about appealing for fouls.

And the Keystone Kop capers continued when Portsmouth gifted the visitors the equaliser 16 minutes from time.

Bali Mumba whipped over a cross to the near post and Raggett's diving defensive header flew into his own net.

Four minutes later substitute Niall Ellis thought he had won it for Plymouth until Hackett-Fairchild's stoppage-time heroics.

Argyle boss Steven Schumacher said: "It was an action-packed game and one for the fans and our lads had to show resilience."

"This a tough place to come and it's a huge point for us but I wished it could've been three."



HOORAH... Hourihane joy after winner

Con's double does the trick

CONOR HOURIHANE'S two-goal blast inspired a stunning comeback by the Rams after battering

Gareth

Ainsworth's side. The midfielder swapped the Prem for League One when he left Aston Villa in the summer and showed his quality.

Hourihane cancelled out Anis Mehmeti's opener with a 20-yarder which beat the dive of Max Stryjek.

He then smashed the winner across Stryjek with four minutes remaining and halted Derby's mini-slump after back-to-back defeats.

Rams boss Liam Rosenior was delighted with the response by Hourihane and his men following a woeful midweek display at Lincoln.

He said: "Conor scores two magnificent goals.

Derby.....2
Wycombe.....1

The shape helped him today in having two central midfield players when we have the ball.

"He knew he could get forward at the right time."

"But what really made me happy with the character and resilience of the group, the quality of the football we played."

Ainsworth said: "You don't want the ball to fall in the box to the ex-Premier League player with his wand of a left foot."

"I'm gutted we didn't hold on for a draw but they are a good side with lots of people with top-flight experience."

"We didn't threaten them as much after the break and they were good in the second half."



HORROR CLASH... Brad Collins was forced off injured

Bloody Brad in Duff mind

MICHAEL DUFF dedicated Barnsley's win to bloodied goalkeeper Brad Collins after his horror injury.

There were 14 minutes of injury time as the Tykes stopper was injured in a collision with U's forward Sam Smith early in the second period.

Boss Duff said: "We got the lads together when he was getting brought off the pitch and said we've got to see the game out and win it for him."

"We can dedicate the three points to Brad and hopefully he's all right."

Duff felt the turning point in the game was a red card for his own player after Liam Kitching was shown a second yellow with the score at 1-0.

He added: "The best thing that's happened to us was Kitch getting sent

Cambridge.....0
Barnsley.....3

off. From that moment onwards I think we controlled the game."

"We're still in the position where we're not in the habit of winning."

"When the red card happens they all realise they've got to step up."

Cambridge boss Mark Bonner was disappointed with how his side performed after Kitching's red card.

He said: "We just lacked a little bit of the grit and resilience that we're known for really, so we've got to do better in those moments."

Devante Cole got the first-half opener before Robbie Cundy and James Norwood sealed the win.



DAPO DELIGHT... Afolayan celebrates

Bolton.....1 Peterborough.....0

DAPO AFOLAYAN came off the bench to help cut down "bully" boys Peterborough and make it a hat-trick of wins for Bolton.

The former West Ham winger had the help of a massive deflection off defender Ronnie Edwards as he grabbed his first league goal of the campaign.

But Ian Evatt maintained his side were worth the points after creating a succession of chances.

He said: "We thoroughly deserved it. They came here

for a scrap and really put it on us. We're not a soft touch.

"We stood up to the bully and came out on top."

"It was a proper game between two teams who will be fighting it out in the top half of the table at the end of the season."

Bolton hit the post with Gethin Jones' header and Dion Charles was denied as the hosts dominated.

Posh boss Grant McCann admitted: "For us, from an attacking point of view it was disappointing because we didn't create enough."

goals

LEAGUE TWO

50

BRADFORD'S Andy Cook reached 50 Football League goals with the first of his two strikes against Stevenage and has now scored a goal every 67 minutes on average this season.

Sutton.....2
Hartlepool.....0

MATT GRAY is loving Sutton turning Gander Green Lane into a fortress. Second-half goals by Will Randall and Harry Beautyman sunk struggling Hartlepool.

Boss Gray said: "We like making teams uncomfortable when they come here.

"People come here and say we're physical and you have to deal with it, but we want that.

"Some of our football was outstanding."

Winless Pools boss Paul Hartley moaned: "We've not been good enough and I take responsibility."

Colchester.....0
Grimsby.....1

HARRY CLIFTON grabbed Grimsby a fourth away win in a row — and piled on the misery for Colchester.

Clifton made it four goals in his last five games, chipping Kieran O'Hara on 63 minutes.

Mariners boss Paul Hurst said: "We seemed to lack energy and enthusiasm in the first half but I can't be too critical."

United have not won in five games and gaffer Wayne Brown moaned: "We had 30 crosses into their box and 14 shots but I can't think of many their keeper had to save."

COOKING

Andy handy for Hughes

By SIMON PARKER

MARK HUGHES watched Andy Cook terrorise another defence — and then called for the Bradford hitman to get more protection.

The red-hot striker is up to 11 goals for the season after bagging two more to sink Stevenage.

Aston Villa winger Tyreik Wright also netted in the Bantams' biggest win since Hughes took the Valley Parade hotseat.

But Cook stole the show once again — even if Hughes felt he got the rough end of the stick with the officials.

The Bradford chief said: "I'm jumping up and down on the sidelines.

"I've been there before as a striker when you feel you are not getting enough from the officials to allow you to play.



"The way the game is refereed at the moment, a lot more

Bradford.....3
Stevenage.....0

challenges are going unpunished and that's not helping good players.

"But Andy's obviously in a fantastic vein of form and long may it continue."

The 31-year-old frontman needed only six minutes to open his account as he

| | | |
|---|---------------------------|---|
|  | MATCH STATS |  |
| Bradford | V | Stevenage |
| 12 | Shots | 14 |
| 6 | Shots on target | 3 |
| 54% | Possession | 46% |
| 370 | Passes | 312 |
| 15 | Touches in opposition box | 34 |
| 2 | Corners | 11 |
| 14 | Fouls conceded | 14 |
| 1 | Yellow cards | 1 |
| 1 | Red cards | 0 |

headed home Richie Smallwood's corner.

He doubled Bradford's lead after Wright's pace cut Stevenage open — and the on-loan flier made it 3-0 with a deflected drive.

Brad Halliday's late red card for a second booking when he fouled Saxon Earley did little to dampen the home mood.

It was a painful afternoon for Steve Evans, who had never lost to Bradford before as a manager.

He moaned: "Die-hard Bradford fans will say it's deserved — but it's not.

"We have not defended properly and we've missed a succession of chances.

"It's most weeks and today we got punished."

TASTY FORM...
Cook is delighted after his second goal

Doncaster.....0
Swindon.....1

JACOB WAKELING scored his fourth goal since a move from Leicester.

Swindon's 21-year-old striker condemned Doncaster to a third straight defeat on 59 minutes.

Town manager

Scott Lindsey — now unbeaten in eight games —

said: "He's been outstanding. If a crisp packet blew across the pitch he would chase it and catch it."

Donny chief Gary McSheffrey added: "They were better than us and had better ball-carriers."

Stockport.....0
Harrogate.....0

FRUSTRATED boss Dave Challinor labelled the Stockport second-half show a non-event.

Hatters' Antoni Sarcevic and Ollie Crankshaw both hit the woodwork in the opening period.

But Challinor moaned: "We became a little bit edgy and the quality worsened."

Vit Jaros denied Harrogate's Alex Pattison a late winner but Town avoided a fifth defeat.

Boss Simon Weaver said: "We're growing as a unit and that bodes well."

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10

NORTHAMPTON beat Rochdale in the Football League for the first time since February 2013 (3-1) — ending a run of ten games without a win.



LEAGUE TWO FASTEST & LATEST GOALS

FASTEST — Andy Cook (Bradford) 5m 37s

LATEST — Kristian Dennis (Carlisle) 80m 25s

in association with



HIGH FIVES . . . Beckles (left) celebrates after scoring the winner

OMAR WORD!

Beckles moves O's clear

By NOEL RICHARD

OMAR BECKLES' goal helped Orient stretch their lead at the top to four points.

Richie Wellens' pacesetters continued their magnificent start to the season and are now unbeaten in nine games — with **EIGHT** wins.

Centre-back Beckles struck after 58 minutes to help protect their five-match 100 per cent home record.

And O's boss Wellens said: "It's still very early on in the season but it's another good win."

"We weren't fluid at times and we should have scored but you also have to give Walsall credit."

"We didn't have the courage or quality to play through them."

Ruel Sotiriou squandered a chance to give Orient the perfect start when he

| | |
|--------------------|---|
| Leyton Orient..... | 1 |
| Walsall..... | 0 |

seized on to a back pass but got his feet tangled up and the chance went begging. In a drab first-half in which defences dominated, there were few moments of excitement for the home crowd who had impeccably observed the minute's silence in memory of the Queen before singing the National Anthem.

Wellens' half-time team talk clearly woke up the leaders, who increased the tempo after the break with midfielder George Moncur proving an increasing influence.

And he was involved in the goal that broke the stalemate.

Moncur collected a pass from Tom James and delivered into the danger area

where Beckles turned the ball over the line from close range.

The goal inspired Orient, who dominated proceedings from that point.

However, they were unable to seriously test goalkeeper Owen Evans apart from a Charlie Kelman effort that narrowly cleared the crossbar.

Leyton Orient's only real moment of concern came 11 minutes from time when Walsall substitute Timmy Abraham was tackled just as he was about to pull the trigger when through on goal.

The Saddlers are now without a win in their last seven matches.

And manager Michael Flynn lamented: "I can't think of many chances they created. They are the league leaders, playing with confidence and a fully fit squad."

"We had nine players missing so I am not going to get too down about it but we do need to start winning."

| MATCH STATS | | |
|----------------|---------------------------|---------|
| Leyton Orient | V | Walsall |
| 9 | Shots | 7 |
| 4 | Shots on target | 3 |
| 59% | Possession | 41% |
| 394 | Passes | 276 |
| 24 | Touches in opposition box | 11 |
| 4 | Corners | 5 |
| 14 | Fouls conceded | 7 |
| 1 | Yellow cards | 1 |
| 0 | Red cards | 0 |

Pete's on Wild ride

WILD scenes at Rodney Parade as Barrow climbed into second spot.

Barrow boss Pete Wild, who only took charge in May and penned a new contract in midweek, saw his side chalk up a seventh win in nine games thanks to two goals by Josh Gordon.

Wild admitted: "It's been a great week! If Carlisle did weeks, this would be it."

"On the bus down, you'd have thought we were going on a stag do because of the camaraderie in the group."

"And there was a game of

| | |
|--------------|---|
| Newport..... | 0 |
| Barrow..... | 2 |

cards on Friday night which involved most of the staff and the players.

"It went on for two hours — that just shows the togetherness."

Striker Gordon bundled home the opener in the final minute of the first half.

And he sealed the win with a coolly taken penalty on 59 minutes after Hayden Lindley fouled Robbie Gotts. While the Bluebirds are fly-

ing high, there was frustration for Newport boss James Rowberry and his side.

They were booed off after losing at home for the ninth time in their last ten league games — and a sixth defeat this season.

Rowberry admitted: "Ultimately, we've not been good enough in both boxes."

"You can talk about tactics and formations but you can't legislate for individual errors and it's a massive frustration for me at the minute."

"We're conceding really sloppy goals and I can't put my finger on why."



FIRST STRIKE . . . Gordon bagged opener

SAM'S WHAM

SAM HOSKINS made it ten goals this season as his double lifted Northampton into the top three.

And League Two top scorer Hoskins kept Rochdale nailed firmly to bottom place.

Jon Guthrie shot the Cobblers ahead with a wonder volley three minutes before the break.

Boss Jon Brady said: "A dipping volley from my centre-half. I can't believe I'm saying it!"

Then Dale's Toumani Diagouraga brought down

| | |
|------------------|---|
| Northampton..... | 3 |
| Rochdale..... | 0 |

Ben Fox just inside the box and Hoskins headed in the rebound after Richard O'Donnell saved his initial spot-kick.

Hoskins struck again near the end, slotting home at the far post.

Dale boss Jim Bentley said: "I've seen frailties that are not a reflection of the way we want to play moving forward."

HARRIS FLAK

NEIL HARRIS blasted his Gillingham players after this surrender.

Gills sit third from bottom in League Two with only two goals scored this season.

Mansfield took the lead in the 17th minute with a clever volley from veteran striker Lucas Akins. 33.

But he wasted an easier chance when his 29th-minute penalty was saved by Gills keeper Glenn Morris after George Lapslie was upended.

And man-of-the-match Lapslie secured the

| | |
|-----------------|---|
| Gillingham..... | 0 |
| Mansfield..... | 2 |

points as he rounded Morris 12 minutes before half-time.

Gills were booed off and boss Harris said: "I take responsibility but I can't accept players being outfought and outbullied."

"Physically, we were beat up. It will take time to turn it around."

Stags chief Nigel Clough said: "It was a very comprehensive win."

RYAN ROCKS

MIDFIELDER Ryan Hawkes dented Salford's strong start to the season with a 34th-minute winner.

Hawkes hammered home the loose ball after keeper Tom King palmed out Josh Dacres-Cogley's cross.

King's saves from Rhys Hughes and Dnyel Simeu, plus the woodwork, saved City from a real beating.

Tranmere boss Micky Mellon said: "It is all about the players."

"We give them a game-plan and then it is up to

| | |
|---------------|---|
| Salford..... | 0 |
| Tranmere..... | 1 |

them to execute it. We did that excellently for the whole 90 minutes."

Salford bossed possession yet did not manage a shot on target.

Gaffer Neil Wood said: "We were sloppy, too many players were off their game and our passing was not brave enough."

"Our quality needs to be miles better."

JOHN UPBEAT

JOHNNIE JACKSON is refusing to panic after Wimbledon's poor start.

Dons slumped to their fourth straight defeat in the league.

Callum Guy fired Carlisle in front with his first-ever Cumbrians goal — a cool finish just before half-time.

Ayoub Assal levelled for the Londoners with a confident finish just before the hour following a ball over the top.

But Kristian Dennis won it for Carlisle with nine minutes left, head-

| | |
|----------------|---|
| Carlisle..... | 2 |
| Wimbledon..... | 1 |

ing home from defender Jack Armer's knockdown.

Dons boss Jackson said: "It is disappointing to have lost when we were so close to taking something away."

"But we battled back well to get level and we gave it a real good go."

United boss Paul Simpson added: "It wasn't the best of games but we showed real character."

BETSY BASHED

CRAWLEY manager Kevin Betsy raged that Courtney Baker-Richardson should have been sent off before he struck Crewe's winner.

The frontman — already booked for a late challenge — settled a closely-fought game with a 73rd-minute finish.

He raced on to a long through-ball and smashed into the corner of the net.

But Betsy said: "The referee (Rebecca Welch) was excellent but I think she made a big mistake because Baker-Richardson

| | |
|--------------|---|
| Crewe..... | 1 |
| Crawley..... | 0 |

should have got sent off for a second booking.

"I was very disappointed with the result as we were excellent over the pitch."

Alex's Kelvin Mellor hit the post with a header.

Crewe boss Alex Morris said: "Courtney has been clinical for us at home."

"All his five goals have come at home — he's done really well for us."

RESULTS & TABLES

PREMIER LEAGUE CHAMPIONSHIP

WIGAN have failed to win any of their opening five home games to a Football League season (D3 L2) for the first time since 1994-95 in the fourth tier (D1 L4).

NEWCASTLE (0) 1 AFC B'MOUTH (0) 1

Isak 67 (pen) Billing 62
Att 52,238
Newcastle: Pope, Trippier, Schar, Burn, Targett, Willock, Bruno Guimarães (Longstaff 72), Joelinton, Almiron (Wood 89), Isak, Fraser (Murphy 71). Subs not used: Karius, Botman, Lascelles, Ritchie, Lewis, Manquillo. Booked: Burn, Joelinton.

AFC Bournemouth: Neto, Smith, Mepham, Senesi, Zemura, Cook, Lerma, Tavernier (Anthony 80), Billing (Stephens 90), Christie (Stacey 87), Solanke (Moore 90). Subs not used: Travers, Marcondes, Lowe, Stanistons, Dembele. Booked: Christie, Tavernier.

TOTTENHAM (2) 6 LEICESTER (2) 2

Kane 8
Dier 21
Bentancur 47
Son 73, 84, 86
Teleman 6 (pen)
Maddison 41
Att 61,450

Tottenham Hotspur: Lloris, Sanchez (Romero 59), Dier, Lenglet, Perisic (Emerson 55), Hojbjerg, Bentancur, Sessegnon, Kulusevski (Bissouma 70), Richarlison (Son 59), Kane. Subs not used: Doherty, Skipp, Gil Salvadori, Forster, Tanganga. Booked: Perisic.

Leicester: Ward, Castagne, Evans, Faes, Justin, Ndidi (Soumare 85), Maddison, Teleman, Dewsbury-Hall (Iheanacho 74), Barnes, Daka (Vardy 74). Subs not used: Albrighton, Perez, Amartey, Praet, Iversen, Thomas. Booked: Daka, Ndidi.

WOLVES (0) 0 MAN CITY (2) 3

Att 31,578
Grealish 1
Haaland 16
Foden 69

Wolverhampton: Jose Sa, Jonny, Collins, Kilman, Att Nouri (Nelson Semedo 67), Kamara (Douglas Luiz 44), McGinn, Pedro Neto (Campbell 86), Daniel Podence (Traore 70), Goncalo Guedes (Hwang 70). Subs not used: Sarkis, Mosquera, Gomes, Ronan, Bueno. Booked: Matheus Luiz, Neves. Sent-off: Collins.

Man City: Ederson, Stones, Akanji, Dias, Cancelo, De Bruyne (Gundogan 72), Rodri (Gomez 81), Silva (Alvarez 72), Foden (Mahrez 72), Haaland, Grealish (Palmer 77). Subs not used: Walker, Ake, Ortega, Carson. Booked: Rodri.

| Man City | P | W | D | L | F | A | Pts |
|----------------|---|---|---|---|----|----|-----|
| Tottenham | 7 | 5 | 2 | 0 | 23 | 6 | 17 |
| Arsenal | 6 | 5 | 0 | 1 | 14 | 7 | 15 |
| Brighton | 6 | 4 | 1 | 1 | 11 | 5 | 13 |
| Man Utd | 6 | 4 | 0 | 2 | 8 | 12 | 12 |
| Fulham | 7 | 3 | 2 | 2 | 12 | 11 | 11 |
| Chelsea | 6 | 3 | 1 | 2 | 8 | 9 | 10 |
| Liverpool | 6 | 2 | 3 | 1 | 15 | 6 | 9 |
| Brentford | 6 | 2 | 3 | 1 | 15 | 9 | 9 |
| Newcastle | 7 | 1 | 5 | 1 | 8 | 7 | 8 |
| Leeds | 6 | 2 | 2 | 2 | 10 | 10 | 8 |
| Bournemouth | 7 | 2 | 2 | 3 | 6 | 19 | 8 |
| Southampton | 7 | 2 | 1 | 4 | 7 | 11 | 7 |
| Aston Villa | 7 | 2 | 1 | 4 | 6 | 10 | 7 |
| Crystal Palace | 6 | 1 | 3 | 2 | 7 | 9 | 6 |
| Wolves | 7 | 1 | 3 | 3 | 7 | 6 | 6 |
| Everton | 6 | 0 | 4 | 2 | 4 | 6 | 4 |
| West Ham | 6 | 1 | 1 | 4 | 3 | 8 | 4 |
| Nottm Forest | 7 | 1 | 1 | 5 | 6 | 12 | 4 |
| Leicester | 7 | 0 | 1 | 6 | 10 | 27 | 1 |

LEADING SCORERS

| | |
|-------------------------|----|
| Haaland (Man City) | 11 |
| Mitrovic (Fulham) | 6 |
| Kane (Tottenham) | 5 |
| Toney (Brentford) | 5 |
| Mac Allister (Brighton) | 4 |
| Rodrigo (Leeds) | 4 |
| Zaha (Crystal Palace) | 4 |

LEADING ASSISTS

| | |
|---------------------------|---|
| De Bruyne (Man City) | 6 |
| Bernardo Silva (Man City) | 3 |
| Tete (Fulham) | 3 |
| Perisic (Tottenham) | 3 |
| Kulusevski (Tottenham) | 3 |

PLAYED FRIDAY

ASTON VILLA (1) 1 SOUTHAMPTON (0) 0

Ramsey 41
Att 40,758

Aston Villa: Martinez, Young, Kona, Mings, Digne, Ramsey (Derdoncker 67), Kamara (Douglas Luiz 44), McGinn, Bailey (Buerda 67), Coutinho (Ings 84), Watkins. Subs not used: Sanson, Chambers, Augustinsson, Nakamba, Olsen. Booked: Coutinho, Ramsey, Young.

Southampton: Bazunu, Walker-Peters, Kotchop, Salisu, Perraud (Lanos 46), Diallo (Anito 46), Ward-Prose, Elyounoussi (Edozi 79), Djenebo, A Armstrong (5 Armstrong 71), Adams (Mara 71). Subs not used: McCarthy, Lyano, Caleta-Car, Walcott. Booked: Ward-Prose.



HOT ROD... Rodrigo Bentancur beats Danny Ward to put Spurs 3-2 up at home to Leicester

BIRMINGHAM (0) 0 COVENTRY (0) 0

Att: 16,633
Birmingham: Ruddy, Colin, Sanderson, Trusty, Williams, Bielik, Chong, Graham, Bacuna (Majbi 67), Deeney (Jutkiewicz 79), Hogan. Subs not used: Etheridge, Leko, James, Bellingham, Hal, Booked: Sanderson.

Coventry: Wilson, Doyle, McFadzean, Panzo, Dabo, Allen (Palmer 77), Hamer, Sheaf, Bidwell, Godden (Walker 77), Gyokere. Subs not used: Moore, Waghorn, Kane, Eccles, Burroughs. Booked: Dabo, Panzo, Sheaf. Sent-off: Hamer.

BURNLEY (1) 2 BRISTOL CITY (1) 1

Benson 4
Rodriguez 67
Wells 27

Burnley: Muric, Roberts, Harwood-Bellis, Beyer, Maatsen (Vinhho 88), Cullen, Cork, Thomas (Gudmundsson 53), Brownhill, Tella (Zaroury 66), Rodriguez (Dennisoglu 88). Subs not used: Egan-Riley, Peacock-Farrell, Bastien. Booked: Cork.

Bristol City: Bentley, Vynner, Naismith, Atkinson (Martin 79), Sykes, James (Massengo 76), Scott (Williams 46), Dasilva, Weimann, Wells, Conway (Semenyo 46). Subs not used: King, O'Leary, Tanner. Booked: Scott.

HUDDERSFIELD (1) 1 CARDIFF (0) 0

Rhodes 8
Att: 19,193

Huddersfield: Nicholls, Turton, Lees, Helik, Nakayama, Kasumu, Camara, Holmes (Thomas 60), Anjorin (Ward 48), Rudoni (Jones 58), Phillips (Mbebe-Tabu 90). Subs not used: Mahoney, Kesler, Biliakovic. Booked: Jones, Kasumu, Nicholls.

Cardiff: Allsop, Romeo (Cowell 70), Ng (Sang 83), Kipre, Simpson, Nkounku (Harris 46), Whittle-Bidace (Sawyers 46), Rinomhota (Ojo 90), Pinfle, O'Dowda, Robinson. Subs not used: Nelson, Alinwick.

LUTON (0) 2 BLACKBURN (0) 0

Morris 58
Burke 67
Att: 9,839

Luton: Horvath, Burke, Lockyer, Potts, Bree, Lansbury (Freeman 75), Clark (Osho 90), Bell, Campbell, Woodrow (Jerome 75), Morris (Oyedinde 89). Subs not used: Watson, Isted, Doughty. Booked: Lockyer, Morris.

Blackburn: Kaminski, Hyam, Ayala, Wharton, Carter (Brittain 59), Travis, Morton (Buckley 70), Pickering, Denton (Hirst 59), Hedges, Breerton. Subs not used: Edun, Pears, Dack, Phillips. Booked: Brittain, Travis.

MIDDLESBRO (0) 0 ROTHERHAM (0) 0

Att: 22,960

Middlesbrough: Steffen, Dijkstra, Fry, Clarke (Bola 74), Jones, Crooks, Howson, McGree (Mowatt 74), Giles, Rodrigo Muniz, Watmore (Forss 74). Subs not used: Luongo, Smith, McNair, Roberts. Booked: Howson.

Rotherham: Johansson, Harding, Humphreys, Wood, Barlasser (McCart 81), Norton-Cuffy (Kelly 72), Rathbone, Wiles (Lindsay 76), Bramall (Bola 81), Ogborne, Washington (High 60). Subs not used: Eaves, Vickers. Booked: Bramall, Humphreys.

MILLWALL (1) 2 BLACKPOOL (1) 1

Grimshaw 14 (og)
Afobe 65
Patino 33
Att: 11,463

Millwall: Long, Cresswell, Cooper, Wallace, Shackleton, Mitchell, Styles, Malone, Honeyman (McNamara 78), Alobe, Fleming (Bradshaw 88). Subs not used: Evans, Burey, Vogtsamner, Saville, Bialkowski. Booked: Cooper, Wallace.

Blackpool: Grimshaw, Ekplata, Thomley, Husband (Hamilton 81), Connolly (Lewis 90), Wallace, Swift, Diangana (Reach 87), Thomas-Asante (Aheame-Grant 78). Subs not used: Kelly, Palmer, Gardner-Hickman, Yokusu. Booked: Furlong.

NORWICH (0) 1 WEST BROM (1) 1

Byram 68
O'Shea 9
Att: 26,303

Norwich: Krul, Aarons, Omobamidele, Hanley, Byram, Nunez (Dowell 78), McLean, Gabriel Sara (Hernandez 60), Sargent, Pukki, Ramsey (Cantwell 88). Subs not used: Gibson, Huggill, Siyani, McGovern. Booked: Aarons.

West Brom: Button, Furlong, O'Shea, Townsend, Pieters, Livermore, McLoughlin (Phillips 90), Wallace, Swift, Diangana (Reach 87), Thomas-Asante (Aheame-Grant 78). Subs not used: Kelly, Palmer, Gardner-Hickman, Yokusu. Booked: Furlong.

PRESTON (0) 0 SHEFF U (1) 2

Ndiaye 40
McBurnie 75
Att: 18,412

Preston North End: Woodman, Storey, Lindsay, Hughes, Whiteman, Potts (Ledson 82), McCann (Johnson 69), Browne, Fernandez (Brady 69), Parrott (Maguire 82), Jakobsen (Evans 69). Subs not used: Cunningham, Corneli. Booked: Lindsay.

SHEFF UTD NORWICH

Reading 10
Burnley 10
Sunderland 10
QPR 10
Blackburn 10
Rotherham 10
Bristol City 10
Watford 10
Luton 10
Wigan 10
Millwall 10
Stoke 10
Preston 10
Swansea 10
Birmingham 10
Cardiff 10
Blackpool 10
Hull 10
West Brom 10
Middlesbrough 10
Huddersfield 10
Coventry 10

Sheff Utd: Foderingham, Ahmedhodzic, Egan, Basham, Baldock, Ndiaye (McAtee 90), Berge, Norwood, Norington-Davies, Brewster (Doyle 68), McBurnie (Sharp 82). Subs not used: Khadra, Gordon, Brooks, Amissh, Booked: Egan, McBurnie, Norwood.

LEADING SCORERS

| | |
|-----------------------|---|
| Estupinan (Hull) | 7 |
| Sargent (Norwich) | 6 |
| Morris (Luton) | 6 |
| Conway (Bristol City) | 5 |
| Stewart (Sunderland) | 5 |
| Rodriguez (Burnley) | 5 |
| Ndiaye (Sheff Utd) | 5 |
| Willcock (QPR) | 5 |
| Wells (Bristol City) | 5 |
| Hogan (Birmingham) | 5 |

QPR (0) 0 STOKE (0) 0

Att: 14,174

QPR: Dieng, Laird, Balogun, Dunne, Paal, Dozzell (Dykes 49), Field, Johansen (Iroegbunam 78), Wilcock, Roberts (Adamah 78), Chair. Subs not used: Kakay, Archer, Bonne, Masterson. Booked: Balogun.

Stoke: Bursik, Taylor, Flint, Fox, Wilmot, L Baker, Thompson (Laurent 75), Smallbone, Fosu, Delap (Powell 66), Gayle (Campbell 67). Subs not used: M Baker, Wright-Phillips, Fielding, Sparrow. Booked: Bursik, Taylor.

SWANSEA (0) 3 HULL (0) 0

Manning 61
Cudde 54
Pirou 65
Att: 15,207

Swansea: Bender, Wood-Gordon, Naughton, Cabango, Sorinda (Stevens 90), Allen (Cunder 31), Grimes, Manning, Fulton, Cooper (Okoflex 90), Piro (Obafemi 88). Subs not used: Fisher, Darling, Ntcham. Booked: Wood-Gordon.

Hull: Baxter, Coyle, Tobias Figueiredo, Greaves, Elder, Ser (Woods 75), Slater, Vale (Longman 67), Tufan, Pelkas (Docherty 75), Estupinan (Christie 82). Subs not used: Ingram, McLoughlin, Smith. Booked: Docherty, Slater.

WATFORD (1) 2 SUNDERLAND (1) 2

Davis 34
O'Nien 62 (og)
Alesse 45
Bennette 87
Att: 19,767

Watford: Bachmann, Cathcart (Kabasele 84), Troost-Ekong, Hausse, Joao Pedro, Choudhury, Kayembe, Kamara (Bayo 73), Sema, Davis (Gosling 81), Asprilla. Subs not used: Kalu, Sierralla, Okoye, Hungbo.

Sunderland: Patterson, Gooch, O'Nien, Bath, Alesse, Roberts, Neil (Dajaku 72), Evans (Mateo 79), Clarke (Bennette 73), Emberton (Diallo 63), Pritchard (Ba 79). Subs not used: Bass, Hume. Booked: Bennette, Evans, Mateo, Roberts.

WIGAN (0) 0 READING (0) 1

Ince 63
Att: 10,113

Wigan: Amos, Darikwa (Scully 83), Whitmough, Tilt, McLean, Power, Shinnie, Lang, Keane (Naylor 83), Aagaard (Broadhead 61), Magennis (Wyke 60). Subs not used: Jones, Kerr, Fletcher. Booked: Naylor, Shinnie, Wyke.

Reading: Lumley, Yiadom, Holmes, McIntyre, Hollett (Salif 87), Hendrick, Hutchinson, Baba, Ince (Carroll 90), Fornah (N'Diaye 78), Lucas Joao (Meite 78). Subs not used: Guinness-Walker, Bouzaris, Craig. Booked: Baba, Yiadom.

THOSE WERE THE DAYS



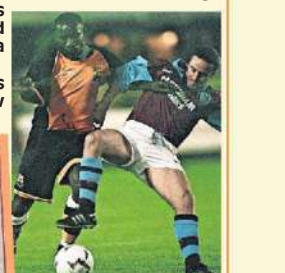
BARNET.....1 WEST HAM.....1

BARNET stunned West Ham when they took the lead in this League Cup second round, first leg tie at Underhill through Phil Simpson (*below, left*).

Tony Cottee grabbed the Hammers' equaliser with 13 minutes remaining.

The Eastenders won the second leg 1-0 with a Slaven Bilic goal.

Future Hammers boss Alan Pardew played for Bees.



Harry's dead beats raised by Lazaridis



BLACKBURN....0 NEWCASTLE....3

NEW £16m striker Michael Owen scored his first goal for Newcastle in only his second game for the club following his switch from Real Madrid.

Alan Shearer and Charles N'Zogbia were also on target in a match in which Toon's Steven Taylor was sent off.



THE GOLD ONE-TWO



NON-LEAGUE

| VANARAMA NATIONAL | OLDHAM (1) | 3 EASTLEIGH (2) | 2 |
|---------------------------------|------------------------------|------------------------------|---------------------|
| ALDERSHOT (2) | Burgess 3 | Whitehall 29, 38 | |
| 5 HALIFAX (1) | Fondop-Talom 64 | | |
| 1 | Wellens 89 | | |
| SCUNTHORPE (0) 1 YORK (1) | Apter 88 | John-Lewis 23 (pen) | 1 |
| 1 | Att: 3,758 | | |
| BROMLEY (2) | SOLIHULL M (1) | 1 BARNET (1) | |
| 0 | Dallas 30 (pen) | De Havilland 3 | |
| 1 | Att: 1,607 | | |
| DAO & RED (2) | 4 ALTRINCHAM (0) 1 | WEALDSTONE (0) 1 TORQUAY (1) | 1 |
| 1 | Onahise 26 | Lundstram 78 | |
| 1 | White 34 | Att: 1,162 | |
| BARROWS (65) (og) | WALKER 69 | YOEVIL (1) | 2 CHERESTERFD (1) 2 |
| 1 | McShane 19, 90, 90 | Scott 50 | |
| 1 | Att: 2,402 | | |
| GATESHEAD (1) 1 BOREHAM W (0) 1 | Hasani 15 | | |
| 1 | MAIDENHEAD (0) 1 WOKING (0) | 0 | |
| 1 | Acquah 74 | | |
| 1 | SOUTHEND (0) 0 WREXHAM (0) 0 | | |
| 1 | Att: 6,266 | | |

| VANARAMA NATIONAL | P | W | D | L | F | A | Pts |
|-------------------|---|---|---|---|----|----|-----|
| Chesterfield | 9 | 6 | 3 | 0 | 19 | 10 | 21 |
| Wrexham | 9 | 6 | 2 | 1 | 23 | 8 | 20 |
| Solihull Moors | 9 | 5 | 3 | 1 | 23 | 10 | 18 |
| Notts County | 9 | 5 | 3 | 1 | 19 | 18 | 18 |
| Boreham Wood | 9 | 5 | 3 | 1 | 14 | 7 | 18 |
| Wealdstone | 9 | 4 | 4 | 1 | 10 | 7 | 16 |
| Bromley | 9 | 5 | 1 | 3 | 12 | 10 | 16 |
| York | 9 | 4 | 3 | 2 | 10 | 7 | 15 |
| Barnet | 9 | 4 | 2 | 3 | 14 | 12 | 14 |
| Gloucester | 9 | 4 | 1 | 4 | 13 | 10 | 13 |
| Dorking | 9 | 4 | 1 | 4 | 15 | 13 | 13 |
| Eastleigh | 9 | 3 | 2 | 4 | 11 | 13 | 11 |
| Dag & Red | 9 | 3 | 2 | 4 | 13 | 17 | 11 |
| Oldham | 9 | 3 | 2 | 4 | 10 | 14 | 11 |
| Maldenhead | 9 | 3 | 2 | 4 | 11 | 10 | 11 |
| Southend | 9 | 3 | 2 | 4 | 9 | 18 | 11 |
| Aldershot | 9 | 3 | 0 | 6 | 13 | 9 | 9 |
| Yeovil | 9 | 1 | 3 | 5 | 9 | 11 | 8 |
| Torquay | 9 | 2 | 2 | 5 | 6 | 12 | 8 |
| FC Halifax | 9 | 2 | 2 | 5 | 7 | 14 | 8 |
| Gateshead | 9 | 1 | 4 | 4 | 12 | 15 | 7 |
| Altrincham | 9 | 1 | 2 | 6 | 10 | 18 | 5 |

| VANARAMA SOUTH | | | | | | | | THE PITCHING IN NORTHERN PREMIER | | | | | | | |
|----------------|---|---|---|---|----|----|-----|----------------------------------|---|---|---|---|----|----|-----|
| | P | W | D | L | F | A | Pts | | P | W | D | L | F | A | Pts |
| Ebbesfort Utd | 8 | 8 | 0 | 0 | 25 | 8 | 24 | South Shields | 8 | 5 | 3 | 0 | 12 | 5 | 18 |
| Havant and W | 8 | 7 | 1 | 0 | 22 | 11 | 22 | Stafford R | 9 | 5 | 2 | 2 | 10 | 17 | |
| Worthing | 8 | 5 | 3 | 0 | 15 | 7 | 18 | Ashton Utd | 8 | 5 | 1 | 2 | 14 | 18 | |
| Chelmsford | 8 | 5 | 2 | 1 | 15 | 7 | 17 | Marske Utd | 7 | 4 | 2 | 1 | 14 | 18 | |
| Wokingham | 8 | 5 | 2 | 1 | 16 | 5 | 16 | Matlock Tn | 9 | 4 | 2 | 3 | 12 | 10 | |
| Bath City | 8 | 5 | 1 | 2 | 17 | 12 | 16 | Hyde Utd | 8 | 4 | 2 | 2 | 10 | 18 | |
| Braintree Tn | 8 | 4 | 1 | 3 | 16 | 12 | 13 | Radcliffe | 8 | 4 | 2 | 2 | 9 | 14 | |
| Tonbridge | 8 | 4 | 1 | 3 | 13 | 13 | 13 | Morpeth Tn | 7 | 4 | 0 | 3 | 13 | 8 | |
| Slough | 8 | 4 | 1 | 3 | 11 | 14 | 13 | Grimsby Tn | 8 | 3 | 1 | 9 | 11 | 10 | |
| Darford | 8 | 4 | 0 | 4 | 13 | 10 | 12 | Atherton C | 8 | 3 | 2 | 3 | 7 | 6 | |
| Wokingham City | 8 | 4 | 0 | 4 | 13 | 10 | 12 | Stalybridge C | 8 | 3 | 2 | 3 | 5 | 6 | |
| Taunton Town | 8 | 3 | 2 | 3 | 6 | 5 | 11 | Gainsborough | 7 | 2 | 4 | 1 | 12 | 5 | |
| Clippenharn | 8 | 3 | 2 | 3 | 5 | 8 | 11 | FC Utd of Manc | 8 | 3 | 1 | 4 | 11 | 9 | |
| Eastbourne B | 8 | 3 | 1 | 4 | 14 | 10 | 14 | Warrington R | 8 | 3 | 1 | 4 | 15 | 16 | |
| St Albans | 7 | 2 | 3 | 2 | 5 | 5 | 9 | Gusley | 8 | 3 | 1 | 4 | 8 | 11 | |
| Hampton & R | 8 | 2 | 2 | 4 | 12 | 13 | 8 | Marine | 8 | 2 | 3 | 3 | 8 | 9 | |
| Hendon & H | 8 | 2 | 2 | 4 | 12 | 13 | 8 | Bamber Bridge | 8 | 2 | 3 | 3 | 10 | 13 | |
| Farnborough | 8 | 2 | 1 | 5 | 10 | 6 | 7 | Carlisle City | 9 | 2 | 3 | 4 | 7 | 10 | |
| Dover | 8 | 2 | 1 | 5 | 11 | 6 | 7 | Widnes City | 7 | 2 | 2 | 3 | 9 | 9 | |
| Concord Rgrs | 7 | 2 | 1 | 4 | 5 | 12 | 7 | Liversedge | 8 | 2 | 1 | 5 | 18 | 7 | |
| Hungerford Tn | 8 | 1 | 2 | 5 | 4 | 9 | 5 | Belper Tn | 9 | 1 | 1 | 6 | 23 | 4 | |
| Dulwich | 8 | 1 | 2 | 5 | 0 | 15 | 5 | Whitby Tn | 9 | 0 | 1 | 6 | 13 | 3 | |
| Cheshunt | 8 | 1 | 0 | 7 | 9 | 20 | 3 | | | | | | | | |
| Weymouth | 8 | 0 | 2 | 6 | 6 | 17 | 2 | | | | | | | | |

In association with

William HILL

4

ACCRINGTON'S Sean McConville has scored four goals in nine league appearances this season, equalling his 2021-22 tally (4 in 46), while he has netted in each of his last two against Cheltenham.

145

CARLISLE'S Callum Guy scored his first Football League goal in what was his 145th appearance across spells with Port Vale, Bradford, Blackpool and Carlisle.

LEAGUE ONE

LEAGUE TWO

ACCRINGTON (1) 1 CHELTENHAM (0) 0

McConville 1 Att: 1,996

Accrington Stanley: Jensen, Clark, Astley, Thame, Rodgers (Sloane 59), Connelly, Whalley, Pritchard (Sangare 84), Coyle, McConville, Leigh (Hamilton 75). Subs not used: Nolan, Martin, Savin, Fernandes. Booked: Astley, Jensen, Pritchard.
Cheltenham: Southwood, Long, Taylor, Freestone, Jackson (Norton 67), Sercombe, Perry, Ferry (Williams 67), Broom, N'Lundulu, Lloyd (May 57). Subs not used: Raglan, Chapman, MacDonald, Barkers. Booked: Jackson, Perry.

BOLTON (0) 1 PETERBORO (0) 0

Afolayan 86 Att: 17,016

Peterborough: Bergstrom, N Thompson, Knight, Edwards, Burrows, Fuchs (Kyprianou 88), Taylor (Marriott 88), B Thompson, Poku (Ward 62), Clarke-Harris, Jade-Jones (Mason-Clarke 61). Subs not used: Kent, Tomlinson, Blackmore. Booked: Fuchs, Knight, Kyprianou.

BRISTOL R (1) 3 LINCOLN (3) 6

House 7, 61 Diamond 14 (pen), 45, 56 Virtue 51

Bristol Rovers: Belshaw, Hoole, Whelan, Gordon, Anderson (Marquis 62), Evans, Finley, McCormick (Saunders 82), Clarke (Coutts 62), Collins, Loft (Jasper 77). Subs not used: Kilgour, Westbrook, Jaakkola. Booked: Evans, Finley.

CAMBRIDGE (0) 0 BARNLEY (1) 3

Cole 24 Cundy 76 Norwood 90 Att: 6,158

Cambridge Utd: Mitty, Williams, Okedina, Jones, Dunk, O'Neill (May 74), Dibby, Tracey (Jannet 84), Knibbs (Lankaster 84), Brophy (Ironside 73), Smith. Subs not used: Rossi, Okenabiri, Mannion. Booked: Dunk, Smith.

DERBY (0) 2 WYCOMBE (1) 1

Hourihane 72, 86 Mehmeti 15

Derby: Wildsmith, Chester, Davies, Cashin, Barkhuizen (Forsyth 88), Sibley, Bird (Mendez-Lang 56), Hourihane, Roberts (Collins 56), Knight, McGoldrick (Thompson 90). Subs not used: Stearman, Loach, Oslu. Booked: Hourihane.

EXETER (0) 0 BURTON ALB (0) 2

Oshilaja 63 Keir-Dunn 69

Exeter: Blackman, Sweeney, Hartidge, Grounds (Kite 46), Key, Harper, Collins, Caprice (Sparkes 70), Jay (Nombe 62), J Brown, Stanfield (Smith 70). Subs not used: Chauke, Cox, S Brown. Booked: Harper, Key.

FLEETWOOD (1) 1 CHARLTON (0) 1

Morton 30 Leaburn 77 Att: 3,614

Fleetwood Town: Lynch, Rooney, Nisala, Earl, Andrew, Warrington, Vela, Macadam (Johnston 74), Batty (Lane 81), Morton (Hayes 82), Muskwa (Garner 66). Subs not used: Stolarczyk, Devlin, Baker. Booked: Earl.

FOREST GREEN (1) 1 MORECAMBE (1) 2

Wickham 30 Phillips 44 Rawson 90 Att: 2,601

Forest Green: Walton, Donovan, Woolfenden, Edmundson, Burns, Evans, Mory, Davis (Leigh 55), Chaplin (Harness 66), John-Jules (Ladapo 69), Jackson (Keogh 81). Subs not used: Ball, Ahadime, Hladky. Booked: Burns, Davis, Harness, Leigh, Mory, Woolfenden.

IPSWICH (0) 0 PORTSMOUTH (0) 0

Sheff Wed 9 5 2 2 17 9 17

Port Vale 9 4 2 3 13 9 14

Derby 9 3 4 2 3 9 14

Lincoln City 9 4 1 4 12 13 13

Cambridge Utd 9 4 0 5 14 10 12

Peterborough 9 2 6 1 9 8 12

Shrewsbury 9 3 3 3 9 10 12

Forest Green 9 2 3 5 10 12 12

Exeter 9 3 2 4 12 10 11

Wycombe 9 3 2 4 12 12 11

Accrington 9 2 4 3 10 12 10

MK Dons 9 3 1 5 9 11 10

Oxford Utd 9 3 1 5 8 10 10

Cheltenham 9 2 2 5 8 12 8

Bristol Rovers 9 2 2 5 13 19 8

Forest Green 9 2 2 5 8 16 8

Morecambe 9 1 4 6 16 7 8

Burton Albion 9 1 1 7 10 22 4

LEADING SCORERS

Chaplin (Ipswich) 6
Collins (Bristol Rovers) 6
Mehmeti (Wycombe) 5
Clarke-Harris (Peterborough) 5
Harrison (Port Vale) 5
Bishop (Portsmouth) 5

Forest Green: McGee, Casey, Moore-Taylor, Marques, O'Keeffe, Hendry (Stevenson 80), Davis (Lille 62), Bernard, Pearl-Harris (Brown 74), Fabians, Wickham. Subs not used: Jones, McAllister, Thomas, Bunker. Booked: O'Keeffe, Wickham.

Morecambe: Ripley, Rawson, Bedeau, Delaney, Love, Weir, Shaw (Fane 83), Taylor (Gnahoua 66), Gibson (Cooney 39), Stockton (Connolly 83), Phillips. Subs not used: Smith, O'Kia, O'Connor. Booked: Cooney.

OXFORD (0) 1 MK DONS (1) 2

Mousinho 89 Smith 44 Cripp 84 (pen) Att: 8,141

Oxford Utd: Eastwood, Long, Mousinho, Findlay (Goodham 64), Henry, Brannagan, Brown, McGuane, Brown, Bodin (Bate 64), Joseph (O'Donkor 78). Subs not used: Gorrin, McQuinn, Anderson, Seddon.

Milton Keynes Dons: Cumming, Tucker, O'Hara, Lewington, Oyegeke, Devoy, McEachran (Johnson 67), Harvie, Smith, Dennis (Kayode 46), Grant (Grigg 78). Subs not used: Burns, Lawrence, Ravazzoli, Jules. Booked: McEachran.

PORT VALE (1) 2 SHREWSBURY (1) 1

Harrison 9, 90 Saydee 19 Att: 7,403

Port Vale: Stevens, Cass, Smith, Jones, Massey (Worrall 81), Garrity, Ojo, Benning, Harrison (Conlon 90), Butterworth (Pollic 72), Wilson (Odubeko 72). Subs not used: McCarron, Stone, Forrester. Booked: Butterworth, Jones.

PORTSMOUTH (1) 2 PLYMOUTH (0) 2

Koroma 41 Hackett-Fairchild 90 Raggett 74 (og) Ennis 79 Att: 19,009

Portsmouth: Griffiths, Ogilvie, Morrison, Raggett, Robertson, Dale (Hackett-Fairchild 81), Pack, Lowery (Morrell 40), Koroma (Curtis 70), Scarlett (Pigott 70), Bishop. Subs not used: Swanson, Oluwemiyi, Mingi. Booked: Bishop, Hackett-Fairchild, Morrison, Pack.

PORTSMOUTH (1) 2 PLYMOUTH (0) 2

Plymouth: Cooper, Lonwijk, Scarr, Gillespie (Galloway 70), Edwards (Cosgrove 68), Houghton (Randell 66), Butler, Mumba, Azaz, Whitaker, Hardie (Ennis 56). Subs not used: Wilson, Burton, Davies. Booked: Azaz, Galloway, Sent-off: Galloway.

PORTSMOUTH (1) 2 PLYMOUTH (0) 2

Sheff Wed: Stockdale, Iorfa (Mighten 71), Ihiekwe, James, Palmer, Byers, Bannan, Johnson, Dale-Bashiru (Gregory 57), Windass, Smith. Subs not used: Vailes, Wilks, Pateron, Baskinon, Dawson. Booked: Bannan, James.

SHEFF WED (0) 2 IPSWICH (1) 2

Byers 75 Smith 89 Jackson 4 Iorfa 71 (og) Att: 26,281

Sheff Wed: Stockdale, Iorfa (Mighten 71), Ihiekwe, James, Palmer, Byers, Bannan, Johnson, Dale-Bashiru (Gregory 57), Windass, Smith. Subs not used: Vailes, Wilks, Pateron, Baskinon, Dawson. Booked: Bannan, James.

IPSWICH (0) 0 PORTSMOUTH (0) 0

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BRADFORD (1) 3 STEVENAGE (0) 0

Cook 6, 56 Att: 16,917

Bradford: Lewis, Halliday, Platt, Odusina, Foulds, Smallwood, Gillead, Banks (Sutton 67), Chapman (Song'o 67), Wright, Cook (Oliver 77). Subs not used: Angol, Doyle, Young, Harratt. Booked: Cook, Halliday, Sent-off: Halliday.

BRADFORD (1) 3 STEVENAGE (0) 0

Stevnage: Ashby-Hammond, Sweeney, Vancoules, Piergiani, Wildin, Gibley, Reeves (Taylor 61), Earley, Roberts, Norris (Rose 61), Reid. Subs not used: Chapman, Clark, Campbell, Smith, Read. Booked: Roberts.

CARLISLE (1) 2 AFC WIM'DON (0) 1

Guy 45 Assal 59 Att: 5,038

Carlisle: Holy, Back, Feeney, Huntington, Mellish, Allen, Gibson, Moxon, Guy, Dennis, Patrick. Subs not used: Herring, Charters, Whelan, Harris, Kelly, Stretton, Idehen. Booked: Armer, Mellish.

CARLISLE (1) 2 AFC WIM'DON (0) 1

AFC Wimbledon: Tzanav, Towler (Osew 57), Pearce, Brown, Gurney, Marsh, Maghoma, Kier, Assal, Davison (Harris 68), Chislett (Pett 57). Subs not used: Nightingale, Jaaskelainen, Bendle, Bartley. Booked: Assal, Brown, Pell, Towler.

COLCHESTER (0) 0 GRIMSBY (0) 1

Clifton 63 Att: 3,167

Colchester: O'Hara, Eastman (Chivers 73), Chambers, Dallison, Cook, Longstaff (Newby 73), Judge (Skuse 46), Clapin (Tchamadeu 73), Lubala, Nouble (Sears 61), A. Phillips. Subs not used: Hornby, Chesters. Booked: Longstaff.

COLCHESTER (0) 0 GRIMSBY (0) 1

Grimsbey: Crocombe, Elete, Waterfall, Smith, Driscoll-Glenon, Kiernan (Maher 85), Holohan, Hunt (Khouri 90), Clifton, Taylor, Richardson (Orsi-Dadomo 76). Subs not used: Pearson, Maguire-Drew, Wearne, Simmonds. Booked: Elete, Kiernan.

CREWE (0) 1 CRAWLEY TN (0) 0

Baker-Richardson 73 Att: 3,717

Crewe: Okonkwo, Mellor, Offord, McDonald, Uwakwe, Thomas, King, Sambou, Ainley (Brook 61), Agyei (Leshabale 74), Baker-Richardson (Williams 90). Subs not used: Richards, Adebisi, Sass-Davies, Finney. Booked: Baker-Richardson, Thomas.

CRAWLEY TN (0) 0 SALFORD (1) 3

Watt 3, 16 Nichols (Crawley Town) 3

Crawley Town: Addai, Francillette, Ransom, Craig (Powell 84), Fellows, Tilley (Chukwueke 74), Hesselenthal, Balagizi, Tsaroula, Telford (Nadesan 74), Nichols. Subs not used: Johnson, Khaleel, Roberts, Ogunbo.

DONCASTER (0) 0 SWINDON (0) 1

Waking 60

Doncaster: Mitchell, Knolly, Faulkner, Williams, Maxwell (Wolman 76), Tomlin (Agard 78), Rowe (Bigness 57), Clayton, Molyneux, Miller, Taylor (Hurst 62). Subs not used: Oluwu, Jones, Long. Booked: Rowe.

SWINDON (0) 1 WALSALL (0) 0

Akins 17 Lapsile 34

Gillingham: Morris, Mngwa (Law 46), Elmer, Baggett, McKenzie, Adelaar (Green 61), O'Keeffe, Williams, Reeves (McDonald 73), Mandron, Walker (Boobie 61). Subs not used: Alexander, Wright, Turner. Booked: Boobie.

WALSALL (0) 0 DONCASTER (0) 0

Walsall: Evans, Bennett, Daniels, Monhe, Allen, Hutchinson (Cashman 66), Kinsella, Coleman (Maher 85), Maddox, Johnson (Abraham 66), Williams. Subs not used: Mukuna, Earing, Clarke. Booked: Coleman.

NEWPORT (0) 0 BARNLEY (1) 3

Gordon 45, 59 (pen) Att: 7,793

Newport County: Townsend, Norman, Farquharson, De-metrio, A Lewis, Waite (Evans 69), Lindley (Zimba 78), Bennett, Moriah-Welsh, Bogle, Nevins. Subs not used: Day, Bowen, Clarke, Dolan, A Lewis. Booked: Moriah-Welsh.

LEYTON ORIENT (0) 1 WALSALL (0) 0

Beckles 58 Att: 6,736

Leyton Orient: Vigoroux, James, Beckles, Hapke, Smyth (Sweeney, Pratlley (Brown 66), Moncur, El Mizouni, Ogilvie (Archibald 76), Kelman, Sotiriou (Drinan 60). Subs not used: Sargeant, Clay, Duke-Mckenna. Booked: James.

WALSALL (0) 0 DONCASTER (0) 0

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LEYTON ORIENT (0) 1 WALSALL (0) 0



WOMEN'S SUPER LEAGUE

in association with



VOYAGE OF SELFIE DISCOVERY... Hayes eyes success

Emma: Best can get better

EMMA HAYES wants Chelsea to get even better for their Women's Super League title defence.

The Blues were due to start their season against West Ham last week but with the programme postponed, they now kick off at Liverpool today.

Boss Hayes said: "I just want to get better, I'm not focused on winning."

"I want to make sure training is top class and that the starters I select perform at the levels we demand."

Five internationals – Kadeisha Buchanan, Jelena Cankovic, Eve Perisic, Johanna Rytting Kanerud and Katerina Vitkova – have arrived since last season.

Hayes added: "It's always nice to see top players coming into our league and every single one of them has settled."

Liverpool won last season's FA Women's Championship by an 11-point margin – and former Chelsea boss Matt Beard says his players are excited by the clash with the champions.

He said: "We feel we are equipped and can compete in this division."

"The players we've added have strengthened competition for places."

By SAM ALEXANDER

Chelsea are a fantastic team but I'm confident we can give a good account of ourselves.

MANCHESTER CITY, third last season, start out at **ASTON VILLA** after a summer that saw a large turnover of players.

Keira Walsh and Lucy Bronze, Georgia Stanway and Caroline Weir were high-profile departures, while Ellen White, Jill Scott and Karen Bardsley all retired.

A new-look City include signings Kerstin Casparij, Deyna Castellanos, Laia Aleixandri, Mary Fowler, Leila Ouahabi and Sandy MacIver.

Boss Gareth Taylor said: "I'd ask the fans to be patient because I think we've really improved in the future."

TOTTENHAM begin their campaign at **LEICESTER**, having missed out on hosting Manchester United at Spurs' 62,850-seater stadium last week.

Manager Rehanne Skinner said: "The intent from the club is to get us in the stadium for as many games as we can."

WEST HAM are at home to **EVERTON** with new boss Paul Konchesky saying: "I'm really looking forward to my first competitive match."



MAY DAY

Le Tissier debut double

RED ROMP... Russo heads in No 4
after Le Tissier (inset) bagged brace

By SANDRA BROBBEY

MARC SKINNER hailed two-goal debutant Maya Le Tissier after his Manchester United side demolished Reading in their Women's Super League opener.

The 20-year-old defender joined from Brighton in the summer and wasted little time in impressing her manager.

United captain Katie Zelem celebrated her 100th appearance with two assists and a goal.

England's Alessia Russo added another header as United went four up in 35 minutes in front of a record 5,315 crowd at Leigh Village.

It was a perfect

Manchester Utd.....4
Reading.....0

start to the new season for United – and Le Tissier.

Skinner said: "Maya's maturity, concentration and all these things – she has a lot of great tools and that is why we wanted her."

"To get two goals, you don't expect that. Both finishes were really good and cultured."

"She will be a key part of what we do moving forward."

He added: "When I look at Katie Zelem, what people probably don't see is the way she gels and connects other players together as

well. She always does a lot of the 'unsung hero' work."

"I saw her dad take her shirt at the end. You could see how much it means to them, to be Manchester United fans as well."

United's midfield aces ran the Royals ragged with Zelem and Ella Toone pulling the strings.

It took four minutes for them to get off the mark, Le Tissier heading in a Zelem corner.

Then the hosts won a penalty in the 13th minute after keeper Grace Moloney's challenge on Russo and Zelem converted.

Le Tissier headed home from another corner for her second.

And Russo nodded in Ona Batlle's cross before United went into cruise control.

United went into cruise control.

United went into cruise control.

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LITTLE... hopeful

Little is eyeing big day

By SANDRA BROBBEY

KIM LITTLE hopes to hear hardened Gooners belting out Arsenal chants during next week's derby with Tottenham, with the club on course to smash the WSL match attendance record.

More than 45,000 tickets have been flogged ahead of their Emirates duel with Spurs this coming Saturday.

And should every ticket-holder turn up, the game will be the highest attended match in the league's history to date.

Club skipper Little, 32, said: "As a player, you want to play, you want to entertain, and we obviously want to win."

"To have the home support shouting all the original songs, it doesn't get much better."

"As players and I think as supporters, we just want to build the game and hopefully we can get great support at the Emirates next week and then we can sustain that going forward."

The derby humdinger could see Sweden ace Lina Hultig make her second appearance in a Gunners shirt following her debut last time out.

And Stina Blackstenius is backing her club and country team-mate to shine for the north London giants.

The Arsenal striker, 26, said: "Lina has come in and that's very good for us."

Blackstenius, who bagged six goals in 11 top-flight games, opened her account this term with a thumping second-half shot against Brighton.

WSL RESULTS & FIXTURES

| | | | | |
|-------------------------------|----------------------|----------|-------------------------------|-----------------------|
| MAN UTD (4) | 4 READING (0) | 0 | Liverpool v Chelsea | 5.0 |
| Le Tissier 4, 25 | | | (Live on Sky Sports Football) | |
| Zelem 14 (pen) | | | West Ham v Everton | 3.0 |
| Russo 35 | | | | |
| TODAY | | | | |
| Aston Villa v Man City | 12.30 | | Played Friday | |
| (Live on BBC 2) | | | ARSENAL (1) | 4 BRIGHTON (0) |
| | | | Little 28 | Att: 5,238 |
| | | | Blackstenius 50 | |
| | | | Mead 63, 83 | |
| Leicester v Tottenham | 3.0 | | | |

| Man Utd | Reading |
|---------|---------|
| 24 | 2 |
| 8 | 1 |
| 72% | 28% |
| 598 | 227 |
| 56 | 5 |
| 12 | 2 |
| 5 | 1 |
| 0 | 0 |

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A LIFE HAPPY & GLORIOUS

THE
Sun
ON SUNDAY

QUEEN
ELIZABETH II
1926-2022

Sunday, September 18, 2022

LICHFIELD/Getty Images



Elizabeth II

PART VII: HER PEOPLE

Elizabeth

A LIFE HAPPY & GLORIOUS

PART VII:
HER PEOPLE



A GLIMPSE OF ROYALTY... the Queen is amused as children peer into her car in 1979

A LIFE HAPPY & GLORIOUS



PART VII: HER PEOPLE

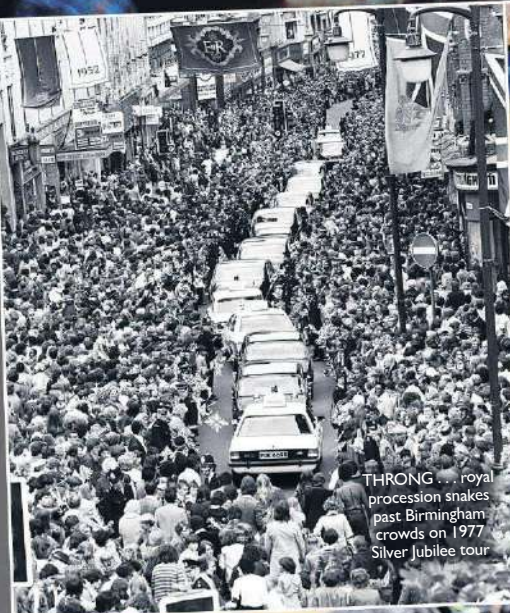
COVER IMAGE:

The Queen roars with laughter on the bridge of the Royal Yacht Britannia – as her cousin Patrick Lichfield is covered in soap and ducked in the ship's pool.

But Lichfield recovered himself to capture this striking photo of her. It was 1972 and he was victim of the 'crossing the line' ceremony as the ship passed the Equator in the Indian Ocean.

Lichfield, whose relationship with the royals allowed him to take dozens of candid photos during the Queen's mid-reign, recalled the moment.

'I'd had the wit to take a waterproof camera with me,' he said. 'And when I came up for about the third time, I took a picture of the Queen laughing... at me.'



THROUGH... royal procession snakes past Birmingham crowds on 1977 Silver Jubilee tour



ANTICIPATION... a young fan in East London waits to see the lady in her photograph in 2012



SOFT FOCUS... Manchester crowds aim their cameras on Diamond Jubilee tour in 2012

GAZING from a window at Buckingham Palace, the young Princess would daydream about the world beyond.

Elizabeth later told painter Pietro Annigoni: "I loved watching the people and the cars there in The Mall. They all seemed so busy."

"I used to wonder what they were doing and where they were all going, and what they thought about outside the Palace."

After becoming Queen, she made sure she found out.

She would be the most-travelled monarch of all time – visiting more than 120 countries and journeying more than a million miles.

Elizabeth mingled with people as no sovereign had before, giving millions treasured memories – and realising herself, with awe, how much she was loved.

The breakthrough came in 1970, with her first royal walkabout. The Queen had argued for years that she should stop to greet well-wishers who turned out to see her.

But advisers always overruled her because of security, until their fears about the monarchy's waning popularity in New Zealand and Australia made them re-evaluate.

Her previous visit there in 1963 had not created much excitement, and there were growing calls for Australia and New Zealand to become republics. So when a New Zealand civil servant suggested the Queen might like to stop and talk to locals before a formal engagement at Wellington Town Hall, her advisers decided to risk it.

So on the first day of the New Zealand visit in March, the royal car stopped short of the hall and the Queen and Duke of Edinburgh emerged to walk the rest of the way.

For the previous 18 years of the reign, everyone the Queen had ever shaken hands with had been vetted in advance.

She was always briefed about what she might talk about. Now she was on her own, with thousands of strangers milling around her.

And she was a smash.

Joy and amazement lit up every face in the crowd, and was reflected in the expression of Her Majesty. One five-year-old girl, Joanne Holland, even fainted when Elizabeth approached her.

Philip was in his element. After talking to a first-aidier who joked that she had brandy for emergencies, he told the crowd: "Brandy is available to anyone who feels like fainting." Hundreds cheered.

From then on, these walks became a standard feature for the Queen, continued by her children and grandchildren.

The day after, the rambles even got a name, when a newspaper covered the event with the headline "Queen Goes Walkabout".

After New Zealand, the Queen and Prince Philip, accompanied by Princess Anne, moved on to Australia where more walkabouts took place. Media interest in them was "frenetic".

With people now realising there was a chance they might get to chat to a royal, far more showed up.

A decade later, on another trip to Australia, the Queen revealed just how thrilling those first daring outings had been for her as well.

She told a crowd in Melbourne: "It is ten years ago that we undertook our first walkabout in Australia in Collins Street and I still remember vividly the novelty and excitement of that occasion."

There were downsides, such as 19-year-old Anne shocking onlookers in Sydney as she struggled with her hat, fuming: "This bloody wind!"

Then there was the man who told the Press that Philip had sworn at him in Greek when he had called out to him in that language. Elizabeth had found a new part of her calling.

For a woman who cherished the memory of sneaking out of the Palace to mingle with crowds on VE Day, it was exhilarating.

Until this point, her interactions with ordinary people had been highly choreographed and as a result, quite stilted – for example, being taken to admire a lorry



ROBERT JOBSON

driver's council home in Crawley New Town, Sussex, in 1958.

But as Anne later recalled about her first walkabouts as a 19-year-old, their informality made everyone more relaxed.

She said: "The chances were somebody would yell at you, 'My cousin's back in Perth!' It was that kind of conversation – lots of links that would come out of the crowd."

The Queen was eager to try them out as a way to meet British people too. A month after returning from Australia, she was given the OK for a "test run" at a visit to Coventry to open a hospital in June 1970.

It was a huge success, with the Queen spending 25 minutes longer than scheduled mingling and talking to people in the crowd.

For the first time, her subjects could see the Queen as a human being. BBC royal reporter Ronald Allison later said: "Suddenly the lady on the schoolroom wall, on the postage stamp, was a real person."

Tens of thousands of people, if not hundreds of thousands, must have had their brief moments with the Queen over the decades.

Incredibly, there were hardly any security issues. The worst it got was when she was egged in Auckland in 1986, although in Kingston, Jamaica, she was bundled into a Land Rover when security guards worried that she was being hugged too tightly by the local women.

When she visited South Africa in 1995, the year after Nelson Mandela had become President in the country's first democratic elections, officials told her not to do walkabouts in black townships.

She ignored them, and was greeted by weeping crowds.

That year she did her first walkabout in Belfast – again against security advice. She knew her people, and she trusted them.

The Queen also brought in other more informal engagements, such as small receptions and a monthly lunch where she would invite eight people she did not know, in fields ranging from the arts to F1 racing, for dinner at the Palace.

WHAT often struck people was her relaxed manner and humour.

Alex Dingley, of Cardiff, who met the Queen at a reception for Prince's Trust volunteers in 1999, recalled: "All I managed to blurt out was, 'God, you are shorter than you are on television!' To which she replied, 'Well, I am taller than Queen Victoria, you know!'"

Then there was the time in Australia when three students arrived at a walkabout with a "waving machine" – a stuffed glove that moved when you pulled a lever.

Princess Anne recalled of the moment: "These three presented it to the Queen, I assume thinking that they were being really rather daring and rather cheeky."

"And the Queen took it and said, 'Thank you very much, that is what I've always wanted!' Their faces dropped because it wasn't quite the reaction they were expecting."

But in terms of the Queen and her people, nothing came close to her Silver Jubilee in 1977.

Ahead of another Commonwealth tour, she visited 36 UK counties over a summer of celebrations.

On June 7, "Jubilee Day", a million people lined the streets to see the Queen travel to St Paul's Cathedral in the Gold State Coach for a service of thanksgiving.

Then after the ceremony, she stepped out with Prince Philip for the first ever walkabout in London.

They walked all the way to Guildhall, along Cheapside and up King Street. The Queen's face was lit up the whole way, and at one point she asked a group: "Everybody quite happy?", adding, "I am."

People had slept overnight on the streets in the rain to see her.

A woman in the crowd tried to explain it all, saying: "We have come here because we love you."

The Queen replied: "I can feel it. And it means so much to me."

WISTFUL... Elizabeth, aged 20 in 1946, by a window in the State Apartments at Buckingham Palace. The stunning portrait was taken by Lisa Sheridan, who had been photographing the Princess since she was a child



LEA SHERIDAN/Getty Images

Suddenly, the lady on the classroom wall, on the postage stamp, was a real person

Elizabeth

A LIFE HAPPY
& GLORIOUS

PART VII:
HER PEOPLE



FULL OF ZEAL...
in January 1954 the
Queen and mayor
of Waipukurau in
New Zealand pass
cheering children

FARMERS dyed their sheep red, white and blue in her honour in New Zealand.

In Australia, electricity poles kept crashing down from the weight of people clinging to them for a better view.

And in Jamaica, a man threw his coat over a puddle so the Queen would not have to get her shoes wet, in the spirit of Sir Walter Raleigh – and was promptly arrested for lunacy.

The world had never seen anything like the Queen's five-and-a-half-month tour of the Commonwealth that began in November 1953.

And it has never seen anything like it again.

It was the first time a reigning sovereign had ever visited many of the countries on the tour, including Australia and New Zealand.

The epic tour was designed to harness the unprecedented popularity of the monarchy in the wake of the young Queen's coronation just months earlier. And it was absolutely exhausting – 43,000 miles by land, sea and air, being feted all the way.

It is estimated she shook 13,213 hands, received 6,770 curtsies and heard 503 renditions of God Save The Queen. She and Prince Philip left Charles, five, and Anne, three, behind because of the gruelling schedule. They found it "ghastly" to say goodbye.

But it was also the start of an incredible adventure for the 27-year-old Queen and 32-year-old Philip. He recalled later: "The level of adulation – you wouldn't believe it."

First stop on November 24 was a one-night stay in Bermuda, where fights broke out between American tourists and local schoolchildren over the best viewing spots.

Next day it was Jamaica, where lady-in-waiting Pamela Mountbatten complained: "The streets of Kingston had been festooned with so much royal bunting, it was impossible to see what anything really looked like."

Then the couple boarded steamship *SS Gothic*, which had travelled to meet them carrying eight tonnes of luggage for the rest of the tour.

After passing through the Panama Canal, the ship arrived in Fiji on December 17.

Chieftains came aboard to welcome the royals with a dance, then the Queen sipped on a sea-shell full of the potent local drink kava, made with pounded roots mixed with spit.

She was thrilled, and said to Pamela Mountbatten at the end of it all: "Didn't you love this?"

Tonga was next, where the



ROBERT
JOBSON

Queen was introduced to the oldest resident – a 175-year-old tortoise presented to the country by Captain Cook in 1777.

In Tonga they were warmly welcomed by Queen Salote and later thousands of enthusiastic Tongans.

Queen Salote, who had won British hearts by cheerfully waving from an open carriage in the Coronation Day rain in London, did her best to impress the Head of the Commonwealth with a luncheon feast that included 2,000 pigs, chickens, lobsters and yams, washed down with coconut milk.

But it was the next stop, New Zealand, when things really went crazy. A cameraman called her arrival on December 23 "like the Second Coming".

Three quarters of the country's population saw the Queen during her five-week stay, but she did not get to see enough of those she was most interested in – the Maori people.

Again and again, white dignitaries hogged the sovereign's time and refused to allow traditional ceremonies to go ahead.

Lady Pamela revealed: "We were so disappointed."

From Auckland, Her Majesty delivered her annual Christmas Speech by radio to the Commonwealth, saying of her tour: "I want to show that the Crown is not merely an abstract symbol of our unity, but a personal bond between you and me."

After a few days' rest at sea, the royals steamed into Sydney Harbour on the morning of February 3, 1954. Half a million people out of a population of 1.8million turned out on the shores to watch them arrive.

Tens of thousands had slept outside to secure the best spots, and locals said the night had been lit up by the glow of campers' cigarettes.

One Boer War veteran, who had waited five hours for a glimpse, told a newspaper: "God bless her. I fought for her great-grandmother Queen Vicky."

In all, as in New Zealand, three quarters of Australia's population would see her during a two-month stay that saw her criss-cross the country by road, rail and air.

It was the height of summer, and a young Clive James recalled waiting in the heat to see the royals with his schoolmates "fainting left and right, as if their serried ranks were subject to sniper fire".

But the Queen never even broke into a sweat. Lady Pamela

explained that the Queen simply did not perspire, adding: "That means she can't get relief, so she suffers twice as much from the heat. She says no perspiration makes it much worse."

But the Queen only had thoughts for those who came to see her. Lady Pamela explained: "She was very meticulous in the motorcades that the car should go slowly enough for people to get a proper view. She used to say, 'What's the point in coming unless they can see me?'"

Often they were going so slowly that the Queen could overhear what people were saying, which was often that she looked fed up.

She told a staffer: "It's awful. I've got the kind of face that if I'm not smiling, I look cross."

"But I'm not cross. If you try to smile for two hours continuously it gives you a nervous tic."

However, the epic tour took its toll.

A T ONE point the Queen complained to Philip: "All these mayors are so boring, boring, boring. Why are they so boring?"

And during a few days' rest in a chalet outside Melbourne, a camera crew waiting outside were startled when Philip burst out of the door with a pair of tennis shoes and a racquet flying after him.

The Queen then emerged, shouting at him to come back, and dragged him inside. The entire scene was caught on film, but a courtier charged out "angrier than a wounded buffalo" and ordered the cameraman to hand over the footage.

Next out was the Queen, now all serene. She said: "I'm sorry for that little interlude, but as you know it happens in every marriage."

The royals finally steamed out from a harbour near Perth, bound across the Indian Ocean for a brief stop at the Cocos (Keeling) Islands.

Then it was on to Ceylon – now Sri Lanka – where the glass beads on the Queen's dress got so hot in the sun they could not be touched.

A quick pause followed in Aden, now part of Yemen, then two nights in Uganda, where the Queen opened a new dam on Lake Victoria, sending water crashing down into the White Nile.

From there, they flew to Tobruk in Libya, where Prince Charles and Princess Anne were waiting.

The youngsters had travelled aboard the *Britannia* on her maiden voyage, and the new ship then took them all to Malta for a few days.

Then finally they all sailed home to London, where on May 15 a banner on Tower Bridge greeted them with the words: "Welcome Home".

Tens of thousands of people lined the banks of the Thames. Their Queen was home, and her reign as British monarch and Head of the Commonwealth family of nations could begin in earnest.



SEA OF FLAGS... New Zealand, Feb '54

THE COUNTRIES SHE VISITED

40s

1947 South Africa...Feb 17-Apr 7
S Rhodesia.....Apr 7-11
N Rhodesia.....Apr 11-14
S Rhodesia.....Apr 14-17
Bechuanaland.....Apr 17
South Africa.....Apr 18-24
1948 France.....May 14-18
1949 Malta.....Nov 20-Dec 28

1950s

1950 Malta.....March 29-May 11
Malta.....Nov 25-Dec 4
Greece.....Dec 5-12
Malta.....Dec 14-Feb 12, '51
Libya.....Dec 18
1951 Malta.....March 19-Apr 11
Italy.....Apr 11-24
Canada.....Oct 8-30
USA.....Oct 31-Nov 2
Canada.....Nov 3-12
1952 Kenya.....Feb 1-6
1953 Bermuda.....Nov 24-25
Jamaica.....Nov 25-27
Panama Canal.....Nov 29
Panama.....Nov 29-30
Fiji.....Dec 17-19
Tonga.....Dec 19-20
NZ.....Dec 23-Jan 30, '54
1954 Australia.....Feb 3-Apr 1
Cocos Islands.....Apr 5
Ceylon.....Apr 10-21
Aden.....Apr 27
Uganda.....Apr 28-30
Libya.....May 1
Malta.....May 3-7
Gibraltar.....May 10
1955 Norway.....Jun 24-26
1956 Nigeria.....Jan 28-Feb 16
Sweden.....Jun 8-10
1957 Portugal.....Feb 18-21
France.....Apr 8-11
Denmark.....May 21-23
Canada.....Oct 12-16
USA.....Oct 17-29
1958 Netherlands.....Mar 25-27
1959 Canada.....Jun 18-Aug 1

1960s

1961 Cyprus.....Jan 20
India.....Jan 21-Feb 1
Pakistan.....Feb 1-16
India.....Feb 16-26
Nepal.....Feb 26-Mar 2
Iran.....Mar 2-6
Italy.....May 2-5
Vatican City.....May 5
Ghana.....Nov 9-20
Liberia.....Nov 23
S Leone.....Nov 25-Dec 1
Gambia.....Dec 3-5
1962 Canada.....Jan 30-Feb 1
Fiji.....Feb 2-3
N Zealand.....Feb 6-18
Australia.....Feb 18-Mar 27
1964 Canada.....Oct 5-13
1965 Ethiopia.....Feb 1-8
Sudan.....Feb 8-12
W Germany.....May 18-28
1966 Barbados.....Feb 1
Seychelles.....Mar 19-20
Mauritius.....Mar 24-26
Kenya.....Mar 26
France.....May 15-19
Yugoslavia.....Oct 17-21
1973 Cook Islands.....Jan 28-29
Canada.....Jun 25-Jul 5
Canada.....Jul 31-Aug 4
Fiji.....Oct 16-17
Australia.....Oct 17-22
1974 N Zealand.....Jan 30-Feb 8
Norfolk Island.....Feb 11
New Hebrides.....Feb 15-16
Solomon Isles.....Feb 18-21
Pap N Guinea.....Feb 22-27
Australia.....Feb 27-28
Indonesia.....Mar 15-22
1975 Bermuda.....Feb 16-18
British Guiana.....Feb 4-5
T'dad & T'bago.....Feb 7-10
Grenada.....Feb 11
Saint Vincent and the Grenadines.....Feb 12-13
Barbados.....Feb 14-15
Saint Lucia.....Feb 16
Dominica.....Feb 18
Montserrat.....Feb 19
Antigua.....Feb 20
St Christopher, Nevis, Anguilla.....Feb 22
British Virgin Isles.....Feb 23
Turks & Caicos.....Feb 25
Bahamas.....Feb 27-28
Jamaica.....Mar 3-6
Belgium.....May 9-13
1967 France.....May 26-29
Canada.....Jun 29-Jul 5
Malta.....Nov 14-17
1968 Brazil.....Nov 5-11
Chile.....Nov 11-18
1969 Austria.....May 5-10

1970s

1970 Canada.....Mar 2-3
Fiji.....Mar 4-5
Tonga.....Mar 7
N Zealand.....Mar 12-30
Australia.....Mar 30-May 3
Canada.....May 3-4
Canada.....Jul 5-15
1971 Canada.....May 3-12
Turkey.....Oct 18-25
1972 Thailand.....Feb 10-15
Singapore.....Feb 18-20
Malaysia.....Feb 22-26
Malaysia.....Feb 28
Brunei.....Feb 29
Malaysia.....Mar 2
Singapore.....Mar 5
Malaysia.....Mar 6-8
Maldives.....Mar 13-14
Barbados.....Feb 18-20
Bahamas.....Feb 20-21
Mexico.....Feb 24-Mar 1
Jamaica.....Apr 26-30
Hong Kong.....May 4-7
Japan.....May 7-12
1976 Finland.....May 25-28
USA.....Jul 6-11
Canada.....Jul 13-25
Luxembourg.....Nov 8-12
1977 American Samoa.....Feb 9
W Samoa.....Feb 10-11
Tonga.....Feb 14
Fiji.....Feb 16-17
N Zealand.....Feb 22-Mar 7
Australia.....Mar 7-23
Pap N Guinea.....Mar 23-26
Australia.....Mar 26-30
Canada.....Oct 14-19
Bahamas.....Oct 19-20
British Virgin Isles.....Oct 26
A'gua & Barbuda.....Oct 28
Saint Vincent and the Grenadines.....Oct 31
Barbados.....Oct 31-Nov 2
1978 W Germany.....May 22-26
Canada.....Jul 26-Aug 6
1979 Kuwait.....Feb 12-14
Saudi Arabia.....Feb 17-20
Qatar.....Feb 21-24
UAE.....Feb 24-27
Oman.....Feb 28-Mar 2
Denmark.....May 16
Tanzania.....Jul 19-22
Malawi.....Jul 22-25
Botswana.....Jul 25-27
Zambia.....Jul 27-Aug 4

1980s

1980 Switzerland.....Apr 29-May 2
Australia.....May 24-28
Italy.....Oct 14-17
Vatican City.....Oct 17
Tunisia.....Oct 21-23
Algeria.....Oct 25-27
Morocco.....Oct 27-30
1981 Norway.....May 5-8
Australia.....Sep 26-Oct 12
New Zealand.....Oct 12-20
Australia.....Oct 20-21
Sri Lanka.....Oct 21-25
1982 Australia.....Apr 15-18
Australia.....Oct 5-13
Pap N Guinea.....Oct 13-14
Solomon Islands.....Oct 18
Nauru.....Oct 21
Kiribati.....Oct 23
Tuvalu.....Oct 26-27
Fiji.....Oct 30-Nov 1
1983 Bermuda.....Feb 13
Jamaica.....Feb 13-16
Cayman Isles.....Feb 16-17
Mexico.....Feb 17-22
USA.....Feb 26-Mar 6
Canada.....Mar 8-11
Sweden.....May 25-28
Cyprus.....Nov 9-10
Kenya.....Nov 10-14
Bangladesh.....Nov 14-17
India.....Nov 17-26
1984 Cyprus.....Mar 25-26
Jordan.....Mar 26-30
Canada.....Sep 24-Oct 7
USA.....Oct 7-12
1985 Portugal.....Mar 25-29
Belize.....Oct 9-11
Bahamas.....Oct 11-20
St Kitts & Nevis.....Oct 23
Antigua and Barbuda.....Oct 24
Dominica.....Oct 25
Saint Lucia.....Oct 26
Saint Vincent and the Grenadines.....Oct 27
Barbados.....Oct 28-29
Grenada.....Oct 31
T'dad & Tobago.....Nov 1-3
1986 Nepal.....Feb 17-21
N Zealand.....Feb 22-Mar 2
Australia.....Mar 2-13
USA.....May 22-26
China.....Oct 12-18
Hong Kong.....Oct 21-23
1987 France.....May 23-24
W Germany.....May 26-27
Canada.....Oct 9-24
1988 Australia.....Apr 19-May 10
Netherlands.....Jul 4-5
Spain.....Oct 17-21
1989 Barbados.....Mar 8-11
Singapore.....Oct 9-11
Malaysia.....Oct 14-17

1990s

1990 New Zealand.....Feb 1-16
Iceland.....Jun 25-27
Canada.....Jun 27-Jul 1
Germany.....Nov 23
1991 Kenya.....Oct 7
Namibia.....Oct 8-10
Zimbabwe.....Oct 10-15
1992 Australia.....Feb 18-25
Malta.....May 28-30
Canada.....Jun 30-Jul 2
Cyprus.....Oct 18-24
1993 Hungary.....May 4-7
Belgium.....Aug 7
1994 Anguilla.....Feb 18
Dominica.....Feb 19
Guyana.....Feb 19-22
Belize.....Feb 22-24
Cayman Isles.....Feb 26-27
Jamaica.....Mar 1-3
Bahamas.....Mar 6-8
Bermuda.....Mar 8-19
France.....May 6
Canada.....Aug 13-22
Russia.....Oct 17-20
Finland.....Oct 21
1995 South Africa.....Mar 19-25
N Zealand.....Oct 30-Nov 11
1996 Poland.....Mar 25-27
Czech Rep.....Mar 27-29
Thailand.....Oct 28-Nov 1
1997 Canada.....Jun 23-Jul 2
Pakistan.....Oct 6-12
India.....Oct 12-18
1998 Brunei.....Sep 17-20
Malaysia.....Sep 20-23
Belgium.....Nov 11
1999 South Korea.....Apr 19-22
Ghana.....Nov 7-9
South Africa.....Nov 9-15
Mozambique.....Nov 15

2000s

2000 Australia.....March 17-Apr 1
Italy.....Oct 16-19
Vatican City.....Oct 17
2001 Norway.....May 30-Jun 1
2002 Jamaica.....Feb 18-20
New Zealand.....Feb 22-27
Australia.....Feb 27-Mar 3
Canada.....Oct 4-15
2003 Nigeria.....Dec 3-6
2004 France.....Apr 5-7
Germany.....Nov 2-4
2005 Canada.....May 17-25
Malta.....Nov 23-26
2006 Australia.....Mar 11-16
Singapore.....Mar 16-18
Lithuania.....Oct 16-17
Latvia.....Oct 18-19
Estonia.....Oct 19-20
2007 Netherlands.....Feb 5
Turkey.....May 13-16
USA.....May 3-8
Belgium.....Jul 12
Malta.....Nov 20
Uganda.....Nov 21-24
2008 Slovenia.....Oct 21-22
Slovakia.....Oct 23-24
2009 Bermuda.....Nov 24-26
T'dad, T'bago.....Nov 26-28

10s

2010 Canada.....Jun 28-Jul 6
UAE.....Nov 24-25
Oman.....Nov 25-28
2011 Ireland.....May 17-20
Australia.....Oct 19-29
2014 Italy.....Apr 3
Vatican City.....Apr 3
France.....Jun 5-7
2015 Germany.....Jun 23-26
Malta.....Nov 26-28

KEEPING HER COOL... Queen looks serene in the heat of the Australian summer, 1954

Queen of the world

RESEARCH BY ELEANOR SPRAWSON

Elizabeth

A LIFE HAPPY
& GLORIOUS

PART VII:
HER PEOPLE

1950s



CROWDS ... greeting the Queen at Lagos, Nigeria, February 1956

SUPERMARKET assistant manager Donald D'Avanzo could not believe his eyes when the Queen dropped in.

After she left, he said: "I'll never forget it. It was the greatest thing that ever happened to me. I can't even eat my dinner. I was so amazed and scared."

It was October 1957 and supermarkets were still unknown in the UK. So when Her Majesty spotted a "Giant Food" outlet on her way to an American football game near Washington DC, she asked if she could take a look.

While she and Philip watched the match, officials raced to the store to sound out Mr D'Avanzo. Then, when the sporting event was over, the royals arrived.

Wearing a mink coat and escorted by the astonished manager, Her Majesty toured the shelves.

The New York Times reported: "The Queen seemed especially interested in chicken wrapped in transparent plastic, and looked hard at a large counter filled with steak."

Meanwhile, the Duke of Edinburgh trailed behind, eating free samples of cheese and crackers.

It was one of the highlights of a six-day tour of the US, the Queen's second ever trip to the States and her first since taking the throne.

She had, of course, become Queen while abroad, when her father George VI died while she was in Kenya in 1952.

The decade saw her set the pattern of her reign by travelling the world to meet its

peoples. First up had been her epic five-and-a-half-month tour of the Commonwealth from late 1953 to mid 1954.

Next, in 1955, was a cruise on the Britannia to Norway, where the Queen met adventurer Thor Heyerdahl and admired the Kon-Tiki raft in which he had sailed 4,300 miles across the Pacific Ocean.

Then in January 1956, she and the Duke began their first visit to a colony since their round-the-world trip, with a three-week tour of Nigeria.

It included a visit to a leper colony, where Her Majesty shook hands with former sufferers – a powerful gesture in a region where locals did not believe in a cure and continued to shun those who had been infected.

Masked warriors

One former sufferer told the Queen: "We cannot express enough our joy and happiness at seeing you here."

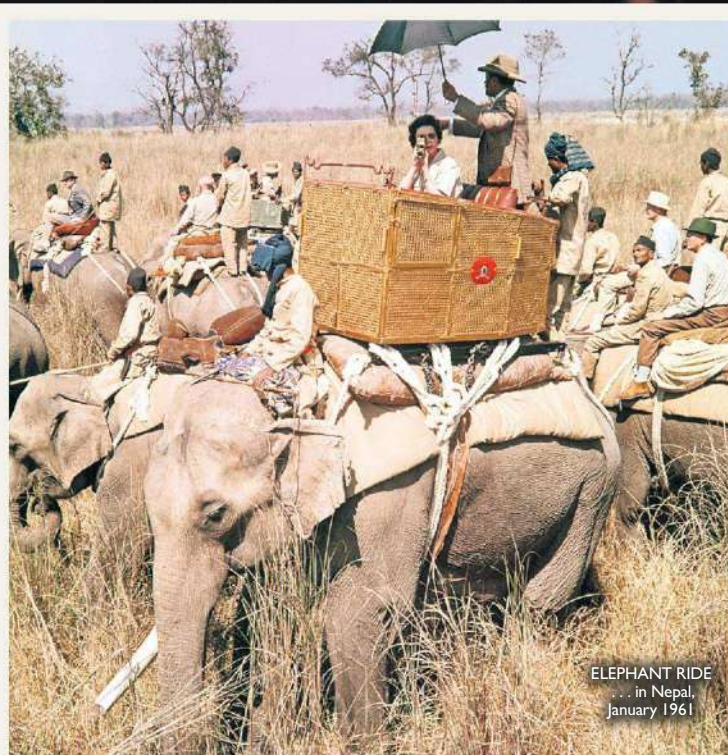
The tour ended with amazing scenes in Lagos, where there was a dance of 10,000 masked warriors, and a million-strong crowd chanted: "Our Queen!"

A few months later, Elizabeth was in Sweden for a state visit, and also to attend the "Equestrian Olympic Games".

These events were held in Stockholm because of horse quarantine restrictions in Melbourne, where the rest of the Games were being held.

The Queen saw out the rest of the decade with two visits to Canada, as well as state visits to Portugal, France, Denmark, the Netherlands – and of course the US, home of the supermarket.

1960s



ELEPHANT RIDE ... in Nepal, January 1961

PRINCE Philip was very clear about his intentions: "Of course I plan to shoot a tiger if possible. Why not?"

Up until this moment, the tour of India in January 1961 had been going beautifully. It was the first royal visit since independence in 1947, and both the Queen and her hosts were keen that it marked a new era for the countries as equals.

Fittingly, her first major engagement after flying into Delhi was to lay a wreath of 500 white roses at the tomb of Mahatma Gandhi, the father of Indian independence.

And she quickly realised that the people were on her side.

Talking to PM Jawaharlal Nehru about driving through the city streets packed with well-wishers, she said: "I have never seen so many people in my life. I became quite worried – I thought they would fall off the trees and roofs."

The next day, Elizabeth and Philip headed to Jaipur, riding the final stretch into the city aboard elephants. The Duke of Edinburgh yelled to the Queen: "Fasten your seatbelt!"

Their host for this leg was the Maharajah of Jaipur, who had organised a tiger hunt, as the showpiece for their stay.

Howls of protest came from animal welfare groups back in Britain, but Philip told the Press he had no qualms.

The Queen was sitting by him in a tree platform in the jungle when the Prince shot his prize, a female tiger.

But by the time the couple got to Nepal the next month, where the local king had planned an even bigger tiger hunt, the Duke had mysteriously developed an infection in his trigger finger.

He kept it bandaged up and apologised that he would be unable to shoot. Four months later he co-founded the World Wildlife Fund.

The Queen, however, never put a foot wrong.

This trip even showed how politically thoughtful she could be in what she chose to wear.

For her first evening in India, she donned a gown encrusted with pearls in the pattern of an Indian lotus flower.

And for her first night in Pakistan, on the same trip, her ivory and emerald green dress perfectly matched the insignia of the Order of Pakistan which she had been given earlier in the day.

It was a decade when she realised how much power for good she could

wield without saying a word. Perhaps most powerfully, this was demonstrated in November 1961 on a visit to newly independent Ghana, when she danced with President Kwame Nkrumah at a gala ball.

The moment was seen as having helped to soften the anti-British feelings of the leader, who had been threatening to leave the Commonwealth. It was also hailed as a breakthrough in race relations as far away as the US.

And her mere presence in West Germany in January 1965 – the first visit by a British monarch since 1915 – went down as a turning point in Britain's post-war relations with the former enemy.

A dress, again, did its bit to help. The Queen had asked her dress designer Hardy Amies to create a gown to match the swirling pale blue rococo interior of the Augustusburg presidential palace near Bonn for her to wear at the tour's opening state banquet.

Front pages the next day declared it "a gown that stunned a nation". Three years later, photographer Cecil Beaton asked her to wear it for a series of official portraits.

The decade also saw trips to Australia and New Zealand, far less successful than her 1953-4 visit because her superstar status had lost its shine.

She also went to Iran, Italy, Vatican City, Sierra Leone, Liberia, Cambodia, Canada – three times – Sudan, Belgium, Brazil, Chile and Austria.

And in February 1966, she embarked on a five-week tour of the Caribbean region aboard the Britannia.

Perhaps the most moving stop was a two-day stay in British Guiana in South America, which was to end British rule in less than four months and rename itself Guyana. The Queen was the first reigning monarch to ever visit the country in its 152 years of colonial rule.

Her decision to visit was seen as a "graceful seal" approving the nation's new future, "a grand exit to the old era".

And it was marked by what is still remembered as one of the country's most magical nights, when capital Georgetown was transformed by thousands of lights into a "fairy city".

Through this wonderland the tiara-wearing Queen travelled to a reception in her honour, where 2,000 guests danced and a 100-member steel band played. Stilt-walkers swayed and a seven-year-old girl twirled among the dignitaries.

Another guest later described her in words that could sum up the Queen's view of the world: "She gazed and marvelled."



REIGN OR SHINE ... with Margaret at Equestrian Olympics, Stockholm, June 1956

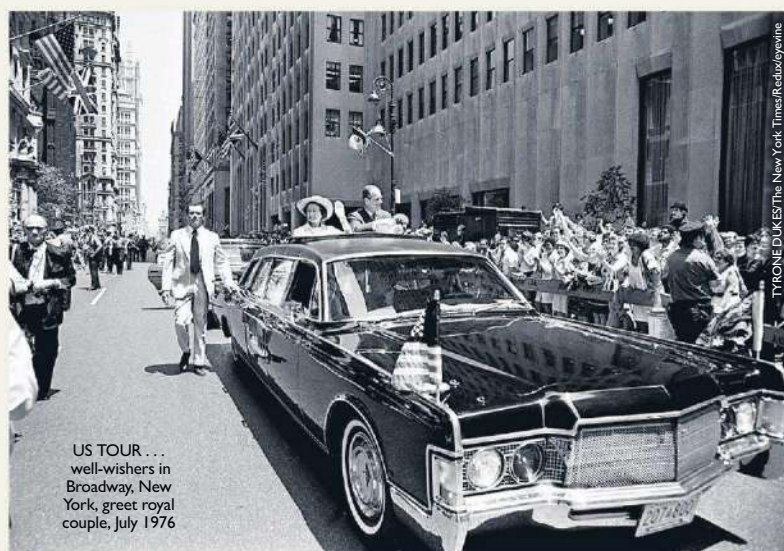
1970s

SPARKLING...
the Queen at
the reception in
Georgetown,
Guyana,
February 1966



She gazed; she marvelled

MICHAEL ROUGIER/The LIFE Picture Collection/Shutterstock



US TOUR...
well-wishers in
Broadway, New
York, greet royal
couple, July 1976

TYRONE DUKES/The New York Times/Redux/eyewire

SUDDENLY the cameras following her every move at the Embassy banquet vanished - Elizabeth Taylor had just arrived and, for once, Her Majesty was outranked.

"The Queen was merely amused," a staffer insisted later.

Unwittingly, the monarch played Cupid to the movie star that evening.

It was the night Taylor, dripping with emeralds given to her by soon-to-be-ex Richard Burton, first met politician John Warner, who was to be her sixth husband.

It was July 1976 and the Queen was on a six-day state visit to the US to mark the 200th anniversary of its independence.

The banquet she hosted at the British Embassy in Washington DC came the night after a welcome party at the White House. There, famously, President Gerald Ford led her on to the dance floor as the band struck up *The Lady Is A Tramp*.

But overall, the trip was a sensation, and the Queen and Prince Philip brought Manhattan to a stop days later when they rode through the city in an open-top car.

Crowds also followed when they dropped into the department store Bloomingdale's, where the Duke of Edinburgh was introduced to a "pet rock".

Meanwhile, the Queen was shown through the furniture display, exclaiming: "What wide chairs!"

It was all part of a decade that saw the Queen clock up more miles than any other of her reign, with 25 state visits and 54 Commonwealth trips.

These included a huge tour in 1977 as part of her Silver Jubilee, during which Her Majesty had a narrow escape.

In New Zealand on February 28, just as the Queen was about to leave Parliament House in Wellington, an off-duty detective grabbed a man as he pulled a loaded air rifle from a gun case.

But the Queen was unruffled and was out

smiling in the city again the next day, winning rave reviews for her glamorous raincoat.

She also styled out her first state visit to France in May 1972, making sure she threw a party that would rival the banquet held in her honour the night before at the Palace of Versailles.

The Queen even asked that snazzy tableware for the bash at the British Embassy in the French capital Paris be sent over from Buckingham Palace.

An embassy official recalled: "I remember the unpacking and out came this enormous golden candelabra.

There was a footman... and I said to him, 'I bet there isn't another one like that anywhere in the world.' And he said, 'There are 50 more like that at home'."

The 1972 trip was designed to salute the UK's entry into the Common Market, and in a speech the Queen hailed "the beginning of a new Europe".

Other trips included a quick stop in Australia in 1973 to open the Sydney Opera House, and one to Japan in May 1975, where her dream of riding a Bullet Train was foiled by a rail strike.

In November 1976, she visited Luxembourg's royal family - and in high spirits after dinner one night started playing the drums.

Witnesses claimed she was "keeping the rhythm and shaking her head".

More serious was her first major visit to the Middle East in February 1979, on a mission to warm up Anglo-Arab relations in the wake of a rise

in oil prices that had sent inflation soaring. The most important country on the itinerary was Saudi Arabia, which made it clear it did not want any women on the trip.

It made only one exception, declaring it "would welcome the Queen as an honorary man".

British officials managed to get the ban lifted, although Her Majesty did have to tell her dress designer Hardy Amies to be careful when coming up with outfits for the trip.

In yet another example of her deft diplomatic touch, she wrote: "I'm told 'no bare flesh' is the main concern!"



STORMING IT...
Queen's coat
sparked praise in
New Zealand,
February 1977

STORE STOP...at
Bloomingdale's, New
York, July 1976

Elizabeth

A LIFE HAPPY
& GLORIOUS

PART VII:
HER PEOPLE

A HUSH fell as the Queen was ushered in front of thousands of life-sized clay figures that make up the Terracotta Army.

Then a lone voice called from the media scrum: "And how long have you been a terracotta warrior?"

Witnesses swore they saw Her Majesty biting back the giggles.

Days earlier she had become the first British monarch to set foot in China, in what was planned as one of her most important diplomatic missions ever.

It was October 1986, and the state visit was meant to be the royal seal on the recent agreement by Britain to hand control of Hong Kong over to China in 1997, a new age for the countries' relations.

Things began well in Beijing, where the Queen charmed Paramount Leader Deng Xiaoping over lunch by announcing: "I think Mr Deng would be rather happier if he was told he was



ELEANOR
SPRAWSON

allowed to smoke." Foreign Secretary Sir Geoffrey Howe, who was also at the meal, recalled: "I've never seen a man light up more cheerfully. It was a very human touch and he appreciated it."

Then came the day in Xian, home to the vast clay army that was buried with an emperor in 210BC.

It was also where Prince Philip got chatting to a group of University of Edinburgh students who were on exchange in the city, and fatefully asked one of them how long he had been there. Simon Kirby, then 21, replied he had been in China for six weeks.

The Duke fired back: "If you stay here much longer, you will go back with slitty eyes."

It became Philip's most infamous gaffe, and one of the best-remembered moments of any royal tour.

And it showed just how risky these

visits always were, when years of painstaking planning could be undone with one slip.

But the Queen never tried to avoid them, willingly taking on their great weight of diplomatic responsibility again and again.

The decade's tour schedule had kicked off with the first ever state visit by a British monarch to the Vatican, in October 1980.

It was a great success and was seen as a huge step in strengthening relations between the Catholic Church and the Church of England, of which the Queen was supreme governor.

A couple of days later, the Queen and the Duke of Edinburgh popped in to see the ruins of Pompeii. There, the Prince stood with an "impassive expression" in front of a fresco showing a fertility god with a monumental manhood.

The Queen was reported to have "made a brisk transit" straight past it.

Other Eighties visits included the obligatory stops of Australia, New Zealand, Canada and the Caribbean, as well as North Africa, the Netherlands

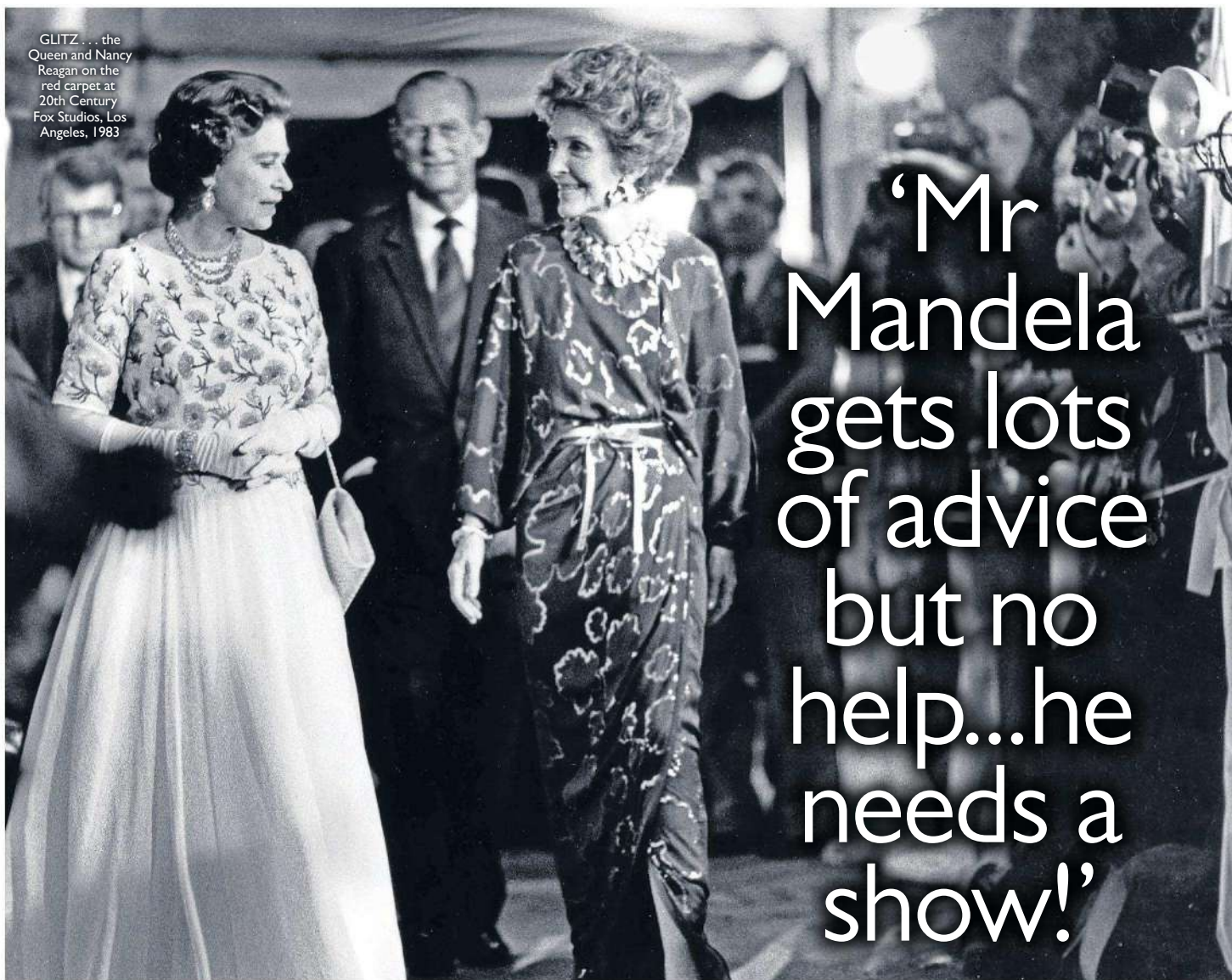
and Portugal. In October 1982 the Queen even found time to visit the Pacific island of Nauru – the third-smallest country in the world after Vatican City and Monaco. It had joined the Commonwealth in 1968 and the Queen had decided that like any other member nation, it deserved a visit.

But perhaps her most enjoyable trip of the Eighties was her first visit to the West Coast of the US, which she had longed to see for decades.

SHE seized the chance when President Ronald Reagan and his wife Nancy invited her to visit them on their ranch in California to go horse-riding in early 1983.

Travelling aboard the Britannia, Her Majesty first sailed up the coast of Mexico, stopping in several port towns to do some deft relationship-building.

Latin America had been furious with



GLITZ... the Queen and Nancy Reagan on the red carpet at 20th Century Fox Studios, Los Angeles, 1983

'Mr Mandela gets lots of advice but no help...he needs a show!'

WHEREVER the Queen went in the black townships of South Africa in 1995, banners and signs greeted her with the same heartfelt words: "Thank you for coming back."

Her Majesty had last been in the country in 1947, when as a princess she had marked her 21st birthday with a speech in which she pledged to devote her life to the Commonwealth.

Now she was finally there again to welcome South Africa back into her beloved community of nations, and to give an international seal of approval to a country that had begun a new age. She declared at a banquet in Durban:

"Faith can move mountains. Faith can recreate a nation."

And the Queen indeed had faith. She had championed sanctions that were aimed at bringing down the racist regime that had brought in apartheid soon after her 1947 visit, even when the British government was against them. And after South Africa quit the Commonwealth in 1961, she never gave up hope it would come back.

Democratic elections had finally been held in 1994, sweeping Nelson Mandela to power – and one of his first acts as president was to rejoin the Commonwealth.

The overjoyed Queen quickly decided a state visit was in order, telling the Foreign Office: "Mr Mandela is getting advice from lots of people but no one's actually giving him any help. He needs a show."

Now the president was there to greet

the sovereign as she sailed into Cape Town aboard the Britannia, past Robben Island, where he had been imprisoned for so many years. When she stepped ashore, he said: "Oh, Your Majesty."

Black South Africans had never forgotten how she had fought for them, and they turned out in force.

In Soweto, Mandela looked on, beaming, as thousands cheered, and told reporters: "They are here for her, not me." Visibly moved at the end of her six-day stay, the Queen called the trip "one of the most outstanding experiences of my life".

The Nineties were the most difficult decade of her life at home, with the monarchy rocked by scandals and her own family buffeted by divorce and death.

But on the world stage, these were the Queen's greatest years.

The trip to South Africa is regarded

by Buckingham Palace as one of the three most important trips of the Queen's reign, along with China in 1986 and one to Russia that had taken place five months before she sailed into Cape Town.

With that state visit to Eastern Europe in October 1994, she became the first British monarch ever to set foot on Russian soil.

Her four-day trip was seen by Russians as a royal blessing to the new nation emerging after the collapse of the Soviet Union in 1991. In a speech at the Kremlin, the Queen said to President Boris Yeltsin: "You and I have spent most of our lives believing this evening could never happen. I hope that you are as delighted as I am to be proved wrong."

Yeltsin in turn called the Queen "the personification of state wisdom".

Later that evening when Her Majesty

1980s

ALL ABOARD
... on coach for
tour of Mexican
steelworks, 1983



Britain since the Falklands War against Argentina the previous year.

When on land, she was ferried around by Mexico's favourite means of transport, the bus.

It is believed to be the first time she had ridden one since a childhood

expedition with her nanny. Next it was back to sea to head up to California,

where Hollywood turned out in force for a gala dinner on the set of M*A*S*H.

Guests who tucked into the meal of chicken pot pie and toasted coconut snowball ice cream included Fred

Astaire, Ginger Rogers, Lucille Ball, Jimmy Stewart, Gene Kelly, Greer Garson, Joan Collins, Elton John, Michael Caine, Julie Andrews and Henry Winkler.

Movie legend Bette Davis had been left off the list but managed to score a seat by calling up the studio boss who was hosting the event and announcing: "I want a f***ing invitation."

Next day the Queen and Prince Philip travelled to the Reagans' ranch in the mountains near Santa Barbara, but her long-awaited horse ride had to be cancelled because of California's worst storms in decades.

Instead, the royals and the Reagans enjoyed a Tex-Mex lunch of tacos, enchiladas and refried beans.

Afterwards, the Queen, always enthusiastic about new experiences, declared: "That was so enjoyable, especially the used beans."

That night, Nancy Reagan travelled back to the Britannia with the Queen.

The pair chatted into the night, with Her Majesty revealing how much she worried about her family while away on these work trips. Princess Diana had

given birth to William seven months earlier.

Mrs Reagan said: "We talked at length. It was not the Queen and First Lady but two mothers talking about their lives, mostly our children."

"She was beginning to be concerned about Diana."

The horrid weather meant the royals then flew on to San Francisco instead of sailing, so they arrived with time up their sleeves.

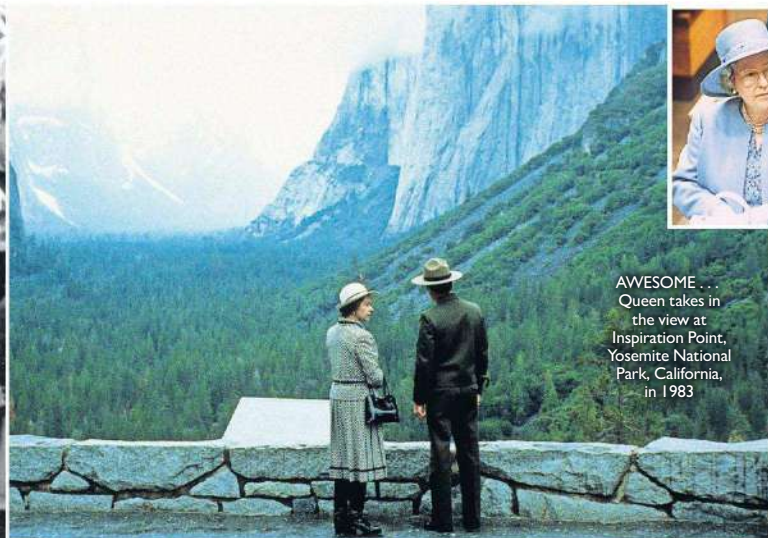
Philip had a suggestion: A spur-of-the-moment dinner at the city's famous Polynesian-themed restaurant Trader Vic's.

The Queen said it was her first meal at a restaurant in more than 15 years, and set about testing its exotic rum punches.

Bartender Jack Wong said: "The Queen was laughing a lot. A Secret Service man said it was the first time he had seen her smile."

At the end of the meal, Her Majesty received a fortune cookie, whose message read: "You have a deep interest in all that is artistic."

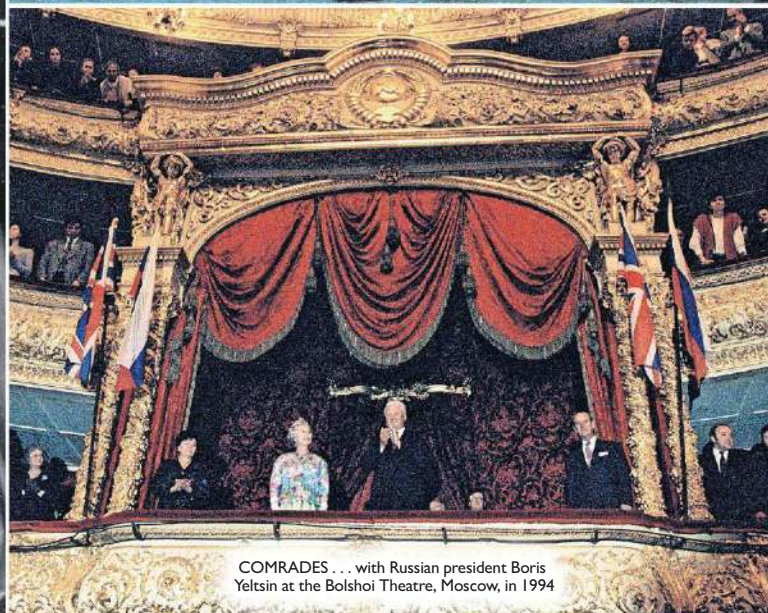
She showed it to Philip, then tucked it away in her handbag to keep it safe.



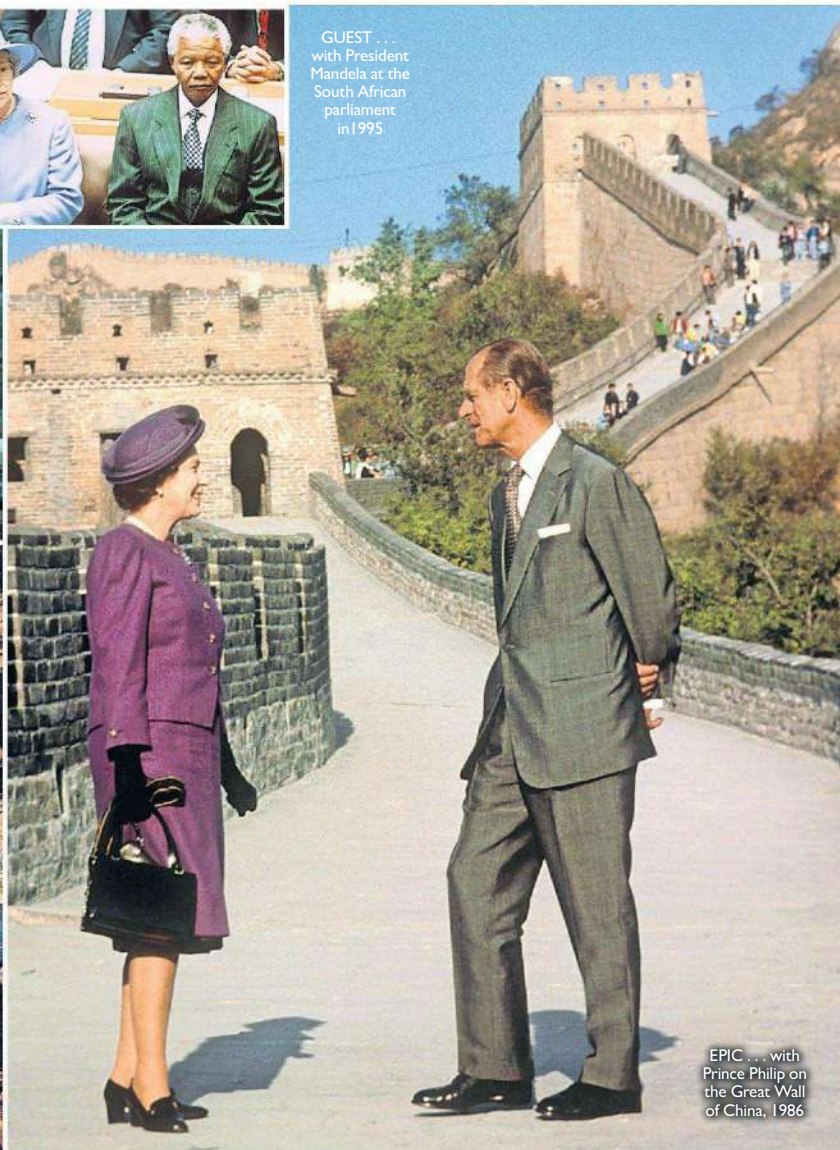
AWESOME ...
Queen takes in
the view at
Inspiration Point,
Yosemite National
Park, California,
in 1983



GUEST ...
with President
Mandela at the
South African
parliament
in 1995



COMRADES ... with Russian president Boris
Yeltsin at the Bolshoi Theatre, Moscow, in 1994



EPIC ... with
Prince Philip on
the Great Wall
of China, 1986

appeared in the tsars' old royal box at the Bolshoi Theatre to watch a ballet, she was given a ten-minute standing ovation.

SHE had dressed for the occasion in a particularly opulent diamond and sapphire tiara with matching necklace and bracelet.

The British Embassy had advised that the Russian ballet-goers would expect full bling, so she complied, although afterwards she fretted: "I thought the jewels were too much."

"She was firmly told: "No, Ma'am, everyone loved it."

Tactfully, she left at home the jewels that her grandmother Queen Mary had snapped up from the Russian royal

family's collection after they were executed by Bolsheviks in 1918.

This trip marked not just a new era in the West's relationship with Russia, but in the Royal Family's personal feelings towards the Russians.

Tsar Nicholas II, gunned down with his entire family, had been the first cousin of the Queen's grandfather George V, and Prince Philip was related to the Russian royals through both his mother and father. To ordinary Russians, this made their visit even more special.

Olga Nikolaevna, in the crowd of well-wishers at one stop, said: "It doesn't just mean friendly relations, it shows we're actual relatives."

Even the Royal Yacht Britannia did its bit to forge new bonds. As well as throwing a banquet for Boris Yeltsin in St Petersburg, it hosted a noisy, pirate-themed party for children who lived in a local orphanage. In the end,

the visit was seen by British officials as one of the great post-war diplomatic breakthroughs.

And because of the Soviet Union's collapse, the Nineties were also full of royal trips to former Eastern bloc countries now embracing new eras: Poland, Hungary, the Czech Republic and the former East Germany.

Her Majesty also marked an important step in Britain's relations with the sub-continent on a visit to India and Pakistan in October 1997, five weeks after the death of Princess Diana.

In India's northern city of Amritsar, she laid a wreath at the place where at least 379 people had been killed when British soldiers opened fire on a crowd in 1919 in one of the worst atrocities of British rule. It was seen as an important moment of reconciliation.

But bookending this decade of powerful diplomatic missions were more light-

hearted moments abroad. In June 1990, the Queen and Prince Philip travelled on Britannia to Iceland, a visit later summed up by the Duke: "Fishing, you know. Splendid!"

And in South Korea in April 1999 the Queen spent her 73rd birthday being shown by villagers how to make the fermented cabbage dish kimchi.

Most movingly, the decade also saw the Queen say farewell to her most beloved travelling companion - the Royal Yacht Britannia.

She had first sailed on the ship on her way home from a glorious round-the-world tour in 1954.

But in Portsmouth in December 1997, after the Government deemed it too expensive to keep running, a tearful Queen was piped off the vessel for the last time.

From that moment, her visits abroad would never be the same again.

1990s

Elizabeth

A LIFE HAPPY
& GLORIOUS

PART VII:
HER PEOPLE

2000s

ROYAL
FLYNESS
... smiles
as her plane
arrives in
Lithuania
for a state
visit in 2006



PICKING her way through the Nigerian market, the Queen gamely admired pumpkin seed stalls and a selection of smoked fish - but for once, the walkabout was a fake.

Her Majesty was not actually meeting her people - she was on the set of a local soap opera, the only place deemed safe for her to get a look at the "real" Nigeria.

The actual New Karu locals were far away on the other side of a wall of armed troops, getting their only glimpse of their sovereign via a giant TV screen.

Disappointed fan Patrick Chenge told reporters: "I believe if she wanted to visit the market she should have gone to the actual market."

It was December 2003 and the world had changed.

After the September 11 attacks two years earlier, the Queen was a prime target for al-Qaeda and security had ramped up to levels never seen before.

A diplomat told incredulous journalists - who only found out late in the day that the market was a fake - it had "seemed a good compromise at the time".

But keeping Her Majesty safe was keeping her away from the people - and "pretend" walkabouts never happened again.

Her first post-9/11 trip abroad had been to Jamaica in February 2002, on her Golden Jubilee tour.

Again, there had been major security fears, meaning she was shadowed by dozens of soldiers.

And there were also concerns that the island nation's growing push to become a republic would mean locals shunned her.

But in fact crowds came out as they always had for the sovereign known locally as "Missis Queen", greeting her with smiles and flags.

The only drama turned out to be at the welcome banquet in Kingston, where a blackout meant she and Prince Philip had to dine by the light of a kerosene lamp.

Republican feelings had also recently been on the rise in Australia, and the Queen had tactfully stayed away from the country for eight years before finally returning in March 2000.

It was soon after a referendum had narrowly opted for the country to stay a monarchy, but emotions remained so high that the Queen arrived at night, without crowds, greeted by a party of just four.

A newspaper noted that Sydney was "mild with excitement" over the visit - but once again, thousands defied the cynics to show up later to see her visit the Opera House in the rain. She was still loved.

The Queen also averted potential embarrassment on a visit to the Vatican in October 2000, although on a smaller scale. It was a rare brush with a fashion faux pas.

Palace advisers told her a near-fluorescent pink outfit would be in order for her meeting with Pope John Paul II,

batting away her concerns that on previous visits, Vatican officials had asked her to wear black.

Then on the morning of the visit, one of her private secretaries was seen "frantically running barefoot" to find the Queen's dresser, Angela Kelly.

He had just realised that Vatican officials had in fact requested black.

Luckily Kelly, a Catholic, had predicted what might happen and had packed not one but two back-up black dresses.

Less fraught was a one-night trip with Prince Philip to Malta on November 20, 2007 - their 60th wedding anniversary.

The royal couple had spent some of the happiest times of their lives on the island when Philip was stationed there with the Navy in the early days of their marriage.

It was his idea to stop there for their anniversary, en route to a Commonwealth heads of government meeting in Uganda.

A Palace spokesman said: "Malta is a special place for the Queen and the Duke of Edinburgh."

The decade also saw the Queen's first visits to Lithuania, Latvia, Estonia, Slovenia and Slovakia.

But best of all, she finally fulfilled her life-long dream of attending America's most famous horse race, the Kentucky Derby.

In May 2007 she travelled to the US to mark the 50th anniversary of her first state visit there.

But the Derby visit was not on the official itinerary and came as a surprise to racegoers. One said later: "It was so neat. People were saying, 'Oh my gosh, look who's here!'."

Two days later she and Philip were in Washington DC, where again, because of security fears, crowds were kept well away behind cordons. One member of the royal party said: "It was sad."

Inside the White House, Rear Admiral Stephen Rochon was in charge of getting the residence ready for the visit and had rallied his staff around a motto: "Pristine for the Queen". Even the in-house electrician was instructed to wear a white tie in her honour.

The Admiral explained to the BBC: "It's not just another head of state. There are not many queens left in this world."

In his speech, President George W Bush stumbled over a line, initially saying the Queen had helped to celebrate the US bicentennial in 1776, rather than 1976.

Realising his error he winked broadly at the Queen, then turned to the assembled dignitaries to say: "She gave me a look that only a mother could give a child."

A few days later, at the end of her trip, Elizabeth gave a rare public show of humour, gently teasing President Bush for his slip-up that added 200 years to her age.

At a formal dinner at the British ambassador's residence in Washington, the Queen opened her speech with a toast to the US President.

Grimacing, she began: "I wondered whether I should start this toast by saying, 'When I was here in 1776...'" The guests, including Mr Bush, erupted in laughter.

In his own speech, the President replied: "Your Majesty, I can't top that one."

2010s

SECURITY officials raced to protect the Queen as a woman burst from a crowd in Toronto and thrust a black plastic bag into her hands.

It turned out to contain a tea towel featuring a picture of a church. The visit, in July 2010, was Her Majesty's 22nd trip to Canada, and its people came out in force to offer good wishes and gifts on what they feared may be a last farewell.

At her first stop in Halifax, Nova Scotia, local Ryan Brownwell braved the rain for a glimpse, saying: "She is a living piece of history. I want to see her before it's too late."

Indeed, it turned out to be the Queen's last trip to Canada. It was a decade marked by these farewells as age reduced the globetrotting that had marked her reign. But she was determined that every trip she did make had to count.

In 2011 she set foot in the Republic of Ireland for the first time, the first-ever visit by a British monarch. She spoke a few words of Irish with a perfect accent, opening her speech with "A Uachtarán agus a chairde [President and friends]", and she laid a wreath at a memorial to those who died fighting for Irish independence, even bowing her head.

At a dinner in Dublin Castle, former headquarters of British rule in Ireland before independence in 1922, she spoke of



STAGED ... Queen on the Nigerian soap opera set posing as real market



2020s



ELEANOR
SPRAWSON

the importance of forbearance and conciliation, "of being able to bow to the past but not to be bound by it".

She told guests from the northern and southern Irish communities: "It is a sad and regrettable reality that through history our islands have experienced more than their fair share of heartache, turbulence and loss... with the benefit of historical hindsight we can all see things which we wish had been done differently, or not at all."

By its end, the four-day state visit was hailed as one of the most significant of her reign, and the then Irish President Mary McAleese later recalled: "All over Ireland, people stirred. Could this really have happened?"

The following year, visiting Northern Ireland to mark her Diamond Jubilee, she wore the Irish nationalist colour of green and shook hands with former IRA commander Martin McGuinness. In a lifetime of handshakes, it was her most significant.

Her final state visit was in June 2015, to Germany.

Again, she ensured it was historic, making her first visit to a former Nazi death camp. At Bergen-Belsen, she and Prince Philip met Holocaust survivors and veterans who had helped liberate the site 70 years earlier. Then-PM David Cameron accompanied the royal couple on part of the trip and later said: "The crowds were off the charts."

Her last non-state visit abroad, fittingly, was to Malta, in November 2015. It was for her beloved Commonwealth, to attend a heads-of-government meeting.

But she also got to see the places she had loved as a young Navy wife when Philip had been stationed on the island from 1949. They included the Villa Guardamangia, where she had lived. The passing years meant the once-grand residence "looks rather sad now", she noted.

Her last long-haul trip was for a Commonwealth heads-of-government meeting, in Perth, Australia, in 2011.

The final words of her speech to the gathering had a sense of farewell. And they summed up a whole life of travels that had changed the world.

She said: "I conclude with an Aboriginal proverb which is itself enduring. 'We are all visitors to this time, this place. We are just passing through. Our purpose here is to observe, to learn, to grow, to love - and then we return home.'"

'We bow to the past...but are not bound by it'



ON CAMERA...
in Commonwealth
video conference in
November 2020

WE THOUGHT we'd seen the Queen talking to people in every possible situation - but now here she was, squinting at a screen in her specs: "You all just disappeared, all of you."

Early technical hitches aside, Her Majesty embraced video calls during the coronavirus pandemic that kept her locked down at Windsor and unable to see people face to face.

She popped up all over the world in a way she had not done since giving up long-haul travel: Chatting to members of Canada's Armed Forces, giggling with the pilot of Jamaica's bobsled team, and joking with South Australian Governor Hieu Van Le about an eerily lifelike statue in the garden behind him. She said: "It might be quite alarming to suddenly see it out of the window."

Her Majesty knew that in a time of crisis, we needed to see her. And so, during the first lockdown in April 2020, she broadcast a special message about the pandemic, promising: "We will meet again."

At the time, she was locked down at Windsor with Prince Philip in what courtiers dubbed "HMS Bubble" - walking, riding, dining together in a private way they had rarely done since their early married life in Malta.

She said his death in April 2021 left a "huge void", but by June she was determined to be among her people again.

She attended Royal Ascot, and a few days later went to Scotland for the annual Royal Week. The Royal Windsor Horse Show followed, and she seemed back at a cracking pace. But at Westminster Abbey that

October she was seen using a walking stick, and days later she used a lift to enter Cardiff's Senedd rather than the front stairs.

The same month she cancelled her trip to the climate summit in Glasgow, though again, a powerful video message made sure the world saw her when we needed to.

But as she became more infirm, we saw less of the Queen in public. Through the long, hot spring this year she rarely ventured from Windsor Castle and Buckingham Palace.

But she was determined not to be stuck indoors, taking her corgis for walks in Windsor's grounds in the £62,000 golf buggy - with fridge and infotainment screen - that she bought in March. A source told The Sun: "She's battled stiffness in her legs recently so the cart is perfect."

In late May, she also used a golf buggy to tour the Chelsea Flower Show, driven by a chauffeur in a peaked cap. The vehicle was swiftly dubbed the "Maj Mobile".

During that visit, the Queen stopped at a memorial to The Sun's much-loved gardening editor Peter Seabrook, who died aged 86 in January.

At the next month's four-day Jubilee extravaganza, she was there to take the salute at the Trooping the Colour ceremony, which kicked off events marking her 70th year on the throne - although from the balcony of Buckingham Palace rather than at the parade grounds.

She also met Prince Harry's children Archie and Lilibet for the first time, but it all took a toll. In the next few days she missed the thanksgiving service at St Paul's and the Epsom Derby, though on the final day of the Jubilee holiday she appeared on the Buckingham Palace balcony.

On July 21, the Queen again seemed well as she boarded a flight for her annual getaway to her beloved Balmoral. There, on September 6, she invited Liz Truss - her 15th Prime Minister - to form a government. But her life was already fading, and just two days later, she died.

For her last public appearance she had stood with the aid of a stick, back bent, clearly frail.

Only one thing had not changed - that dazzling smile. One diplomat recalled meeting her: "Her eyes lit up and you got a few seconds when she was completely in the moment, and her eyes sparkled and fizzed."



JOYOUS... laughing at her
final Royal Ascot in 2021

CELEBRATION... the
Queen and the Duke
of Edinburgh are driven
past crowds at Stormont
in Belfast on the
Diamond Jubilee tour



A NEW AGE
... a family
greeted the
Queen as she
visits Crawley
New Town,
West Sussex,
after opening
Gatwick
Airport in 1958



